ETTINGTON AND FULREADY VILLAGE NEWSLETTER

November 2026

As the days grow colder and the evenings draw in, it becomes even more important to look after ourselves and one another. Keep warm during the colder days, keep some light in your life during the darker ones, and hold on to positivity wherever you can find it.
If you are feeling isolated, please remember that a simple conversation can make a real difference. Reaching out to a friend, neighbour, or fellow villager can help remind us that we are not alone.
One of the best ways to support our mental wellbeing is through a sense of belonging. Our village offers a variety of events and activities where you can meet others, contribute your skills, and feel part of something meaningful. Whether you come along to a social gathering, volunteer your time, or simply join in with a community event, there is a place for everyone.
We are fortunate to have a wonderful community spirit in our village. The more people who get involved, the stronger that spirit becomes, helping more residents feel connected, valued, and useful. This November, why not take the opportunity to join in and experience it for yourself?
Together, we can help make our village a warmer and brighter place for everyone.

Rennie, the editor



USEFUL LOCAL CONTACTS:

Ettington Parish Council Clerk,
Jane Carter,
clerk@ettingtonparishcouncil.gov.uk

Ettington Church contacts: Phil Knight 07886 126098 **phee100@btinternet.com** and Steve Lowe 07900 084642 **ewolnevets@outlook.com.**

Ettington Community Centre Bookings
Eva Lowe 07975 682775 bookings@ettingtoncommunitycentre.co.uk

Ettington & Fulready Village Newsletter
Enquiries and/or contributions to Rennie Boreham, the editor:
ettingtonfulready.newsletter@gmail.com

Deadline for contributions for **Dec/Jan issue**: **By WEDNESDAY 11th November 2026**
Newsletter Produced by: **Ettington Parochial Church Council**
Newsletter Printed by: Parish Magazine Printing

With thanks to Ettington Parish Council for their continued financial support

Church Matters *by Steve Lowe*

Well, here we are in November. The leaves are turning, the evenings are drawing in, the clocks have gone back, and the shops have been full of Christmas goodies for weeks already. I spotted the first Christmas chocolates in Tesco in Stratford at the end of August. August! At this rate, I fully expect to see Easter eggs on the shelves before we've finished our Christmas pudding. Still, there's plenty to enjoy before we get carried away with the festive season.

October has been a lovely month at Ettington Church. Phil and I even managed something of a minor miracle: a Sunday morning off! This is highly unusual for us these days, and although a lie-in was certainly welcome, we both found that we rather missed being at church. I'm not sure whether that says something about our commitment or simply that old habits die hard!

Since then, we've enjoyed a couple of Morning Worship services, followed by our Cafe Church, which this time also included our Harvest Festival. It was wonderful, too, to welcome the children, teachers, staff and parents from Ettington Church of England Primary School for their own Harvest Festival service. There's something particularly special about having the church filled with children, and it's a lovely reminder of the important connection between our village school and church.

Harvest is about giving thanks for what we have, but also remembering those who have less. Donations from our Harvest celebrations go to Shipston Food Bank, a cause very close to our hearts. At a time when many households are finding life increasingly expensive, this is a practical way for our village to show care for people who may be struggling. A heartfelt thank you to everyone who contributed.

Looking ahead, **Sunday 8 November is our Remembrance Service,** when we come together to remember those who gave their lives in conflict, and all those who continue to serve and sacrifice for others. It is always a poignant and important moment in the village calendar, offering us an opportunity to pause, reflect and give thanks.

And then, almost before we know it, we'll be approaching Advent, which begins on **Sunday 29 November** this year. Advent is traditionally a season of waiting, preparation and anticipation. Given that the supermarkets seem to have started preparing for Christmas somewhere around the late summer bank holiday, perhaps the church is actually rather good at taking its time! Advent invites us to slow down, make a little space, and think about what Christmas really means amid all the shopping, planning and general festive frenzy. As we continue through this period of interregnum, Phil and I, along with others in the congregation, are doing our best to keep church life welcoming, varied and alive. We're grateful for the support and encouragement we've received, and it has been particularly encouraging to see some new faces joining us. Whether you come to church every week, occasionally, or haven't been for a very long time, you'll always receive a warm welcome at Ettington Church.

So, as the nights draw in and the Christmas chocolates mysteriously disappear from the cupboard, do come and join us if you can. You don't need to know the service book, remember all the words, or have any particular church experience. Just bring yourself. We'll take care of the rest.

And if anyone has any influence over the supermarket Christmas stock arrangements, perhaps a small request: could we at least get through Remembrance Sunday before the mince pies take over completely? **We look forward to seeing you**

Services for the Stourdene Benefice - November 2026

			Service
Date	**Time**	**Church**	**Service**
01-Nov			**All Saints Day**
	9.30am	Halford	Holy Communion
	10.00am	Newbold	Morning Worship
	10.00am	Alderminster	Morning Worship
	11.00am	Ettington	Holy Communion
	10.30am	Pillertons	Morning Worship
	6.00pm	Butlers	Evensong
02-Nov	**7.00pm**	Halford	All Souls
08-Nov			**3rd before Advent. Remembrance Sunday**
	10.00 am	Ettington	Remembrance Service
	10.45 am	Newbold	Remembrance Service
	10.45 am	Alderminster	Remembrance Service
	10.45 am	Pillertons	Remembrance Service
	10.45 am	Halford	Remembrance Service
	3.00 pm	Butlers	Remembrance Service
15-Nov			**2nd Sunday before Advent**
	9.30am	Alderminster	Holy Communion
	9.30am	Halford	Morning Worship
	9.30am or 11.00	Butlers	Communion + baptism
	10.00am	Ettington	Morning Worship
	10.30am	Pillertons	Morning Worship
	11.00am	Newbold	Holy Communion
22-Nov			**Christ the King**
	9.30 am	Butlers	Holy Communion
	9.30am	Halford	Morning Worship
	10.00am	Ettington	Café Church
	10.00am	Alderminster	Morning Worship
	11.00am	Pillertons	Holy Communion
29-Nov			**Advent Sunday**
	10.30 am	Butlers	Benefice Communion



The Scouts, the Stops and a Spot of Lady Gaga!

We recently welcomed around 20 Explorer Scouts from Wellesbourne to Holy Trinity Church for an evening with a difference. Their mission was to discover a little more about the history of our church, its architecture and some of the interesting stories hidden within its walls.

The group arrived full of curiosity, and over the next 90 minutes we explored the building, from its surprisingly recent origins to its beautiful stained glass and historic features. Unfortunately, the evening darkness meant that our magnificent stained glass window couldn't really be appreciated in all its colourful glory. However, with a little imagination and a rather enthusiastic description from your humble tour guide, we managed to conjure up a picture of the scene!

The real star of the evening, though, was the organ. The Scouts had plenty of questions: how are organs built, are all those pipes actually functional, and what exactly do all those buttons and knobs do? The answer to that last question led us to the expression "pulling out all the stops" - and, before long, several accomplished young pianists were keen to have a go themselves.

With a little guidance, they quickly got to grips with the keyboards, foot pedals and stops. We began with a few scales, but things soon moved on to rather more contemporary material. The highlight was undoubtedly Lady Gaga's *Bad Romance*, which prompted an enthusiastic singalong from the rest of the group. It was a rather different sound to our usual Sunday morning worship - and certainly a first for Holy Trinity!

Given the nationwide shortage of organists, it was encouraging to discover such musical talent on our doorstep. Who knows? Perhaps we've uncovered the next generation of church musicians. We may just need to broaden the hymn list slightly.

It was a thoroughly enjoyable evening, with questions, laughter and genuine enthusiasm throughout. In fact, persuading the Scouts to leave the organ at the end of the visit proved rather more difficult than getting them interested in the history in the first place!

More seriously, it was a wonderful reminder that our church is not simply a place for Sunday services. It is a beautiful historic building, a place of peace and reflection, and an important part of Ettington's community life. We are always delighted to welcome people through its doors, whether they come to worship, explore its history, enjoy its music or simply discover something new about their village.

A big thank you to the Wellesbourne Explorer Scouts for their curiosity, good humour and musical talents. You are welcome back any time - although we might have to negotiate the Lady Gaga encore!

Did You Know? A Few Surprising Facts About Ettington Church

It's younger than it looks!

Holy Trinity with St Thomas of Canterbury may look like a medieval church, but the present building dates from **1902-03**. It was designed in a Gothic style intended to evoke much older churches. So, despite appearances, it is only around 123 years old!

This is actually Ettington's third church.

The original medieval church stood at Lower Ettington, near Ettington Park, and a church at Ettington was recorded in the Domesday Book of 1086. As the village's population shifted towards Upper Ettington, a new church dedicated to St Thomas à Becket was built in 1798. That building was eventually replaced by the present church in 1903.

The village's second church had a rather unfortunate reputation.

The 1798 church apparently became known as *"the ugliest church in Warwickshire"*. The main building was demolished in 1913, but its tower survives near the Banbury Road roundabout. So next time you pass it, spare a thought for Ettington's less-than-beautiful former place of worship!

Some of the bells are much older than the church.

Two bells date from **1595**, another from **1624**, and the fourth was recast in 1803. They have outlived the building in which they now hang and have marked important moments in village life across several centuries.

The pulpit has a previous life.

The pulpit inside the church dates from the late 18th century and was brought here from the earlier church. It is a little reminder that historic buildings often contain objects with stories of their own.

Ettington produced a celebrated composer.

William Croft was born at Nether Ettington in 1678 and baptised in the parish church. He went on to become organist at Westminster Abbey and the Chapel Royal. His music includes the familiar tune associated with the hymn *O God, Our Help in Ages Past*. The organ in our church commemorates this distinguished local musician.

Look out for the sundial.

A bronze sundial is incorporated into one of the church's external buttresses - a reminder of a time when telling the time meant looking at the sun rather than glancing at a phone!

A place of remembrance.

Our war memorial commemorates local men who lost their lives in the two World Wars. Each name represents a person with a family, friends and a life connected to Ettington. It is a poignant reminder that the church and its surroundings are not just historic buildings, but places woven into the lives of generations of local people.

Holy Trinity is a Grade II listed building, recognised for its architectural and historic interest. More than that, it remains a living part of the village: a place to gather, celebrate, remember, reflect and discover something new.

And, as the Scouts discovered, occasionally a place to enjoy a little Lady Gaga, too!

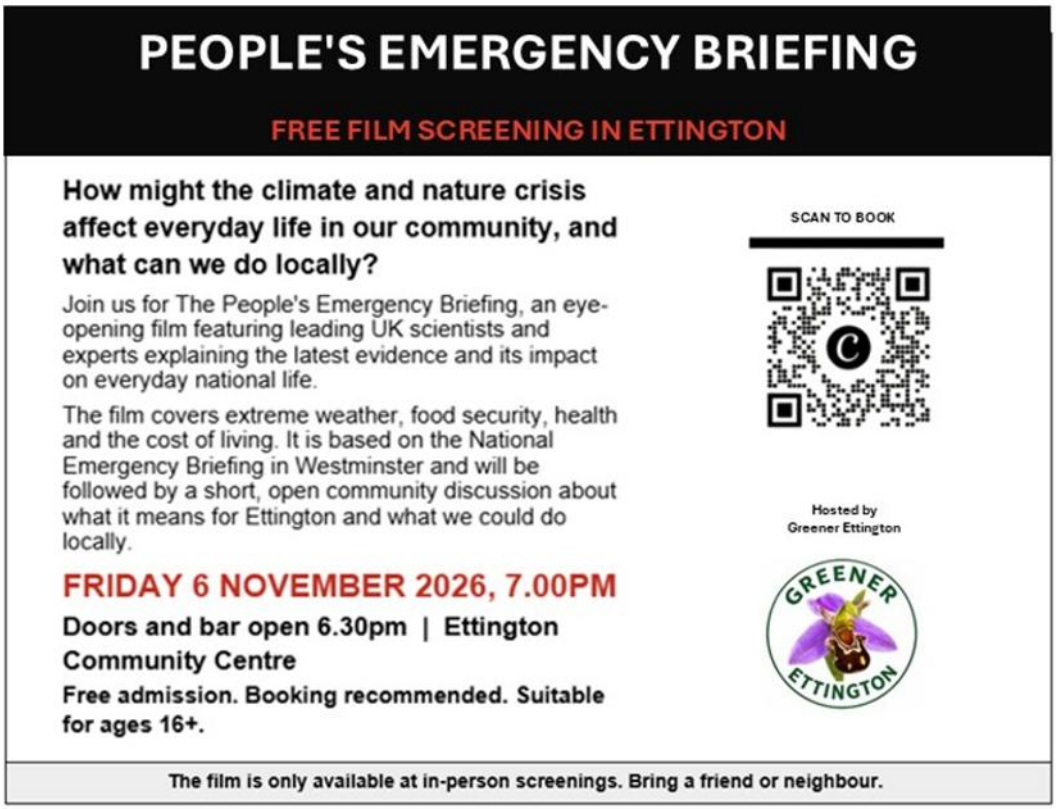
ETTINGTON CHURCH, PART OF THE STOURDENE GROUP OF CHURCHES

Visit the **Stourdene website** at stourdene.com, where you will find contact information for all 6 Stourdene churches and information relating to life events such as baptisms, weddings and funerals.

STOURDENE
We Exist To Make Christ Known



The bible book club will meet on **Tuesday 3rd November at 1.30 pm in Ettington Church,** when the group will discuss the final two chapters of the current book. The plan is then to revert back to reading more books of the bible, with the December and January meetings covering Genesis. **The bible study group** meets **on Wednesday evenings at 7.30 pm** in each other's homes. The group is about to embark on a new study guide which will take them up to Christmas. Contact Jane Evans on janealisonevans@gmail.com if you are interested in either of these groups. New members are very welcome.



"Will you walk into my Orchid meadow?"

Said the Spider to the Fly

A Greener Ettington talk by

Colin Clay



Quaker Meeting House

Halford Road, Ettington

Thursday 19th November 2026

7:30pm, doors open at 7:15pm

Free, with donations

ETTINGTON COMMUNITY CENTRE



Ettington Community Centre is a perfect venue for parties, business meetings, workshops and self-catering christening/baptism parties, weddings and wakes. With three differently sized rooms available, space can be configured to suit your needs flexibly. The centre is served by superfast broadband, which is available throughout the building.

Regular classes include:

*Cheeky Chimps Toddler Group *Keep Fit/Fit Steps/Zumba/Pilates/Bounce Fit classes *Ladies' badminton *Mosaic classes *Tai chi classes *Brownies *Monday Club *Snooker Club *Slimming World *Rock Church

For Ettington Community Centre bookings and enquiries, please contact Eva Lowe on 07975 682775 or email booking@ettingtoncommunitycentre.co.uk.

Bingo, Breakfast and… The Traitors!



Last weekend saw another round of Ettington Village Bingo and Village Breakfast - two of our favourite community traditions, bringing people together for a bit of fun, good food and a chance to raise money for some very worthy local causes: our school, pre-school, church and community centre.

On this occasion, numbers were a little lower than usual. We have our suspicions that The Traitors may have had something to do with it. After all, why venture out for a game of bingo when you could be sitting at home trying to work out who's lying through their teeth? (Although, to be fair, Simon, our bingo caller, can be pretty suspicious too!)



Joking aside, these events are a great way to support our village, meet up with friends and neighbours, and help raise funds for the organisations that make Ettington such a special place to live. We'd love to see more of you next time, so please save the dates for our **festive Bingo and Breakfast on Friday 4th and Saturday 5th December.**

By then, we'll know exactly who the Traitors are - so there really will be no excuses! Bring a friend, persuade a neighbour, rally your family, and come along for a fun evening of bingo and a delicious village breakfast the following morning.

We're already looking forward to making December's events a super-successful, festive and thoroughly enjoyable community occasion. We hope you'll join us - because village life is always better when we all play our part.

And unlike The Traitors, everyone is welcome!

Ettington Community Centre

PILATES FUSION

Strong body. Clear mind.



THURSDAYS • 6PM
Ettington Community Centre

£8 PER CLASS | 6 CLASSES **£42**

ALL ABILITIES WELCOME

vibrant friendly classes for all

07770 511308 | denisebradbury0606@gmail.com | @bradders0606

ETTINGTON PARISH COUNCIL

Highlights from the meeting of 14 October 2026

New Chairman elected

Following Cllr Rich Smith's resignation as Chairman, **Cllr Rosemary Whitfield** was elected Chairman of Ettington Parish Council, unanimously. The Council now has **two vacancies**. Anyone interested in joining the Council is welcome to contact the Clerk.

Re-Gen recycling facility

Representatives of Re-Gen updated the Council on the new facility. It will handle household blue-bin recycling only, with no black-bin or commercial waste, and is due to be operational in the second half of 2027, creating up to 50 jobs. A general manager has been appointed to work on site.

On the issues of most concern to the village, Re-Gen said its vehicles will not be routed through Ettington and that all vehicles are tracked. If you see a Re-Gen vehicle in the village, please note the time and take a photo. Litter patrols will cover the access road and verges. Noise and operating hours will be set by the Environment Agency permit, which has not yet been issued, and Re-Gen will present it to the Council when it is.

Re-Gen has indicated a community contribution of around £10,000 a year, to be channelled through the Parish Council. Residents and local groups with ideas are invited to send them to the Clerk. Two Christmas trees are planned, outside the village shop and the community centre.

Highways

Warwickshire County Council's designs for the Priority Give Way build-out on Stratford Road have been circulated for information. The vegetation hiding the warning signs at the Banbury Road staggered crossroads has now been cut, with the next cut expected in March. Replacement reflective bollards, chicane improvements and repainting of the school crossing and parking zig-zags are now a delegated-budget job, and County Councillor David Curtis will fund the bollards from his own delegated budget. An update on the pedestrian crossing work has been requested.

Community centre drainage

A drainage fault dating from the construction of the community centre needs repairing, at an expected cost of about £20,000. The management committee will prepare a report, obtain three quotations and set out a financial plan before asking the Parish Council for funding.

Football pitch

Discussions on the longer-term security of the pitch are continuing. The Chairman will contact the land agent and the owners.

Next meeting

Wednesday 11 November 2026, 7.30 pm, in the Lounge at Ettington Community Centre. Residents are welcome to attend, and the agenda includes an open forum. Contact the Clerk, Jane Carter, at clerk@ettingtonparishcouncil.gov.uk.

Ryepiece Concerts Cosmopolitan Season Continues

We've had two fabulous concerts already this autumn with Australian singer and cellist Monique Clare in September and US singer Annie Dressner, supported by Dan Wilde, in October.

Next up on **November 13th**, we welcome Canadian duo Rachel Davis & Darren McMullen



Fiddle virtuoso, Rachel Davis, and multi-instrumentalist Darren McMullen are well-established in the world of traditional music, each attracting attention with their own recordings and headlining stages across Canada, the U.S., and Australia. Now they are touring their first duo album, Home. It captures the pair's outstanding musicianship and taking turns on lead vocals and harmonies, they shift effortlessly from haunting ancient melodies to contemporary folk classics.

There's an easy way about them, a sense of comfort that comes through in the music, in the mix of their instruments, the blending of their voices, and how the arrangements leave room for each other.
Tickets are still £14 each (there's a small admin fee if you buy through Ticketsource) and include a veggie supper. Bring your own drink and glass and experience live music the way it should be heard.

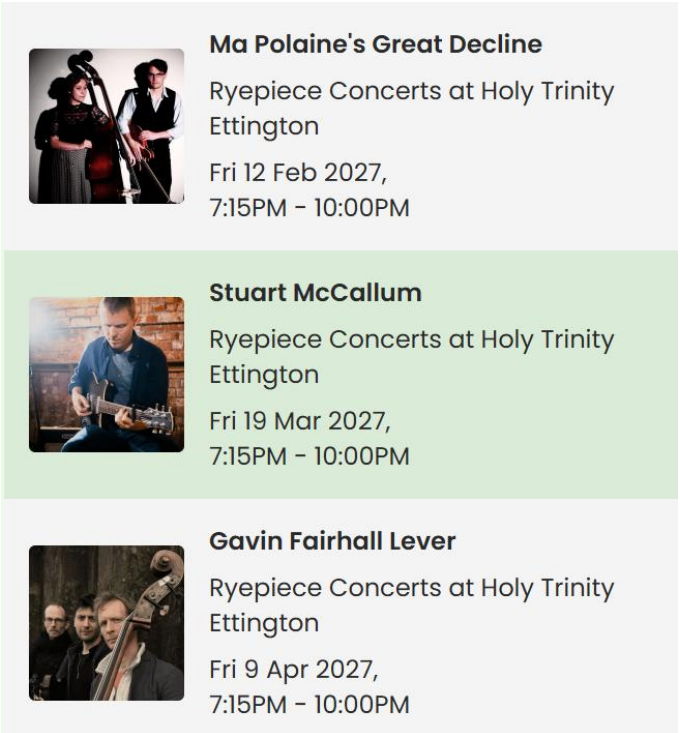
Tickets for this and all our concerts are available now on our Ticketsource page (search for Ryepiece Concerts).
We also have tickets for sale in Ettington Village Stores for the next concert coming up.
Or we can take BACs payments to secure your tickets. (No admin fee for this route)
Just email us at ryepiecebarn@gmail.com

After Rachel and Darren, we have lots more fabulous artists lined up.
We hope to see you soon.

John, Steve, Phil and Bev

The Concert Team

Facebook
https://www.facebook.com/RyepieceBarn/?fref=ts



Registered Charity no 1162586

CHRISTMAS GIFT FAIR

Tuesday 17th November
3.30pm - 7.30pm
Wednesday 18th November
10am - 3pm

Ettington Community Centre
Rogers Lane, Ettington CV37 7SX



- 30 stalls
- Cafe
- Tombola

Proceeds to Shipston Home Nursing

Providing free end of life care to adults with terminal illnesses and support to their families.

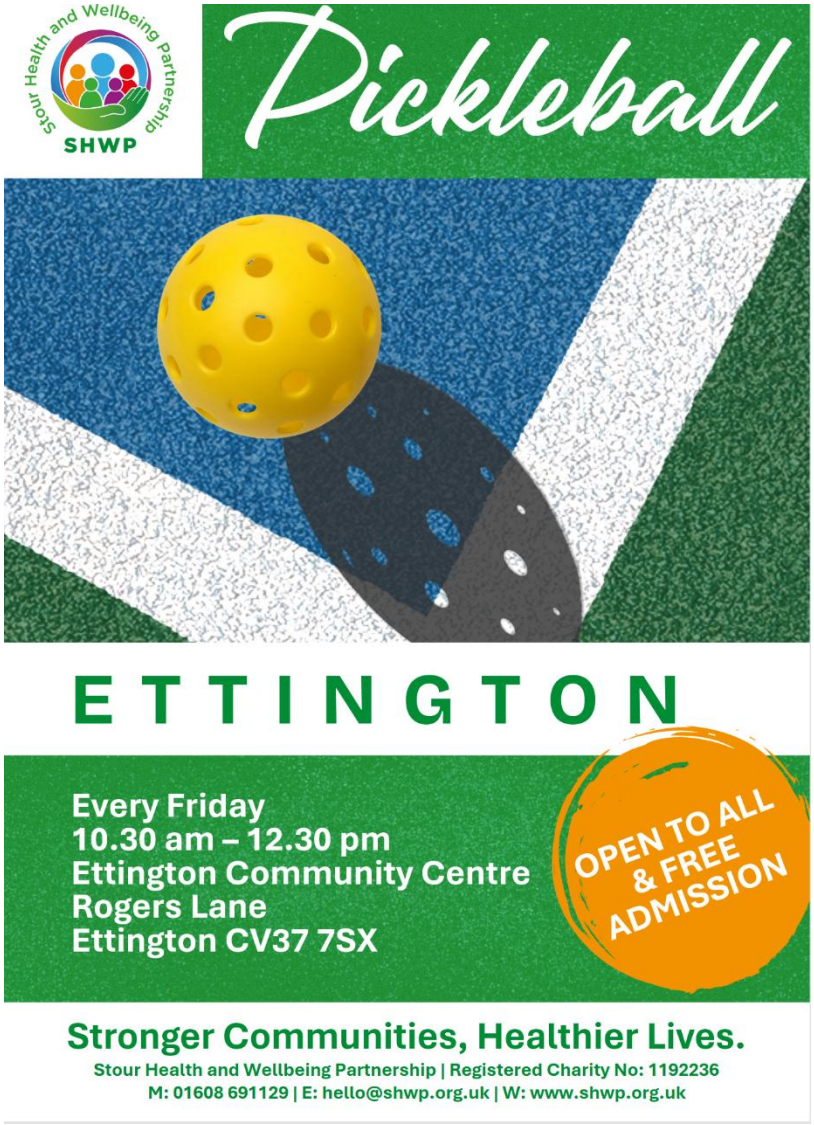
Registered Charity no 1162586

Activities from Stour Health and Wellbeing Partnership

Pickleball in Ettington

A new weekly pickleball session has started at **Ettington Community Centre, every Friday 10.30 am - 12.30 pm.** Beginners and experienced players are both welcome. Sessions are free for the first few months to see if the game takes off, as it has done in Brailes and Shipston.

Shipston Library *also offers a free one-to-one 30-minute appointment on Mondays 10.00 am - 12noon.*



Community Hub

SHWP's Community Hub is open at the **Ellen Badger Hospital every Monday and Thursday from 10.00 am to 12 noon**, offering a comfortable place to stop for refreshments, chat to others and learn what local support is available.

Shipston Repair Café

Shipston's Repair Café came back in September and has been busy ever since. The next session is on Saturday 14 November, 10.00 am to 2.00 pm. The last repairs are booked in at 1.00 pm. Come along to have items repaired and enjoy a cuppa and the fun and friendly atmosphere.

Stour Toy Library welcomes more families

Families and grandparents keep coming to the Toy Library at the Ellen Badger Hospital to borrow toys for children under four. Children get new things to play with, and households save money and space. **Open Tuesdays 9.30-11.00 am and Thursdays 11.00 am-12 noon**. Anyone can drop in without joining, and a year's borrowing membership costs £5.

Singing Down Memory Lane

Join us on the last Friday of each month, 11.00 am-12 noon, for an hour of songs, memories and company. Everyone is welcome, and you don't need any singing experience.

Bereavement Café

The Bereavement Café is meeting again at the Ellen Badger on the first Tuesday of every month, 11.00 am-1.00 pm. It's a welcoming peer-support space where you can talk about losing a loved one and share your experiences with others.

Tea & Tech Support in Brailes

A safe space for the IT-terrified! If you find your phone frustrating, local volunteers are on hand to help navigate your way through apps, alerts and other issues. Find us on **Wednesdays 10.00 am - 12 noon at the Pavilion, next to Brailes Village Hall,** Castle Hill Lane, Upper Brailes OX15 5AS.







SMARTSCAPE
HARD LANDSCAPING

FOR SALE

Seasoned Firewood

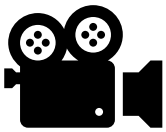
Call 07973 850502



ALDERMINSTER GARDENING CLUB

We had a well-attended meeting in October for a talk and demo on herbs used as dyes for fabrics and yarns. On **TUESDAY 10th November at 7.30 p.m.**, we welcome Lucy Hartley with her talk on "Gardening with Wildlife in mind", Lucy is a practical garden designer, whose advice stems from trial and error in her own garden. Members' competition is "a houseplant". We welcome visitors at £3p.p (includes refreshments). We have a Christmas meal booked for **Tuesday 8th December**, 6.00 for 6.30 p.m. at the White Hart, Newbold. Menus and a sign-up sheet will be available at this meeting; a deposit of £10.00 is being taken. For details, contact Gill on 01789 621053 or 07790435870 via WhatsApp.

ALDERMINSTER CINEMA



On Saturday, November 21st, our film is "My Mother's Wedding"(15), starring Scarlett Johansson, Sienna Miller and Emily Beecham in a comedy drama taking place at their mother's third wedding. Doors open at 7.00 p.m.; film starts at 7.30. Refreshments are served before the film, with cafe-style seating. You are welcome to bring your own drinks and snacks. Cash only on the night.

Carers4Carers – your local support group for family carers. We usually meet on the fourth Friday of the month (except December when it's the second Friday) from **10:30 to 12 noon at Kineton Village Hall.** Loved ones are welcome too – they can join our Companionship Group during the meeting.

Friday 27th November. Get creative with some early festive crafting! No experience needed - all ideas and materials provided! Or just come along for a coffee and a chat!

For further details about our group or help with transport arrangements to/from our meetings, please contact Gillian on 07947 893504, send an email to kcarers4carers@gmail.com, or explore our website www.carers4carersonthefosse.org.uk.

Mobile Library in Ettington

The van will continue to visit on **Wednesdays and stop at Ettington Community Centre from 11:05 to 11:25. The date in November is the 18th.** For all enquiries or to renew books, telephone **01926 851031** or renew online at Warwickshire.gov.uk/libraries.

No responsibility can be taken by the editor or Ettington Parochial Church Council, or any individual connected to it, if the advertisers in this newsletter do not meet customer expectations.

Wellesbourne Lions Santa Sleigh provisional dates in December

Full details will be published on our website and Facebook page in December, and updates will be advised on Facebook if weather or unforeseen events affect the routes:

Follow us on: facebook.com/wdlionsclub

Website: Wellesbourne-lions.org.uk or email us at info@wellesbourne-lions.org.uk

Our sleighs will run from 6 pm to 8 pm each evening.

December Routes:

Barford 4th,7th & 8th

Ettington 9th & 10th

Kineton 11th, 14th & 15th

Wellesbourne 4th

Wellesbourne 7th - 11th

Wellesbourne 14th - 17th

Hampton Lucy 17th





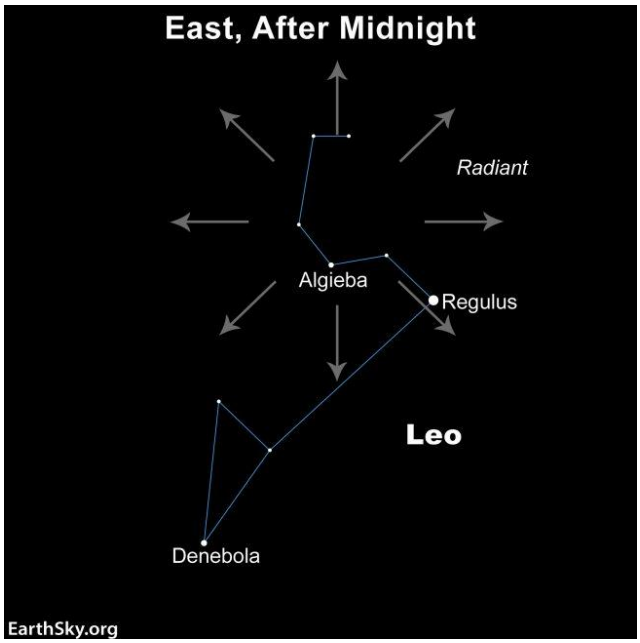
Lions supporting Wellesbourne Wanderers Football Club

The Lions are pleased to be able to support WWFC inclusion fund and recently donated £500 to the fund. We received the lovely message below thanking us:

"A huge thank you to WDLC for their generous donation of £500 to our inclusion fund. The fund helps many families who may be struggling with the cost of getting their child into football. The donation will help more local children take part, make friends and enjoy being part of a team. We are grateful to the Lions for supporting our community and helping make football accessible to more families

Astronomical Society News *by Adrian Wakeham and Dave Benton*

The Stratford-upon-Avon Astronomical Society meets **every first and third Tuesday at 8pm (doors open at 7.30 pm) at Alderminster Village Hall.** Everyone is welcome, especially beginners and those wanting to learn more. The first Tuesday is a Club Night; in November, Club Night will be on **3rd November**, and on the **third Tuesday, 17th November**, the speaker will be Dr Thomas Wilson from Warwick University with a talk called "What are alien worlds made of?" Please note that the speakers usually start quite promptly at 8pm. Each month one of our members, Adrian Wakeham, writes an article on aspects of astronomical observation.



The Winter Stars and Leonid Meteor Shower

Now the hour has gone back, and the nights are getting darker earlier, the winter favourites are back and more easily visible in the early evening.

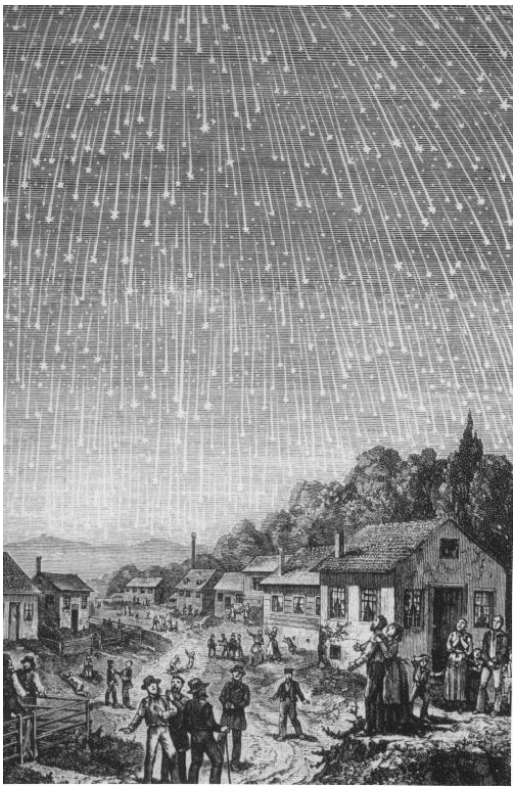
In the western horizon, summer favourites, such as the Summer Triangle asterism and Hercules constellation, are still, but only just, visible in the evening twilight.

Autumn favourites, like the Andromeda Galaxy (just visible to the naked eye) and the Square of Pegasus, can be seen in the southern skies, with Saturn easily visible (with the rings becoming more visible with a small telescope) as a yellowy-brown 'star' below the square of Pegasus in Pisces, and Neptune close by but only visible with a telescope,

To the east the 'Winter Stalwarts' are re-appearing. The Pleiades (the Seven Sisters) emerged over the Eastern Horizon last month. This month, the Hyades (the 'V' or head of Taurus) and Orion are appearing in the evening sky. Close to the Hyades, you may be able to see a blue-green 'Star'. Binoculars should help to pick it up, so will a small telescope. This is the planet Uranus.

Orion is marked by its belt of three stars. Above and to the left of the constellation is a visibly red star. This is Betelgeuse, a red supergiant, in the last throws of its life cycle, and is expected to go supernova anytime within the next 10,000 years. Below the belt is Orion's Sword. In the middle of the three stars is a fuzzy blob, easily visible with binoculars. This is Orion's Nebula. This is the opposite of Betelgeuse, because it is a star-forming area with very young stars. Further below the belt and to the right is Rigel. A huge young star, rushing through its life cycle. It is blue-white in colour.

Whilst these stars appear to be close together, they are, in fact, many hundreds of light-years apart and hundreds of light-years away



But for me, November means just one thing: the Leonid meteor shower, best on the 17th and 18th. The radiant (where the meteors appear to come from) is in Leo (the flat iron or mouse-shaped constellation), which will be rising in the east at 10.00 PM, before moving to the south. The meteors will emanate from the radiant in all directions. They are renowned for their colour. With luck (and no clouds) you should see up to 20 per hour. In my opinion, they are best observed with the naked eye on a sun lounger. (Make sure you are dressed warm enough). After 10.30 pm, the Moon will set, and the Earth moves into the best position, as it crosses the debris trail left by Comet Swift-Tuttle. The debris burns up as it enters Earth's atmosphere, causing meteors to streak across the sky. Also visible will be Jupiter and Mars, obvious for their colour and brightness.

One of the reasons I wanted to do more astronomy and stargazing was because, in November 1999, my wife and I were sleeping on the deck of a Felucca, on the upper Nile in Egypt. We were woken to a wondrous display of magnificently coloured meteors shooting across the night sky. I swore I could even hear them (I'm told you can't, but whatever!). It was a particularly strong display that year. I was telling fellow deck mates about them, but they just wanted to go back to sleep. Their loss!

Club Nights offer more information on what to look out for each month. If it is clear, we do some observing just outside the Village Hall, so please join us. There is no charge initially to come along and find out more, but if you do want to become a member then the fee is just £20 a year and it's free if you are in full-time education. For more details, go to the website http://www.astro.org.uk or contact the Chair, John Waller, john.waller@astro.org.uk or on 07703 192188. *Happy Observing!*



Emily's Blog November 2026

Happy November, everyone. Please, can we remind you that if you have not had your flu or COVID vaccine yet, then you should telephone the surgery to book in.

Following on from our September spotlight on asthma, Nurse Jane has put some information together regarding COPD. I hope that you find it interesting and informative.

What is Chronic Obstructive Pulmonary Disease (COPD)?

- It is a broad term for a group of lung conditions that include Chronic Bronchitis and Emphysema. Often a combination of both conditions
- **Chronic** = it's a long-term condition and does not go away
- **Obstructive** = your airways are narrowed, so it's harder to breathe out quickly and air gets trapped in your chest
- **Pulmonary** = it affects your lungs
- **Disease** = it's a medical condition
- Around 17 million people in the UK have COPD
- A lot of people do not know they have it

Is COPD the same as Asthma? No, it isn't.

Although the symptoms may be similar, in COPD, your airways are narrowed permanently, but with asthma, the narrowing comes and goes.

Inhaled medicines are used for both conditions, but they have different actions

What Causes COPD?

COPD happens when your lungs and airways are damaged by something you breathe in. This damage is usually linked to harmful substances like

- Smoking (the most common cause) - this includes cigarettes, roll-ups, pipes, cigars, Marijuana (weed) and second-hand smoking (passive smoking)
- Chemicals at work
- Being exposed to high levels of indoor air pollution like wood or coal burning
- If you smoke as well as are exposed to other risk factors, this increases your risk of COPD
- Rarely, some people have a condition called Alpha-1 antitrypsin- this is a hereditary disease which causes lung symptoms like COPD

Your lungs grow and develop until you reach your early twenties; anything that affects your lung growth increases your risk of developing COPD as an adult. This includes: *Infections *Diet *Being exposed to cigarette smoke

Symptoms

- Breathlessness: often gradual and gets worse over time. You might feel breathless when doing things, you used to be able to do easily.
- Cough: lasts a long time or goes away and comes back
- Coughing up phlegm (sputum)
- Frequent chest infections
- Wheezing

NEVER IGNORE THE SYMPTOMS ABOVE

If you have these symptoms, are aged over 35 and: Smoke or have smoked, have had chest trouble when you were younger or have worked in a job where you were exposed to dust, fumes or chemicals **Then**

Book a 20-minute appointment with one of the COPD nurses (there are 4 of us).

Getting diagnosed with COPD and starting treatment early can help to prevent the lung problems from getting worse.

If you already have COPD and the symptoms are worsening, please also make an appointment- don't wait for your annual review.

Remember the main cause of COPD is smoking. If you would like assistance with stopping, please look at this website provided by Healthy Lifestyles Warwickshire www.hlswarwickshire.org

NOTE: The surgery will be closed from 12.30 pm for staff training on Thursday, the 26th November, and I will see you all in December when, dare I say it, we will be getting ready for Christmas!!

For fun: Spot the deer?




REPAIR
CAFE
Wellesbourne
NOW at
The CHURCH CENTRE
Church Street Wellesbourne CV35 9LT
Our 5th Anniversary
of Repairing - Mending -
Advising ++
10-12pm
10-12pm
November 7th
Join us - even if it's just for Tea n' Cake!!
Let's All Make that even
Bigger Difference in
2026
Electrical
Items can be
PAT Tested

Monday-Friday
8:30-16:00

Saturday
9:00-13:30

Coffee
Cakes
Paninis

6 Banbury rd, Ettington

Email: ettingtongardencafe@gmail.com

COFFEE
NATURE
AWAKE
ENERGY
CHAT
CAKE
COSY
DOGS
GARDEN
FRIENDS
VILLAGE
RELAX

ETTINGTON GARDEN CAFE

Perfect for:
WFH
Meetings
Relax & Catch up
Private Events

Plant Sale



Ettington Garden Cafe

Weekly
Monthly
or
One-off clients

Home Hair Design
by Jo
Est. 1988

Ladies
Gents
and
Children

For styling
in the comfort of your own home
telephone Joanne
01789 741933 or 07778 569984

PURE PERFORMANCE
PHYSIOTHERAPY

Physiotherapy | Sports & Remedial Massage |
Injury Prevention | Sports Injuries | Strength Training

Based in Wellesbourne

07796620081
www.pureperformancephysio.co.uk
info@pureperformancephysio.co.uk

MATHS TUITION

EXPERIENCED MATHS TEACHER
11+ THROUGH TO GCSE & INTERVENTION SPECIALIST
(online tutorials are available via ZOOM or SKYPE)

"John helped my daughter exceed her targeted GSCE grade and as importantly, improve her confidence and enjoy Maths!"

Contact John: 07876 592152 email: john.eyes@btinternet.com

Acorn plastering services

All aspects of plastering.
Full renovations and refurbishments.
Clean, reliable and local service
based in Ettington.

Tel: 01789 748188 or7957 645911
enquiries@acornplasteringservices.co.uk

Plastering ● Skimming ● Coving ● Tiling
Painting ● Renovation ● Refurbishment

WordPress Web Design

Fully Managed Search Engine Optimisation

Domain Names

Website Maintenance

Google Workspace

cPanel Web Hosting

- ✓ Full Website Design
- ✓ Website Maintenance
- ✓ Custom Development

How is your website really performing?

Found for the right keywords?

We Can Help

</encode>

We make the web work for you

https://encode.host
hello@encode.host
0330 123 4000

SHINEBRIGHT OVEN CLEANING

You Cook – We Clean



My name is Richard,
I clean ovens.
It is my pleasure
to make them
SHINE as good as new and BRIGHT
for you!
Your oven will be virtually like new!
Please contact me for further details:
07801 442523

We cover Stratford upon, Warwickshire & surrounding areas. *On Facebook*
www.shinebrightovencleaning.com Based in Ettington, near Stratford upon Avon



Painting & Decorating

by Keith Harriss



- Fully Insured
- References Available
- Experienced & Professional
- Quality Work at Affordable Prices

Tel: 01789 740842 Mobile: 07814 482699
Email: keith@keithharriss.co.uk Web: keithharriss.co.uk

MeMyBrow&Eye

Transform the way you look and more importantly, how you feel with High Definition Brows

More than just eyebrow shaping • Combination of tinting, waxing, threading and shaping • Can transform even the unruliest, sparse or over-plucked brow into perfect arches • The shape is tailored exclusively to suit your personal style • The effects are so good, they have even been compared to a mini-facelift • As a branded product, every treatment is performed using specially formulated HD products

Call Julia Knight on **07770 418483**
www.**memybrowandeye**.com

Fully Insured

SMARTSCAPE
HARD LANDSCAPING

Patios & decking • turfing • garden clearance
tree work • hedge cutting • driveways
fencing • seasoned firewood

Clive Smart

Tel: 01789 459164 Mobile: 07973 850502
E: clive.smartscape@gmail.com Find us on facebook

Ettington Pre-school

Ofsted Outstanding Early years provider 2015|2016

Ofsted said "Children flourish in this extremely caring learning environment. High priority is given to children's emotional well-being. Staff are extremely sensitive towards children's needs. They support children skilfully to develop secure attachments and self-confidence."

If you would like your child to experience this wonderful Pre-School and they are aged between 2 and 4, then please call us to arrange a visit.

Ettington Pre-School Ltd, Churchill Close, Ettington, Stratford upon Avon, Warwickshire, CV37 7SP. Tel: 01789 740919, email info@ettingtonpreschool.co.uk or website www.ettingtonpreschool.co.uk.



AVON BOILER CARE

C13654

C13654

For Your Heating & Hot Water Needs

OIL FIRED BOILER SPECIALISTS



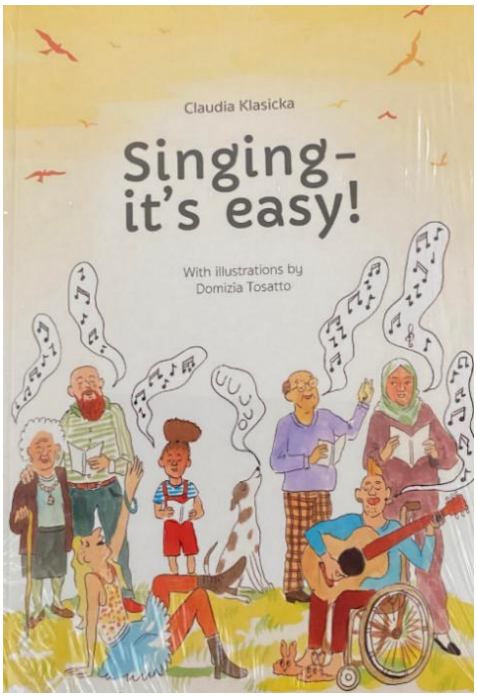
Fully Qualified Oftec Registered Engineers Based In Ettington

- *Contact us for :*

•Oil Boiler Installations, Commissioning, Servicing & Breakdown Repairs
•Central Heating Installations & Maintenance
•Unvented Hot Water Cylinder Installations, Commissioning, Servicing & Maintenance
•General Plumbing Works

Tel/Whatsapp: 01789740031 **Email: avonboilercare@gmail.com** **www.avonboilercare.co.uk**





Singing - it's Easy!
by Claudia Klasicka
A delightful little illustrated book,
that offers simple,
clear and entertaining guidance for people,
who want to develop their ability to sing.

Suitable for all ages,
and perfect for the newcomer to voice training.
Fun and accessible to all. Only £9.99
See www.singing-its-easy.uk.

In memory of Claudia,
her family is planning to donate
all proceeds from the sale of the book
to a trust, that will aim assist people,
who would find it difficult
to afford musical training.

L D
ARBORICULTURE

Service list

Tree Inspection and care

Stump grinding

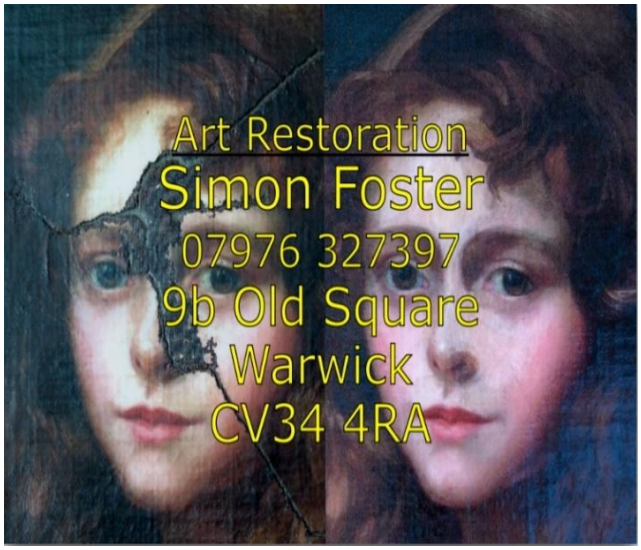
LOLER

Emergency call-outs / Rope access

Tell: 07845745183
Email: lsaunders@protonmail.com

AT ONE PILATES

Pilates Classes
All age groups & fitness levels
Mondays & Thursdays 9am
Ettington Community Centre
£8 per session
Contact: Beverley Smith
Mobile: 07977 142339
Email: atonepilates@gmail.com



Ettington Village Store & Post Office

Monday-Saturday
7:00-20:00

Sunday & Bank Holidays
8:00-18:00

Ettington Village Store

SPAR

There for you

POST OFFICE

Evri
Amazon
Royal Mail
Banking
Cash withdrawals & Deposits

Shopping Essentials
Local Suppliers
Community Support