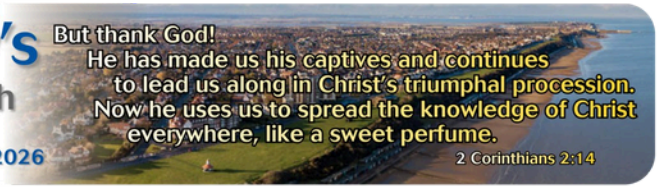
St Mary's Parish Church Frinton 2026



Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends,old and new.

Sunday, 25th October 2026

Please note: The clocks go back on Sunday, 25th October at 2am

Parish Church Services (Sunday only)

9:30am **Traditional Service** - BCP (HC)
1 Thessalonians 2:1-10 & Matthew 22:34-46
11am **All-Age Service (also livestreamed)**
Matthew 22:34-46

Old Church Services

Sunday 6:30pm Evening Service - CW
Wednesday 11am Holy Communion

Hearing Loop available

Access via the Old Road Entrance

Our toilets are located by the Old Road entrance



Get in touch:

Rector: Rev Funmilayo Vaughan
Tel: 01255 679164 Email: Office@stmarysfrinton.org
Website: www.stmarysfrinton.org
St Mary's Parish Church, Church Office, Old Road,
Frinton-on-Sea, Essex CO13 9BX
We are a registered charity (1127647) in England and Wales.

LIVE STREAMING Click here to watch online

Prayer requests for this sheet should be made via the **Church Office.**
Tel: **01255 679164** Email: **Office@stmarysfrinton.org** Website: **www.stmarysfrinton.org** **Prayer requests for our CHURCH PRAYER CHAIN**: ring Stewart & Mary Wilson: **01255 814 594**
~ A group of church members who will pray, in complete confidence, for serious situations ~



For our prayers during the week …
… those who are unwell, and those who care for them:

Alan Cork, Cheryl Eden, Jenny Kyriacou, Philip Kyriacou, Tony Stubbs, Carole Unsworth, Daphne West, Cate Wilby, Wendy Willis.

tearfund

Defend the weak and the fatherless;
uphold the cause of the poor and oppressed. Psalm 82:3

Right now, families around the world are facing dire conditions. Basic needs like food and clean water are in high demand, making it a struggle to survive from one day to the next. A stable future feels completely out of reach.

Our areas of focus are:

- Standing against injustice - speaking up about issues that impact people living in poverty, such as inequality, women's rights, and conflict
- Equipping Churches worldwide - ensuring local faith leaders are supported and protected as they meet community needs and respond to crises
- Climate action - caring for God's creation and communities impacted by the climate crisis

We believe that an end to extreme poverty is possible, and everyone can play their part.
You can pray, speak out, take action, do a fundraising challenge, give a donation, or leave a gift in your will. Whatever you do will make a huge difference. So put your faith into action...
www.tearfund.org/get-involved/take-action ***Heather Ursell***



Remembrance Sunday Service

On Sunday, 8th November, there will be a joint service at 10:30am. The evening service at 6:30pm in the Old Church will take place as usual.

The Deanery Choir

On the 12th December the Deanery Choir will be singing at St Mary's Church, Lawford, CO11 2JX at the 7:00pm '*Living Christmas '26*' concert. This act of worship was devised by Graham Bell and is similar to a '*Nine Lessons & Carols*' service, but with carols written by living composers and arrangers. This year the choir will make full use of the Copeman Hart organ, in the church, with the masterful Peter Clayton playing. There will be a retiring collection for church funds.

90 plus

Over 90's Group

Please note our *Over 90's Group* will be meeting on Monday 2nd November at 3pm in the Church Lounge for tea, cake, and a chat. It will be great to see anyone in this age group, so please do join us. Contact Reception, if you'd like to know more, otherwise we look forward to seeing you there. ***Ruth and Tricia***

Frinton Mission

Monthly FM Prayer Meetings are held at No.4 Youth Centre, The Free, Connaught Avenue, on the first Saturday of each month between 9-9:45am. Come and join us in prayer for this wonderful opportunity to share God's love with our community. The next meeting is on **Saturday, 7th November**.

Christmas Fayre needs...

Tombola gifts, small, good quality ornaments, curios and collectable items for the bric-a-brac stall. Cakes and home-made preserves, good quality children's books and chocolate for the *chocolate tombola*. This can be bars or boxes of chocolate, or assortment bags, - all chocolate in date will be gratefully received. Any non-perishable items can be brought into the office or given to Karen Hepworth anytime before the Fayre. Cakes can be received on the Friday morning or early on Saturday morning, 28th November.

Operation Christmas Child - Shoebox Appeal

Thank you to all who have supported the project so far this year by filling a shoebox with gifts and bringing it to church, building a box online, or making a financial donation. All gifts are most gratefully received. Each shoebox will share God's love and message of hope and joy with a child living in a difficult and dangerous part of the world. On or before **Sunday, 8th November** remember to bring shoeboxes to church for their journey overseas. Leaflets are available in church and shoeboxes are available for 60p from the Church Office. Thank you for your support. ***Helen Whybrew***

Volunteers



We are looking for volunteers in a number of roles.

- We are looking for **2 or 3** volunteers to welcome people, particularly to the 9:30am Service.
- We are looking for **1 or 2** volunteers to support *Sunday Kids.*
- We are looking for **2 or 3** people to help with Sound and Vision on Sundays.

If you feel you can support the Church once a month (or 13 hours a year) with any of these roles, please contact the Church Office for more information about the roles and an Application Form, if you are not already registered as a volunteer. Most of these roles do not require additional planning time.

Light Trail – Saturday 31st October, 4pm–6:30pm

This year, St Mary's is offering a warm, family-friendly space full of light and hope. Come and find us on Old Road where we'll be giving out *Bags of Hope*, and inviting families into the Lounge for hot chocolate, tea and coffee, crafts, and a friendly welcome.



During the Week …

Morning Prayer - 9am to 9:30 - Monday to Thursday - in Room 2 - all are welcome

Monday, 26th	Prayer AG Meeting 3pm
Tuesday, 27th	Alpha Course (7) 7pm
Wednesday, 28th	Holy Communion 11am (Old Church)
	Wednesday Group Lunch 12 noon
Thursday, 29th	Knit & Natter 1:30pm
Friday, 30th	Friday Coffee Morning 10am
	Choir Practice 6pm
Saturday, 31st	Light Trail 4pm



LIVE STREAMING Click here to watch online

Sunday, 1st November
09:30am Traditional Service - CW
11am All-Age Service (also Livestreamed) (HC)
6:30pm Evening Service - BCP

All rotas and events available on ChurchSuite. **Click here** to login.
If you need a login, please send an email request to the Office.

Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

PARISHGIVINGSCHEME

Giving regularly via PGS means (unlike other ways of giving) the church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit **parishgiving.org.uk/home** and find our church using the easy search tool. Then follow a few simple steps to set up your donation securely (or **click here**).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift.' It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with Dominic Gardner, Operations Manager

DATES FOR YOUR DIARY

Remembrance Sunday Service - Sun. 8th November, *joint* 10:30am
WoW Christmas Event - Sat. 21st November 7pm
Christmas Fayre - Sat. 28th November, 10am
LCM Service for everyone - Sun. 29th November, *joint 10:30am*

Noticesheet items: please submit to the **Church Office** by noon Tuesday, via **office@stmarysfrinton.org**
Want to join a Homegroup: Heather Ursell - **07882 402 768**
Sunday Media & PowerPoint items: email to the church office before 6pm Wednesday
Bookings for Church Premises: OpsMgr@stmarysfrinton.org