

Prayer intentions

God of grace, ever creating and
restoring,
you breathe life into all things
and embrace us with an everlasting
love;
help us to grow in wonder and awe,
to embody a spirit of gratitude,
and to dream generous dreams;
that, in gathering what we have,
we may graciously offer ourselves
to accomplish what you will,
in Jesus Christ our Lord. Amen.

or

Eternal God,
you crown the year with your goodness
and you give us the fruits of the earth in
their season:
grant that we may use them to your
glory,
for the relief of those in need and for
our own well-being;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever. Amen.

Those who have asked for our prayers

Sarah Davis	Teresa Nicholls
Stephen Milner	Richard Howells
Eric Dunstan	Wendy Goodwin
Kelly Sanderson	David Bowman
Beverley Reaney	Francis Berryman
Ann Kuczak	Lindsay Richards
Corrina Brooks	Margaret Johnson
Neil Flood	Andrew Stevenson
Janet Beck	Christle & Marcin

Those who have recently died

Elizabeth Fielding Long

Those who had funerals around this time of year

Frank Goldsmith, Philip Waitman,
Ian Harding, Mariene Conning,
Sandra Stacey, Michael Goddard

*Rest eternal grant unto them o Lord and
let light perpetual shine upon them*

Nar Valley Benefice Pew News

11th October 2026

This Sunday: 11th October **Harvest - gratitude (green)**

9.30am at Castle Acre **Eucharist**

The scriptures are:
Colossians 3.12-17 & Luke 17.11-19
Hymns: 32, 40, 183. EuP: E

11am at Little Abbey Farm Pentney **Farmyard Praise**

The Scriptures are:
Colossians 3.12-17 & Luke 17.11-19
Hymns: 26, 624, 801, 273.

6.00pm at South Acre **Traditional Evensong**

The Scriptures are: Psalm 65
Deuteronomy 8.7-18 &
2 Corinthians 9.6-15
Hymns: 144, 183, 195, 801.

Harvest festivals

Monday 9.30am in Castle Acre
Tuesday 9.30am in Narborough

Thursday 15th October **St Teresa of Avila (green)**

9.30am in Narborough
Said Eucharist

The scriptures are:
Ephesians 1.1-10 & Luke 11.47-end

Next Sunday: 18th October **St Luke the Evangelist (red)**

9.30am at Castle Acre **Eucharist with anointing**

The scriptures are:
Isaiah 35.3-6 & Luke 10.1-9
Hymns: 645, 452, 767. EuP: F.

11am at Narborough **Eucharist with anointing**

The Scriptures are:
Isaiah 35.3-6 & Luke 10.1-9
Hymns: 645, 452, 767

6.00pm at West Acre **Traditional Evensong**

The Scriptures are: Psalm 103
Isaiah 61.1-6 & Colossians 4.7-end
Hymns: 40, 454.

Welcome to all

We are always welcome in God's house and greet one another with joy.

Just before worship, we quieten ourselves to be met by God in prayer, word, and sacrament.

Children

We love it when babies or children of any age come to church. We do not expect them to impersonate adults.

Please feel relaxed if they wander about. In both Castle Acre and Narborough there are dedicated children's spaces in the worship area and quiet rooms at the back of church. Do use them if they are a help to you.

Safeguarding

We are committed to safeguarding children, young people and adults from harm. We follow the House of Bishops' guidance and policies.

Each church has its own Parish Safeguarding Officer (PSO):

Castle Acre

Dr Ilga Chakrabarti (01760 755368)

Narborough with Narford

Liz Collins (01760 337403)

Newton and West Acre

Clare Levere (07709232851)

Pentney

Andrew Smith (01760 755102)

South Acre

James Stephenson (01760 337901)

Contact our Diocesan safeguarding team safeguarding@dioceseofnorwich.org or 01603 882345

Sue Brice, diocesan safeguarding advisor sue.brice@dioceseofnorwich.org or 07958377079

If you have immediate concerns about the safety of someone, please contact the police and your local authority's children or adult social care services.

Hearing aids

There are hearing loop systems in Castle Acre, Narborough, & Pentney Churches.

Contact details

Please fill in a form and hand it to Mother Angela, her husband, or a churchwarden.

Get in touch

Mother Angela is happy to be contacted on her landline **01760 338552** or by email narvalleyrector@hotmail.com
Her rest day this week is Saturday.

Churchwardens for each church may be rung at home. They are all volunteers.

Castle Acre:

Lloyd Taylor 07907 525988

Anne Loch 01760 755403

Narborough:

Vacant

Newton:

Tony Bell 07787075726

Pentney

Sue Neep 01760 338037

Andrew Smith 01760 755102

South Acre:

Davina Barber 07967369573

West Acre:

Henry Birkbeck 01760 755254

Notices

Bible Studies this week are in the Rectory and on Zoom **Tuesday 7-8pm** and in Castle Acre Church **Thursday 7-8pm**. The Zoom meeting ID is 82791722210 and the passcode is 890022. All are welcome.

Upcoming **PCC meetings:**

Narborough Wednesday October 14th at 2pm in the Rectory dining room.

Castle Acre Monday October 19th at 11.30am in the back of church.

South Acre & Newton Tuesday October 20th at 2.30pm in South Acre church.

7.30pm on **Wednesday October 21st** is **Deanery Synod** at the Fountain of Life. Gift morning envelopes are gratefully received throughout October. Please prayerfully consider what to give.

Please fill in a **safeguarding audit survey** <https://ineqe.com/churchofengland/norwich/>

Thanks

A big thank you to West Norfolk Reeds for a very lovely afternoon of varied music and to 'the Pentney ladies' for their excellent refreshments.