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Weekly Benefice Bulletin

Sunday 20th September 2026

Message from the Rector

Ow sos ger,

Last Saturday, I had the privilege of being in a room full of enthusiastic, dedicated and faith-filled parish safeguarding officers as Truro Diocese held its annual safeguarding conference. As the representative from our patch I wanted to support those who take up this ministry and to give thanks for their passion as they work to ensure that vulnerable people of any age who come to our churches are met with care and due consideration as members of the church and our volunteers know how to signpost individuals for help and support.

Andy Erle commented on the significant progress being made across Cornwall in terms of the church's understanding of the need for safeguarding. It has always been the church's work to ensure that those who come to it are met with warmth and care, with some churches even being known as Sanctuary Churches. However, the truth is that much hurt and dis-membership has also been caused by the behaviour and activities of some individuals or practices at any time. The Church is rightly being held to account. Simply because we should have been doing better. For this to happen, a cultural shift was needed. It is all our responsibility to ensure that people are safe. If we have any concerns or see something questionable, we must alert those who are knowledgeable and skilled in this area. The safeguarding officers at local or diocesan level will then take the appropriate course of action.

Last year the diocese received many more referrals than previously, which they were glad about, as it means people are confident with the system and able to report their concerns. The team at the diocese has great expertise in safeguarding, having worked in professional services before such as the police, social care, and probation. This means there is a great wealth of knowledge, skills and support available to each and every one of us whenever we need it.

So, this week I want to say a huge thank you to our parish safeguarding officers who quietly beaver away in the background supporting the ministry and mission of the Church and enabling the rest of us to worship and work together knowing that there is a wonderful back up system for us whenever we need it.

Thank you to Eleanor, Dean, Nessa, Michael, Judith and Sophie for all that you do and for attending to the needs of the most vulnerable in our communities.

Gras ha kres,
Caroline

This week's services			
Sunday 20th September			
Probus	9.30	Praise & Worship: Harvest	Sara
St Erme	11.00	Harvest Festival at Trispen Methodist Chapel	
St Nun's	10.30	Parish Praise	LWLs
Ladock	11.00	Holy Communion	Caroline
Lamorran	15.00	Evening Prayer	Brian
Psalms 105: 37-45 Philippians 1: 21-30 Matthew 20: 1-16			

Next week's services			
Sunday 27th September			
Probus	9.30	Holy Communion	Caroline
St Erme	9.30	Morning Prayer	
Ladock	11.00	Holy Communion	Caroline
St Crida	11.15	BCP Communion	Pat
Tresillian	11.15	Holy Communion	Liz
Ladock	18.00	BCP Evensong	Pat
Psalms 78:1-4, 12-16 Philippians 2: 1-13 Matthew 21: 23-32			

Children & Young People's Groups

Probus - Youth Group: Sunday 20th September, 6.00pm-7.00pm

Probus - Little Lights: Thursday 24th September, 9.30am-11.30am

Benefice notices

Upper Fal Parishes Vision Day

Upper Fal Parishes Vision Day, on Saturday 10th October, at Tresillian Village Hall, is a chance for our churches to listen together for how God is leading us as we work together becoming beacons of love and light across our parishes.

We'll pray, talk, and reflect on what it means to be the church yesterday, today and tomorrow.

Your voice and presence matter as we shape the next chapter of our shared life in Christ.

Further information will be sent out nearer the date.

To book your place, please click [HERE](#).

Youthscape Essentials Volunteer Training

In our quest to reach out to the younger generations, we have been invited to consider whether we might have anyone interested in attending a 10 week course on youth ministry with [SWYM](#). This course will explore all things that young people are interested in or are challenged by and how the church might respond to this particular need. If you think this could be interested and through prayer and talking with your local church warden, feel that God is asking you to find out more, [please do get in touch with me](#).

gras ha kres,
Caroline

New Family Group @ St Erme

We are planning to start a new family group in St Erme. To help us get started we would love to be able to provide some games for families to sit around a table to play, things like kerplunk, marble run, hungry hippo's bucharoo etc.

If you are cleaning out a cupboard and would like to make a donation, please would you [email me](#) and we can arrange for a drop off or collection.

Grace and peace,
Caroline

Across the Upper Fal Parishes

You are welcome to any and all these regular events across the parishes. Please keep a look out in the Bulletin for news and dates of 'pop up' events to take place around the Benefice.

GRAMPOUND
Home Group
Thursday evenings for further details. Tel William 07767 203402

LADOCK
Coffee Morning at Ladock Village Hall
1st Saturday each month: 10-12noon

Tuesday Prayer Group
9am at St Ladoca Church.

Bell-ringing Practice
Alternate Wednesdays
Contact Jonathan for more info

LAMORAN
A service of evening prayer with refreshments after
3rd Sunday most summer months 3pm

PROBUS
Home Groups
Alternate weeks, Tuesday / Wednesday evenings
Tel Scott 07576 252664 (Tuesday group)
Tel Liz 07525 456434 (1st & 3rd Wednesday group)

Tots Praise
3rd Thursday each month: 9.30 - 11.30
This is a stay and play group for babies and toddlers. Once a month we share A Gospel story, sing and pray usually with bubbles.

TRESILLIAN
Lunch Group at Holy Trinity Church
1st Monday most months: 12 noon
Booking essential Tel Clare 01872 520198

TR2 Community Hub

Monday 21st September
Digital Support Hub: 10am -12pm
Coffee Morning: 10am -12pm

Tuesday 22nd September
Coffee Morning: 10am -12pm

Wednesday 23rd September
Coffee Morning: 10am - 12pm
Community Larder: 2.30pm - 3.30pm

Friday 25th September
Coffee Morning: 9am - 11am

Saturday 26th September
Community Larder: 9:30am - 10:30am
Coffee Morning: 9:30am - 10:30pm

FREE TECH HELP

Drop in sessions - no question too small!!

 Got a question about your phone, a tricky online form or online banking? We can help!

Third Monday of every month
(19th January; 16th February, 16th March)

10am - 12pm
At Probus Church, with refreshments

WHAT WE CAN HELP WITH:

- Using and configuring your mobile phone
- Booking an online appointment
- Speaking to utilities about an account change
- Setting up an online account or mobile app
- Water meter, gas meter, smart meter queries
- Online banking (paying a bill, setting up a direct debit)
- Attaching a document to an email
- ...and much more!

FREE for everyone
Laptops & tablets provided
Just drop-in - no need to book!

Helping get you online!

Disability Awareness Sunday

27 September 2026



Going the Distance @ Elim Church, Redruth

6 October 2026

going the distance

For a vibrant and lasting marriage

Could your relationship be on autopilot? It doesn't have to stay that way – discover ways to slow down and reconnect.

Drifting apart is one of the biggest reasons why many couples decide to call it quits. But there are simple ways to prioritise each other and stop just going through the motions.

Going the Distance is a practical, down-to-earth evening for couples – a rare chance to stop, take stock and invest in your relationship.

With genuine honesty and plenty of humour, Philip Jinadu and Cathy Madavan will share practical ideas of how to communicate well, deepen connection and intentionally set the course for your relationship.

This event will help you spot warning signs, avoid roadblocks and continue your journey together, for a vibrant and lasting marriage.

For more details and to book please click [HERE](#).

Newsletter Submissions

Please send your items **by 5pm on Tuesday 22nd September at the latest** to Matthew at bulletin@probus.church and make sure the subject line clearly indicates that it is a newsletter submission.

Thank you.