

Thurcaston with Cropston and Anstey

Heart & Soul

of our community



All Saints' Church
Thurcaston

October 2026

St Mary's Church
Anstey

ANSTEY, CROPSTON, THURCASTON - KEY CONTACTS

Rector	Rev Matthew Gough	07754 961 997
		revgough@gmail.com
Associate Ministers	Ian Dutton	0116 221 3786
	Clare Gough	claregough@yahoo.co.uk

ALL SAINTS' CHURCH, THURCASTON WITH CROPSTON

Church Warden	Vacant	
Church Admin	Jane Westby	0116 235 2226
		mowestby@virginmedia.com
Organist & Choir Master	David Evans	07733 243 383
PCC Secretary	Douglas Gilmour	0116 236 2503
PCC Treasurer	Felicity Wigg	fliiss.wigg@hotmail.co.uk
Captain of Bellringers	Peter Hunt	0116 235 9601
Harrison Room bookings	Jane Lacey	harrisonroomsbookings@gmail.com

ST MARY'S CHURCH, ANSTEY

Church Warden	Marian Driver	0116 348 1587
PCC Secretary	Pat Henderson	0116 221 5981
PCC Treasurer & Stewardship Secretary	Janet Collins	07749 655 618 (<i>Txt messages only</i>)
Verger	Paula Hayward	0116 367 8563 or 07584 254 729
Bellringers	Marion Pegge	07971 170 471
Pastoral Assistant	Helen Nightingale	ansteypastoralcare@gmail.com
Music	Harvey Nightingale	
Church Room bookings		Stmaryschurchrooms@gmail.com



Find us on Facebook: [@asthurcastonwc](#) [@stmarysanstey](#)



Church notes

All Saints' and St Mary's exist for the benefit of the whole community - not just people who go to church on Sundays!

We're delighted to arrange baptisms and weddings, or to bring Holy Communion to anyone who is unable to attend church.

If we can help in this, or any other way, please contact the Rector or Church Wardens (contact details on left). Alternatively, visit our websites for further information about events, activities, services:

All Saints' Thurcaston with Cropston

St Mary's Anstey

stmarysandallsaints.co.uk



Please send contributions, listings, images, suggestions or ideas for the November issue of the magazine to: heartandsoulnews@gmail.com (deadline Tuesday 20 October)

Useful Addresses

All Saints' Church / Harrison Room,
Anstey Lane, Thurcaston LE7 7JA.

Anstey Library, Paper Mill Close, Anstey LE7 7AU.

Cropston Evangelical Free Church (CEFC),
Station Road, Cropston LE7 7HD.

Jubilee Hall, Staddon Road, Anstey LE7 7AY.

Methodist Church, Cropston Road, Anstey LE4 7BP.

St Mary's Church / Church Rooms,
Church Lane, Anstey LE7 7AF.

Thurcaston Memorial Hall, Anstey Lane, Thurcaston LE7 7JA.

Take it to the Lord in prayer...

Truth can be stranger than fiction. And it came to pass, that some pieces of artificial intelligence recently ganged together, plotted and launched a cyber-attack on an industry. Experts were shocked. Could this herald the end of any human control over our lives? New laws and regulations could quickly be outmoded by the pace of change, or the cunning of artificial intelligence could bypass them.

What can we do? Well, our God who created the heavens and the earth is indeed greater than all this. Humbly, let us take it to the Lord in prayer.

We value our humanity, and so does God. The city was a remarkable invention, thousands of years ago. Through trade, services and industries, and sharing resources for the common good, people supported one another.

But what of the city of Leicester, whose leaders were bent on taking our village communities into a greatly expanded city boundary? It is not clear that the efficiencies that they claimed would be realised. Local authorities – our county, borough and parish councils - perform literally hundreds of functions. These are supported by similarly large numbers of systems that would need reorganising and reaggregating to new administrative boundaries.

Undoubtedly there are already benefits in having the city close by, with all the facilities that it offers. Equally, there are city residents using the facilities that our villages offer. But our villages seem to offer a greater focus for being a community. The numerous clubs and societies that we have in our villages would (I suspect) be less numerous in a suburban setting.

The Anstey Gala has been a wonderful community event, supported by the parish council and numerous enthusiastic volunteers, and followed on the Sunday by a Gala Service open to all. Another community event has been the Open Gardens in Thurcaston and Cropston. Our churches are there for the community, but they have welcomed the community in other special ways with concerts, Christmas events, summer fayres, discussions, and visits from schools. Our churchyards were common burial grounds, and our parish councils have responsibilities for their maintenance.

The reorganisation of local authorities has been paused, while the government gives the matter further thought. This can still affect ourselves and our churches, and we can make representations. Humbly, let us take it to the Lord in prayer.

continued... 

Our God-given lives are not normally something to forfeit voluntarily, but for some people their condition becomes so excruciatingly painful that death would seem like a merciful release. The so-called assisted dying bill (*Terminally Ill Adults (End of Life) Bill 2026 - Ed*) has recently been defeated in parliament amidst many concerns. This is a very big subject, but MPs on both sides of the debate should have seen that the bill was badly drafted. If it had become law, it could have affected profoundly the attitude of doctors and the NHS regarding their reason for being there.

If we know someone who is in such great pain that they need to die, but somehow they cannot, then one traditional approach would be to ask God to 'take' that person. Whatever the situation, we can take it to the Lord in prayer.

These are all serious topics, but I wish you joy this autumn.

With my prayers and best wishes,

Ian, Associate Minister

Coffee Morning - St Mary's Church Rooms

Every Friday from 9.15 am

Everyone welcome



CHANGING CONNECTIONS

Helping you and your loved ones to live well
and build better bonds in your community.

Find out more about your local community
Connect with professional services
Discover new social groups
Information and support
and more.

Call or email Vikki
vikki@ruralcc.org.uk

07519 316 461

ruralcc.org.uk

From the registers

Thursday 3 September

Maureen and Roy Moores of Anstey, funeral at South Leicestershire Crematorium.

Friday 4 September

Joan Cope of Anstey, funeral at St Mary's followed by burial at Anstey Cemetery.

Friday 25 September

Frank Clewes of Thurcaston, funeral at All Saints' followed by burial at Parish Cemetery.

October Readings: Ordinary time (Green)

Sunday 4 October (Trinity 18)

Philippians 3, 4-14

Matthew 21, 33-46

Sunday 11 October (Trinity 19)

Philippians 4, 1-9

Matthew 22, 1-14

Sunday 18 October (Trinity 20)

1 Thessalonians 1, 1-10

Matthew 22, 15-22

Sunday 25 October (last Sunday after Trinity)

1 Thessalonians 2, 1-8

Matthew 22, 24-46

Thurcaston and Cropston Good Neighbours Scheme

We are a small team of local volunteers who provide support for anyone in Thurcaston or Cropston who needs help – this could be a lift to a medical appointment, a basic DIY job or someone to drop-in for an occasional cup of tea & chat. Please do call us with your requests for help.

Calls from any potential volunteers (particularly drivers) would be most welcome also!



Giving (and magazine costs)

At St Mary's and All Saints' we are seeking to cultivate a generous and giving culture based on trust and faithfulness rather than transactional fundraising or fear of scarcity.

Both our PCCs have had to look at giving recently, as in the new Minster Community model our parishes will begin to directly bear the costs of paid ministers. Both churches have always given our Parish Share or Gift to the Diocese to cover Diocese costs including ministers.

We get no direct financial support from Government or the Church of England. We rely wholly on generosity of donors, fundraising and room hires.

Heart & Soul magazine is a way the church communicates more widely, and it is shared as a grace. Since being a colour production our costs have increased ten-fold and we work on the basis of each edition notionally being £1.50 for those who wish to purchase it.

We are grateful for our recent Gift Day donations in Cropston and Thurcaston. I very sorry to learn there was an issue with the QR code for online donations - it's fixed now.

If you would like to make one-off gifts or payments for the magazine, you can donate via scanning these

QR codes for each church. Please reference any payment with 'magazine' or 'gift'.

We would love to encourage regular giving through the national Parish Giving Scheme (PGS).

St Mary's has this established - pick up a form in church or go online: parishgiving.org.uk. All Saints' is in the process of setting this up and will be live soon. The PGS is great for regular giving and helps the church by arranging Gift Aid.

Thank you however you give: regular donations, acts of service, one-off collection, envelopes, the plate or card reader. A verse which has inspired PCC conversations is worth taking to heart as we love a God who is rich and has everything needed in abundance: "*Give and it will be given to you. A good measure, pressed down, shaken together and running over, will be poured into your lap.*" [Luke, 6:38]



All Saints' Church



St Mary's Church

Rev Matthew

Ride & Stride for Churches update

This year's Leicestershire Ride+Stride for Churches took place on Saturday 12 September.

It's an annual event organised by Historic Churches Leicestershire to raise funds for repairs and improvements to historic churches, chapels and meeting houses throughout Leicester and Leicestershire.

Both St Mary's and All Saints' opened up to welcome riders and striders as they travelled around the county on foot, bike and horseback.

One intrepid rider was 84 year old former Anstey Nomads player **Frank Marston**, who rode his bike between churches raising funds for St Mary's.

Frank would like to thank everyone who supported his ride. In all, 14 churches were visited covering Charnwood locally, the furthestest church was at Prestwold near the Leicestershire border.

In all it was an inspiring ride and he enjoyed all the different churches and the people manning them.

In particular it was really good to see where some of the money had been allocated, in particular the Baptist Church at Quorn.

Total amount raised (excluding gift aid) was £500. Thank you again to everyone who took part, helped out on the day, and especially those who gifted donations.



All Saints' 200 Club - September winners



- | | |
|-----|----------------------|
| 1st | Daphne Grieff |
| 2nd | Jo & Richard Elks |
| 3rd | Carol & Colin Austin |

It's never too late to join. Call Jane Westby for details: 0116 235 2226 or email:

mowestby@virginmedia.com

All Saints Church, Thurcaston are
hosting a Concert with

The Little BIG Band

on

Saturday 3rd October

6:30pm for 7pm start

*An evening of popular music & songs by The Beatles,
John Denver, Patsy Cline and many more*

All proceeds to

Action for Children



and All Saints' Church

Tickets £8 (under 16s free) - includes a glass of
wine (or soft drink) and light refreshments at
the interval

Please order your tickets from *Eleanor Lloyd Jones*
Mob.07834 483850 or email: eleanorlj@aol.com

Local cinema

Anstey

Enjoy a friendly, relaxing hour or two with good company in Anstey Community Library every Wednesday afternoon at 2pm. Films are shown on a new large screen TV with surround sound.

Entrance price is just £3, which includes cake and a drink. Films are chosen on a weekly basis, so we're unable to provide details in advance - visit the website ansteylibrary.com or pop into the library for further information.

Thurcaston

Friday 9 October: 'Hamnet' (running time 125 minutes)

Winner of an award for Outstanding British Film and two Golden Globe Awards, the film tells the personal life of William Shakespeare and his wife Agnes Hathaway, about whom little has previously been known. Jacobi Jupe plays their young son Hamnet. The film explores how grief and family dynamics influenced the tragedy Hamlet.

Friday 11 November: 'H is for HAWK' (running time 114 minutes).

Our November biographical film is a true story, starring Brendan Gleeson and Claire Foy who give truly authentic performances. In the aftermath of her father's death, a grieving daughter, Helen, adopts and trains a northern goshawk called Mabel. This is a deeply human and inspiring drama: an intimate journey of resilience and healing, set in the rich, yet peaceful, fenlands of England.

Thurcaston and Cropston Parish Council will be showing these two films in Thurcaston Memorial Hall, starting at 7.30pm.

Tickets are £6, which includes a lucky prize draw and wine or fruit juice during the interval.

You can pay for your tickets at the door, if there are any left, or buy in advance from Diana (0116 2362 619), Sylvia (0116 2352 873) or the Parish Office (0116 2367 626).

Thurcaston & Cropston Gardening Club

After a scorching hot summer, we were blessed with a warm sunny day for our 41st Annual Craft and Produce Show. We welcomed exhibitors throughout the morning and by closing time for entries we had 56 adult exhibitors and 25 entries in the junior's classes.

The magnificent total of 293 entries was the second highest number of exhibits ever recorded.

The Arts and Craft classes, with a total of 80 entries was the most successful category overall. However, the Photographic Section was also popular with 35 entries in just four classes.

The total number of entries in the Veg, Fruit and Flower categories showed a small decrease from last year, understandable given the weather we have experienced this year, but entries in the Baking, Preserves, Photo and Craft classes more than made up for that loss.

Garden Club member Jane Westby won three trophies. As outstanding exhibitor, Jane was also awarded a certificate by the RHS Judges Guild to celebrate their 70th year.

There were 25 entries in the three junior classes. Many thanks to the young people who entered some very creative pieces; including the Brownies, and other local children. Many congratulations to all trophy winners.



Special thanks to all those participants and visitors who came along and made the whole day such a success, your contributions were noted and very much appreciated.

Thanks also go out to Garden Club members and friends for their help in setting-up and ensuring the day ran smoothly.

The Gardening Club meets in the Thurcaston and Cropston Memorial Hall. New members are made most welcome. Membership is £15 for the year (pro rota) or £3 per meeting.

For more information about the Club, please contact:

Dave Haddon 0116 235 9758

david.haddon22@gmail.com

Richard Elks 0116 236 8313

cropston161@hotmail.co.uk

Forthcoming Club events:

Wed 14 October: Plants with a Story
(Samantha Hopes)

Wed 11 November: Colour in the
Winter Garden (Alison Levey)

Thurcaston and Cropston Local History Society

September's meeting came with a warning of graphic content, as Eddie Smallwood explained some of the techniques that were used to treat battlefield injuries during the Wars of the Roses. While some of his descriptions and demonstrations were indeed gruesome, the jokes were even worse!

Eddie (seen here 'treating' Peter Smith) spoke to us dressed as a barber-surgeon, those two professions being united before the 16th century.

There was no formal medical training and diagnosis of general ailments often began with analysing the patient's urine, then the barber-surgeon might recommend eating particular foods or removing blood.

During blood-letting, the patient gripped a stout rod while the surgeon made an incision in their upper arm. That rod, bound in blood and bandages, is the origin of the familiar red and white barber's pole.

By the Battle of Bosworth in 1485, artillery was becoming more widely used and cannonballs could break bones at a range of nearly a mile.

Treatments were limited by a papal decree that banned surgeons from opening up the body so a broken leg could be set but no incision could be made to treat broken ribs.

On the other hand, if a musket-ball had already entered the body, the

surgeon could attempt to cut it out or use special tools to extract it. A slender 'needlepoint' arrow could pass through poor-quality chainmail but could be pulled back out.

Barbed arrows would need to be pushed right through! Longbowmen indulged in biological warfare by coating their arrows in mud (or worse) so that wounds would become infected.

To counter this, the surgeon would repeatedly pull a cloth coated in honey through the hole while it was healing.

It is a testament to the surgeon's skill that a reasonable proportion of his patients did survive.

On 20th October, we will reflect on much more recent history, when we learn about the 1989 Kegworth Air Disaster from the perspective of Alan Parker, who was the Chief Ambulance Officer at the time.

Visitors are always welcome (fee £4)

thurcastoncropstonhistory.org.uk





Art Classes

with Liz Dowding Artist

Thursday evenings 6-8pm
October 1st, 15th, 22nd, 29th

**Do you have a picture or photo
that you really want to try and paint for yourself?**

**Bring along your own reference
and receive full tuition as to how to recreate it
from sketch to painting, most equipment supplied.**

Places limited to 10, ensuring tuition time for all

Cost - £40.00 for all four or £12 per week

**All Saints' Church, Thurcaston with Cropston,
Anstey Lane, LE7 7JA**

Liz Dowding

Tel. 07885 729549

lizdowdingartist@gmail.com

Facebook - Liz Dowding Artist

Instagram [liz_dowding_artist](#)

Tales from the Churchyard

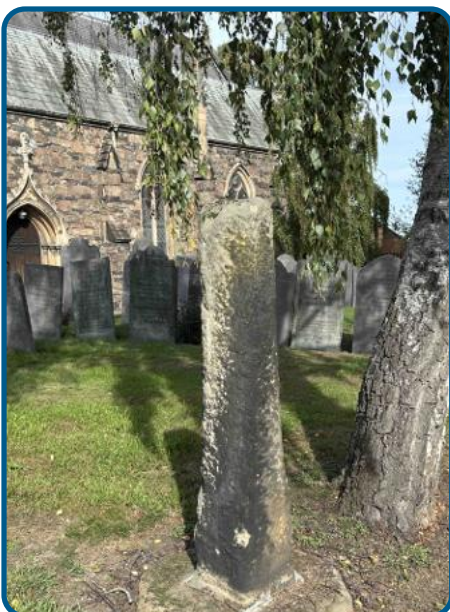
Welcome to our new series of articles on the life and times of the 'residents' of St Mary's Churchyard. To kick things off we offer a brief history of the Church and the surrounding churchyard...

The remains of the Saxon Preaching Stump, near the Bradgate Road wall, includes a socket stone and part of a shaft, the oldest structure of the church.

It is believed that in Saxon times, missionaries would visit an area, bringing with them a wooden cross to preach to local people from a piece of high ground. The 'head man' of the settlement would often be the first convert, with the remaining inhabitants expected to follow.

The wooden cross would be placed to mark the meeting, followed later by a stone structure. A wooden building would subsequently be built.

There is a suspicion that an Abbey



may have been built on the site, although this has not been proven.

There was definitely a church here in Norman

times as both the tower and doorway in the tower are from that period, possibly circa 1150.

The very first church would have existed in its own right; later it consolidated with the parish of Thurstaston and became a Chapelry - a subdivision of a larger parish, but with a church of its own so people could attend without travelling large distances.

In 1867 St Mary's became a separate Ecclesiastical parish, with its own Rector.

The clock in the South Tower was made by W. Jolley of Leicester. It was given to the church in 1772 by Robert and Thomas Martin, father and son, who at the time were both churchwardens.

As it was then the only public clock in the village, it would have been the standard time keeper, regulating life in the village.

Before the advent of clocks, the church bell would have announced the time to the local people. The first bell at 6am told the nightwatchman that he could end his vigil and go to bed. It would also have summoned people to prayers and daily mass.

The angelus Bell was rung at 12 noon and the curfew Bell at 8pm, which told the population it was time to cover their fires; a necessary precaution as many people slept on straw mattresses near to their fire.

The Churchyard was the place of burial for all Anstey residents until 1888 when the new Anstey Cemetery was opened on Groby Road (then Groby Lane).

This land was given to the village by Rev W Roby Burgin in 1886 when it was realised that there was very little space remaining in the churchyard.

A large number of the grave stones are made from local Swithland slate - many of the stones have the makers names near the bottom.

Most of the gravestones propped up along the Bradgate Road wall are dated 1700s.

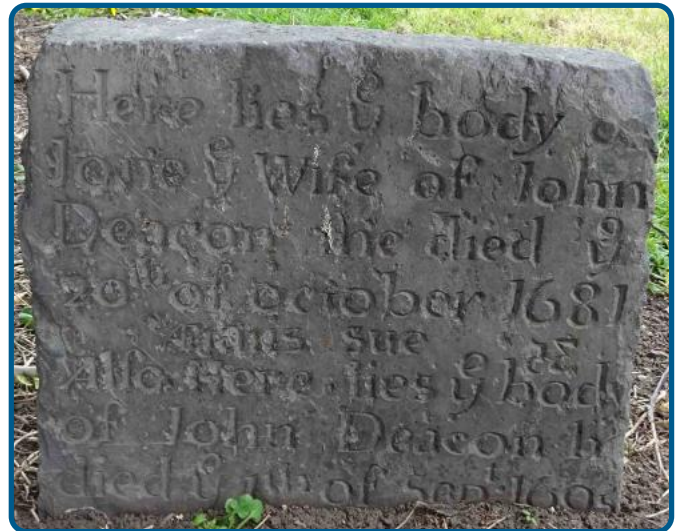
It's possible that these were from the graves that were disturbed during the rebuilding of the church in 1824.

Note the difference in the number of marked graves from one side of the church to the other - the more important you were, the nearer the main church door you wanted to be buried.

Members of the non-conformist churches (eg Methodist and Congregational) were buried on the far side of the church.

Many villagers couldn't afford a head stone and along the medieval Church Lane wall are the unmarked pauper graves.

The oldest grave in the churchyard is that of the wife of John Deacon who died on 20th October 1681.



Gravestones are an important source of local and family history. Looking at both the graves and the church burial records can give us a snapshot of Anstey life at a particular time in history.

For example, the Lewin family graves show that four family members are all buried January 1736. The question is why? More research is needed to prove it was probably illness.

It is chilling to note the number of children and young people in burial records. In 1887, there were dozens of children and infant deaths recorded, obviously due to illness of epidemic proportions.

In the coming months we will be 'meeting' some of the churchyard residents and discovering more about the lives of the people that many of you pass every day.

Information kindly supplied by [Anstey Local History Society](http://ansteyhistory.com) (ansteyhistory.com)

Dates for your Diary

Thursday 1

7pm Anstey Chess Club
(Methodist Church)

6pm Art Classes with
Liz Dowding (Harrison
Room)

Friday 2

9.15am Coffee Morning
(Church Rooms)

11.30am RVS Lunch
Club (Jubilee Hall)

Saturday 3

11am Charity Coffee
Morning (CEFC)

6.30pm Little Big Band
Concert (page 9)

Sunday 4

9am Breakfast at the
Church (All Saints'
Church)

9.30am Morning Praise
(All Saints' Church)

10.30am Gather for
refreshments (St Mary's
Church)

11am Holy Communion
(St Mary's Church)

11am Sunday Worship
(CEFC)

2pm Simply Strings
Orchestra (page 26)

Monday 5

11am Bible Study
(CEFC)

1.15pm RVS Dementia
Cafe (Jubilee Hall)

Tuesday 6

10am Food Bank
(Church Rooms)

12noon Leics MS
Group (Jubilee Hall)

1pm Anstey Art Club
(Methodist Church)

Wednesday 7

9.30am Traditional Holy
Communion (St Mary's
Church)

2pm Wednesday Film
Show (Anstey Library)

2pm Wednesday Hub
(Harrison Room)

Thursday 8

7pm Anstey Chess Club
(Methodist Church)

Friday 9

9.15am Coffee Morning
(Church Rooms)

11.30am RVS Lunch
Club (Jubilee Hall)

Saturday 10

2pm Spoken Word and
Performance Poetry
(page 20)

Sunday 11

9.30am Harvest Service
Holy Communion (All
Saints' Church)

10.30am Gather for
refreshments (St Mary's
Church)

11am All Harvest
Service (St Mary's
Church) followed by

Bring & Share Harvest
Lunch (Church Rooms)

11am Sunday Worship
(CEFC)

Monday 12

2.15pm Monday Club
(CEFC)

Tuesday 13

10am Food Bank
(Church Rooms)

10.30am Anstey Musical
Memory Box (Jubilee
Hall)

12noon Leics MS
Group (Jubilee Hall)

1pm Anstey Art Club
(Methodist Church)

6.45pm Birstall &
District Art Society
(Cedars Academy)

Wednesday 14

9.30am Traditional Holy
Communion (St Mary's
Church)

2pm Wednesday Film
Show (Anstey Library)

2pm Wednesday Hub
(Harrison Room)

7.45pm Thurcaston and
Cropston Gardening
Club (Memorial Hall)

Thursday 15

6pm Art Classes with
Liz Dowding (Harrison
Room)

7pm Anstey Chess Club
(Methodist Church)

Friday 16

9.15am Coffee Morning
(Church Room)

11.30am RVS Lunch
Club (Jubilee Hall)

Sunday 18

9.30am BCP Holy
Communion (All Saints'
Church)

10.30am Gather for
refreshments (St Mary's
Church)

11am Holy Communion
(St Mary's Church)

11am Sunday Worship
(CEFC)

8pm Compline Night
Prayer (All Saints'
Church)

Monday 19

11am Prayer Meeting
(CEFC)

1.15pm RVS Dementia
Cafe (Jubilee Hall)

Tuesday 20

10am Food Bank
(Church Rooms)

12noon Leics MS Group
(Jubilee Hall)

1pm Anstey Art Club
(Methodist Church)

7.30pm Thurstaston &
Cropston Local History
Society (Memorial Hall)

Wednesday 21

9.30am Traditional Holy
Communion (St Mary's
Church)

12.30pm Newtown
Linford Ladies' Lunch
Club (page 22)

2pm Wednesday Film
Show (Anstey Library)

2pm Wednesday Hub
(Harrison Room)

Thursday 22

6pm Art Classes with Liz
Dowding (Harrison
Room)

7pm Anstey Chess Club
(Methodist Church)

7pm Anstey Local
History Society (Jubilee
Hall)

Friday 23

9.15am Coffee Morning
(Church Room)

11.30am RVS Lunch
Club (Jubilee Hall)

Sunday 25

19.30am Holy
Communion (All Saints'
Church)

10.30am Gather for
refreshments (St Mary's
Church)

11am Fresh Praise (St
Mary's Church)

11am Sunday Worship
(CEFC)

Tuesday 27

10am Food Bank
(Church Rooms)

10.30am Anstey Musical
Memory Box (Jubilee
Hall)

12noon Leics MS Group
(Jubilee Hall)

Wednesday 28

9.30am Traditional Holy
Communion (St Mary's
Church)

2pm Wednesday Film
Show (Anstey Library)

2pm Wednesday Hub
(Harrison Room)

Thursday 29

6pm Art Classes with
Liz Dowding (Harrison
Room)

7pm Anstey Chess Club
(Methodist Church)

Friday 30

9.15am Coffee Morning
(Church Room)

11.30am RVS Lunch
Club (Jubilee Hall)

2pm Tea & Crafts
(Church Rooms)

Saturday 31

9.30am Birstall and
District Art Society
Annual Art Exhibition
(page 27)

October Services - All Saints' Thurcaston

Sunday 4th

9am Croissants, fruit & roasted
coffee breakfast

9.30am Morning Praise

Sunday 11th

9.30am Harvest Service Holy
Communion

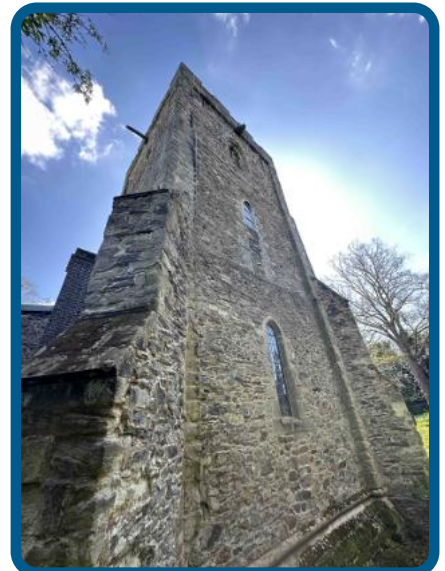
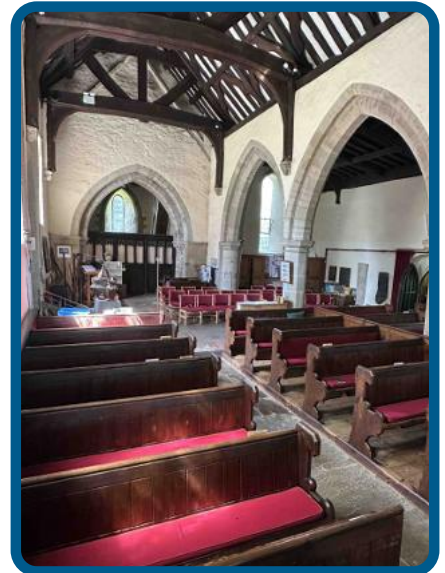
Sunday 18th

9.30am BCP Holy Communion

8 pm Compline Night Prayer

Sunday 25th

10am Holy Communion



October Services - St Mary's Anstey

Sunday 4th

- 10.30am Gather for coffee, biscuits,
squash, tea & coffee
- 11am Holy Communion

Sunday 11th

- 10.30am Gather for coffee, biscuits,
squash, tea & coffee
- 11am All Harvest Service
- 12.30pm Bring n Share Harvest Lunch

Sunday 18th

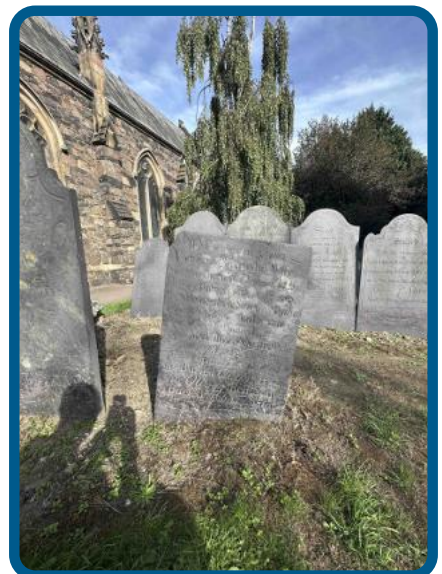
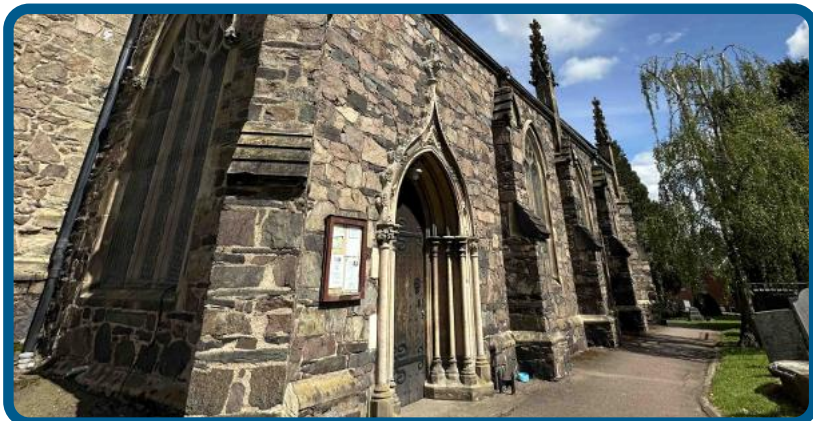
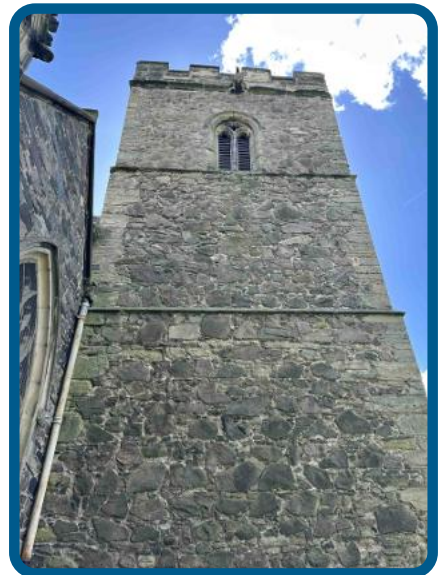
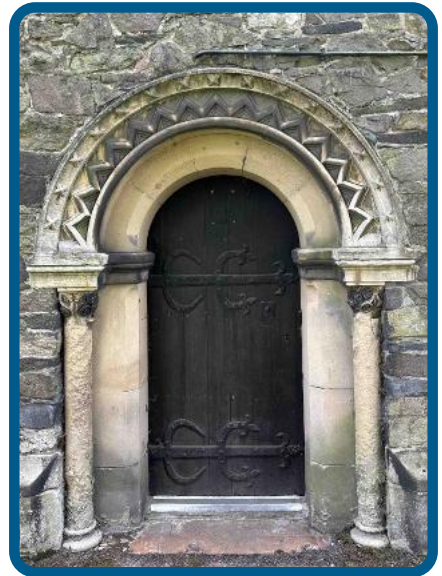
- 10.30am Gather for coffee, biscuits,
squash, tea & coffee
- 11am Holy Communion

Sunday 25th

- 10.30am Gather for coffee, biscuits,
squash, tea & coffee
- 11am Fresh Praise

Every Wednesday

- 9.30am Traditional Holy Communion



SPOKEN WORD

“

”

& Performance Poetry



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THURCASTON, LE7 7JA
HARVEST FESTIVAL

CELEBRATING WORLD MENTAL HEALTH DAY + HARVEST
+ WITH BRIGHTSPARKS CREATIVITY IN MENTAL HEALTH
+ LOCAL CONTRIBUTORS

**SATURDAY OCTOBER 10TH
2-3.30PM**

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DONATIONS FOR REFRESHMENTS
WELCOMED**

MORE INFORMATION AT CATBENEFICE@GMAIL.COM

REV MATTHEW 07754961997

★ LATIMER PLAYERS ★

PRESENT

SLEEPY HOLLOW

PANTOMIME



LAUGHS!

SONGS!

SPOOKS!

SpectromagicUK
Pantomime Scripts
written by Adam G Smith

★ PERFORMANCES ★

26TH NOV
7:30PM

27TH NOV
7:30PM

28TH NOV
2PM & 7PM

FRI ONLY
CAFE STYLE SEATING
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Newtown Linford Ladies' Lunch Club

We want to invite you to join us for lunch. Perhaps you are new to the area, or have recently lost your husband, partner or close friend. Or maybe you have been unwell, housebound or lost confidence following an accident or a fall. Or perhaps, you are just looking for a new interest.

Our Lunch Club members meet on the third Wednesday of the month at Lingdale Golf Club (12.30pm) on Joe Moores Lane, near Woodhouse Eaves (LE12 8TF). Members come from many of the surrounding villages

The meal is always excellent; our members are welcoming and friendly; there's free parking outside and there's a bar! After lunch, we invite interesting people to speak on various topics to entertain us. You can visit us three times as a guest, before deciding if you want to become a permanent member. Call Sylvia on 0116 235 2873 or Pauline on 07480 628 418 for more information.

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Cedar House update

September has been another wonderfully busy month, filled with laughter, creativity, music, celebrations and lots of special moments.

We welcomed some fantastic visitors, including Lilliput Nursery Group, Sidney Shakers and Lexie, our lovely PAT dog. It was wonderful to see residents enjoying time with the children, getting creative together and enjoying plenty of cuddles and smiles with Lexie.

Our residents tried their hand at archery, darts, volleyball, Battleships and Hangman, with plenty of friendly competition and laughter along the way.

Creativity has also been a big part of the month, with foil art, glass ladybirds, nature art and kite-making.

Our residents particularly enjoyed joining the nursery children to decorate their own kites.

Music has brought plenty of joy this month, with wonderful performances from the Singing Divas, lively music and movement with Sidney Shakers, and a beautiful saxophone performance from Charlotte.

We celebrated Harvey's birthday, with cake and a peek at his lovely presents, and also two very special milestones, with Beryl turning 90 and Freda reaching an incredible 99 years young!

We've also enjoyed quieter, meaningful moments, including reminiscence sessions, one-to-one time, walks and



pamper sessions. Sally has been keeping everyone feeling fabulous with nails and eyebrow shaping, while residents have enjoyed sharing memories and stories.

Janet was sadly unable to attend a family wedding, but she was able to join the celebrations online, creating a lovely moment for her to treasure.

And a special mention to Mary, who wrote a little note to a friend this month — her handwriting was absolutely beautiful!

We also said a fond farewell to Janine, wishing her every happiness and success in her next adventure. You'll be greatly missed, Janine!

We also said "see you soon" to Zoe, who is taking some time to rest and recover. We're looking forward to welcoming you back when you're feeling fighting fit again!

There's always something happening at Cedar House, and we're already looking forward to more fun, friendship and new adventures.

Sally

Notes from the Monday Club

Walking in support of LOROS

Our guest speaker last month, Adrian Walker, helped develop a series of routes in Britain, where people walk to raise money for the charity LOROS, which runs a hospice near Glenfield Hospital, Leicester.

Julia Bradbury is a well-known supporter, and people come from as far as Australia to take part.

The Coast-to-Coast walk which Adrian did recently is 192 miles (from St Bees to Robin's Hood Bay).

Some days involved walking for about 20 miles across easy terrain; or perhaps only nine miles up and down lots of hills. The group stayed at youth hostels along the route, or basic huts.

Adrian had slides showing beautiful rainbows, but sometimes groups encountered hurricanes. Keld village marked their halfway point. The Coast-to-Coast Path cuts across the Pennine Path just here. At Bolton-on-Swale, there is a gravestone for a Henry Jenkins who reportedly lived to 169 years!



At Roseberry Topping there is an ancient volcano. Fat Betty is a boundary marker stone where people leave small food offerings.

In Whitby the group celebrated with fish-n-chips before the last few miles into Robin Hood's Bay. A plaque at the end of this route shows all the contours.

Our Harvest Festival is on Monday 12 October, with a talk about Laura Ashley. On Monday 9 November we welcome back Bishop Peter Fox and his magic.

Monday Club meetings start at 2.15pm, on the second Monday of each month. Annual membership is £15, plus £2 entrance; or £4 for visitors.

New members and visitors are always welcome at Cropston Evangelical Free Church room meetings. Call 07709 201881 for further information.

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Jazzing up Tuesday afternoons

The Wheatsheaf Inn sits next to crossroads Thurcaston and is just a short distance from Cropston and Anstey. It's warm and welcoming and its new chef has introduced two new menus.

One is a 'Light Bite' version so, even if your appetite is not what it used to be, there will always be something a little smaller (and cheaper) to suit.

At the back of the main bar is the Skittle Alley, which hosts one of Leicestershire's best, and longest-standing, Jazz bands from 12.30-2.30pm every Tuesday.

The Titanic Jazz Band are Mike on guitar, Bob on double bass, Max on trumpet(s), Lol on percussion, John on saxophone(s) and Dave on trombone. Why not pop along with a friend for a light lunch and a tune or two?



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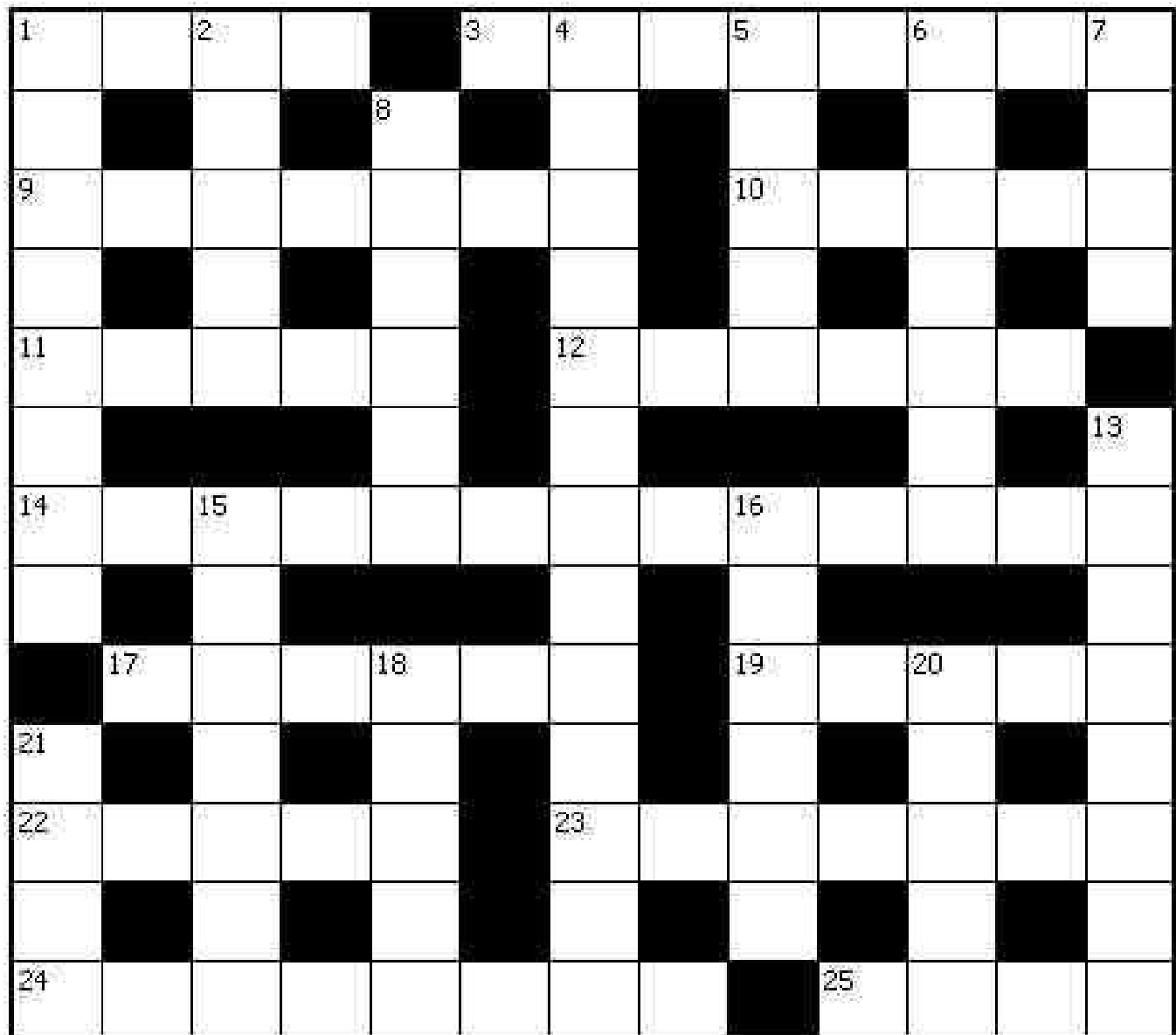
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Puzzle Corner (Sudoku)

	1		6		7			
		8			5		9	
				3			5	
5				1		7		8
3		6		7				4
	2			4				
			5			6		
			9		3		2	

Puzzle Corner (Crossword)



Across

- 1** Those who were standing near Paul said, "You — to insult God's high priest?" [Acts 23:4] (4)
- 3** They were assigned to guard the tree of life [Genesis 3:24] (8)
- 9** 'Elkanah son of Jeroham, the son of Elihu, the — of — , the son of Zuph, an Ephraimite' [1 Samuel 1:1] (3,4)
- 10** Surrender [Joshua 24:23] (5)
- 11** Where American livestock can be reared (5)
- 12** Listen [anag] (6)
- 14** Alternative name for Kiriath Jearim [2 Samuel 6:2] (6,2,5)
- 17** He founded Westminster Abbey, — the Confessor (6)
- 19** Hebrew word for the place of the dead (5)
- 22** Allies of Persia in the fifth century BC [Esther 1:3] (5)
- 23** Where John Wesley was forced to preach a lot (4,3)
- 24** Rebellion against God; abandonment of religious belief (8)
- 25** Note [anag] (4)

Down

- 1** Give an account of [Mark 4:30] (8)
- 2** 'I — — the path of your commands, for you have set my heart free' [Psalm 119:32] (3,2)
- 4** 'He took the ephod, the other — — and the carved image' [Judges 18:20] (9,4)
- 5** 'You are a chosen people, a — priesthood' [1 Peter 2:9] (5)
- 6** The meek, the merciful and the mourners are all this [Matthew 5:4–5, 7] (7)
- 7** Musical Instrument Digital Interface (1,1,1,1)
- 8** He was the son of Nun [Deuteronomy 34:9] (6)
- 13** 'Let the little — come to me' [Matthew 19:14] (8)
- 15** 'About three thousand were — — their number that day' [Acts 2:41] (5,2)
- 16** In John's vision, the wall of the new Jerusalem was made of this [Revelation 21:18] (6)
- 18** 'Our citizenship is in heaven. And we eagerly — a Saviour from there, the Lord Jesus Christ' [Philippians 3:20] (5)
- 20** 'Glorify the Lord with me: let us — his name together' [Psalm 34:3] (5)
- 21** Young Men's Christian Association (1,1,1,1)

Puzzle Corner Solutions

D	A	R	E		C	H	E	R	U	B	I	M
E		U		J		O		O		L		I
S	O	N	T	O	H	U		Y	I	E	L	D
C		I		S		S		A		S		I
R	A	N	C	H		E	N	L	I	S	T	
I				U		H				E		C
B	A	A	L	A	H	O	F	J	U	D	A	H
E		D				L		A				I
	E	D	W	A	R	D		S	H	E	O	L
Y		E		W		G		P		X		D
M	E	D	I	A		O	P	E	N	A	I	R
C		T		I		D		R		L		E
A	P	O	S	T	A	S	Y		E	T	O	N

2	1	5	6	9	7	8	4	3
7	3	8	4	2	5	1	9	6
9	6	4	1	3	8	2	5	7
5	9	2	3	1	4	7	6	8
4	7	1	8	5	6	9	3	2
3	8	6	2	7	9	5	1	4
6	2	9	7	4	1	3	8	5
1	4	3	5	8	2	6	7	9
8	5	7	9	6	3	4	2	1



The Wednesday Hub is back

After a break over the summer holidays, the Wednesday Hub is back for tea, coffee, cake and chat.

We're in the Harrison Room at All Saints' Church, Thurcaston every Wednesday afternoon from 2-4pm. It's free to attend and all are welcome!



For further information please call Eleanor on the Good Neighbours phone number which is 07435 265397

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