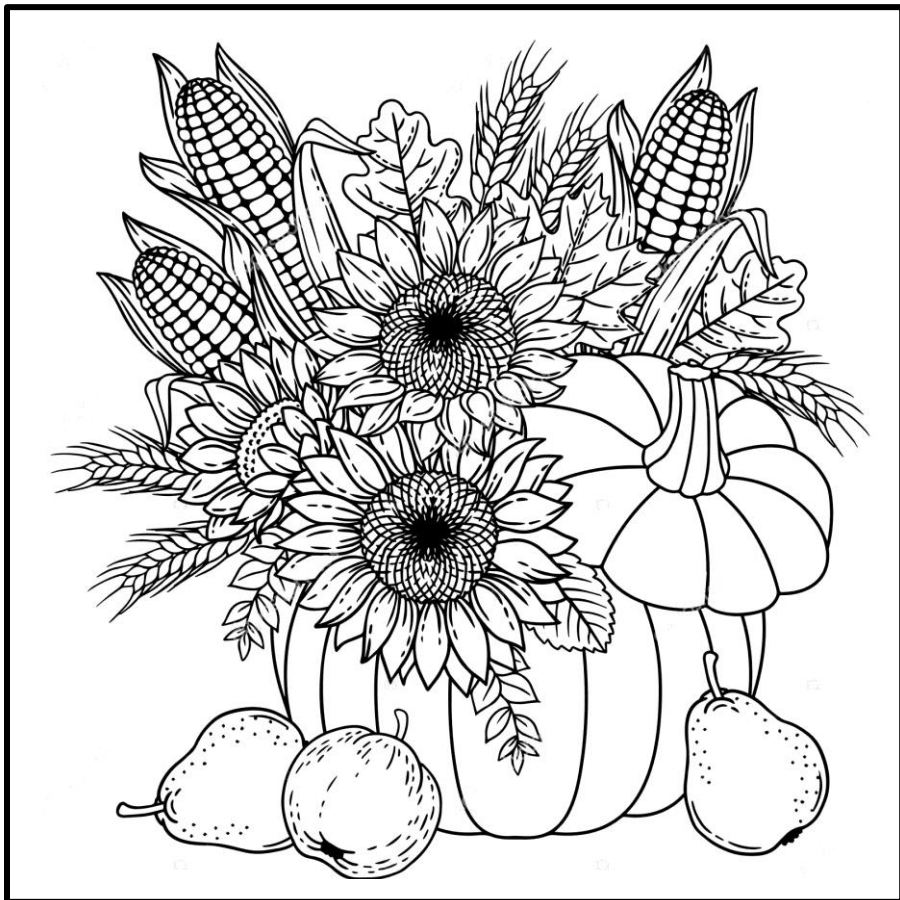


NAR VALLEY NEWS



October 2026

Your community magazine, hand delivered to
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Narborough, Narford, Newton & Pentney

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FIRST WORD from the Rector

October is a month that is full of church festivals. In the first half of the month we celebrate harvest. Young and old, we hope that you will be able to join in at some point. This year our programme includes a service in a farmyard.

Church is a community of communities, not just a series of beautiful buildings. And we are very varied. We include people who have been coming to church for years and people who are new to church. Whilst many of us are older, an increasing number of us are young.

Some of us grew up in Christian households, others of us grew up in households with no religion or another religion. All of us are learning. This summer we started weekly Bible study groups. These are proving popular with those who are exploring faith as well as those who have been walking with the Lord for many years. All are welcome.

Some of us grew up in this valley, others of us moved here, and a few of us have recently arrived. All of us love this valley and pray for it regularly. We don't always ring the bell. But sometimes, we ring it a few times to let you know that we are praying for you. In the middle of October is St Luke's Day when we particularly pray for healing. But we always welcome prayer requests.

My invitation to you this month is to be curious. What is the faith journey of those around you? What questions would you like to explore? How would you like people to pray for you?

Every blessing,

Mother Angela

Tel: 01760 338552

Nar Valley News – How to contact us

The deadline for each edition is the 15th day of the preceding month.

Submission date for the November edition is 15th October 2026

For all editorial items, please contact: Clare Levere 07709 232851

Narvalleynews@yahoo.com

Advertising: For all advertising-related items, please contact:

Barbara Whitehorn 01760 755032 / 07788 920604 c.whitehorn@btinternet.com

Please note: We can accept no responsibility for the contents of adverts.

Print: Clanpress Ltd 01553 772737

SPECIAL DATES FOR YOUR DIARY

On the morning of Sunday 13th December, Bishop Graham will be coming to Castle Acre Church. If you would like to explore being baptized or confirmed or Christian faith in general, now is a great time to get in touch with Mother Angela. She will love to help you.

BIBLE STUDY SESSIONS

Would you like to know more about the life and work of Jesus? Join us as we slowly read the Gospel of Mark together.

Your options are:

Narborough Rectory and on Zoom Tuesday 7-8pm or Castle Acre Church Thursday 7-8pm.

The Zoom meeting ID is 82791722210, passcode 890022.

All are welcome to come when they can.

Please contact Mother Angela or just turn up. (01760 338552)



FORTHCOMING CONCERTS

Concert in Aid of Pentney Church

Sunday 4 October 2026 at 3.00pm
at Pentney Church

West Norfolk Reeds Clarinet Group

Enjoy an uplifting afternoon of live
music and refreshments

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FRIDAY 2 OCTOBER 2026 at 6pm
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In aid of Friends of Castle Acre Church (Charity No 803210)

Tickets £16.50 on the door, £14.25 in advance and
online via Eventbrite
info@icenicconsort.com



LIFE EVENT ANNOUNCEMENTS

We are happy to include births, thanksgivings, christenings, engagements, marriages, deaths and funerals in the Nar Valley News when requested. *(Following a change in the law and multiple requests not to include details, we no longer automatically do this in a 'From the registers' notice.)*

If you wish to do so, please contact Mother Angela.



Angela Hammett, Rector of the Nar Valley Benefice.

Address: The Rectory, Main Road, Narborough, PE32 1TE; Tel: 01760 338552

HARVEST SERVICE IN THE FARMYARD - PENTNEY



**Come and join our Farmyard Service
at Little Abbey Farm, Pentney
on Sunday 11th October 2026 at 11am**



A short service of morning praise to celebrate Harvest will be held,
followed by simple refreshments such as soup and a roll.

Suitable for all ages and all welcome!

ROYAL BRITISH LEGION POPPY APPEAL 2026

**The 2026 Poppy Appeal will begin on Thursday
22nd October and run through to Remembrance
Sunday 8th November. Paper poppies, crosses
and other items will be available from local
businesses, schools etc. and our dedicated
volunteers will be making a house-to-house
collection in and around Castle Acre.**



**Every penny counts towards the work of the Royal British
Legion in supporting our Armed Forces community, veterans
and their families. Thank you for your continued support.**

Paul and Sue Slocombe, Poppy Appeal Organisers



**Castle Acre Stitching Group will next meet on Wednesday 14th
October from 11am - 12.30pm at 5 Bailey Street, Castle Acre.
All welcome - just bring your stitching or knitting.**

GIFT MORNING 2026

We are blessed to have seven beautiful and ancient churches in our communities. Their worshipping communities open all of them (except Narford) every day and do all they can to keep them in good order. But they can only achieve this with the support of the wider communities. That is, you.

You will find a donation envelope with this magazine. There is a QR code to use if you wish to donate in that way. Otherwise, you can complete as much of the outside of the envelope as you wish and then put your donation inside it.

Saturday October 10th is our annual gift morning. There will be a volunteer in each open church ready to welcome you and receive your donation between 10am and noon. Please consider what you can give to help keep your church open and active.

If you are unable to get to church on the gift morning, you can still use your donation envelope. Just put it in the plate at a church service or hand it to your local churchwarden or post it to the Rectory in Narborough.

Whatever you give makes a difference. Thank you.

Mother Angela

PUT YOUR OLD STAMPS TO GOOD USE FOR THE RNIB

In the past, St James, Castle Acre, has collected stamps for the Leprosy Mission. However, due to increased processing costs, the charity is no longer accepting them, and so donations of old stamps will now be sent to the RNIB which raises £20 per kilogram and uses this to support people with sight loss.

Most stamps and stamp collections are accepted, but not large gold Post Office labels or pre-printed postage marks; please trim used stamps with about 1cm of paper around each edge.

There is a basket at the back of the church under the table for you to put them in so please continue to save your stamps and we will from time to time send them off to the RNIB. Many thanks!

THANK YOU!

Family Memory Day

A huge 'thank you' to everyone who helped and came to this special day at Castle Acre Village Hall, especially Sammi Wakelen who initiated and organised the event. The day was to promote the 'Raise the Roof' project for a new roof on the hall. Old photos of the village were screened, there was a photo montage for people to recall family and friends, a recording of recollections of rural life in the 1900s, a raffle, a silent auction with a bouncy castle and games for children in the garden.

Jackie Steel, who used to run the pre-school in the village hall, brought along photo albums of the pre-school which had queues of people waiting to see their younger selves!

Over three hundred visitors attended and a grand total of £1,700 was raised for the project.

Thanks again to everyone involved.

PS There's still time to Sponsor a Slate - only £10 to have a special forever message on a slate on the new roof.

<https://checkout.justgiving.com/c/3952030>

Castle Acre Playing Field Association **Sunday September 6th, Village Playing Field Fete**



To everyone who helped and/or supported this year's annual fete. The weather was sunny and there was a good attendance which we are pleased to say enabled us to raise £2,161.80 which goes towards the upkeep of the playing field and its facilities

Nigel Chambers, Chair

BIKE – WALK – DRIVE DAY

On Saturday 12 September the Norfolk Churches Bike-Walk-Drive Day took place with churches across Norfolk opening their doors to welcome visitors who had worked their way on foot, bike or in cars to visit as many churches as they could.

A huge thank you to all the kind folk who sponsored me on the Norfolk Churches Bike-Walk-Drive event. My husband drove me in the car and we visited 13 lovely churches. It was so nice to meet lots of my friends on the way. Chris Whitehorn will let us know the total raised once this is confirmed.

God Bless You all! Queenie Parker   

CASTLE ACRE HERITAGE GROUP

Special thanks go to all who helped and supported The Past Uncovered event which took place in Castle Acre on 22nd August. This well-supported day provided a fascinating opportunity for all to come and see the results and findings of the recent Churchyard and Gravestones Survey at Castle Acre Church. Not only did visitors enjoy the delicious cakes which Queenie Parker and her team provided but also gave an opportunity to talk and enjoy each other's company.

Thanks go to Anne Mason and Lloyd Taylor for organising this most enjoyable event!



A big thank you to Rash and Sam for holding yet another Macmillan Coffee Morning. By the time you read this, they will have already held the event at their shop. Last year (2025), they raised over £1,600!

Thank you once again for supporting this excellent cause.

Thanks to all Nar Valley News distributors for the additional materials you have delivered over the past few months when delivering the magazine. These primarily relate to the Horticultural Show and the Castle Acre Parish Council colour supplement. Your willingness to include these has enabled a much wider circulation and has been greatly appreciated!

CASTLE ACRE VILLAGE HALL

**'Raise the Roof', Fundraising Challenge,
Please support Tim Hubbard's 155 mile walk (250km),
1st – 31st October 2026**

In support of the Castle Acre Village Hall 'Raise the Roof' fund, would you kindly consider sponsoring Tim Hubbard, village resident, to walk approximately 5 miles every morning before breakfast each day of October 2026? Tim writes:



The foundation stones for the Hall section of the building were laid in 1872, so as of May 2027, that will be 155 years ago, which is what has inspired my 155-mile walk.

I am planning to walk at least 5 miles every morning within a target time of 90 minutes each day, with the aim of completing the total of 155 miles in 48 hours during the month of October 2026.

I am doing this to support the wonderful work of our Castle Acre Village Hall Volunteer Committee and their endeavours to raise funds for the extensive roof repairs required for the eastern end of our Village Hall building.

I would like to thank everyone who has supported and sponsored me so far. The response has been wonderful, and I am sincerely grateful for your generosity in helping me raise funds for the project.

Your sponsorship and support is much appreciated.

Castle Acre Village Hall Charity number: 227936

Gofundme link:

Raise the Roof, Castle Acre Village Hall <https://gofund.me/45a9d0066>



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CASTLE ACRE CORONATION BOWLS CLUB

With all of our competitive matches finished, the club would like to thank everyone who has supported us, played in our teams, made food, kept the club in order and maintained our green to the highest standard possible in the conditions.

Following a very satisfactory season for our club, we reopen in April 27. If you would like to be involved either as a beginner or higher level, please contact us by messaging Paul on 07710 597475.

CHARITY OF THE MONTH

The Charity of the Month enables visitors and members of the congregation to show support for certain nominated charities. An information board and envelopes can be found in St James Church, Castle Acre.

This October donations are going to the Emmaus Communities which support people moving on from homelessness to work in a friendly, supportive environment. An Emmaus Community is situated at Ditchingham, south of Norwich.



CASTLE ACRE HORTICULTURAL SOCIETY



Thank you to everyone who helped to support our Annual Show in September!

Whether you exhibited, stewarded, judged, popped in for tea-and-cake, bought a raffle ticket or stayed for the final auction, we're grateful. Without you all we simply couldn't keep up the Village Show tradition. Congratulations to Tim Hubbard (winner of the overall Show Cup) and to everyone who earned a trophy for their talents, and a huge thank you to Queenie, Mavis and Sue for keeping those teapots going all through the afternoon!

A reminder of our forthcoming Autumn events:

- **Monday, 19th October 7pm at the Village Hall**
Fungi Folklore, Witches and Devils A talk by Dr Tony Leech
- **Monday, 16th November 7pm at the Village Hall**
Fruit A talk by Pauline Harper NB a change from original event
- **Monday, 14th December 7pm at the Village Hall**
Christmas Social

NICHOLAS HAMOND ACADEMY

We were delighted to welcome students back to TNHA for a new academic year. A special welcome goes to our largest-ever Year 7 cohort, who have quickly settled in and made a positive start.



We ended the summer term with our annual Awards Ceremony, celebrating student achievement across all subjects through awards for Outstanding Progress and Achievement. Special honours included the Achievement Despite Adversity Award for resilience and the Principal's Award for outstanding contribution to the

academy community. Students, families and staff shared in the celebration, made possible by the generosity of our award sponsors.

This autumn, we introduced a mobile phone-free school policy. In line with government guidance, students may no longer access phones during the school day; those who need one for travel can use a secure pouch. By reducing distractions, the policy aims to improve concentration, wellbeing, social interaction and engagement in school life.

The new academic year has begun positively, and we look forward to the opportunities and achievements ahead. Thank you for helping every student thrive and fulfil their potential.

We are also expanding our alumni community. Former students of the academy or Hamond High School are invited to share their stories at Email: tnh-office@attrust.org.uk, helping us celebrate their journeys and inspire the next generation of learners.

WEST NORFOLK BEFRIENDING

West Norfolk Befriending matches trained volunteers with socially isolated people aged 65+, over half of whom are 85+.

Our small local charity helps vulnerable people across West Norfolk stay connected despite mobility, sensory or caring challenges.

Our flexible befriending service offers fortnightly visits or calls, bringing companionship and the outside world into clients' lives. Regular friendly contact supports mental and physical wellbeing, strengthens communities and may ease pressure on local health services.

To support us, contact Anna Sylvester, Operations Manager, on 01553 763500 or at info@wnbefriending.org.uk.

CASTLE ACRE PARISH COUNCIL SEPTEMBER REPORT 2026

On Thursday 10th September 2026, Castle Acre Parish Council (PC) held its regular monthly meeting, four members of the public attended.

You asked, we did!

1) Grit bin, Bailey Street.

After hearing concerns from a number of Residents living in Bailey Street regarding slippery road surface conditions during last winter at the bottom of the Street, the Parish Council has sought/received permission from NCC Highways to install a new Grit Bin. The new (heritage green) Grit Bin purchased by the Parish Council will be installed before the Autumn 'grit refill' rounds in the coming weeks.

2) 20 mph 'Part-time' Illuminated School Road Sign, Back Lane.

To improve the safety of Castle Acre schoolchildren going to and from School, a new part-time illuminated school sign is in the process of installation on the verge in Back Lane at the junction with Foxes Meadow opposite Sandles Court.

The new sign warnings will be programmed to go on/off at School start/finish times to draw Driver awareness and attention to their speed at the appropriate times in the day. The funding for this sign was granted and honoured by the previous LMF 'Local Member Funding' scheme, with thanks to Cllr Moriarty and NCC Highways for their support.

Small things.

Although some updates in the Village may not be so visible, lots of 'small things' have happened this month like the replacement of the Archer & Orchard Lane Street signs with thanks to Cllr Jim Moriarty and the Borough Council, the refurbishment of the playing field noticeboard (with thanks to a Resident) and a replacement 'Village Centre and through traffic' sign on the Newton Road.

To view Council Minutes and Finances go : <http://castleacreparishcouncil.gov.uk>. Castle Acre PC's next meeting is 7:30pm, Thursday October 8th, 2026, at CA Village Hall. Clerk- Amy Hart Tel: 07815430777 Email: clerk@castleacreparishcouncil.gov.uk...



NATIONAL WOMEN'S REGISTER

Looking for a group of lively minded women? Consider joining the National Women's Register. The Dereham and Swaffham group meets fortnightly.

Wednesday 14th October - 2 PM The Value of Friendship

Thursday 29th October - 2 PM start Treasure Walk around Dereham

Short walk can be done in Pairs. Tea etc at chosen Café

If you fancy trying us out, send us a message or find us on the NWR website to join:

office@nwr.org.uk - website: nwr.org.uk

THE DROVES SOLAR ‘FARM’ / POWER STATION

The Planning Inspectorate confirmed the booking of final round hearings for the w/c 7th September 2026 at The Dukes Head, King's Lynn. This required Cllrs/Interested Parties to register their wish to attend issue-specific hearings 2 & 3 on 8/9th September and a further Compulsory Acquisition Hearing/Open Floor Hearing on 9th September.

To finish the week's examination process, an ASI was carried out on 10th September 2026 by the Planning Inspector allowing Residents and Cllrs to attend along with the Applicant's representatives. Further submissions from the Open Floor Hearing must be received in writing by 16th September 2026 with closing statements by 30th October 2026.

November 6th 2026 is the closing date for the examination. After the examination and the writing of his report the Planning Inspector will either recommend **refusal or acceptance** of Island Green Power's application to Miatta Fahnbulleh (who replaced Ed Miliband) the Secretary of State for Energy Security and Net Zero. Miatta can then choose to listen to or go against the Inspector's recommendation.

Reminder: Castle Acre Parish Council have personally thanked our local MP James Wild for kindly taking part in the 'Community Conversation', which was held on 21st August 2026 at Castle Acre Village Hall.

An impressive 60+ residents and locals turned out to ask questions and have their voices heard regarding the proposed development and its impacts including questions and concerns on environmental / traffic impact and more.

Further thanks go to the Panel Tim Hubbard (Chair), Tony Morgan, Cllr Ilga Chakrabarti / Cllr Anne Mason and to KLWNBC Leader, Cllr Alistair Beales for his guidance. By way of a vote, the Chair requested a show of hands to ask if Residents attending approved of the approach being taken by CAPC. This resulted in an "All in favour", unanimous vote.

Minutes are available to view here: [Minutes – Castle Acre Parish Council](#). For those who have not yet had their say, please consider contacting the Parish Council, James Wild MP's office or the Planning Inspectorate at: thedrovessolar@planninginspectorate.gov.uk

To sign up for project updates independently, please visit:

[Get updates | The Drovers Solar Farm](#)

<https://uk.rwe.com/project-proposals/high-grove-solar-farm/>

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- **Pen & Wash Painting Workshop | Sunday 4 October, 10am–3pm**
- **A Brief Case of Crazy | Saturday 10 October, 7.30pm**
- **The Author's Hour | Sunday 11 October, 2pm**
- **Sister Queens | Thursday 15 October, 7.30pm**
- **Monster Mash-Up! | October Half Term - 9am–2pm | £30 per day**

3 days of spooky creativity for young people, with drama, wild outdoor
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27 Oct: Wintery WILD! Primary school ages

28 Oct: Secret Spooky Art Club, ages 8–11

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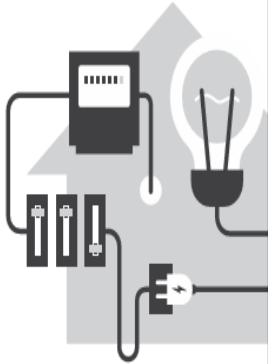




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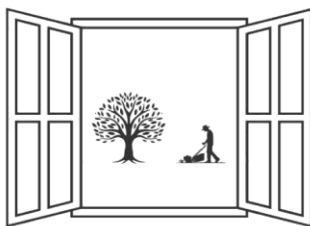
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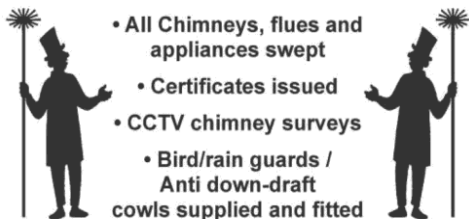


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Venue: The Pedlars Suite, The George Hotel, Swaffham, 1000 to 1200.

On the following Tuesdays:

October 27th *Please spread the word to any military*

November 24th *colleagues in the area.*

December 22nd

More information? Contact: ops@veteranscentral.co.uk

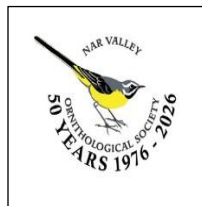
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Jeff's lifelong passion for wildlife, especially birds, has taken him across the world and helped establish the Neotropical Bird Club. A co-author of the *Field Guide to Larger Mammals of South America*, he now spends his summers surveying wildlife in Finnmark's spectacular Alpine and Arctic tundra. This lecture celebrates the remarkable plants and animals that thrive in one of Europe's most challenging environments.

*The October meeting will be held on
Wednesday October 28 at 7.30 at the Assembly
Rooms, 1 Market Place, Swaffham, PE37 7AB.*



Visitors very welcome, admission is £4 on the night, but free to Narvos members. For more information please contact: either

Paul Fuller - paul.fuller123@btinternet.com or Alan Schpot

- alan.schpot@talktalk.net, or go to our website

www.narvos.org.uk

NARBOROUGH SPORTS & SOCIAL CLUB OPEN DOOR EVENT



Coffee, cake and a chat – an Open Door event!

Narborough Social Club will be the venue for a friendly community drop-in event on Saturday 17TH October, 10.30am–2.00pm — and you're invited!

Join us for coffee, cake and a chat as we explore ideas for a new community-led project shaped by the recent Pop-Up Pantry survey. This is your chance to share what you feel the village needs, what would make life easier, and what services or activities you'd love to see.

Whether you're a long-time resident or visiting family, your voice matters. Pop in, bring the family, young or old, enjoy something sweet, and help shape the future of our community.

WE LOOK FORWARD TO WELCOMING YOU.

NARBOROUGH COMMUNITY CENTRE

Our Community Centre offers versatile space to hire for your event or celebration, as well as hosting a range of activities. There is a Main Hall with kitchen and a smaller room, the Florence Green Room, available.

Monday: No regular clubs

Tuesday: **Nar Valley Café** 10am - 1pm Main Hall
Art Club 10am - 12.30pm Florence Green Room
Dodgeball TBC Main Hall
Zumba 7.15 - 8.15pm Main Hall

Wednesday: **Playgroup** 9 - 11am Main Hall
Craft Club Florence Green Room
Flying Club (every other Wednesday) 7 - 9pm Main Hall

Thursday: **Line Dancing** 2 - 3pm Main Hall
Badminton 5 - 6pm Main Hall

Friday: **Cash Bingo** from 6.30pm; eyes down from 7.30-9.30pm

Saturday **The Main Hall** is open for hire for children/adults' parties
The kitchen will be offering a morning menu including full breakfast.

NARBOROUGH CRICKET CLUB

Congratulations to both Narborough Saturday teams on gaining promotion from their respective divisions in the Norfolk Alliance and the Norfolk Cricket League.



Well done too, to the Juniors and their coaches who are helping maintain the club's long tradition.

David Turner, Club President

NARBOROUGH MUSEUM (Signposted from Ship Corner)

**Open Thursdays 9am-3pm &
Sunday October 4th 10am-3pm**

There is free parking, refreshments and lots of village history to read about and look at.

Spend time in the bird hide, you may see the creepers, robins and even woodpeckers pay a visit.

Our annual raffle is coming up in November and tickets are now on sale. Three cash prizes plus lots more. Tickets are £1 each or £5 a book, from the museum or our volunteers.

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NARBOROUGH PARISH COUNCIL SEPTEMBER REPORT 2026

The Chairman, Cllr Wilkinson, opened the meeting. One member of the public was present. Apologies for absence were received from Cllr Williams.

The Chairman suspended the meeting for District and County Councillors, and members of the public to address the Council.

The member of public reported that the WW2 memorial standing in Narborough Church Grounds had damage to the plinth, and asked if the Parish Council would fund a repair. It was noted that it was the Church and not the Parish Council who owned the memorial.

War memorials are a listed structure and permission from the local planning authority and Historic England would need to be obtained before any repair could be undertaken. Once this is done, the Parish Council will consider covering any repair costs.

County Councillor Lister presented a County Council report which was circulated before the meeting and included a report of Reform's first 100 days in office.

Breckland Councillor Wilkinson reported that the Pop-up Shelf Pantry held at the Community Centre on a Tuesday had closed. The contract has come to an end and the County Council will not fund the renewal of the contract to match Breckland Council's contribution.

The Chairman thanked all who took the time to respond to the Breckland Community survey; results have been reviewed, and action will be taken where possible in relation to residents' views.

The Chairman has secured funding from Breckland Council to fund free coffee mornings where residents can come together to chat with one another and Council officers regarding any issues they might have; this will take place during October.

New Fly tipping and littering legislation has been introduced by the Government, with the maximum fine for fly tipping waste being £5,000 (an uplift of 400%). The fine for littering on the streets has been increased by 50% to £750. The Parish Council is very grateful to Narborough residents who litter-pick in the village.

The Council unanimously agreed to co-opt Ryan Pritchard to serve as a Parish Councillor. Ryan spoke of his keenness to serve the village he cares for where he lives; he already supports the Community Centre, Social Club and helps at the Bone Mill.

Cllr Wilkinson, as Norfolk's advocate for young people, was particularly keen to welcome Ryan to the Council. Mr Pritchard duly signed the dispensation and acceptance paperwork. In order to vote, dispensation will run until May 2027, when an election can be held.

The Narborough WW1 airfield memorial has been repaired following receipt of monies from the offending vehicle's insurance. The council would like to thank RAF Marham officer Gary Walker for his support to Cllr Wilkinson. Many thanks to Derek Hardy for his skills and sensitive workmanship in returning the memorial to its former glory.

A full account of the September meeting minutes can be found on the council website <https://Narborough-norfolk-pc.gov.uk/>

The Next Parish Council Meeting will be on Monday 5th October at 7pm in The Green Room, Community Centre. All members of the public are welcome to attend. *Cllr Wilkinson*

PENTNEY. NARBOROUGH & DISTRICT WI & LUNCH

Pentney, Narborough and District WI will be holding its annual Autumn Lunch on Monday 2 November 2026, commencing at 12:30 for 13:00 start.

There will be a two-course lunch, including a gluten-free option, followed by our famous desserts, and tea and coffee. The cost remains at £10.

If you are interested in coming along and enjoy a pleasant lunch in great company, please contact Yvonne, 01760 337027, Janet, 01760 337419, or Liz, 01760 337403.

As usual, the meal will be followed by a raffle with a chance to meet and chat with friends old and new.



At our August meeting we had a talk from a Blood Bikes representative based in King's Lynn. They mainly work night shifts delivering not only blood but baby milk, medicines etc to hospitals in the county where it is needed.

Our meetings are held in Pentney Village Hall at 2pm on the 4th Wednesday of the month. Our next year's calendar is being finalised and we look forward to lots more interesting speakers.



DON'T MISS OTHER EVENTS IN PENTNEY

**Norfolk Reeds Concert – Sunday 4th October at 3pm
&**

**Family Morning Praise service at Little Abbey Farm on
Sunday 11th October at 11am, with refreshments**

NVN MAGAZINE DISTRIBUTION IN PENTNEY

Pentney magazine distribution volunteer needed!

We are very grateful to Louise Davis for the many years she has organized the distribution of the Nar Valley News Magazine in Pentney. As Louise is now stepping down from that role, we are looking for someone who would be able either to deliver magazines directly or take ready bundled packs to other volunteers who kindly help distribute them around the village. This happens 10 times a year.

If you think you may be able to help, please let us know. We can then ask Louise to explain what is involved.

Many thanks, Clare: 07709 232851

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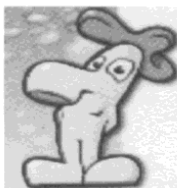
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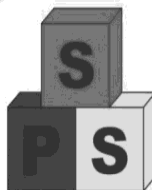
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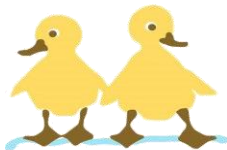
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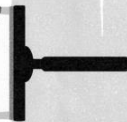
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Quiz Night!

Friday 16th October at 7pm

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Contact Janis 07887983568

Sunday 6th December
Santa Craft Afternoon for
children as part of Santa
Weekend.

Look out for further details.

SINGING FOR FUN!



Join us in Pentney Village Hall for Singing for Fun!

Do you enjoy singing around the house or in the car but wouldn't sing in a choir?

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PENTNEY CHARITY TRUST SEEKS A CLERK

The Pentney Charity Trust is seeking to appoint a Clerk.

The post involves dealing with correspondence and the taking and producing of agendas and minutes. Accounting records need to be kept on a monthly basis showing income and expenditure and reports presented to trustees at every meeting.

The Trustees meets 4 - 5 times per year. Meetings are held usually in the evenings from 7pm. A knowledge of Pentney would be useful and someone who would like to make a difference for the people of Pentney. Remuneration is £450 per annum.

If you are interested or would like to know more, please contact:

Chair, Kate Harvey on 01760 339870 or email:

kate.harvey01@btinternet.com

Rev Angela Hammett on 01760 338552 or email

narvalleyrector@hotmail.com

PENTNEY PARISH COUNCIL – SEPTEMBER REPORT 2026

On Wednesday 9th September 2026, Pentney Parish Council (PC) held its regular monthly meeting, seven members of the public attended.

Playing Field Updates!

It's been a busy summer for many of the Parish Council, even if August isn't a month for a regular meeting! Ligna Consultancy surveyed the trees around the playing field, and the PC currently awaits their report and recommendations for any tree works needed. The Clerk has checked that the playing field is registered and protected with 'Fields in Trust' (a charity that has been protecting parks, playgrounds and green spaces for 100 years!) and the good news is that it has been since 2013 according to their records.

Following research and discussion with UK Power Networks, Cllr Linda Rons has kindly organised for electricity to be brought to the playing field and an electricity cabinet (or '900H x 600W x 300D Emitter Kiosk') will be installed, pending UK Power Networks completing the process. Once complete, this will mean that a new Defib, pitch lighting/electric scoreboards and event technology will be options available to the playing field, perhaps even an EV charger...watch this space!

Further good news is that a new bike rack is now installed by the clothing bank at the entrance to the playing field. Sincere thanks go to a local farming family who helped move the clothing bank to enable the installation of new bike racks!

Coming shortly...

New outdoor tables and benches are currently on order from Woodberry (a specialist sustainable wooden outdoor furniture company) for resident and visitor use on the playing field. The new furniture is due in the coming weeks and will be installed (and fixed into the ground) by the furniture company upon delivery.

A Bike Rack at the Village Hall too!

As the playing field now has a bike rack, the Village Hall had to have one too! This new rack is situated on the concrete standing opposite the accessible side door at the Village Hall. Improving the village infrastructure to allow for cyclists helps join the village up from site to site and where possible, encouraging swapping shorter car journeys to cycle journeys can help improve our air quality/traffic levels in the village too.

Learn how to save a life and sign up for FREE Defibrillator Training!

Arranged by Cllr Yazdian-Tehrani with Sue of SGT Training services (an approved first aid trainer), a defibrillator training course is provisionally booked for Pentney residents **10am-12pm at the Village Hall on Saturday 21st November**. Please note that the course is strictly limited to **twelve places only**, so, if you wish to learn how to save a life and sign up, please contact the Clerk to be placed on the list.

To view Council Minutes and Finances go to: <https://pentneyparishcouncil.gov.uk/>
Pentney PC's next meeting is 7:30pm, Wednesday 21st October 2026, at Pentney Village Hall.
Clerk- Amy Hart Tel: 07815430777 Email: clerk@pentneyparishcouncil.gov.uk

CHURCH CONTACT DETAILS

The Nar Valley Benefice

Rector: Angela Hammett Tel: 01760 338552

Email: narvalleyrector@hotmail.com

The Church Office is located at The Church Centre, Narborough. If you would like to make contact or have an enquiry of any kind (eg baptism, wedding, etc), please find us through:

- Nar Valley Benefice Facebook page
- our website page on www.achurchnearyou.com
- our Rector Mother Angela or the churchwardens (see below for contact details).

Contact details		
Rev Angela Hammett, Tel 01760 338552 Email: narvalleyrector@hotmail.com		
Church	Church Wardens	Named persons for Safeguarding
Castle Acre	Lloyd Taylor 07907 525988 Anne Loch 01760 755403	Dr. Ilga Chakrabarti 01760 755368
Narborough (with Narford)	Vacancy	Liz Collins 01760 337403
Newton	Tony Bell 07787 075726.	Clare Levere 07709 232851
Pentney	Sue Neep 01760 338037 Andrew Smith 01760 755102	Andrew Smith 01760 755102
South Acre	Davina Barber 07967 369573	James Stephenson 01760 337901
West Acre	Henry Birkbeck 01760 755254	Clare Levere 07709 232851

*Should you need to contact any of the named Safeguarding Officers, their details are also to be found in the respective church porches/ churches.
The NSPCC telephone helpline is: 0808 800 5000.*

Nar Valley Benefice

Could you spare a couple of hours a week to make a real difference?

We're looking for a friendly volunteer to help with simple administrative tasks, including basic word processing and accessing an easy-to-use database. Your support would help Mother Angela and the churches she serves, and the timing can be flexible to suit you. If you'd like to lend a hand, please consider getting in touch.

Our Lady of Pity Roman Catholic Church, Swaffham

Serving the parishes of the Nar Valley Benefice

Mass Times:

Saturdays 5.00pm Vigil Mass at Watton in the Methodist Church

Sundays 8.30am and 10.30am

Holy Days 10.00am and 7.30pm

We have a monthly community coffee morning - please see our website for details - and watch out for our Christmas Craft Fair which will be taking place in November – details to follow!

Parish Priest: Fr. Mark Hackeson,

The Presbytery, 31 Station Street, Swaffham.

Tel: 01760 721418 or email: ourladyofpity@btinternet.com

Website: ourladyofpity@rcdea.org.uk

Swaffham Baptist Church is a caring and friendly congregation. If you are interested in finding out more about the Christian faith or if you are a Christian looking for a loving and friendly fellowship, then you will find a warm welcome at any of our services or activities.

Sundays 10:00 - 10:30am – Prayer & Praise

10:45 – 12:00 - Morning Worship Service, followed by fellowship with tea/coffee/biscuits served in the hall.

Wednesdays 7.00-8.30pm; 1st & 3rd Wednesday of the month - Bible study in the church office.

Address: 38 Station Street, Swaffham, Norfolk, PE37 7HP

www.swaffhambaptist.uk Phone 01760 725684 or

email: secretary@swaffhambaptist.uk

A warm welcome is extended to all.



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Saturday and Sunday

7th & 8th November, 10am - 3pm.

There will be stalls, lots of goodies to try.

Now taking Christmas orders for
turkey, cockerel, all seasonal fayre.

*The tea shop will be open for tea,
coffee, cake, and light lunch. We will
also be selling burgers and bacon rolls.*

Watch our Facebook page *Little
abbey farm* for further updates.

Orders already being taken for
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01760 337348

or www.littleabbeyfarm.co.uk, e
mail enquiries@littleabbeyfarm.co.uk

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Swaffham and
Surrounding Areas

Home Visits Only

Nar Valley Benefice - Sunday Services – October 2026

Date	October 4th	October 11th	October 18th	October 25th	November 1st
Castle Acre	9.30am Morning Praise	9.30am Holy Communion	9.30am Holy Communion	9.30am Holy Communion	9.30am Morning Praise
Narborough	11.00am Holy Communion		11.00am Holy Communion		11.00am Holy Communion
Newton	8.30am said traditional Holy Communion				8.30am said traditional Holy Communion
Pentney		11am Praise in the Farmyard <i>Little Abbey Farm, Pentney</i>		11am Morning Praise	
South Acre		6pm traditional Evensong			
West Acre			6pm traditional Evensong	8.30am said traditional Holy Communion	
Celebrating	Harvest generosity	Harvest gratitude	St Luke's Day	Bible Sunday	All Saints' Day

We also celebrate said Holy Communion every Thursday at 9.30am in Narborough Church

All our services include singing unless they are described as 'said'

Traditional Services are based on the Book of Common Prayer 1662. All other services are in modern English