



St Mary's
Parish Church
Frinton 2026

But thank God!

He has made us his captives and continues
to lead us along in Christ's triumphal procession.
Now he uses us to spread the knowledge of Christ
everywhere, like a sweet perfume.

2 Corinthians 2:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends, old and new.

Sunday, 6th September 2026

Parish Church Services (Sunday only)

9:30am **Traditional Service - CW**

Ezekiel 33:7-11 & Matthew 18:15-20

11am **All-Age Service (also livestreamed) (HC)**

Ezekiel 33:7-11

Old Church Services

Sunday 6:30pm **Evening Service - BCP (HC)**

Wednesday 11am **Service of the Word**

Hearing
Loop
available



Access via
the Old
Road
Entrance



Our toilets are located by
the Old Road entrance



Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the **Church Office**.

Tel: **01255 679164** Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org

Prayer requests for our CHURCH PRAYER CHAIN: ring Stewart & Mary Wilson: **01255 814 594**

~ A group of church members who will pray, in complete confidence, for serious situations ~

**NEVER
DOUBT THE
POWER
OF PRAYER**

For our prayers during the week ...

... those who are unwell, and those who care for them:

Alan Cork, Anne Davis, Cheryl Eden, Jenny Kyriacou, Philip Kyriacou,
Keith Lindsey, Tony Stubbs, Carole Unsworth, Daphne West,
Cate Wilby, Wendy Willis.

Brian Thornton was called home on Tuesday, 25th August. Please remember Maureen in your prayers. May she know God's everlasting arms holding her, now and always.

Sylvia Wells' Thanksgiving Service will be held in the Parish Church on
Friday, 11th September at 2pm.

Tony Beckett's funeral will be held in the Parish Church on
Thursday, 17th September at 12:45pm.



Just a few years ago Rainham Parish Church's YOUTH WORK began with only two teenagers. Today, 30 to 40 young people come through the doors every Thursday night, almost all from non-Christian backgrounds. Last summer, the church took the young people to the Christian festival *Satellites* for the first time, where five professed faith in Christ! It was a remarkable step. LCM Schools Missionary, Bradley Shaw, helped the church think through how they could move the youth group into the wider church family. *REFRESH* was launched - an informal church service specifically welcoming to young people from non-Christian backgrounds. The afternoon service runs just like the 10:30, but with space for them to ask questions about what they are hearing. A number have started to attend the morning service and this summer 20 from the youth club attended the *Satellites* festival - double last year's figure. ***Please pray for the young people, and for Bradley as he works with children and young people, and for the folk that lead them.*** Thank you. **Lesley Holland**

THE NEXT PCC MEETING WILL BE HELD ON MONDAY 14TH SEPTEMBER AT 7PM.



Men's Breakfast - Saturday, 12th September at 8:30am

If you are interested in joining the *Men's Breakfast*, please contact David Kidney or book via the [Church Calendar](#). For catering purposes, please let us know if you wish to attend. Email invites are sent on the Monday before. If you are male, young, old, fighting fit, falling apart, or somewhere in the middle you will be most welcome in our Church Hall at 8:30am.

Macmillan Coffee Morning: We are hosting a Macmillan Coffee Morning on **Friday, 25th September** from 10am until 12 noon.

All money raised on the day will go to *Macmillan Cancer Support*, so please come and support this event if you are able.

The doors into church will be open and music will be played during the course of the morning. *If you wish to donate electronically then please [click here](#) to send a donation directly via the Macmillan Coffee Morning page.*



**WORLD'S BIGGEST
COFFEE
MORNING**



24/7 Global Week of Prayer

We are joining churches around the world for the *24/7 Global Week of Prayer*. As part of this, St Mary's Parish Church will be open for 12 hours of continuous prayer, giving everyone the opportunity to come before God in stillness, worship, and intercession. The church will open at **6pm on Thursday, 10th September** and remain open until **6am on Friday, 11th September**. You are welcome to come at any point - whether for five minutes or for an hour - to pray for our community, our nation, and the world. Let's seek God together and lift our prayers as one church family. **Funmilayo Vaughan**

Alpha Course Tuesday, 15th September · 7pm · The Lounge

Got questions about life and Christian faith - or know someone who does? Alpha is a welcoming space to explore big questions in an open, friendly environment. Each session includes short video clips, relaxed small-group discussion, and time for reflection. If that's not enough, there's cake!!

To help us plan refreshments, please book a **FREE place** on ChurchSuite - [click here](#). Alternatively, contact the Church Office and Reception by email or phone.



Friends of Essex Churches Trust

I will be taking part again to raise money for the Trust and St Mary's Church on Saturday, 12th September, and would be delighted to receive your sponsorship. If you would like to take part yourself, either walking, riding, or by helping as a Welcomer at our church on the day, please contact me.

Ruth Spellman



All ladies are warmly invited to join us on **Saturday, 12th September at 10:30am** (Please note the change in time.) in the **Lounge** for our next *Women of Worth - Going Deeper* gathering. Our topic this month is **"Thanksgiving,"** as we take time to reflect together on

gratitude, God's goodness, and the ways thankfulness shapes our daily lives.

We'll enjoy a relaxed morning with **scones, cake, tea and coffee**, and plenty of space for conversation, fellowship, and encouragement. We would be grateful if you could kindly confirm your attendance through **ChurchSuite** [click here](#), or let one of the team know.

Barbara B, Chris, Judy, Marilyn and Tricia The WoW Team

Young People's Concert

FREE ENTRY

Pianists, instrumentalists and singers, accompanied by Peter Thorne.
Tea & Cake after the concert.
Admission free .

Sunday 13th September
4pm - 5:15pm



Harvest Lunch

Posh Ploughman's & Pud in the Church Hall
Sunday, 27th September 12:40pm

£10 Adults and £4 Children (11 and under)

Tickets available at Reception, Monday - Friday
or via Churchsuite - [Click Here](#)



During the Week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all are welcome

Monday 7 th	Over 90's Group 3pm Gethsemane Prayer Walk 7:30pm
Wednesday 9 th	Wednesday Group 10am Service of the Word 11am (Old Church)
Thursday 10 th	Smallsorts 10am Knit & Natter 1:30pm 24-7 Global week of prayer 6pm
Friday 11 th	Friday Coffee Morning 10am Missionary Prayer Meeting 10am Choir Practice 6pm
Saturday 12 th	Men's Breakfast 8:30am Uniform Bank 10am WoW Going Deeper 10:30am



The Old Church



Sunday, 13th September

9:30am Traditional Service - CW (HC)
11am All-Age Service (also livestreamed)
4pm *Young People's Concert*
6:30pm Evening Service (Old Church) - BCP

Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift.' It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



DATES FOR YOUR DIARY

Young People's Concert - Sun. 13th September, 4pm
Alpha Course - beginning Tues. 15th September, 7pm
Macmillan Coffee Morning - Fri. 25th September, 10am
Harvest Lunch - Sun. 27th September, 12:40pm



Noticesheet items: please submit to the **Church Office** by noon Tuesday, via office@stmarysfrinton.org

Join a Homegroup: Heather Ursell - **07882 402 768**

Sunday Media & PowerPoint items: email to the church office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org