

Diary

Tue. 15th 7pm PCC Meeting at St. Mary's Church
 Weds. 16th 10.30am CAMEO meets at Holy Spirit Church
 11am Holy Communion (BCP) at St. Mary's
 7pm Bellringing Practice at St. Mary's
 Thu. 17th 10am Holy Communion (CW) at Holy Spirit
 Fri. 18th 4.30pm Rainbows meets at Holy Spirit Church
 5.40pm Brownies meets at Holy Spirit Church
N.B. No Choir Practice at St. Mary's Church

Notices

1. Family Services. At Holy Spirit the All-Age Worship services are usually on the first Sunday of each month at 11am. However, due to St. Mary's Patronal Festival last Sunday, the next one is today, 13th September. The monthly Family Services at St. Mary's, 'Catch the 9.15!', are on the 3rd Sunday of each month. The next one is next Sunday, 20th September.

2. PCC Meetings. The next meeting of the PCC at St. Mary's is at 7pm this Tuesday, 15th September. The next meeting of the PCC at Holy Spirit is at 7pm on Wednesday, 25th November.

3. Tabletop Sale. The next monthly Tabletop Sale at The Church of The Holy Spirit is on Saturday 10th October, from 1pm. Please contact Liz Nicholls on **07719959391** or email **liznicholls@blueyonder.co.uk** for more information.

4. Easy Fundraising. Don't forget, when shopping on-line, to use **www.easyfundraising.org.uk** to raise some extra money for St. Mary's at no cost to yourself. We now have **32** people supporting us. We have recently received **£16.06**, bringing our total raised so far to **£960.47**.

Ask Andy King for more details. (**07708590704**)

5. Church News. If you would like to be added to (or removed from) the weekly mailing list to receive the Church News and other messages via email, or to submit queries or notices for the Church News, please contact **andy@saintmarys.org.uk**.

Next Sunday 20th September 2026 16th Sunday After Trinity

St. Mary's:

9.15am Catch the 9.15!
Exodus 16: 2 – 4, 11 – 15



6.30pm Evening Prayer
Ezekiel 33: 23, 30 – 34: 10, Acts 26: 1, 9 – 25

Holy Spirit:

11am Holy Communion (CW)
Exodus 16: 2 – 15, Philippians 1: 21 – end
Matthew 20: 1 – 16

Team Rector:

Rev. Gerda van Ommeren, Email: reverendgerda@outlook.com
 53 Whitsoncross Lane, Tamerton Foliot, PL5 4NT Tel. 629255
 (N.B. Not available on Mondays)

Reader:

Carrie Tucker Tel. 767661 Email: carrieatucker29@gmail.com

Churchwardens at St Mary's:

Andrew King 4 Drakes Close, Derriford Mob. 07708590704
 Susanne Burnett 25 Ashleigh Close, Tamerton Foliot Tel. 791587

Churchwarden at Holy Spirit:

Gwynneth Greenacre 4 Brockton Gardens, Roborough Tel. 775788

Safeguarding Contacts:

St. Mary's: Gill Camp Mob. 07763492286

Holy Spirit: Liz Nicholls Mob. 07719959391

Bank details: St Mary's:

Account name: PCC of Tamerton Foliot

Sort code: 30-96-68

Account number: 00503131

Holy Spirit:

Southway PCC

56-00-63

06604110

Church News



Holy Spirit,
Southway

www.saintmarys.org.uk

<https://holyspiritsouthway.org.uk>

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Saint Mary's,
Tamerton Foliot

Tamerton Foliot & Southway Team Ministry

13th September 2026 15th Sunday after Trinity

Today's Services

St. Marys

9.15am Holy Communion (CW)
(CAHON) 565, 212, 303, 379

6.30pm Evensong (BCP) Andy King
 Ezekiel 20: 1 – 8, 33 – 44, Acts 20: 17 – 38
 (CAHON) 21, 626, 584, 374 Psalm 119: 41 – 48

Holy Spirit

11am All Age Worship

Morning Readings: Exodus 14: 19 – 31, Romans 14: 1 – 12,
 Matthew 18: 21 – 35

The 'Fellowship of the Gospel' is a phrase taken from St. Paul's letter to the Philippians (1: 5) in which he applauds the way they have shared in the great mission to proclaim everywhere the gospel (the good news) of salvation in Christ.

Collect

Lord God, defend your Church from all false teaching and give to your people knowledge of your truth, that we may enjoy eternal life in Jesus Christ our Lord. Amen.

Please remember in your prayers this week:

Those living in: Thirlmere Gardens, Ullswater Crescent, Bond Street, Burnard Close, Serpell Close, Alger Walk, Latimer Walk, Godding Gardens, Medland Crescent, Hurrell Close, Law Walk, Radcliffe Close, Pethick Close, Pillar Walk, Blackall Gardens, Hornbrook Gardens, Cann Gardens, Middlefield Road, Bampfylde Way, Norris Drive, Bonville Road, Hendwell Close, Magnus Close, Agatha Close, Rockfield Avenue, Skerries Road, Tresco Gardens, Flamborough Road, Alderney Road, Inchkeith Road.

First Reading Exodus 14: 19 – 31

¹⁹ The angel of God who was going before the Israelite army moved and went behind them; and the pillar of cloud moved from in front of them and took its place behind them. ²⁰ It came between the army of Egypt and the army of Israel. And so the cloud was there with the darkness, and it lit up the night; one did not come near the other all night. ²¹ Then Moses stretched out his hand over the sea. The Lord drove the sea back by a strong east wind all night, and turned the sea into dry land; and the waters were divided. ²² The Israelites went into the sea on dry ground, the waters forming a wall for them on their right and on their left. ²³ The Egyptians pursued, and went into the sea after them, all of Pharaoh's horses, chariots, and chariot drivers. ²⁴ At the morning watch the Lord in the pillar of fire and cloud looked down upon the Egyptian army, and threw the Egyptian army into panic. ²⁵ He clogged their chariot wheels so that they turned with difficulty. The Egyptians said, 'Let us flee from the Israelites, for the Lord is fighting for them against Egypt.' ²⁶ Then the Lord said to Moses, 'Stretch out your hand over the sea, so that the water may come back upon the Egyptians, upon their chariots and chariot drivers.' ²⁷ So Moses stretched out his hand over the sea, and at dawn the sea returned to its normal depth. As the Egyptians fled before it, the Lord tossed the Egyptians into the sea. ²⁸ The waters returned and covered the chariots and the chariot drivers, the entire army of Pharaoh that had followed them into the sea; not one of them remained. ²⁹ But the Israelites walked on dry ground through the sea, the waters forming a wall for them on their right and on their left. ³⁰ Thus the Lord saved Israel that day from the Egyptians; and Israel saw the Egyptians dead on the seashore. ³¹ Israel saw the great work that the Lord did against the Egyptians. So the people feared the Lord and believed in the Lord and in his servant Moses.

Second Reading Romans 14: 1 – 12

¹ Welcome those who are weak in faith, but not for the purpose of quarrelling over opinions. ² Some believe in eating anything, while the weak eat only vegetables. ³ Those who eat must not despise those who abstain, and those who abstain must not pass judgement on those who eat; for God has welcomed them. ⁴ Who are you to pass judgement on servants of another? It is before their own lord that they stand or fall. And they will be upheld, for the Lord is able to make them stand. ⁵ Some judge one day to be better than another, while others judge all days to be alike. Let all be fully convinced in their own minds. ⁶ Those who observe the day, observe it in honour of the Lord. Also, those who eat, eat in honour of the Lord, since they give thanks to God; while those who abstain, abstain in honour of the Lord and give thanks to God. ⁷ We do not live to ourselves, and we do not die to ourselves. ⁸ If we live, we live to the Lord, and if we die, we die to the Lord; so then, whether we live or whether we die, we are the Lord's. ⁹ For to this end Christ died and lived again, so that he might be Lord of both the dead and the living. **(Continued on Insert)**

Coffee, Cake and Chat

A Community Group meets on the first Tuesday of each month in St. Mary's Church Hall from 10.30am to 12pm. It is a chance for anyone to come along for a coffee, some cake and a chat. The next one is on Tuesday 6th October.

Tea and Cake

A social group meets at The Church of The Holy Spirit, Southway from 2pm – 4pm on the first Thursday of the month. The next one is on Thursday 1st October.

CAMEO (Come And Meet Each Other)

Cameo meets for Bible Study on Wednesdays at The Church of The Holy Spirit, at 10.30am. The group meets again this Wednesday, 16th September.

A Parking Reminder

It has become usual for 2 cars to be parked by the east gate to St. Mary's church yard (by the oak tree). However, when this happens, access to the gate/path is severely restricted and people with pushchairs, or wheelchair users, are prevented from getting in. The PCC are asking that only 1 car is parked in this area at any one time, well back from the gates, so that ample room is left for pedestrian access. It's ok to drop off people with mobility difficulties there, but then please move the car to the car park. Thank you.

Contactless Giving

We have a new card reader at the back of St. Mary's Church for making donations to Church funds. However, this current machine does not prompt for Gift Aid. If you are making a contactless donation and wish to claim Gift Aid, please speak to our Treasurer, Phil Sloggett, or email phil.sloggett.treasurer@gmail.com.

Bank details for both St. Mary's and Holy Spirit can be found on the back of this Newsletter.

St. Mary's Patronal Festival Weekend

Thank you to everyone who helped to organise or who took part in our Open Day and Patronal Festival at St. Mary's last weekend. It was a great occasion. There are still some Gift Day leaflets in St. Mary's Church today, with some envelopes, that you can complete and place on the offertory plate today or next Sunday. Your gifts will go towards the roof repairs at St. Mary's which are desperately needed. We hope to be able to announce the final amount raised in Church today, and the figure will be in next week's Church News. Thank you all for your amazing contributions.

Lifts For Church Services

We have 3 people at present who are able to offer a lift to those who need a lift to Team Services when they are not being held at their own Church, Please let Andy King (**07708590704** or andy@saintmarys.org.uk) know if you require a lift to any services, and we will try and co-ordinate things.