

St.Mary's Church Mildenhall July Noticesheet.



Continuing a series of readings from the book of Genesis

July 5th 5th Sunday after Trinity a service for Sea Sunday
11am All-age service Mt.25:31-40 Harbours of Hope

July 12th 6th Sunday after Trinity
11am Holy Communion Gen.25:19-end

July 19th 7th Sunday after Trinity
11am Holy Communion with prayers for healing
Gen.28:10-22

July 26th 8th Sunday after Trinity
11am Holy Communion Gen.29:1-14 Gen.29:15-28

Through the week: **Prayer services- everyone welcome:**

Tuesday and Fridays 9.45-10am

Wednesdays 3-3.15pm prayer in the Cottage Rooms, followed by Bible Book Club, looking at women in the Bible.

Thursday July 16th 7.30-8.15pm Compline and Watch and Pray followed by optional Bible discussion time – starting to look at Revelation Chapter 1.

Churches Together in Mildenhall Prayer time-

Sat. July 4th 9am Mildenhall Methodist church. No meeting in August.

If you would like extra **prayer for any reason, or to talk**, please phone 01638, Ann (718902), Sue (711930), or Jill (714775), or come along to a prayer service, (times above), or speak to us after a service. The prayer request box in the prayer corner can also be used.



SAM MCKEE
Research scientist
specialising in
cancer genomics
and DNA repair

DISCOVER

WHY I (STILL) BELIEVE IN GOD

Join **Sam McKee** for a deep dive into **science & faith**, followed by a live **Q&A** and refreshments

St Mary's Church, Ely
Thursday 2nd July
7:30-9pm (Doors 7pm)

Free

All ages welcome

Availability limited, book early to avoid disappointment

BOOK NOW



 Newmarket & District
**YOUTH
FOR CHRIST**

Plant table.

Thank you for bringing seeds, seedlings and plants, for indoors and outdoors. This is a good way of helping to spread the joy of plants.

Emergency boxes:

Thank you for helping to keep these stocked. Toiletries are always welcome. There is also an extra need for tins of meat or fish.

If you are concerned or worried for the World
– please come and pray.

**World Watch and Pray times including Compline Thursday
July 16th and 30th 7.30-8.15pm. Followed by an optional Bible
discussion time- Revelation Ch.1**

There will be prayers you can join in with, time for prayers you
may wish to pray, or to be silent.

Prayers for those in need in the world and more locally.

Everyone welcome.

Annual meeting elections and appointments.

Churchwardens – Carole Sinclair and Vicki Moreton

Deputy wardens- Brian Sinclair and Brenda Carey

Assistant deputy warden- Ian Sheehan

Deanery synod members- Carole Sinclair and Brenda Carey

PCC members – for 3 years, Andrew Borrett, Val Doring,

For 2 years – provisionally- John Duck, Elaine Begent.

For one year – Christine Manels

We are looking to expand the welcome team, the team who read in services and lead intercessions. Times to talk about and develop these roles will be arranged soon. If you are interested please speak to Sue.

Sue's contact details, 01638 711930 (work days Thursday p.m. to Sunday p.m.) or e-mail stmmildenhall@aol.com

Come and hear about peregrine falcons.

**Come and learn about the fastest animal
in the animal kingdom.**



We have regular visits of peregrine falcons to the church. This year we had a pair of younger birds, and although they were maybe too young to make use of the nest box, they may do next year.

Date and time to be confirmed soon- for talk by a knowledgeable and experienced breeder of falcons- we also hope to have baby hawks to see in the church.

We are hoping to create a nature art wall over the summer to be celebrating the environment and nature surrounding us, which will be displayed in the Church during September (Creationtide).



If you would like to be part of creating the nature art, then the only requirement creation is that the designs are A4 sized. The craft techniques and your choice – collage, drawings, paintings, photos, dried flowers, mosaic, tapestry etc.

Creations you have made at home can be brought in. And during the school Summer holidays, we will have A4 sized card and a selection of stickers and craft materials available in Church for anyone who wants to take part.

We look forward to seeing your creativity and celebrations of God's Creation.

News from the PCC

1. Progress with solar panel permissions is slow, but making some headway. A bat survey is currently being done. We will be applying for grant funding when we have a clearer path as to what is being allowed.

2. We expect a quinquennial report (a once every 5 Year survey) which will outline works that need to be done. We will draw up a priority plan of action. While the building fund seems quite healthy at present, we are awaiting getting the necessary works completed and paid for – this is likely to account for all our funds.

3. So far this year we have paid £8,000 to the Diocese towards our Parish share of around £24,000.

4. New noticeboards at each corner of the churchyard are an attempt to create more respect for the walkway and churchyard.

5. We await a date for a confirmation service.

6. We hope to apply for our Gold Eco award soon. We are still to hear about the nativity record.

7. And coming in September:

A celebration time of past and present for ourselves and the community– a week to celebrate the building and history with guided talks and Open tower.

And time to celebrate now with a reunion social, choirs and special services.

More news to follow.

A prayer from CMS Australia

Lord, when our success and comfort
make us forget those who suffer:

Show us your hands and your side.

Lord, when we are confused, lost and bewildered:

Grant us peace, and send us out in confidence to do your will in
the world. Amen.

"A Praise Party"

Sunday July 19th 4.00pm- 4.45pm

An informal time for giving thanks to God for summer and celebrating Creation with games and activities. For all-ages.



Followed by popcorn and drinks.

**All children under 16 to be accompanied by an adult please.
Everyone welcome.**

Free event (donations welcome). No need to book- For more info. contact Rev.Sue Leathley, 01638 711930 or stmildenhall@aol.com

Clean up Day

Saturday August 16th from 9am.

Lots of jobs inside and out- please come when and for as long you can.

**Sunday July 26th 3-4pm Just 10 series begins
looking at "The 10 commandments"**

Using a series of DVD talks and discussions by Canon J John.

**Profound, amusing, practical and down-to earth
-Time to look at these foundation commandments in reverse order.**

This will be the first session, followed by monthly sessions through the year. All welcome

St. Marys Church, Mildenhall Eco

News- July

Recycling may feel like a modern idea, but history tells a different story. As early as the 11th century, the Japanese were already repulping paper. Medieval blacksmiths crafted armour from scrap metal. Even our own Churchyard railings were melted down during the Second World War to support the war effort.



Yet it wasn't until the 1970s, when cheap, versatile plastics flooded into daily life, that recycling became a global concern. Plastic's convenience is undeniable, which is exactly why we use so much of it. But plastic pollution is now one of the planet's fastest-growing environmental problems. From bottles and carrier bags to the less obvious culprits such as synthetic clothing fibres and even your teabags, plastic waste is finding its way into every corner of the natural world.

UNESCO has issued a stark warning: by 2050, there could be more plastic in our oceans than fish unless worldwide action is taken.

Although most plastics can technically be recycled, many are not. Recycling itself is often costly and complex, producing material of lower quality than the original. The carbon footprint is significant too—plastic must be collected, transported, washed, shredded and remelted, all of which demand energy. In some cases, these processes can generate more emissions than the production of new plastic.

With these challenges in mind, the most effective solution is simple: use less plastic in the first place.

July marks Plastic Free Month, the perfect opportunity to reconsider the everyday plastics we rely on. Small, practical swaps can make a surprisingly big difference:

- Choose reusable coffee cups instead of single-use takeaway ones
- Swap plastic straws for metal, paper or none at all
- Carry reusable shopping bags or “bags for life”
- Buy loose fruit and vegetables rather than plastic-wrapped produce
- Replace a plastic toothbrush with a bamboo alternative

Individually, these changes may seem small. But collectively, they can spark powerful environmental impact. The more people who take part, the greater the impact.

Key dates and events in July- Plastic Free.

4th-10th Net Zero Week

17th July -14th August the Big Butterfly count

Greener Living Tips – How We Travel

People are becoming more aware of their cultural, economic and environmental impacts as tourists, with 72% of people surveyed by Booking.com admitting that they think sustainable travel is vital. Increasingly, people are engaging more in sustainable tourism, which involves limiting their carbon footprint while travelling, being tactical with their spending power and helping sustain the natural environment they have the privilege to visit.

- **Limit Plane Travel:** Limiting flights is a good way to reduce emissions. This is until sustainable aviation has become a viable, mainstream alternative. Train travel is becoming more pleasant and economical, with for example, new expanding train networks developing across Europe.
- **Green Key Certified Accommodation:** Being Green Key certified means that the accommodation respects local cultures and traditions, takes care of the environment and treats its employees fairly.
- **Unplug Before Travelling:** Even if electronic devices are shut off or in sleep mode, they still use energy. Being away for too long wastes energy that could otherwise have been plugged off. So, before going on holiday, unplug your devices from the wall sockets to save electricity.
- **Pack Light:** Flying to foreign destinations will emit emissions no matter what. However, if flying is the only option, then travellers can try to pack light to minimise pollution. The more luggage a plane carries on its travels, the more fuel the aeroplane needs to fly.
- **Give Away Perishable Food Items before Travelling:** Before leaving for vacation, check if any food item in the fridge is about to expire. If possible, consume it before the expiry date; otherwise, donate it to needy people and avoid food wastage.