

**St Mark's Parish Church,
Shelfield & High Heath**

9th After Trinity

2nd August, 2026



St Mark's is part of
Inclusive Church



Wardens' Project



Are you able to help knit / crochet / fabric / felt
poppies for Remembrance Sunday?

Patterns are available at the back of Church.

If you become our supporter on **easyfundraising**, you'll raise free
funds for St Mark's simply by shopping online.



It only takes a moment and it's **completely free**,
so please get involved if you haven't already - this
would really help us out.

Search for "St Mark's Parish Church Shelfield" at
www.easyfundraising.org.uk.

Intercession Rota

The PCC would like to set up a rota again for the
leading of intercessions during services.

**Please could you let a member of the Ministry
Team know if you are interested in volunteering?**

*Volunteers would need to be happy to make the
prayers not too long.*

Rev. Jenny can offer a workshop to discuss different
styles and tips & tricks, if people are interested.

**Please pray for the people of Venezuela, Gaza, Ukraine,
Iran & The Middle East, Sudan, Yemen & all war zones.**

Please pray for... Sue J., Tash & girls, Mandy, Sita, Myra, Joy,
Colin W., Nicola, Marilyn & David, Paddy & Family, Lianne,
Andy's Father-in-Law, Young Andrew, Chris, Matthew, Pat,
Cisne & Andre & Caleel & Dajshon & Yahkhushi & Shakudo &
Shakeba & Christilyn & Chandra & Melissa, Steven, Martin L., Ann,
Margaret, Bridget, Trevor & Susan, Anne J., Elena, Alice, Andrew,
Samantha, Wayne, Michael, Jonathon, Little Anna, Elaine M.,
Alice, Samuel, Winnie, Julia, Pamela, Pete, Adam, Kyle & family,
Martin, Julie, Mavis, Tina & Paul, Ann, Maurice & Margaret,
George & June, Pat, Mandy, Mike, Alainea, Tanya & Ian.

And those whose illness is more long term...

Carol & Malcom C., Ron W., Connie, Kitty, Gill, Wyn,
Natalie, Marion C., Bettie, Alan, Chris, Karen, Steph,
Jackie, Evelyn & Peter, Revd. Mike.



Lord we remember those we have loved but see no longer.

We Pray for All Those Who Grieve the Loss of Their Loved Ones.

*If you have an update on the situation of anyone we have been praying
for please contact a member of the ministry team, a Church Warden or
Louise (email address on back of this sheet). **Thank you.***



Lord we pray for these organisations:

Walsall North Foodbank,
Shelfield & High Heath Youth Support Group

Our Prayer for Today . . .

We praise you, Lord Jesus,
for those who have been inspired by your life of giving
and healing,
especially those who have suffered
and those who are persecuted or laughed at.
Hear our prayer now, for those who feed the hungry,
for those who minister to the hungry and despairing,
for those who share the gospel message of giving and generosity.
Encourage, strengthen and protect them, we pray. Amen.





Vacancy-in-See — Consultation Forms

Your views are sought on 100th Bishop of Lichfield.

There are forms at the back of Church, or you can fill in the form online at the Diocesan Website

(<https://www.lichfield.anglican.org/about-us/vacancy-in-see/vacancy-in-see-consultations/>).

The consultation process is running until the end of August.

Service times for next Sunday	Holy Communion	8.30 a.m.
	Sung Communion	10.00 a.m.

Daily Readings for next week...

Monday		1 Samuel 19: 1-18 Acts 1: 1-14
Tuesday	Jean-Baptiste Vianney, curé d'Ars, spiritual guide, 1859	1 Samuel 20: 1-17 Acts 1: 15-end
Wednesday	Oswald, king, martyr, 642	1 Samuel 20: 18-end Acts 2: 1-21
Thursday Transfiguration of our Lord	Daniel 7: 9-10 & 13-14 2 Peter 1: 16-19 Luke 9: 28-36	1 Samuel 21: 1-22: 5 Acts 2: 22-36
Friday	John Mason Neale, priest, hymn writer, 1866	1 Samuel 22: 6-end Acts 2: 37-end
Saturday	Dominic, priest, founder of the Order of Preachers, 1221	1 Samuel 23 Acts 3: 1-10
SUNDAY 10 th Sunday After Trinity	Genesis 37: 1-4, 12-28 / 1 Kings 19: 9-18	
	Romans 10: 5-15	
	Matthew 14: 22-33	

A word for the week

We talk about the two world views of whether the glass is half empty or half full. We often fixate on what we don't have while overlooking an abundance that we do have. For example, we might covet the latest electronic gadget while missing the loving glance of a child. True satisfaction does not come from what we acquire, but is freely, abundantly, and sometimes surprisingly given to us through our relationships with others.

Withdrawing to a deserted place to grieve the death of John the Baptist, Jesus still provides life-giving nourishment for the hungry crowd that comes to him. Where the disciples perceive scarcity of food and powerlessness to act (the glass half empty), Jesus reveals to them not only his unlimited capacity to nourish the crowd but also the disciples' capacity to act with him in doing so (the glass half full).

God's kingdom is neither half empty nor even half full but is always a "full glass." God continually graces us with a share in divine life, incorporates us into the community of those filled with the Spirit of Jesus, and empowers us to satisfy the "hungers" of others.

Wherever fullness of life is lacking, we bring life, for example, by donating to charity or volunteering at the local food bank, by taking time to help youngsters with their homework, calm a person who is upset, encourage someone afraid to make a change in their lives, forgive another, say thank you. These many ways of relating to others make present the life of God's kingdom and God's promise of fullness.

CONTACT DETAILS

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