



St Mary's
Parish Church
Frinton 2026

But thank God!

He has made us his captives and continues
to lead us along in Christ's triumphal procession.
Now he uses us to spread the knowledge of Christ
everywhere, like a sweet perfume.

2 Corinthians 2:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends, old and new.

Sunday, 23rd August 2026

Parish Church Services (Sunday only)

9:30am **Traditional Service - BCP (HC)**

Isaiah 51:1-6 & Matthew 16:13-20

11am **All-Age Service (also livestreamed)**

Matthew 16:13-20

Old Church Services

Sunday 7pm **Sunset Service**

Hearing
Loop
available



Access via
the Old
Road
Entrance



Our toilets are located by
the Old Road entrance

Who is Jesus??



Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the **Church Office**.

Tel: **01255 679164** Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org

Prayer requests for our CHURCH PRAYER CHAIN: ring Stewart & Mary Wilson: **01255 814 594**

~ A group of church members who will pray, in complete confidence, for serious situations ~

**NEVER
DOUBT THE
POWER
OF PRAYER**

For our prayers during the week ...

... those who are unwell, and those who care for them:

David Allen, Anne Davis, Cheryl Eden, Margaret Knell, Jenny Kyriacou, Philip Kyriacou, Keith Lindsey, Tony Stubbs, Brian Thornton, Carole Unsworth, Daphne West, Cate Wilby, Wendy Willis.

Sylvia Wells' Thanksgiving Service will be held in the Parish Church on Friday 11th September at 2pm. Please hold Geoff and all his and Sylvia's children in your prayers, as they go through this difficult time. May they know God's comfort, strength, and peace in the days ahead.

Tony Beckton's funeral will be held in the Parish Church on Thursday 17th September at 12:45pm. Please hold Anne and the whole family in your prayers. May they know God's comfort and peace surrounding them.

Silvia Day Centre – End of Year Update

Monica, the Day Centre manager writes: "By God's grace, we were able to finish another school year at Silvia Day Centre, on July 1st.

We ended the activity with a small pizza party for the children and we offered them some diplomas to recognise their progress shown this past year. It was a challenging year, the most challenging in the 18 years I have been working here, but God showed us that He is in control

of all things and that the Day Centre is important for these children, their families and for our town." *Thank you for your ongoing support for this charity – it could not run without the prayer, love and financial support offered by the St Mary's family.* **Maggie Wilson**



Bring Your Own Picnic!

Sunday, 30th August, after the 11am Service has finished, we will have another *Bring Your Own Picnic for everyone*, in the Church Garden.

Alpha Course Tuesday, 15th September · 7pm · The Lounge

Got questions about life and Christian faith — or know someone who does? Alpha is a welcoming space to explore big questions in an open, friendly environment.

Each session includes short video clips, relaxed small-group discussion, and time for reflection. If that's not enough, there's cake!!

Who are you praying for, and inviting to come along this time?

Sessions last around 90 minutes and are completely free. Across the weeks you'll have the chance to discover more about God, Jesus, and the journey of life.

To help us plan refreshments, please book a **FREE place** on ChurchSuite - [click here](#). Alternatively, contact the Church Office and Reception by email or phone.



The Church Office will be closed on Friday 28th August until Tuesday 1st September

24/7 Global Week of Prayer

We are joining churches around the world for the *24/7 Global Week of Prayer*. As part of this, St Mary's Parish Church will be open for 12 hours of continuous prayer, giving everyone the opportunity to come before God in stillness, worship, and intercession.

The church will open at **6pm on Thursday 10th September** and remain open until **6am on Friday 11th September**. You are welcome to come at any point — whether for five minutes or for an hour — to pray for our community, our nation, and the world.

Let's seek God together and lift our prayers as one church family.

Funmilayo

Prayers for Students: On Sunday 30th August We will be praying for all students as they begin their new academic year — from university and college, to secondary and primary school. We invite every student to bring something they will be using this year to the service: bring a school bag, notebook, folder, pencil case, tablet, or any item that represents their learning. These will be held up during the prayers as we ask God's blessing, guidance, and protection over each student. We look forward to praying for our students young or old and all who support them, committing their year to God with hope and confidence. **Funmilayo**



Young People's Concert

Pianists, instrumentalists and singers, accompanied by Peter Thorne.
Tea & Cake after the concert.
Admission free .

Sunday 13th September
4pm – 5:15pm

FREE ENTRY



YOU'RE invited to Alpha

Tuesdays, 7pm

Includes light refreshments and CAKE!!

Begins 15th September 2026



Harvest Lunch

Posh Ploughman's & Pud in the Church Hall

Sunday 27th September 12:40pm

£10 Adults and £4 Children (11 and under)

Tickets available at Reception, Monday - Friday
or via Churchsuite - [Click Here](#)



WE ARE OPEN ON THE FOLLOWING SATURDAYS 10AM UNTIL 12 NOON

SCHOOL UNIFORM BANK

29TH AUGUST
12TH & 26TH SEPTEMBER
24TH OCTOBER

WE HAVE SCHOOL BAGS, COATS, BLACK SHOES, PE KITS, AND ALL LOCAL UNIFORM

FREE

During the Week ...

Wednesday 26th The Wednesday Group Summer Tea Party 2:30pm
Thursday 27th Knit & Natter 1:30pm
Friday 28th *Church Office Closed* (Reopens 1st September)
Saturday 29th Uniform Bank 10am



Sunday 30th August

9:30am Traditional Service - BCP
11am All-Age Service (also livestreamed)
1pm Bring Your Own Picnic
7pm Sunset Service (Old Church)



Weekly Groups / Meetings: September Restart Dates

Wednesday Group returns on Wednesday 2nd September
Holy Communion at the Old Church returns on Wednesday 2nd September
Choir Practice returns on Friday 4th September
Morning Prayer returns on Monday 7th September
Gethsemane (Weekly Prayer) returns on Monday 7th September- prayer walk
Smallsorts returns on Thursday 10th September
Friday Coffee Morning returns on Friday 11th September

Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift.' It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.



DATES FOR YOUR DIARY

Young People's Concert - Sun. 13th September, 4pm
Alpha Course - beginning Tues. 15th September, 7pm
Macmillan Coffee Morning - Fri. 25th September, 10am
Harvest Lunch - Sun. 27th September, 12:45pm



Noticesheet Items: please submit to the **Church Office** by noon Tuesday, via office@stmarysfrinton.org

Join a Homegroup: Heather Ursell - **07882 402 768**

Sunday Media & PowerPoint items: email to the church office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org