

Sunday

30 August 2026 Thirteenth Sunday after Trinity

COLLECT

Almighty God,
who called your Church to bear
witness
that you were in Christ reconciling the
world to yourself:
help us to proclaim the good news of
your love,
that all who hear it may be drawn to
you;
through him who was lifted up on the
cross,
and reigns with you in the unity of the
Holy Spirit,
one God, now and for ever.

FIRST READING Jeremiah 15:15-21

A reading from the book of the prophet Jeremiah.

O LORD, you know; remember
me and visit me, and bring down
retribution for me on my persecutors.
In your forbearance do not take me
away; know that on your account
I suffer insult. Your words were
found, and I ate them, and your
words became to me a joy and the
delight of my heart; for I am called
by your name, O LORD, God of
hosts. I did not sit in the company of
merrymakers, nor did I rejoice; under
the weight of your hand I sat alone,
for you had filled me with indignation.
Why is my pain unceasing, my wound
incurable, refusing to be healed?
Truly, you are to me like a deceitful
brook, like waters that fail. Therefore
thus says the LORD: If you turn back,
I will take you back, and you shall
stand before me. If you utter what is
precious, and not what is worthless,
you shall serve as my mouth. It is they
who will turn to you, not you who will
turn to them. And I will make you to
this people a fortified wall of bronze;
they will fight against you, but they
shall not prevail over you, for I am
with you to save you and deliver
you, says the LORD. I will deliver you
out of the hand of the wicked, and
redeem you from the grasp of the
ruthless.

Or **Exodus 3:1-15**

PSALM Psalm 26:1-8

R *Your love is before my eyes;
[I have walked faithfully with you].*

Give judgement for me, O Lord,
for I have lived with integrity;
I have trusted in the Lord and have
not faltered.

Test me, O Lord, and try me;
examine my heart and my mind. **R**

For your love is before my eyes;
I have walked faithfully with you.
I have not sat with the worthless,
nor do I consort with the deceitful.
I have hated the company of
evildoers;

I will not sit down with the wicked. **R**

I will wash my hands in innocence,
O Lord,
that I may go in procession round
your altar,
Singing aloud a song of thanksgiving
and recounting all your wonderful
deeds.
Lord, I love the house in which you
dwell
and the place where your glory
abides. **R**

SECOND READING

Romans 12:9-end

A reading from the letter of Paul to the Romans.

Let love be genuine; hate what is evil,
hold fast to what is good; love one
another with mutual affection; outdo
one another in showing honour. Do
not lag in zeal, be ardent in spirit,
serve the Lord. Rejoice in hope,
be patient in suffering, persevere
in prayer. Contribute to the needs
of the saints; extend hospitality to
strangers. Bless those who persecute
you; bless and do not curse them.
Rejoice with those who rejoice, weep
with those who weep. Live in harmony
with one another; do not be haughty,
but associate with the lowly; do not
claim to be wiser than you are. Do
not repay anyone evil for evil, but
take thought for what is noble in the
sight of all. If it is possible, so far as it
depends on you, live peaceably with
all. Beloved, never avenge yourselves,

but leave room for the wrath of God;
for it is written, "Vengeance is mine, I
will repay, says the Lord." No, "if your
enemies are hungry, feed them; if
they are thirsty, give them something
to drink; for by doing this you will
heap burning coals on their heads."
Do not be overcome by evil, but
overcome evil with good.

GOSPEL Matthew 16:21-end

Hear the gospel of our Lord Jesus Christ according to Matthew.

From that time on, Jesus began to
show his disciples that he must go
to Jerusalem and undergo great
suffering at the hands of the elders
and chief priests and scribes, and be
killed, and on the third day be raised.
And Peter took him aside and began
to rebuke him, saying, "God forbid
it, Lord! This must never happen
to you." But he turned and said to
Peter, "Get behind me, Satan! You
are a stumbling-block to me; for you
are setting your mind not on divine
things but on human things." Then
Jesus told his disciples, "If any want
to become my followers, let them
deny themselves and take up their
cross and follow me. For those who
want to save their life will lose it,
and those who lose their life for my
sake will find it. For what will it profit
them if they gain the whole world
but forfeit their life? Or what will they
give in return for their life? For the
Son of Man is to come with his angels
in the glory of his Father, and then
he will repay everyone for what has
been done. Truly I tell you, there are
some standing here who will not taste
death before they see the Son of Man
coming in his kingdom."

POST COMMUNION

God our creator,
you feed your children with the true
manna,
the living bread from heaven:
let this holy food sustain us through
our earthly pilgrimage
until we come to that place where
hunger and thirst are no more;
through Jesus Christ our Lord.

August 30th 2026 – 13th SUNDAY AFTER TRINITY ~ Parish of the Harwich Peninsula

United Service: our united parish service is today at 5pm in St Nicholas. The theme will be personal and congregational renewal and there will be an opportunity to be anointed with oil. We are calling it 'New beginnings' and you might want to read 1 Kings 19 as a preparation. This is one of the occasions, together with our Lent and Advent services, when we are together as one parish so please make every effort to attend.

Lawford: the Rector is the guest preacher at the Cross Reach United service today at 10.30am

Angel Voices: a Christian musical by Roger Jones based on themes and images in the book of Revelation. It is Sunday 6th September at 4pm at the Roman Catholic Church on Fronks Road. There is a retiring offering; refreshments will be served. The musical is 1 hour and 10 minutes long.

Harvest Thanksgiving: a separate sheet with information about the Harvest services and the charity we are supporting is available in all our buildings. However, you are welcome to bring gifts for the Salvation Army Foodbank in addition or instead to the services, but the collections will go to support Bridgeway Colchester.

Special Service: we will trial a new service on the 4th Sunday of the month at 5pm called Worship and the Word for the parish at All Saints. It will be non-liturgical but will include a confession, absolution, profession of faith and the Lord's prayer. The hymns will mainly be traditional, but may, sometimes introduce one newer one. It is hoped that this will be an opportunity for the congregations to explore how God is at work in our churches, among his people. The first one will be on September 27th when Sioux Thorpe will share how God spoke to her recently whilst on retreat and she hopes that this will encourage others to do the same in future months. The first theme will be 'God the provider', exploring the story of Elisha a miraculous provision of oil for a widow and her sons who had nothing left after the death of her husband. There will always be a focus on scripture and an opportunity to worship using different ways to experience God's presence. In September it will include the opportunity to be anointed. It is hoped that as the services go on the congregation will take part by bringing their ideas of how they will develop in the future.

Kingdom over nation: a series of 8 discussions from Churches Together in Harwich at the Roman Catholic Church on Fronk's Road, starting Wednesday 2nd September at 7pm. This is a response to the growth of Christian nationalism and so very topical. Each week into October. No charge.

Residential Homes: you are welcome to support the two services we have each month at Lime Court and Don Thomson; sing, chat to residents. Your presence makes a difference. Details below. We hope to add a monthly afternoon service at Michaelstowe in the unit there, it will be an afternoon service. PLEASE NOTE that for September the service at Lime Court will be on the 7th not the 14th if you are hoping to attend.

PCC Secretary: our Church Council needs a Secretary to take the minutes of the meeting. We meet about 6 times a year in the evening. The Secretary need not be a member of the PCC but serves in this essential ministry. If you think you have the skills, please contact the Rector as soon as possible.

Baptised in August: Harley Hitching and Miley Louise Taylor

Married in August: Harry John Rhino Prosser and Emily Paige Howard; Luke Sean Tynan and Kayleigh-Jade Henniker

Departed in July/August: Ruth Oakley; John Peperell; Linda Louise Robbins; Hermijntje Lippett;

Amy Pamela Amos; Paul Kenneth Jackson; Suzanne Denise Smith; Alan Roger Abbott; Valerie (Val) Vincent; Ann Root; Maureen Hilda Tarran; Christine Britton; Sheila Grant

St Michael's worship 9am each Sunday (Communion on the 2nd and 4th Sundays)

All Saints worship 10.30am each Sunday (Communion on the 1st and 3rd Sundays)

St Nicholas worship 10.30am each Sunday (Communion on the 2nd and 4th Sundays)

You should be able to access the hearing loop in each building – please let us know if you cannot

1st Sunday of every month: Prayer Book Evensong at St Nicholas at 5pm

2nd Sunday of the month: Pop Up church at St Michael's at 3pm

3rd Sunday of every month: Prayer and Praise at St Michael's at 5pm

4th Saturday of every month (except August and December): Messy Church in the Esplanade Hall from 2-4pm. Children must be accompanied by an adult.

1st Tuesday of every month: Hymns and Service at Don Thomson Residential Home at 11am

2nd Monday of every month: Hymns and Service at Lime Court Residential Home at 11am

For more information, please visit our social media: www.harwichparish.co.uk or www.achurchnearyou.com or our Facebook pages [https://www.facebook.com/Harwich Peninsula Parish CofE](https://www.facebook.com/Harwich%20Peninsula%20Parish%20CofE). All Saints, St Michaels & St Nicholas or Messy Church at the Esplanade Hall

PLEASE NOTE WE WILL BE MOVING TO A SINGLE FACEBOOK PAGE FOR THE PARISH SHORTLY