



**A very warm welcome to
St Mark's Church
Sunday 30th August 2026**



Electricity Sponsorship

Anonymous

Today –

Thirteenth Sunday after Trinity

10am service at Crosscrake

4pm Songs of Praise - Helm Mission Community on the green (weather permitting) or in St Marks Natland

The Week Ahead

Monday

8.30am morning prayer on zoom – details below

Tuesday

10am-12noon Drop-in Crosscrake Church

Wednesday

2pm FunCom meeting in Vestry

Thursday

10am Holy Communion

2pm Mothers Union with Brewkulele

3pm service Kendal Care Home

Next Sunday –

Fourteenth Sunday after Trinity

10am Holy Communion

6pm Space to Breathe

Next Sunday's Readings: Exodus 12:1-14 and Matthew 18:15-20

*You can use this code to donate to St Mark's Church.
All donations are very gratefully received. Thank you.*



Morning prayer on Mondays

Via zoom to join from your browser use the link below

<https://us02web.zoom.us/j/81252601439?pwd=9eLMzPVkNrUgfpbwZpW90pWJqWRwnB.1>

Meeting ID: 812 5260 1439

Passcode: 579421

During the service children are welcome to stay in church and use the toys and games provided but if you prefer a quieter space the choir vestry is available for parents/ carers and their children.

Collect

Almighty God,
you search us and know us:
may we rely on you in strength
and rest on you in weakness,
now and in all our days;
through Jesus Christ our Lord.

Post Communion

God our creator,
you feed your children with the true manna,
the living bread from heaven:
let this holy food sustain us through our earthly pilgrimage
until we come to that place
where hunger and thirst are no more;
through Jesus Christ our Lord.

First reading Exodus 3:1-15

3 Moses was keeping the flock of his father-in-law Jethro, the priest of Midian; he led his flock beyond the wilderness, and came to Horeb, the mountain of God. ²There the angel of the Lord appeared to him in a flame of fire out of a bush; he looked, and the bush was blazing, yet it was not consumed. ³Then Moses said, 'I must turn aside and look at this great sight, and see why the bush is not burned up.' ⁴When the Lord saw that he had turned aside to see, God called to him out of the bush, 'Moses, Moses!' And he said, 'Here I am.' ⁵Then he said, 'Come no closer! Remove the sandals from your feet, for the place on which you are standing is holy ground.' ⁶He said further, 'I am the God of your father, the God of Abraham, the God of Isaac, and the God of Jacob.' And Moses hid his face, for he was afraid to look at God. ⁷Then the Lord said, 'I have observed the misery of my people who are in Egypt; I have heard their cry on account of their taskmasters. Indeed, I know their sufferings, ⁸and I have come down to deliver them from the Egyptians, and to bring them up out of that land to a good and broad land, a land flowing with milk and honey, to the country of the Canaanites, the Hittites, the Amorites, the Perizzites, the Hivites, and the Jebusites. ⁹The cry of the Israelites has now come to me; I have also seen how the Egyptians oppress them. ¹⁰So come, I will send you to Pharaoh to bring my people, the Israelites, out of Egypt.' ¹¹But Moses said to God, 'Who am I that I should go to Pharaoh, and bring the Israelites out of Egypt?' ¹²He said, 'I will be with you; and this

shall be the sign for you that it is I who sent you: when you have brought the people out of Egypt, you shall worship God on this mountain.'

¹³ But Moses said to God, 'If I come to the Israelites and say to them, "The God of your ancestors has sent me to you", and they ask me, "What is his name?" what shall I say to them?' ¹⁴ God said to Moses, 'I am who I am.' He said further, 'Thus you shall say to the Israelites, "I am has sent me to you."' ¹⁵ God also said to Moses, 'Thus you shall say to the Israelites, "The Lord, the God of your ancestors, the God of Abraham, the God of Isaac, and the God of Jacob, has sent me to you":

This is my name for ever, and this my title for all generations.

Gospel reading Matthew 16.21-28

²¹ From that time on, Jesus began to show his disciples that he must go to Jerusalem and undergo great suffering at the hands of the elders and chief priests and scribes, and be killed, and on the third day be raised. ²² And Peter took him aside and began to rebuke him, saying, 'God forbid it, Lord! This must never happen to you.' ²³ But he turned and said to Peter, 'Get behind me, Satan! You are a stumbling-block to me; for you are setting your mind not on divine things but on human things.'

²⁴ Then Jesus told his disciples, 'If any want to become my followers, let them deny themselves and take up their cross and follow me. ²⁵ For those who want to save their life will lose it, and those who lose their life for my sake will find it. ²⁶ For what will it profit them if they gain the whole world but forfeit their life? Or what will they give in return for their life?

²⁷ 'For the Son of Man is to come with his angels in the glory of his Father, and then he will repay everyone for what has been done. ²⁸ Truly I tell you, there are some standing here who will not taste death before they see the Son of Man coming in his kingdom.'

For our prayers

-All whose lives are devastated by war, conflict, disaster, oppression disease

-Charles our King and all who hold influence and power in our world

-Those who are sick, struggling or recovering, including Irene Armistead, Bernice Cooper, Doreen Hall, Ian McLoughlin, Pat McLoughlin, Violet Pinch, Christine Moore, May Smaje, Edna Watkinson, and Moira Wild

-Those who have died recently, whose anniversary falls at this time and all who mourn.

-For the children at St Mark's school as they enjoy their summer holidays and get ready for a new class or new school and that the building work is completed on time

NOTICES

Space to Breathe

1st Sunday evening of the month at 6pm at St Mark's Church Natland. No experience or background expected — simply come as you are. To find out more email revbgibbs@outlook.com

Communion and a cuppa

The Communion Service on a Thursday is at 10am, followed by refreshments at 10.30-11.30am.

You are welcome to either or both.

Place to Pause

This summer our churches will be hosting a series of interactive prayer stations called A Place to Pause with spaces for reflection, prayer, creativity, and conversation. Every day in Crosscrake, Natland and New Hutton, Mondays, Wednesdays and Fridays in Old Hutton.

Please do take time to look at the Place to Pause and add your comments via



the QR code

Or paper survey. Available on the prayer station at the back of church.

Link <https://forms.gle/q34jiWwWBDgEMuDq9>

Save the Date events at St Marks

17th September 10.30-11.45 Coffee morning- *see sign up sheet for volunteers*

26th September 'Close Quarters' and 'All at Sea'- folk songs and sea shanties

11th October 6pm Harvest Supper

31st October Chris Bannister celebrates John Denver

Any News and information to share

weekly newsletter by Wednesday weekly to the email address

admin.kendalsouthchurches@gmail.com

monthly magazine by 14th of previous month to the email address

st-marks-natland-magazine@googlegroups.com

Mothers Union The Mothers Union meeting on Thursday, 3rd September will be in St Mark's Church at 2.00pm when the Brewkulele Band from the Brewery will entertain us - with refreshments to follow.

This will be an open meeting and if any of the congregation would like to come and hear the band play, you will be very welcome.