

Sunday

9 August 2026

Tenth Sunday after Trinity

COLLECT

Let your merciful ears, O Lord,
be open to the prayers of your humble
servants;
and that they may obtain their
petitions
make them to ask such things as shall
please you;
through Jesus Christ your Son our
Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING 1 Kings 19:9-18

A reading from the first book of Kings.

When Elijah reached Horeb, the mountain of God, he came to a cave, and spent the night there. Then the word of the LORD came to him, saying, "What are you doing here, Elijah?" He answered, "I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." He said, "Go out and stand on the mountain before the LORD, for the LORD is about to pass by." Now there was a great wind, so strong that it was splitting mountains and breaking rocks in pieces before the LORD, but the LORD was not in the wind; and after the wind an earthquake, but the LORD was not in the earthquake; and after the earthquake a fire, but the LORD was not in the fire; and after the fire a sound of sheer silence. When Elijah heard it, he wrapped his face in his mantle and went out and stood at the entrance of the cave. Then there came a voice to him that said, "What are you doing here, Elijah?" He answered, "I have been very zealous for the LORD, the God of hosts; for the Israelites have forsaken your covenant, thrown down your altars, and killed your prophets with the sword. I alone am left, and they are seeking my life, to take it away." Then the LORD said to him, "Go, return on your way to the wilderness of Damascus; when you arrive, you shall anoint Hazael as king over Aram. Also you shall anoint Jehu son of Nimshi as king over Israel; and you shall anoint Elisha son of Shaphat of Abel-meholah as prophet in your place. Whoever escapes from the sword of Hazael, Jehu shall kill; and

whoever escapes from the sword of Jehu, Elisha shall kill. Yet I will leave seven thousand in Israel, all the knees that have not bowed to Baal, and every mouth that has not kissed him."

Or Genesis 37:1-4. 12-28

PSALM Psalm 85:8-13

R Show us your mercy, O Lord,
and grant us your salvation.

I will listen to what the Lord God is
saying,
for he is speaking peace to his faithful
people
and to those who turn their hearts to
him.

Truly, his salvation is very near to those
who fear him,
that his glory may dwell in our land. **R**

Mercy and truth have met together;
righteousness and peace have kissed
each other.

Truth shall spring up from the earth,
and righteousness shall look down
from heaven. **R**

The Lord will indeed grant prosperity,
and our land will yield its increase.
Righteousness shall go before him,
and peace shall be a pathway for
his feet. **R**

SECOND READING Romans 10:5-15

A reading from the letter of Paul to the Romans.

Moses writes concerning the righteousness that comes from the law, that "the person who does these things will live by them." But the righteousness that comes from faith says, "Do not say in your heart, 'Who will ascend into heaven?'" (that is, to bring Christ down) "or 'Who will descend into the abyss?'" (that is, to bring Christ up from the dead). But what does it say? "The word is near you, on your lips and in your heart" (that is, the word of faith that we proclaim); because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. The scripture says, "No one who believes in him will be put to shame." For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. For,

"Everyone who calls on the name of the Lord shall be saved." But how are they to call on one in whom they have not believed? And how are they to believe in one of whom they have never heard? And how are they to hear without someone to proclaim him? And how are they to proclaim him unless they are sent? As it is written, "How beautiful are the feet of those who bring good news!"

GOSPEL Matthew 14:22-33

Hear the gospel of our Lord Jesus Christ according to Matthew.

Immediately after feeding the crowd with the five loaves and two fish, Jesus made the disciples get into the boat and go on ahead to the other side, while he dismissed the crowds. And after he had dismissed the crowds, he went up the mountain by himself to pray. When evening came, he was there alone, but by this time the boat, battered by the waves, was far from the land, for the wind was against them. And early in the morning he came walking towards them on the lake. But when the disciples saw him walking on the lake, they were terrified, saying, "It is a ghost!" And they cried out in fear. But immediately Jesus spoke to them and said, "Take heart, it is I; do not be afraid." Peter answered him, "Lord, if it is you, command me to come to you on the water." He said, "Come." So Peter got out of the boat, started walking on the water, and came towards Jesus. But when he noticed the strong wind, he became frightened, and beginning to sink, he cried out, "Lord, save me!" Jesus immediately reached out his hand and caught him, saying to him, "You of little faith, why did you doubt?" When they got into the boat, the wind ceased. And those in the boat worshipped him, saying, "Truly you are the Son of God."

POST COMMUNION

God of our pilgrimage,
you have willed that the gate of mercy
should stand open for those who trust
in you:
look upon us with your favour
that we who follow the path of your
will
may never wander from the way of life;
through Jesus Christ our Lord.

August 9th 2026 – 10th SUNDAY AFTER TRINITY ~ Parish of the Harwich Peninsula

Pop Up Party: our wonderful Pop-Up church meets today at 3pm in St Michael's with Bishop Roger with us. Arranged by Tracey Tyrrell our Children and Families Worker. Please come along to support it.

Beach Time! A children and family time (but all ages welcome) at West Beach on Wednesday 12th August from 5-7pm with exploring and food – see the posters in each church. Arranged by Tracey Tyrrell.

Bible Study: there is an opportunity to join a Bible Study at All Saints. On Wednesday 30th September the theme is 'Feeding our Faith'. On Wednesday the 21st October the title is 'Rebuilding our altars'. More details from Sioux Thorpe and on the flyers in each church. All are welcome – refreshments served. Each session consists of some teaching, sharing in small groups and finally some worship songs.

Better Bible reading: if you would like a printed guide to Bible readings from the Bible Reading Fellowship called Daylight, they can be ordered from Enid Godfrey (01255 551132). She would be grateful if regular subscribers could let her have the £6 subscription which covers four months.

Ploughman's Supper: at St Michael's, Saturday 22nd August from 6pm. 30 places. £8 per head, table quiz. Book via Dawn Wallace as soon as you can.

Kingdom over nation: a series of 8 discussions from Churches Together in Harwich at the Roman Catholic Church on Fronk's Road, starting Wednesday 2nd September at 7pm. This is a response to the growth of Christian nationalism and so very topical. Each week into October. No charge.

Prayer and Praise: each month we have a variety of services in the parish which are there are all of us. Evensong in St Nicholas and Prayer and Praise at St Michael's are two. Starting at 5pm and finishing at 6pm it includes contemporary worship songs, often learning a new one, with the words projected on a screen at the front. There is a talk, prayer time (often interactive and using the space) and concludes with freshly baked cakes and scones, tea and coffee. If you have not yet experienced this relaxed and friendly service you might want to try it as a tonic and boost to your spirit and Christian life.

Residential Homes: you are welcome to support the two services we have each month at Lime Court and Don Thomson; sing, chat to residents. Your presence makes a difference. Details below. We hope to add a monthly afternoon service at Michaelstowe in the unit there, it will be an afternoon service.

Retreat: have you ever wanted to take a bit of time out with God but the cost or distance put you off? Ian Smith is leading the second of two deanery retreats on Saturday 19th September at the Esplanade Hall and St Nicholas. It is a half day (morning only) called Christ, Coast and Concrete and includes time to wander. You might want to bring a camera or use your phone. Stay on and bring your own lunch. Please let Ian know if you want to attend as numbers are limited and quite a few from the deanery have already booked.

United Service: our next Parish service is on the 30th August at 5pm – more information to follow.

Cross Reach: please continue to pray for Bradfield, Mistley, Manningtree, Lawford as they seek a new minister for the team. Ian is preaching there at their united service at the end of the month.

Elm Park: the parish of Elm Park is vacant. It is where Ian was baptised and where his parents live. On the 23rd August he has been invited to preach there. Elm Park is near Hornchurch in Essex.

Baptised in August: Harley Hitching and Miley Louise Taylor

Married in August: Harry John Rhino Prosser and Emily Paige Howard; Luke Sean Tynan and Kayleigh-Jade Henniker

Departed in July: Ruth Oakley; John Peperell; Linda Louise Robbins; Hermijntje Lippett; Amy Pamela Amos; Paul Kenneth Jackson; Suzanne Denise Smith; Alan Roger Abbott.

St Michael's worship 9am each Sunday (Communion on the 2nd and 4th Sundays)

All Saints worship 10.30am each Sunday (Communion on the 1st and 3rd Sundays)

St Nicholas worship 10.30am each Sunday (Communion on the 2nd and 4th Sundays)

You should be able to access the hearing loop in each building – please let us know if you cannot

1st Sunday of every month: Prayer Book Evensong at St Nicholas at 5pm

2nd Sunday of the month: Pop Up church at St Michael's at 3pm

3rd Sunday of every month: Prayer and Praise at St Michael's at 5pm

4th Saturday of every month (except August and December): Messy Church in the Esplanade Hall from 2-4pm. Children must be accompanied by an adult.

1st Tuesday of every month: Hymns and Service at Don Thomson Residential Home at 11am

2nd Monday of every month: Hymns and Service at Lime Court Residential Home at 11am

For more information, please visit our social media: www.harwichparish.co.uk or www.achurchnearyou.com or our Facebook pages <https://www.facebook.com/HarwichPeninsulaParishCofE>. All Saints, St Michaels & St Nicholas or Messy Church at the Esplanade Hall