

Diary

Tues. 4th	N.B. No Coffee, Cake & Chat in St. Mary's Hall
Weds. 5th	N.B. No CAMEO until September
	N.B. No Holy Communion (BCP) at St. Mary's 7pm
	Bellringing Practice at St. Mary's
Thu. 6th	N.B. No Holy Communion (CW) at Holy Spirit
	N.B. No Tea & Cake at Holy Spirit
Fri. 7th	N.B. No Rainbows until September
	N.B. No Brownies until September
	N.B. No Choir Practice at St. Mary's Church
Sat. 8th	1pm Tabletop Sale at Holy Spirit Church

Notices

- 1. Family Services.** At Holy Spirit the All-Age Worship services are usually on the first Sunday of each month at 11am. The next one is today, Sunday 2nd August. The monthly Family Services at St. Mary's, 'Catch the 9.15!', are on the 3rd Sunday of each month. The next one is on Sunday 16th August.
- 2. PCC Meetings.** The next meeting of the PCC at Holy Spirit is at 7pm on Wednesday 9th September. The next meeting of the PCC at St. Mary's is at 7pm on Tuesday 15th September.
- 3. Tabletop Sale.** The next monthly Tabletop Sale at The Church of The Holy Spirit is this Saturday, 8th August, from 1pm. Please contact Liz Nicholls on **07719959391** or email **liznicholls@blueyonder.co.uk** for more information.
- 4. Easy Fundraising.** Don't forget, when shopping on-line, to use **www.easyfundraising.org.uk** to raise some extra money for St. Mary's at no cost to yourself. We now have **32** people supporting us. Our total raised so far is **£947.02**. Ask Andy King for more details. (**07708590704**)
- 5. Church News.** If you would like to be added to (or removed from) the weekly mailing list to receive the Church News and other messages via email, or to submit queries or notices for the Church News, please contact **andy@saintmarys.org.uk**.

Next Sunday

9th August 2026

10th Sunday After Trinity

St. Mary's:

9.15am	Holy Communion (CW)	
6.30pm	Evensong (BCP)	John Green
	1 Kings 11: 41 – 12: 20,	Acts 14: 8 – 20

Holy Spirit:

11am	Holy Communion (CW)
Communion Readings: Genesis 37: 1 – 4, 12 – 28, Romans 10: 5 – 15, Matthew 14: 22 – 33	

Team Rector:

Rev. Gerda van Ommeren, Email: reverendgerda@outlook.com
53 Whitsoncross Lane, Tamerton Foliot, PL5 4NT Tel. 629255
(N.B. Not available on Mondays)

Reader:

Carrie Tucker Tel. 767661 Email: carrieatucker29@gmail.com

Churchwardens at St Mary's:

Andrew King 4 Drakes Close, Derriford Mob. 07708590704
Susanne Burnett 25 Ashleigh Close, Tamerton Foliot Tel. 791587

Churchwarden at Holy Spirit:

Gwynneth Greenacre 4 Brockton Gardens, Roborough Tel. 775788

Safeguarding Contacts:

St. Mary's: Gill Camp Mob. 07763492286

Holy Spirit: Liz Nicholls Mob. 07719959391

Bank details: St Mary's:

Account name: PCC of Tamerton Foliot

Sort code: 30-96-68

Account number: 00503131

Holy Spirit:

Southway PCC

56-00-63

06604110

Church News



Holy Spirit,
Southway

www.saintmarys.org.uk

<https://holyspiritsouthway.org.uk>

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Saint Mary's,
Tamerton Foliot

Tamerton Foliot & Southway Team Ministry

2nd August 2026

9th Sunday after Trinity

Today's Services

St Mary's

9.15am Holy Communion (CW)
573, Sheet, 428, 68, 474

6.30pm Celtic Prayer
Acts 13: 1 – 13, John 6: 24 – 35
(CAHON) 69, 413, 54, 587

Holy Spirit

11am All Age Worship + Baptism: Sarah

Morning Readings: Genesis 32: 22 – 31, Romans 9: 1 – 5,
Matthew 14: 13 – 21

The Holy Spirit is the life and light of the Church. He pours upon God's people gifts of love, energy and knowledge of Christ. The resulting 'fruit' includes love, joy and peace. Let us pray that we will open our hearts afresh to the wind of the Spirit and become more fruitful in Christ's service.

Collect

Gracious Father, revive your Church in our day, and make her holy, strong and faithful, for your glory's sake in Jesus Christ our Lord. Amen.

Please remember in your prayers this week:

Those living in: Looseleigh Lane, Alwin Park, Barbury Crescent, Treago Gardens, Tiverton Close, Caldicott Gardens, Widewell Lane, Tavistock Road, Boundary Place, Hedingham Gardens, Wardour Walk, Prestonbury Close, Holne Chase, Whitehaven Way, Rifleman Walk, Dennis Camp Road, Fleetwood Gardens, Samuel Bassett Avenue, Clittaford Road, Southway Lane, Widewell Road, Little Fancy Close, Southway Drive, Launceston Close, Frewin Gardens, Langley Crescent, Butler Close, Langley Close, Lizard Close, Lizard Walk.

First Reading Genesis 32: 22 – 31

²² The same night [Jacob] got up and took his two wives, his two maids, and his eleven children, and crossed the ford of the Jabbok. ²³ He took them and sent them across the stream, and likewise everything that he had. ²⁴ Jacob was left alone; and a man wrestled with him until daybreak. ²⁵ When the man saw that he did not prevail against Jacob, he struck him on the hip socket; and Jacob's hip was put out of joint as he wrestled with him. ²⁶ Then he said, 'Let me go, for the day is breaking.' But Jacob said, 'I will not let you go, unless you bless me.' ²⁷ So he said to him, 'What is your name?' And he said, 'Jacob.' ²⁸ Then the man said, 'You shall no longer be called Jacob, but Israel, for you have striven with God and with humans, and have prevailed.' ²⁹ Then Jacob asked him, 'Please tell me your name.' But he said, 'Why is it that you ask my name?' And there he blessed him. ³⁰ So Jacob called the place Peniel, saying, 'For I have seen God face to face, and yet my life is preserved.' ³¹ The sun rose upon him as he passed Peniel, limping because of his hip.

Second Reading Romans 9: 1 – 5

¹ I am speaking the truth in Christ - I am not lying; my conscience confirms it by the Holy Spirit - ² I have great sorrow and unceasing anguish in my heart. ³ For I could wish that I myself were accursed and cut off from Christ for the sake of my own people, my kindred according to the flesh. ⁴ They are Israelites, and to them belong the adoption, the glory, the covenants, the giving of the law, the worship, and the promises; ⁵ to them belong the patriarchs, and from them, according to the flesh, comes the Messiah, who is over all, God blessed for ever. Amen.

Gospel Reading Matthew 14: 13 - 21

¹³ Now when Jesus heard this, he withdrew from there in a boat to a deserted place by himself. But when the crowds heard it, they followed him on foot from the towns. ¹⁴ When he went ashore, he saw a great crowd; and he had compassion for them and cured their sick. ¹⁵ When it was evening, the disciples came to him and said, 'This is a deserted place, and the hour is now late; send the crowds away so that they may go into the villages and buy food for themselves.' ¹⁶ Jesus said to them, 'They need not go away; you give them something to eat.' ¹⁷ They replied, 'We have nothing here but five loaves and two fish.' ¹⁸ And he said, 'Bring them here to me.' ¹⁹ Then he ordered the crowds to sit down on the grass. Taking the five loaves and the two fish, he looked up to heaven, and blessed and broke the loaves, and gave them to the disciples, and the disciples gave them to the crowds. ²⁰ And all ate and were filled; and they took up what was left over of the broken pieces, twelve baskets full. ²¹ And those who ate were about five thousand men, besides women and children.

'Come to Chch' What is missing?**

Coffee, Cake and Chat

A Community Group meets on the first Tuesday of each month in St. Mary's Church Hall from 10am to 12pm. It is a chance for anyone to come along for a coffee, some cake and a chat. There is none in August so the next one is on Tuesday 1st September.

Tea and Cake

A social group meets at The Church of The Holy Spirit, Southway from 2pm – 4pm on the first Thursday of the month. There is no meeting in August, so the next one is on Thursday 3rd September.

CAMEO (Come And Meet Each Other)

Cameo meets for Bible Study on Wednesdays at The Church of The Holy Spirit, at 10.30am. However, the group next meets on Wednesday 9th September.

Baptism Invitation

Shaun and Ella Brady would like to invite you all to Cassia Rose's Baptism on Sunday 23rd August at St. Mary's Church at 10am. This will be our monthly Team Service. This will be followed by tea and cake for everyone in the Church Hall.

A Parking Reminder

It has become usual for 2 cars to be parked by the east gate to St. Mary's church yard (by the oak tree). However, when this happens, access to the gate/path is severely restricted and people with pushchairs, or wheelchair users, are prevented from getting in. The PCC are asking that only 1 car is parked in this area at any one time, well back from the gates, so that ample room is left for pedestrian access. It's ok to drop off people with mobility difficulties there, but then please move the car to the car park. Thank you.

Contactless Giving

Unfortunately, there is a problem with the card reader at the back of St. Mary's Church. At the moment we are unable to accept contactless card payments to Church funds. When it is working, you can select one of the pre-set amounts, or you can select the exact amount you wish to donate. **Please select the Gift Aid option if you are a UK Taxpayer.** You can then select 'all future donations' so you only have to do this once. Meanwhile, bank details for both St. Mary's and Holy Spirit can be found on the back of this Newsletter.

Grant For Roof Repairs

Good news! Our initial grant application to help fund the necessary roof repairs at St. Mary's, to stop the leaks, has passed the first stage. Please continue to pray as we can now make a full application, with a deadline of this Friday, 7th August. We are extremely grateful to have received a generous pledge to cover the £5,000 contribution that is required if we are successful. Thank you.