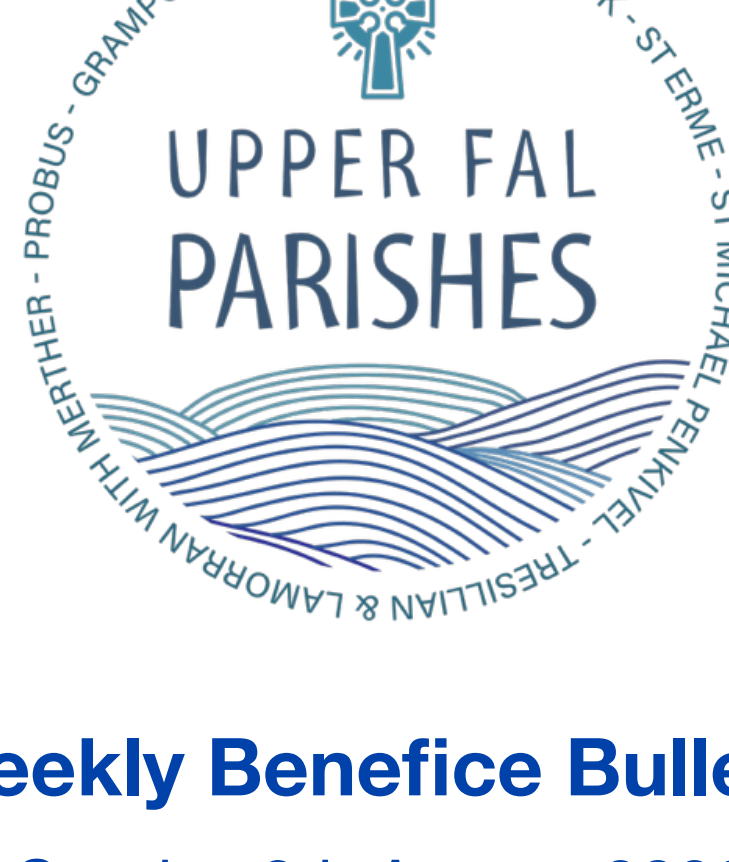


[View this email in your browser.](#)



Weekly Benefice Bulletin

Sunday 9th August 2026

Message from the Rector

Ow sos ger,

On Sunday we were reminded that God often reveals Godself through the very ordinary like yeast found in the kitchen, through bread and fish, the staples of a diet. We were also reminded that whenever the kingdom of heaven is experienced, it can grow from a tiny mustard seed and blossom into a fully grown tree spreading its benefits and blessings far and wide. We were also reminded that God doesn't choose to do everything on His own but chooses to include us in His mission thus demonstrating to the world - people, animals, environments—that all are loved.

We are all part of God's wonderful creation and have our own special unique space within it. We also have our own special responsibilities to own and to exercise. In the Church we call this discipleship. We are learning to love in the way that God loves - see [1 Corinthians 13](#). It takes practice, which is why we can call it a discipline, and it demands sacrifice, which is why we can also call it a virtue.

One ancient way of referring to disciples was as 'little Christs'. A quaint expression I am sure you'll agree. For me it captures the essence of a life being open to Christ, allowing Christ to influence and challenge us to love more generously and confidently. It is a little like when children are asked who they want to be when they grow up? They answer by naming someone famous through sports or music etc. We come to church wanting to grow and mature into the likeness of Christ. There is something about Christ that we have decided -probably many moons ago -that we would like to follow, emulate and prioritise in our own lives and perhaps even aspire towards.

Yesterday I was told the story of how when one was younger the school they attended offered its students the opportunity to serve or to sing. Everyone was expected to participate and contribute to the worship services. Of course, there was an expectation that what was learned through church would be taken into the rest of the school and family life. This is about taking responsibility for our own learning and implementing it into our own contexts.

It's a little like learning to read: we learn that squiggles seen all around us represent words, and soon we start to see that these squiggles share common traits, so we learn that words are made up of letters... When we recognise these we learn to apply the letters to make up our own words and stories... This is similar to what we do as disciples: we learn the basics or the principles, and then we take responsibility to apply our learning into the different areas of our lives. This is where a rhythm or rule of life helps me. I have already made the decision to follow the way of Christ, and the framework I use called a rhythm or rule helps to identify key areas toward which I really want to focus my responsibilities. For example, as a disciple I have committed to following the way of Christ, therefore, I have a responsibility to share that passion with others regardless of the role I inhabit.

As we continue thinking about our experience of being Kingdom Citizens perhaps there is an area that is calling out to you at this time? Perhaps you would like to take on a new role? There are opportunities in all our churches to serve and to sing! Do speak with a church warden or with myself if you would like to take this further.

Gras ha kres,
Caroline

PLEASE NOTE: VISION DAY is 10th OCTOBER (my apologies for wrong date last week)

This week's services

Sunday 6th August

Probus	9.30	Holy Communion	Sara / Brian
St Erme	9.30	Holy Communion	Caroline
Ladock	11.00	Holy Communion	Caroline
St Crida	11.15	BCP Communion	Pat
Tresillian	11.15	Holy Communion	Brian
Hawkins Arms Probus	4.30	Assembly Bangers	Nay and team

Next week's services

Sunday 16th August

Probus	9.30	Family Praise	Doug Horley and Caroline
St Erme	9.30	Holy Communion	Brian TBC
St Nun's	10.30	Parish Praise	Simon/William
Ladock	11.00	Holy Communion	TBC
Lamoran	15.00	Celtic Prayer	Pat

[Psalm 133](#)

[Romans 11: 1-2a, 29-32](#)

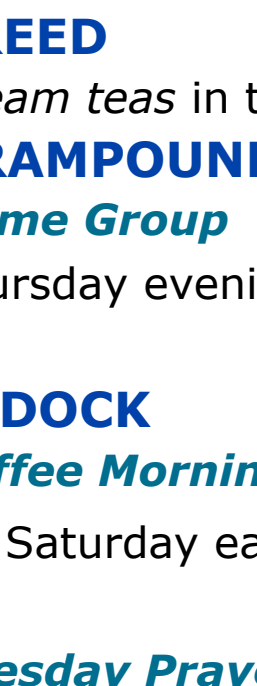
[Matthew 15: 21-28](#)

Children & Young People's Groups

Probus - Youth Group: Taking a summer break

Probus - Little Lights: Taking a summer break

Benefice notices



*Curious about the Christian faith?
Try Start!*

Start! is a relaxed six-week course for anyone who would like to explore Christianity and ask questions in a friendly, informal setting. No previous church experience or knowledge is needed, we start right at the beginning.

Each evening begins with a simple supper, followed by a short video and conversation together.

📅 Every Tuesday from 14 July to 18 August

📍 Location: The Sanctuary, Waggy Lane, Probus TR2 4JX

🕒 6.30pm – 8.30pm

Ideal for anyone exploring faith for the first time, people new to church, or those wanting to find out more about Christianity. For more information or to book a place email Rev Caroline: rector@probussteam.com

Across the Upper Fal Parishes

You are welcome to any and all these regular events across the parishes. Please keep a look out in the Bulletin for news and dates of 'pop up' events to take place around the Benefice.

CREED

*Cream teas in the summer months **more info to come!***

GRAMPOUND

Home Group

Thursday evenings for further details. Tel William 07767 203402

LADOCK

Coffee Morning at Ladock Village Hall

1st Saturday each month: 10-12noon

Tuesday Prayer Group

9am at St Ladoca Church.

Bell-ringing Practice

Alternate Wednesdays

Contact Jonathan for more info

LAMORAN

A service of evening prayer with refreshments after

3rd Sunday most summer months 3pm

PROBUS

Home Groups

Alternate weeks, Tuesday / Wednesday evenings

Tel Scott 07576 252664 (Tuesday group)

Tel Liz 07525 456434 (1st & 3rd Wednesday group)

Tots Praise

3rd Thursday each month: 9.30 - 11.30

This is a stay and play group for babies and toddlers. Once a month we share A Gospel story, sing and pray usually with bubbles.

Prayer Meeting

Friday's at 10.15am

TRESILLIAN

Lunch Group at Holy Trinity Church

1st Monday most months: 12 noon

Booking essential Tel Clare 01872 520198

TR2 Community Hub

Monday 10th August

Carer Cafe: 10am-12pm

Coffee Morning: 10am -12pm

Tuesday 11th August

Coffee Morning: 10am -12pm

Wednesday 12th August

More Move Group: 10am-12pm

Coffee Morning: 10am - 12pm

Community Larder: 2.30pm - 3:30pm

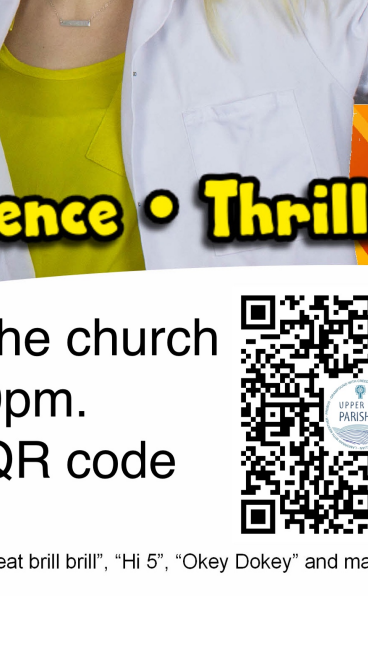
Friday 14th August

Coffee Morning: 9am - 11am

Saturday 15th August

Community Larder: 9:30am - 10:30am

Coffee Morning: 9:30pm - 10:30pm



MOVE MORE

Exercise for Falls Prevention

Your local hub provider is:

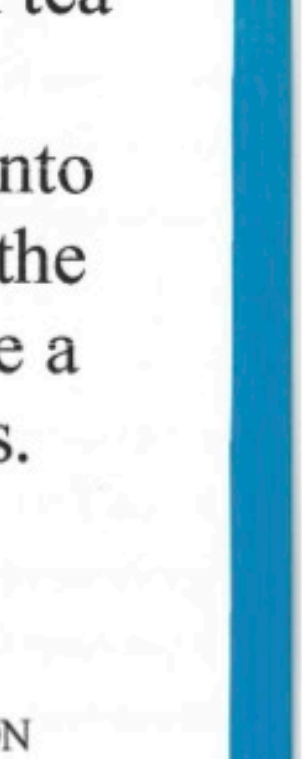
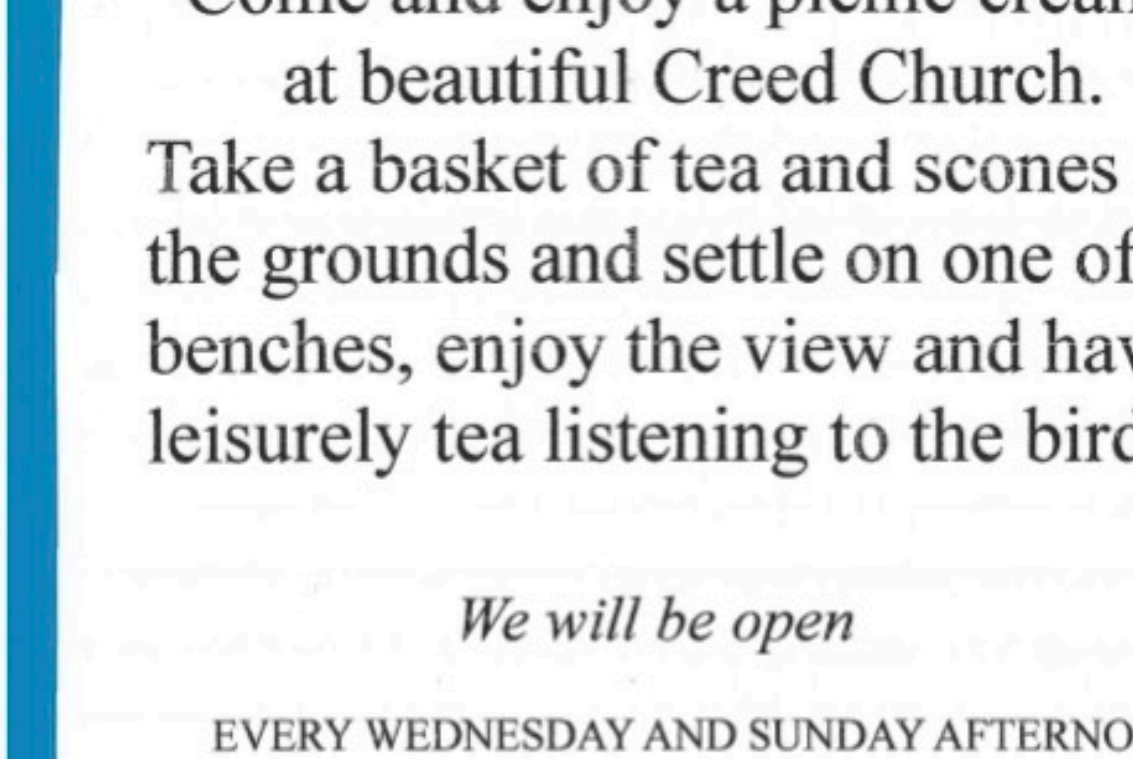


Date: Starting Weds 11th February 2026
Location: Probus Church, Probus, TR2 4JX
Time: 10:30am (Weekly)

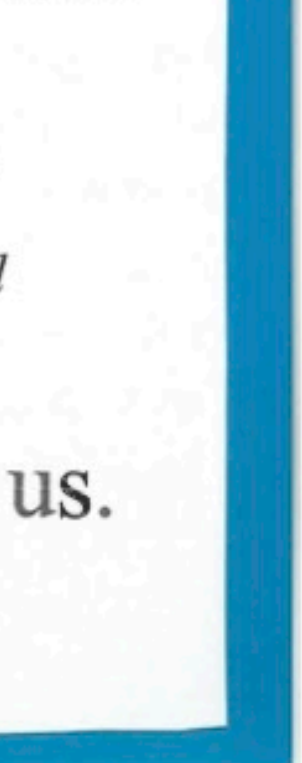
Contact: info@icareimove.com or call 0800 054 1118 for more information



Duggie Dug Dug @ Probus Church



Come and have lots of fun and join us in the church on Saturday 15th August 2pm - 3:30pm.
Event is free - registration required via QR code



www.duggiedugdug.com Duggie Dug, order of 'We want to see Jesus (that high)', 'Glad great tall tall', '10 5', 'Clay Clabey' and many other songs

Cream Teas @ Creed Church

CREAM TEAS AT CREED

Come and enjoy a picnic cream tea at beautiful Creed Church.

Take a basket of tea and scones into the grounds and settle on one of the benches, enjoy the view and have a leisurely tea listening to the birds.

We will be open

EVERY WEDNESDAY AND SUNDAY AFTERNOON
FROM 2.30 TO 5.00pm
During the summer months of June, July and August.
Starting on June 3rd.

If its wet, teas will be served in the Church.

Cost..... A basket for two will cost £10, with all proceeds going to Church funds.

Please come and support us.

Events and News from Mothers' Union in Cornwall

I am delighted to invite you and your congregation to a choral Evensong celebrating 150 years of the Mothers' Union at Truro Cathedral 4.00 - 5.15pm on Sunday 9th August 2026.

The Evensong kicks off two weeks of celebratory events, with a special exhibition on Mothers' Union banners in the cathedral - 'Love in Every Stitch' - from 11th - 22nd August. And don't forget the annual free Family Fun Day for under-10s from 10.00 - 15.00 on Wednesday August 19th :)

Please can you help publicise these events via your church notice boards, pew sheets and social media?

Thank you very much, and we look forward to a great fortnight celebrating this incredible milestone for a women-led membership organisation of 4 million members that started out with one small group in 1876!

Best wishes,
Judith

Judith Field,
Comms, Diocese of Truro Mothers' Union

Generosity and Stewardship Matters

Financially Supporting your church

The Parish Giving Scheme is our preferred method of receiving regular giving within the churches of Probus, Ladock & Grampond. If you haven't already transferred from other forms of giving then do check out how it works through the link [here](#) or by contacting your treasurer.

Please do consider whether this is a good time to review your regular giving at the church, or perhaps you would like to plan for a future donation and leave a gift in your will. The Church of England has produced guidance on legacy giving which you can find [here](#)

Newsletter Submissions

Please send your items by 5pm on **Tuesday 11th July at the latest** to Matthew at bulletin@probus.church and make sure the subject line clearly indicates that it is a newsletter submission.

Thank you.