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Weekly Benefice Bulletin

Sunday 23rd August 2026

Message from the Rector

Ow sos ger,

I have just watched some of the highlights from the European Championships for athletics, and some of you will know that I have been following the Hundred -cricket for those who don't have time on their hands to get into a 5 day match!

I am struck by how persistent individuals and teams need to be in order to attain the vision that they hold to succeed in their particular discipline. Individuals commit to keeping themselves up to date with any changes to the rules, they keep an ear out learning from others experience of tracks or fields at particular venues, they seek advice from a coach and take note of comments or insights that will help them to develop their skill/practice/discipline.

I suspect that Paul, when he writes to Timothy saying, "I have fought the good fight, I have finished the race, I have kept the faith"(2 Timothy 4:7) has just watched a good sporting event and perhaps likened his own endeavours in terms of faith to that of an athlete, realizing that both disciplines require steadfastness and faithfulness.

Paul writes in his letter to the Romans (5:2b-5),
"And we boast in the hope of the glory of God. Not only so, but we also glory in our sufferings, because we know that suffering produces perseverance; perseverance, character; and character, hope. And hope does not put us to shame, because God's love has been poured out into our hearts through the Holy Spirit, who has been given to us."

I want to encourage us all at this moment. As we rest in between all the festivals of the Church season, and we take time to attend tour own journeys of faith, we might be critical, or have many doubts, we may even feel unworthy, but underneath all of that I encourage you to remember that you are loved and cherished. And if you are feeling like this is an impossible thing to believe or to trust, might I remind us that God is faithful, God is love, and God seeks us. When we mess up, when we allow bitter feelings to rule our hearts, or we bear a grudge, or we are grumpy with the world and anyone who suggests an alternative way, we can repent and ask to be filled with God's Holy Spirit again.

We can take encouragement from the letter of James (1:12) when he tells us "Blessed is the one who perseveres under trial because, having stood the test, that person will receive the crown of life that the Lord has promised to those who love him."

Gras ha kres,
Caroline

Duggie Dug Dug Update

Thank you to everyone who supported our BIG mission outreach event this past weekend. It was so much fun watching as children ooo'd and aaa'd and got fully into sign-language and actions for the songs. I am looking forward to seeing how the music group incorporates some new songs into our regular worship 😊

This week's services

Thursday 20th August

Probus	12.00	Holy Communion	Caroline
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Sunday 23rd August

Probus	9.30	Holy Communion	Caroline
St Erme	9.30	BCP Morning Prayer	Pat
Ladock	11.00	Holy Communion	Sherry
St Crida	11.15	BCP Communion	Caroline
Tresillian	11.15		Pat
Ladock	18.00	BCP Evensong	Caroline

[Psalm 124](#)
[Romans 12:1-8](#)
[Matthew 16: 13-20](#)

Next week's services

Sunday 30th August

Probus	9.30	Praise & Worship + Baptism Baby Archie	Caroline
St Erme	9.30	Holy Communion	Pat
Tresillian	11.15	Holy Communion	Caroline
Ladock	11.00	Holy Communion	Roger Bush
St Crida's	11.15	BCP Holy Communion	Pat

[Psalm 105: 1-6, 23-26, 45b](#)
[Romans 12.9](#)
[Matthew 16: 21-28](#)

Children & Young People's Groups

Probus - Youth Group: Sunday 6th September, 6.00pm-7.00pm

Probus - Little Lights: Thursday 10th September, 9.30am-11.30am

Benefice notices

Across the Upper Fal Parishes

You are welcome to any and all these regular events across the parishes. Please keep a look out in the Bulletin for news and dates of 'pop up' events to take place around the Benefice.

CREED

Cream teas in the summer months *more info to come!*

GRAMPOUND

Home Group

Thursday evenings for further details. Tel William 07767 203402

LADOCK

Coffee Morning at Ladock Village Hall

1st Saturday each month: 10-12noon

Tuesday Prayer Group

9am at St Ladoca Church.

Bell-ringing Practice

Alternate Wednesdays

Contact Jonathan for more info

LAMORAN

A service of evening prayer with refreshments after

3rd Sunday most summer months 3pm

PROBUS

Home Groups

Alternate weeks, Tuesday / Wednesday evenings

Tel Scott 07576 252664 (Tuesday group)

Tel Liz 07525 456434 (1st & 3rd Wednesday group)

Tots Praise

3rd Thursday each month: 9.30 - 11.30

This is a stay and play group for babies and toddlers. Once a month we share A Gospel story, sing and pray usually with bubbles.

Prayer Meeting

Friday's at 10.15am

TRESILLIAN

Lunch Group at Holy Trinity Church

1st Monday most months: 12 noon

Booking essential Tel Clare 01872 520198

TR2 Community Hub

Monday 24th August

Coffee Morning: 10am -12pm

Tuesday 25th August

Coffee Morning: 10am -12pm

Wednesday 26th August

Coffee Morning: 10am - 12pm

Community Larder: 2.30pm - 3.30pm

Friday 28th August

Coffee Morning: 9am - 11am

Saturday 29th August

Community Larder: 9.30am - 10.30am

Coffee Morning: 9.30pm - 10.30pm

Cream Teas @ Creed Church

CREAM TEAS AT CREED

Come and enjoy a picnic cream tea at beautiful Creed Church. Take a basket of tea and scones into the grounds and settle on one of the benches, enjoy the view and have a leisurely tea listening to the birds.

We will be open

EVERY WEDNESDAY AND SUNDAY AFTERNOON
FROM 2.30 TO 5.00pm
During the summer months of June, July and August.
Starting on June 3rd.

If its wet, teas will be served in the Church.

Cost..... A basket for two will cost £10, with all proceeds going to Church funds.

Please come and support us.

Generosity and Stewardship Matters

Financially Supporting your church

The Parish Giving Scheme is our preferred method of receiving regular giving within the churches of Probus, Ladock and Grampound. If you haven't already transferred from other forms of giving then do check out how it works through the link [here](#) or by contacting your treasurer.

Please do consider whether this is a good time to review your regular giving at the church, or perhaps you would like to plan for a future donation and leave a gift in your will. The Church of England has produced guidance on legacy giving which you can find [here](#)



Newsletter Submissions

Please send your items by 5pm on Tuesday 25th July at the latest

to Matthew at bulletin@probus.church and make sure the subject line clearly indicates that it is a newsletter submission.

Thank you.