



St Mary the Virgin and All Saints Potters Bar

5th July 2026

The Fifth Sunday after Trinity

*A warm welcome to St Mary's,
especially if this is your first time here.*

Refreshments are served in the hall after the Sung Eucharist

TODAY'S SERVICES

8.00am **SAID EUCHARIST**

10.00am **SUNG EUCHARIST**

Old Testament Reading: Zechariah 9 vv 9-12 *This prophecy was fulfilled in Our Lord's entry into Jerusalem on the first Palm Sunday.*

New Testament Reading: Romans 7 vv 15-25a *Sin is responsible for the evil that human beings do; freedom from it only comes through the grace of God.*

Gospel: Matthew 11 vv 16-19, 25-30 *Jesus predicts judgement on those who reject him and claims a special relationship with God which he could share with others.*

Hymns: 383, 388, 310, 63, 376

Anthem: O praise the Lord - Batten

Our flowers this week have been arranged by Stephanie Maughan and donated by Shirley Baker in thanksgiving for the work of those who arrange our flowers week by week

The Week Ahead

Tuesday 9.00am Morning Prayer
12.30pm Recital by Joanna Lam (piano)
Light lunches available from 12 noon
5.00pm Evening Prayer
7.30pm Churches Together AGM at the Baptist Church

Wednesday 9.30am Said Eucharist
10.30am – 12 noon Church open for visitors
10.00am – 12 noon Carers' coffee morning in hall
5.00pm Evening Prayer

Thursday 9.30am Said Eucharist (BCP)
5.00pm Evening Prayer
7.30pm Said Eucharist
8.00pm PCC meeting

Friday 9.00am St John's School end of term service
5.00pm Evening Prayer (BCP)

Next Sunday is the **Sixth Sunday after Trinity**

8.00am Said Eucharist

10.00am **SUNG EUCHARIST**

*Guest Preacher: The Rt Revd Shourabh Pholia,
Bishop of the Diocese of Barisal, Church of Bangladesh*

4.00pm HYMNS and PIMM'S

(see next column for details)

The Eucharist readings will be: Isaiah 55 vv 10-13;
Romans 8 vv 1-11 and Matthew 13 vv 1-9, 18-23.

Parish Notices

Next Sunday at the 10.00am Sung Eucharist, we will have a guest preacher - the **Rt Revd Shourabh Pholia**, Bishop of the Diocese of Barisal and Deputy Moderator of the Church of Bangladesh. Bishop Shourabh is visiting the diocese during July, and we are privileged that he will be joining us. Please do come along to hear him and give him and his wife, the Revd Suchitra Behera, a warm welcome.

NEXT SUNDAY, instead of Evensong, we shall be having a "**Hymns and Pimm's**" service at the earlier time of **4.00pm**. This will be an opportunity to sing some favourite hymns and then have a glass of Pimm's or a soft drink afterwards. Please do invite family, friends and neighbours to join us for this informal act of worship.

If you could help with **preparing or serving the refreshments**, please have a word with Fr Stefan or Richard. You can **request a favourite hymn** to be sung at the service by using the sheet on the noticeboard at the back of the church. We may not be able to include all the requested hymns if there are a lot, which we are sure you will understand.

The Friendship Group will meet on **Monday 20th July** at 10.30am at the Oakmere Tea Rooms. All are welcome.

The Children's Society Could box holders please bring their boxes into church by **Sunday 26th July**?

Thank you – Anne Holt & Liz Perks

For your prayers

The sick Anna Downes, Carole Waller, Elizabeth Liney, Elizabeth Wiseman, Valerie Taylor, Francoise Groves-de-Milleret, Joan Golden, The Revd Cate Irvine, Robert Peters, Maureen Alderman, Alison Stevens, Ben Jones, Kirsty Edmunds, Marilyn Gibbs, Mary Healey

We also pray for Margaret Terry, Keith Downes, Jayne Hutton, Janet Daniels, Susan North, Pauline Phillips, Ron Golden, Sasha Burt, Tessa, Cyril Osborn, Nicola Stiff, Ricky Mella, David Evans, Richard Barnes, Dave Gough, Prussia Blake

The recently departed Vassos Stylianou, Margaret Hill

Those whose anniversary of death falls this week
Elsie Waterlow, Ronald North

Our parish We remember those who live in Coningsby Drive, Coopers Lane and Coopers Lane Road

We pray for those being ordained priest or deacon this weekend at St Albans Cathedral

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Our livestreamed services are available at:

www.facebook.com/stmaryspb

**THIS SHEET IS FOR YOU TO KEEP
PLEASE TAKE IT HOME WITH YOU**

Sunday 5 July 2026 Fifth Sunday after Trinity

COLLECT

Almighty and everlasting God,
by whose Spirit the whole body of the
Church is governed and sanctified:
hear our prayer which we offer for all
your faithful people,
that in their vocation and ministry
they may serve you in holiness and
truth
to the glory of your name;
through our Lord and Saviour Jesus
Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING Zechariah 9:9-12

A reading from the book of the prophet Zechariah.

Rejoice greatly, O daughter Zion!
Shout aloud, O daughter Jerusalem!
Lo, your king comes to you;
triumphant and victorious is he,
humble and riding on a donkey, on
a colt, the foal of a donkey. He will
cut off the chariot from Ephraim
and the war horse from Jerusalem;
and the battle-bow shall be cut off,
and he shall command peace to the
nations; his dominion shall be from
sea to sea, and from the River to the
ends of the earth. As for you also,
because of the blood of my covenant
with you, I will set your prisoners free
from the waterless pit. Return to your
stronghold, O prisoners of hope;
today I declare that I will restore to
you double.

Or **Genesis 24:34-38. 42-49. 58-end**

PSALM Psalm 145:8-15

R *Great is the Lord and highly to
be praised.*

The Lord is gracious and merciful,
long-suffering and of great goodness.
The Lord is loving to everyone
and his mercy is over all his creatures. **R**

All your works praise you, O Lord,
and your faithful servants bless you.
They tell of the glory of your kingdom
and speak of your mighty power, **R**

To make known to all peoples your
mighty acts
and the glorious splendour of your
kingdom.
Your kingdom is an everlasting
kingdom;
your dominion endures throughout all
ages. **R**

The Lord is sure in all his words
and faithful in all his deeds.
The Lord upholds all those who fall
and lifts up all those who are bowed
down. **R**

SECOND READING

Romans 7:15-25a

*A reading from the letter of Paul to
the Romans.*

I do not understand my own actions.
For I do not do what I want, but I do
the very thing I hate. Now if I do what
I do not want, I agree that the law is
good. But in fact it is no longer I that
do it, but sin that dwells within me.
For I know that nothing good dwells
within me, that is, in my flesh. I can
will what is right, but I cannot do it.
For I do not do the good I want, but
the evil I do not want is what I do.
Now if I do what I do not want, it is no
longer I that do it, but sin that dwells
within me. So I find it to be a law that
when I want to do what is good, evil
lies close at hand. For I delight in the
law of God in my inmost self, but I see
in my members another law at war
with the law of my mind, making me
captive to the law of sin that dwells
in my members. Wretched man that
I am! Who will rescue me from this
body of death? Thanks be to God
through Jesus Christ our Lord!

GOSPEL

Matthew 11:16-19. 25-end

*Hear the gospel of our Lord Jesus
Christ according to Matthew.*

At that time Jesus said, "To what will I
compare this generation?
It is like children sitting in the market-
places and calling to one another,
'We played the flute for you, and you
did not dance; we wailed, and you did
not mourn.' For John came neither
eating nor drinking, and they say, 'He
has a demon'; the Son of Man came
eating and drinking, and they say,
'Look, a glutton and a drunkard, a
friend of tax-collectors and sinners!' Yet
wisdom is vindicated by her deeds.
I thank you, Father, Lord of heaven
and earth, because you have hidden
these things from the wise and the
intelligent and have revealed them to
infants; yes, Father, for such was your
gracious will. All things have been
handed over to me by my Father;
and no one knows the Son except the
Father, and no one knows the Father
except the Son and anyone to whom
the Son chooses to reveal him. Come
to me, all you that are weary and are
carrying heavy burdens, and I will give
you rest. Take my yoke upon you, and
learn from me; for I am gentle and
humble in heart, and you will find rest
for your souls. For my yoke is easy,
and my burden is light."

POST COMMUNION

Grant, O Lord, we beseech you,
that the course of this world may be
so peaceably ordered by
your governance,
that your Church may joyfully serve
you in all godly quietness;
through Jesus Christ our Lord.

