

Collects this week

Almighty Lord and everlasting God,
we beseech you to direct, sanctify and
govern both our hearts and bodies
in the ways of your laws
and the works of your commandments;
that through your most mighty protection,
both here and ever,
we may be preserved in body and soul;
through our Lord and Saviour Jesus Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
(or)
Lord God,
your Son left the riches of heaven
and became poor for our sake:
when we prosper save us from pride,
when we are needy save us from despair,
that we may trust in you alone;
through Jesus Christ our Lord.

Almighty God,
whose Son restored Mary Magdalene
to health of mind and body and called her
to be a witness to his resurrection:
forgive our sins and heal us by your grace,
that we may serve you in the power of his
risen life;
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

Merciful God,
whose holy apostle Saint James,
leaving his father and all that he had,
was obedient to the calling of your Son
Jesus Christ
and followed him even to death:
help us, forsaking the false attractions of
the world,
to be ready at all times to answer your call
without delay;
through Jesus Christ your Son our Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

For those in need

Sarah Davis, Kelly Sanderson, Stephen
Milner, Eric Dunstan, Beverley Reaney, Ann
Kuczak, Teresa Nicholls, Lindsay Richards,
Neil Flood, Richard Howells, Wendy
Goodwin, David Bowman, Corrina Brooks,
Francis Berryman, Margaret Johnson

For those who have recently died

Eileen Linsey, Muriel Hallatt, Maureen
Eagling, Rebecca Ormian

Those whose years mind falls at this time

Barry Howard, June Southard

Nar Valley Benefice Pew News

19th July 2026

This Sunday: 19th July Trinity 7 (green)

9.30am Eucharist at Castle Acre

The Scriptures are:
Isaiah 44.6-8 & Matthew 13.24-30,36-43
Hymns:563, 479, 190(omit *verses) EP:G

11am Eucharist at Narborough

The Scriptures are:
Isaiah 44.6-8 & Matthew 13.24-30,36-43
Hymns: 563, 479, 732 EP: G

6pm Traditional Evensong at West Acre

The scriptures are: Psalm 67
1 Kings 2.10-12, 3.16-28 & Acts 4.1-22
Hymns: 628, 181

Wednesday 22nd July

Mary Magdalene (white)

6pm in Pentney

Patronal Evening Praise

The scriptures are: Psalm 63
Zephaniah 3.14-end & Mark 15.40 –16.7

Thursday 23rd July

Bridget of Sweden (green)

9.30am in Narborough

said Eucharist

The scriptures are: Jeremiah
2.1-3,7-8,12-13 & Matthew 13.10-17

Saturday 25th July

St James the great (red)

11am in Castle Acre Church

Patronal Eucharist

The scriptures are:
Acts 11.27 – 12.2 & Matthew 20.20-28

4pm Traditional Evening Prayer in Narford Church

Next Sunday: 26th July

Trinity 8 (green)

8.30am at West Acre

Said Traditional Holy Communion

The scriptures are: Romans 8.26-end
& Matthew 13.31-33,44-52

9.30am at Castle Acre Eucharist

The Scriptures are: Romans 8.26-end
& Matthew 13.31-33,44-52
Hymns: 628, 280, 19. EP:G

11am at Pentney Morning Praise

The Scriptures are: Psalm 119.129-136
Romans 8.26-end & Matthew 13.31-33,44-

Welcome to all

We are always welcome in God's house and greet one another with joy.
Just before worship, we quieten ourselves to be met by God in prayer, word, and sacrament.

Children

We love it when babies or children of any age come to church. We do not expect them to impersonate adults. Please feel relaxed if they wander about. In both Castle Acre and Narborough there are dedicated children's spaces in the worship area and quiet rooms at the back of church. Do use them if they are a help to you.

Safeguarding

We are committed to safeguarding children, young people and adults from harm. We follow the House of Bishops' guidance and policies.

Each church has its own Parish Safeguarding Officer (PSO):

Castle Acre

Dr Ilga Chakrabarti (01760 755368)

Narborough with Narford

Liz Collins (01760 337403)

Newton and West Acre

Clare Levere (07709232851)

Pentney

Andrew Smith (01760 755102)

South Acre

James Stephenson (01760 337901)

Contact our Diocesan safeguarding team
safeguarding@dioceseofnorwich.org or
01603 882345

Sue Brice, diocesan safeguarding advisor
sue.brice@dioceseofnorwich.org or
07958377079

If you have immediate concerns about the safety of someone, please contact the police and your local authority's children or adult social care services.

Hearing aids

There are hearing loop systems in Castle Acre, Narborough, & Pentney Churches.

Contact details

Please fill in a form. Then hand it to Mother Angela, her husband, or a churchwarden.

Mother Angela is happy to be contacted on her landline **01760 338552** or by email **narvalleyrector@hotmail.com**
Her usual rest day is Friday.

Churchwardens for each church may be rung at home. They are all volunteers.

Castle Acre:

Lloyd Taylor 07907 525988

(Anne Loch 01760 755403)

Narborough:

Vacant

Newton:

Tony Bell 01760 755506

Pentney

Sue Neep 01760 338037

Andrew Smith 01760 755102

South Acre:

(Davina Barber 07967369573)

West Acre:

Henry Birkbeck 01760 755254

Notices

Anybody helping in Church in any capacity is encouraged to get some **safeguarding training**. Your Parish Safeguarding Officer can help you join a free online course. But for those who don't use the internet, there will be local in-person training at Castle Acre Village Hall on **Monday Sept 21st**. **Book a place as soon as possible**. Contact Ilga Chakrabarti or your Church Wardens.

Narford Church will be open **each Saturday in July** from 9.30am and will close after Traditional Evening Prayer at 4pm. Do visit during the day and/or join worship.

July 19th 3.30pm Big heart and soul choir
in Castle Acre church -tickets for sale

July 22nd St Mary Magdalene Pentney
6pm Evening Praise and Refreshments.

July 25th St James Castle Acre
11am Eucharist 12.30 Buffet lunch

9.30am August 2nd Elinor, Community Partnership Manager for the East of England Leprosy Mission, will give a presentation and speak on the work of the **Leprosy Mission at Morning Praise**

22nd-23rd August across our benefice
'Everyone has a story'

If you are prepared to help, please speak to your warden or to Mother Angela. Do add your story to the wooden box in your church and consider who you might invite.

Thanks

A big thank you to all those who care for our churchyards. They are places of peace honouring our loved ones and all creation.