



St Mary's
Parish Church
Frinton 2026

But thank God!

He has made us his captives and continues
to lead us along in Christ's triumphal procession.
Now he uses us to spread the knowledge of Christ
everywhere, like a sweet perfume.

2 Corinthians 2:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends, old and new.

Sunday, 5th July 2026

Parish Church Services (Sunday only)

Sunday 9:30am **Traditional Service - CW**

Zechariah 9:9-12 & Matthew 11:16-19, 25-30

Sunday 11am **All-Age Service (also livestreamed) (HC)**

Matthew 11:16-19, 25-30

Old Church Services

Sunday 6:30pm **Evening Service - BCP (HC)**

Wednesday 8th, 11am **Service of the Word**

Hearing
Loop
available



Access via
the Old
Road
Entrance



Our toilets are located by
the Old Road entrance



Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the **Church Office**.

Tel: **01255 679164** Email: **Office@stmarysfrinton.org** Website: **www.stmarysfrinton.org**

Prayer requests for our **CHURCH PRAYER CHAIN**: ring Stewart & Mary Wilson: **01255 814 594**

~ A group of church members who will pray, in complete confidence, for serious situations ~

NEVER
DOUBT THE
POWER
OF PRAYER

For our prayers during the week ...

... those who are unwell, and those who care for them:

David Allen, Anne Davis, Cheryl Eden, Margaret Knell, Jenny Kyriacou, Philip Kyriacou, Euan Macfarlane, Jenny Phillips, Tony Stubbs, Brian Thornton, Carole Unsworth, Sylvia Wells, Daphne West, Cate Wilby, Wendy Willis.



Every day, London City Missionaries meet people living with uncertainty, fear, and fading hope. Please pray for the YOUNG PEOPLE and CHILDREN of London who live in marginalised communities. Hackney and Tower Hamlets both have a child poverty rate of more than 45%. In Hounslow, one of London's most deprived areas, many council-run youth centres are closed due to lack of funding. Teenagers are left without safe spaces, support or community structures.

Please pray for opportunities for LCM Missionaries to work with London churches, encouraging them to reach out to young people, and supporting them in sharing the transforming love and power of the gospel of Jesus Christ.

Lesley Holland

Fundraiser Guest Dinner with Bishop Guli Francis-Dehqani on Saturday 13th June 2026

We are pleased to report that our Fundraiser Dinner was a great success. After all expenses were paid, the total profit came to **£1,380**, including **£400** from the retiring collection. Our thanks go to everyone who contributed to the evening, and to all who attended. As agreed, **£200** was donated to Bishop Guli's chosen charity on the night, **The Housing Justice Charity**.

Peter Wood

Frinton in Bloom judges will be making their annual visit to view all our beautiful gardens on Friday 10th July. Our lovely Old Church garden is included in this review, and has been awarded many prizes over the years. It would be wonderful if anyone who is available could get together from 9-12 noon on **Friday 3rd July** to help tidy up both the front and back of the Old Church gardens. Drinks and snacks provided! Please let me know if you can come.

Tricia Hamilton

Women of Worth: All ladies are welcome to come and join us on

Wednesday 22nd July at 7pm in church for a talk from Russ Palmer. His subject will be "How deaf-blindness has shaped my life, music perception, communication, and research".

Light refreshments will be available.

We do hope you will be able to join us, and would be grateful if you would kindly confirm your attendance through ChurchSuite or let one of us know. **Barbara B, Chris, Judy, Marilyn & Tricia**

90
plus

Over 90's Group

Please note that our *Over 90's Group* will meet on **Monday 6th July at 3pm** in the Church Lounge for tea, cake, and a chat. It will be great to see anyone in this age group, so please do join us. Contact Reception, if you'd like to know more, otherwise we look forward to seeing you there.

Ruth and Tricia



Just three weeks to go!

Frinton Mission 2026 starts officially on **Sunday 26th July**, with an opening service at the Greensward marquee at 5pm.

An evangelistic summer mission has been held in Frinton for more than a 100 years, with local churches (FACT, now CCT) taking over organisation from Scripture Union & CSSM in 1993.

Christian volunteers from local churches, and further afield, work together with guests to provide a week of sharing the Good News of God's love for everyone, through a wide range of enjoyable events, along with worship and prayer, around Frinton and Walton, for children, youth, and adults. It all takes place in the beautiful surroundings of sea, beaches, Greensward, local amenities, and churches.

Thank you to everyone who volunteered to help in any way. We now have enough volunteers to welcome the children! If you can't join a team, please pray for God's guidance about how to be involved and what to attend, and for his presence over every aspect of Frinton Mission.

Remember you can join others to pray during the mission, from Monday to Friday at 8:15am in St Cedd's Hall in Old Road (opposite side to, and a bit further down from, the fish & chip shop). Everyone is welcome!

Tricia Hamilton

ONLY TWO MORE SUMMER CONCERTS 2026: Thursdays at 1:15pm

Light lunches (*supplied by Lilley's Bakery*) in the Church Hall: 12:00 - 1:00pm

9th July - Cello & Piano: Rebecca Welham & Therese Miller

16th July - Piano: Siqian Li



Concerts are free, with a retiring collection

shared between Walton FoodBank & St Mary's Parish Church

Wednesday 11am Old Church Services

22nd July (HC) will be the final regular mid-week service, until 2nd September (HC).

Bring Your Own Picnic!

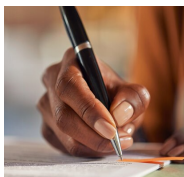
On **Sunday 12th July**, after the 11am Service has finished, we will have a *Bring Your Own Picnic* for everyone, in the church garden. Tea/coffee and cold drinks will be available as normal.

Please bring your own chair or picnic blanket.

A small number of chairs from the hall will be available for those who need them.



Don't forget our Sunset Services will start at the slightly later time than our usual evening services, **7pm, beginning on 9th August**. Do come and join us, with friends/family on holiday, and seaside visitors, at the Old Church, for an informal summer service of hymns, talk, and testimony. Everyone is welcome!



Our Rector Funmilayo is writing a letter to the members of our Church each month in 2026. These letters appear on our website. Just click on [this link](https://www.stmarysfrinton.org/focus1.htm) or go to <https://www.stmarysfrinton.org/focus1.htm> to read what she has to say this month. If you don't have access to the internet, simply contact the Church Office and ask to read a paper copy.

During the Week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all are welcome

Monday 6 th	Over 90's Group 3pm Gethsemane Prayer Walk 7:30pm
Wednesday 8 th	Wednesday Group 10am Service of the Word 11am
Thursday 9 th	Smallsorts 10am Summer Concert 12:15 for 1:15pm Knit & Natter 1:30pm
Friday 10 th	Coffee Morning 10am Missionary Prayer Meeting 10am Choir Practice 6pm
Saturday 11 th	Men's Breakfast 8:30am



Sunday 12th July

9:30am Traditional Service - CW (HC)

11am All-Age Service (also livestreamed)

6:30pm Evening Service - Old Church - BCP

Rotas for 2026 available on ChurchSuite. [Logins](#) available upon request.

Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift.' It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



DATES FOR YOUR DIARY

Frinton Mission - Sat. 25th July to Sun. 2nd August

~ CHURCH CLOSED FOR NORMAL USE ~

Sunset Services - begin Sun. 9th August, 7pm in the Old Church

SIGN UP FOR OUR Alpha Course - beginning Tues. 15th September, 7pm



Noticesheet Items: please submit to the **Church Office** by noon Tuesday, via office@stmarysfrinton.org

Join a Homegroup: Heather Ursell - **07882 402 768**

Sunday Media & PowerPoint items: email to the church office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org