

The Parish of Mill End and Heronsgate with West Hyde
Sixth Sunday after Trinity: 12th July 2026

Welcome!

Hearing Loop - A hearing loop system is installed at St Thomas' and St Peter's Churches, please set your hearing aid to the 'T' setting.

Large Print Service Booklets & pewsheets are also available – please ask the sidesperson if you would prefer one.

Gluten Free Wafers - Please let a sidesperson know if you require a Gluten Free communion wafer before the start of the service.

ENTRANCE HYMN: Ancient & Modern (A&M) 587

COLLECT: Merciful God, you have prepared for those who love you such good things as pass our understanding: pour into our hearts such love toward you that we, loving you in all things and above all things, may obtain your promises, which exceed all that we can desire; through Jesus Christ our Lord. **Amen**

NEW TESTAMENT READING: *Romans 8:1-11*

¹There is now no condemnation for those who are in Christ Jesus. ²For the law of the Spirit of life in Christ Jesus has set you free from the law of sin and of death. ³For God has done what the law, weakened by the flesh, could not do: by sending his own Son in the likeness of sinful flesh, and to deal with sin, he condemned sin in the flesh, ⁴so that the just requirement of the law might be fulfilled in us, who walk not according to the flesh but according to the Spirit. ⁵For those who live according to the flesh set their minds on the things of the flesh, but those who live according to the Spirit set their minds on the things of the Spirit. ⁶To set the mind on the flesh is death, but to set the mind on the Spirit is life and peace. ⁷For this reason the mind that is set on the flesh is hostile to God; it does not submit to God's law – indeed it cannot, ⁸and those who are in the flesh cannot please God. ⁹But you are not in the flesh; you are in the Spirit, since the Spirit of God dwells in you. Anyone who does not have the Spirit of Christ does not belong to him. ¹⁰But if Christ is in you, though the body is dead because of sin, the Spirit is life because of righteousness. ¹¹If the Spirit of him who raised Jesus from the dead dwells in you, he who raised Christ from the dead will give life to your mortal bodies also through his Spirit that dwells in you.

This is the word of the Lord

GRADUAL HYMN: A&M 533

GOSPEL READING: *Matthew 13:1-9,18-23*

¹Jesus went out of the house and sat beside the lake. ²Such great crowds gathered around him that he got into a boat and sat there, while the whole crowd stood on the beach. ³And he told them many things in parables,

saying: 'Listen! A sower went out to sow. ⁴And as he sowed, some seeds fell on the path, and the birds came and ate them up. ⁵Other seeds fell on rocky ground, where they did not have much soil, and they sprang up quickly, since they had no depth of soil. ⁶But when the sun rose, they were scorched; and since they had no root, they withered away. ⁷Other seeds fell among thorns, and the thorns grew up and choked them. ⁸Other seeds fell on good soil and brought forth grain, some a hundredfold, some sixty, some thirty. ⁹Let anyone with ears listen!

¹⁸Hear then the parable of the sower. ¹⁹When anyone hears the word of the kingdom and does not understand it, the evil one comes and snatches away what is sown in the heart; this is what was sown on the path. ²⁰As for what was sown on rocky ground, this is the one who hears the word and immediately receives it with joy; ²¹yet such a person has no root, but endures only for a while, and when trouble or persecution arises on account of the word, that person immediately falls away. ²²As for what was sown among thorns, this is the one who hears the word, but the cares of the world and the lure of wealth choke the word, and it yields nothing. ²³But as for what was sown on good soil, this is the one who hears the word and understands it, who indeed bears fruit and yields, in one case a hundredfold, in another sixty, and in another thirty.'

OFFERTORY HYMN: A&M 276

COMMUNION HYMN: A&M 259

POST COMMUNION PRAYER: God of our pilgrimage, you have led us to the living water: refresh and sustain us as we go forward on our journey, in the name of Jesus Christ our Lord. **Amen**

RECESSIONAL HYMN: A&M 719

A Prayer for Ukraine

God of peace and justice,
we pray for the people of Ukraine today.
We pray for peace and the laying down of weapons.
We pray for all those who fear for tomorrow,
that your Spirit of comfort would draw near to them.
We pray for those with power over war or peace,
for wisdom, discernment and compassion to guide their decisions.
Above all, we pray for all your precious children, at risk and in fear,
that you would hold and protect them.
We pray in the name of Jesus, the Prince of Peace. Amen.



Our churches have a candle lit, asking for the intercession of Blessed Mary for the people of Ukraine and all caught up in this conflict. The candles will remain lit and our prayers will continue whilst the war rages.

Diary for this week:

Mon 13th July

4-5.15pm Pete's Café trial session in the Parish Hall
8.00pm Symeons meet in the Parish Hall

Wed 15th July

Swithun, bishop

9.30am Said Eucharist at St Peter's

Sun 19th July

Trinity 7

9.30am Said Eucharist at St John's

9.30am Sung Eucharist at St Thomas'

11.00am Sung Eucharist at St Peter's followed by coffee in the Parish Hall

12.30pm Christening Service at St Peter's: Luca & Amelia-Chanelle

All items for inclusion in the weekly pewsheets must be forwarded to the parish office by Thursday morning at the latest.

Pete's Café returns. The café will hold 3 'taster' sessions for St Peter's School Year 6 leavers on Mondays 29th June, 6th and 13th July, then starting weekly in the Autumn Term on Monday 7th September. Opening hours are 4-5.15pm. Venue is the Parish Hall. Are you available to come and help set up / serve drinks and snacks and be a listening ear for a young person? Helpers arrive from 3.15pm onwards for set up. Please contact Chris Walton if you want to sign up or know more:
chrism.walton@btopenworld.com / 07931 717975.

Junior Church - the next meeting will be Sunday 6th September (no meeting in August), during the 11am All Age & Band Service at St Peter's; please invite any families with children to join us.

The Why? Group – We meet fortnightly on a Wednesday, 12.30pm for a simple lunch, bible study and discussion. Our next meeting will be Wed 22nd July. Enquiries via the Parish Office. All welcome, always

Keyboard players: are there any instrumentalists (particularly keyboard players), that might be interested in playing the keyboard to accompany hymns for our Sunday services. Please speak to our Wardens or Mark if you are able to help.

The Bishop of St Albans' Garden will open for 4 dates in summer – come and wander around the two-acre city centre oasis. All proceeds support the **Beds & Herts Historic Churches Trust**.

Final two dates: 12th & 19th July; **Time:** 2–4pm; **Location:** Abbey Gate House, Abbey Mill Lane, AL3 4HD; **Entry:** £5 per adult. Dogs on leads welcome, no toilet facilities.

Prayers: For **Olivia & Isabella** and **Luca & Amelia-Chanelle** being christened in July.

For the **sick at home or in hospital**, especially those on our sick list –

Robert Clarke, Diane Pitts, Maria Mason, Ian Carpenter, Johanne Watson, David Gasper, Nigel Bunce, Sylvia Ball, Michael Ansell, Val Fear, Alison Sealy, Sylvia Carter, Raymond Williamson, Alan Wills, Duncan Woods.

For the **repose of the souls of: and those whose anniversaries fall at this time:**

Phyllis Cole, Ellen Butler, Gladys Cassidy, Alan Briscoe, Frederick Cunningham, Eva Brown.

Please let us know if anyone is sick, in hospital, bereaved or in need of a visit: Mark Harris, vicar  marknzharris@gmail.com or Elaine, Parish Office  01923 772785,  office.parish@btinternet.com (office open – Mon-Fri 9am-12pm) Web site: <https://www.achurchnearyou.com/benefice/32-180BX/>

Do You Need Help? If you need help of any sort, no matter how small, please contact your Pastoral Care co-ordinators and they will put you in touch with someone who will do what they can to help you.

St. Peter's: Dianne Harris 01923 283600(h) 07887 387222(m)

dianneharris@live.co.uk

St. Thomas's: Elizabeth Woods 01923 462618(h) 07752 416434(m)

elizabethannwoods37@gmail.com

Safeguarding: Safeguarding (ensuring the care and welfare of children and vulnerable adults) is a responsibility we all share. There are information cards at the back of church which you are welcome to pick up which give useful information: contact numbers and websites for information and support. Parish Safeguarding Officer: safeguarding@mehwh.org.uk