

FOOD BANK APPEAL

**Can you help with the shortages
for our food bank?**

Tinned fish

Tinned meat

Tinned potatoes

Ready made custard

Semi-skimmed long life milk

Squash

Fruit juice

Jam

Toilet roll



DONATIONS CAN BE DROPED OFF:

@ ST HELEN'S CHURCH

@ ST LUKE'S CHURCH

THE CHURCH @MONTROSE

COURT