

Sunday 5 July 2026 Fifth Sunday after Trinity

COLLECT

Almighty and everlasting God,
by whose Spirit the whole body of the
Church is governed and sanctified:
hear our prayer which we offer for all
your faithful people,
that in their vocation and ministry
they may serve you in holiness and
truth
to the glory of your name;
through our Lord and Saviour Jesus
Christ,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.

FIRST READING Zechariah 9:9-12

A reading from the book of the prophet Zechariah.

Rejoice greatly, O daughter Zion! Shout
aloud, O daughter Jerusalem! Lo, your
king comes to you; triumphant and
victorious is he, humble and riding
on a donkey, on a colt, the foal of
a donkey. He will cut off the chariot
from Ephraim and the war horse from
Jerusalem; and the battle-bow shall be
cut off, and he shall command peace
to the nations; his dominion shall be
from sea to sea, and from the River to
the ends of the earth. As for you also,
because of the blood of my covenant
with you, I will set your prisoners free
from the waterless pit. Return to your
stronghold, O prisoners of hope; today
I declare that I will restore to you
double.

Or **Genesis 24:34-38. 42-49. 58-end**

PSALM Psalm 145:8-15

R *I will exalt you, O God my king,
[and bless your name for ever].*

The Lord is gracious and full of
compassion,
slow to anger and of great kindness.
The Lord is loving to everyone
and his compassion is over all his
works.
All your works praise you, O Lord,
and your faithful servants bless you. **R**
They make known the glory of your
kingdom
and speak of your power;
That the peoples may know of your
power
and the glorious splendour of your
kingdom.
Your kingdom is an everlasting
kingdom;
your dominion endures throughout all
ages. **R**

The Lord is faithful in all his words
and merciful in all his deeds.
The Lord upholds all those who fall;
he lifts up those who are bowed
down. **R**

SECOND READING

Romans 7:15-25a

A reading from the letter of Paul to the Romans.

I do not understand my own actions.
For I do not do what I want, but I do
the very thing I hate. Now if I do what

I do not want, I agree that the law is
good. But in fact it is no longer I that
do it, but sin that dwells within me. For
I know that nothing good dwells within
me, that is, in my flesh. I can will what
is right, but I cannot do it. For I do not
do the good I want, but the evil I do
not want is what I do. Now if I do what
I do not want, it is no longer I that do
it, but sin that dwells within me. So I
find it to be a law that when I want to
do what is good, evil lies close at hand.
For I delight in the law of God in my
inmost self, but I see in my members
another law at war with the law of
my mind, making me captive to the
law of sin that dwells in my members.
Wretched man that I am! Who will
rescue me from this body of death?
Thanks be to God through Jesus Christ
our Lord!

GOSPEL

Matthew 11:16-19. 25-end

*Hear the gospel of our Lord Jesus
Christ according to Matthew.*

At that time Jesus said, "To what will
I compare this generation? It is like
children sitting in the market-places
and calling to one another, 'We played
the flute for you, and you did not
dance; we wailed, and you did not
mourn.' For John came neither eating
nor drinking, and they say, 'He has a
demon'; the Son of Man came eating
and drinking, and they say, 'Look, a
glutton and a drunkard, a friend of

tax-collectors and sinners!' Yet wisdom
is vindicated by her deeds. I thank
you, Father, Lord of heaven and earth,
because you have hidden these things
from the wise and the intelligent and
have revealed them to infants; yes,
Father, for such was your gracious will.
All things have been handed over to
me by my Father; and no one knows
the Son except the Father, and no
one knows the Father except the Son
and anyone to whom the Son chooses
to reveal him. Come to me, all you
that are weary and are carrying heavy
burdens, and I will give you rest. Take
my yoke upon you, and learn from me;
for I am gentle and humble in heart,
and you will find rest for your souls.
For my yoke is easy, and my burden is
light."

POST COMMUNION

Grant, O Lord, we beseech you,
that the course of this world may be so
peaceably ordered by your
governance,
that your Church may joyfully serve you
in all godly quietness;
through Jesus Christ our Lord.