

# “The Newsletter”

For MARTLESHAM & BRIGHTWELL

Sunday 21 June 2026



## Luke 13:20-21

*And again, Jesus said, ‘To what should I compare the kingdom of God? It is like yeast that a woman took and hid in three measures of flour until all of it was leavened.’*

The above reading was part of the morning prayer readings for Tuesday, and it jumped out at me. Firstly, because of the implication that this was women’s work – the cooking. But I can reconcile that because in Jesus’ time things were different. I don’t think he is making a political statement here.

But also, because of the amount of flour. Three measures is described as 27 kilograms in the NIV translation. A lot of flour! And finally, because of the way that the yeast is described as being hidden in the flour. That’s what the Greek says, and is an alternative to what is usually given as mixed.

What I believe Jesus is saying is that a lot of what we as Christians do is not the full on evangelising – standing on street corners shouting about Jesus (although that can be valid). It seems that a lot of what we do is quietly done – hidden even. Not hiding who we are but showing through our lives that Jesus makes a difference in the way we live, the way we speak, the way we act.

How might your hidden life make a difference as you go about your week? Where can your small influence make big changes for the kingdom of God?

**Toby**

## Sunday 21 June

10:00 am - Morning Worship - St Michael's

11:00 am - Holy Communion - St Mary's

6:30 pm - Hear the Bible - St Michael's

## Monday 22 June

8:30 am - Morning Prayer - St Mary's

## Wednesday 24 June

10:00 am - Holy Communion - St Michael's

## Sunday 28 June

10:00 am - Holy Communion - St Michael's

6:30 pm - Evensong - St John's

## Monday 29 June

8:30 am - Morning Prayer - St Mary's

## Sunday 5 July

9:30 am - Breakfast Church\* - St Michael's

11:00 am - Holy Communion - St Mary's

6:30 pm - **United Service - Salvation Army,  
Woodbridge Rd, Ipswich**

## Monday 6 July

8:30 am - Morning Prayer - St Mary's

## Tuesday 7 July

7:00 pm - Prayer Meeting - Runway

## Wednesday 8 July

10:00 am - Holy Communion - St Michael's

\* Session 5 (Exile, The Story of Loss) in ‘The Bible Course’

# Quiet Garden

**A time for contemplation and reflection amid  
the stillness and quietness of nature.**

**Bible reading and prayer spaced with time for reflection  
and contemplation**

Monday 22nd June: Monday 20th July  
Monday 7th September  
All dates at 10am-3pm  
Dairy Farm Brightwell IP10 0BB

Tea, Coffee and Light Lunch Provided  
**Booking essential**

Contact: **Bob or Lynne James**  
Email: dairyfarmquietgarden@gmail.com



## Coffee Shop Manager required

The Runway Coffee Shop in Martlesham Heath is looking to employ a part-time manager (16 hours/week) to oversee its operations.

The Runway is a not-for-profit coffee shop operated by the church in Martlesham and is an important Christian outreach project serving the local community.

For further details please email:  
therunway@martleshamcofe.org.uk  
**Closing date Friday 17th July.**

## Women Together

Our next Women Together gathering is coming up on **Monday 22nd from 7:30pm at St Michael's church**. We'll be having some summer games, Pimms (non-alcoholic drink available) and snacks. A few more refreshments than usual so you may want to have only a light tea before coming out.

In July we're having our annual walk and meal. **Please save the date of Monday 13th July**. We will meet at 'The Fox' Newbourne 6pm those who want a walk and then 7pm table booking for a meal. If you would like to join us for the meal then **please let Emma (or Tamsin) know** and we ask for a £5 deposit so we can secure our bigger booking.

There will then be no other meetings in July or August as usual.  
**Tamsin**

## New Daylights/Guidelines

We will be submitting the order for the next issues of New Daylights and Guidelines at the end of this month. If you would like a copy of the next issue of either (they are published three times a year) please let us know and you will be added to the order. Each issue costs £5.99 or £7.25 for a large print copy. If you already receive a copy of either we will order for you unless you let us know you would like your order changed.

Thank you. Christopher and Elizabeth Howard  
**01473 625617 Email c.d.howard@talk21.com**

## Reflecting with God in June – 21st June at 7pm on Zoom

Would you like an opportunity to gather together with God for some quiet time and reflection? Our June Reflecting with God meeting is this Sunday (21st) at 7pm on Zoom and everyone is welcome to join. For more details and the Zoom link please contact Toby toby@martleshamcofe.org.uk. **Carolyn Smith**

## Church Services in August

On **Sunday 2nd August** we will be having a 'Bring and Share' lunch as we come together as a Benefice to say goodbye to Toby and family. The service will **start at 10:30am at St Michael's** where Toby will be leading us in Holy Communion, followed by lunch, details of which and how to sign up will be provided in due course.

So as to ensure we keep the Sunday service pattern at St Mary's, and as there are five Sundays in August, we will be holding the **10:30am Benefice service on the 30th of August at St Mary's**. Please do and try and come along as we will also be launching our sermon series on the Book of James, which will take us all the way through to advent!

**Rob**

**Bishop Joanne asks for your help.** There is a renewal of the diocesan growth strategy underway and she would like to hear from everybody about their views, informed by prayer, as they move forward. If you are able to take part, please follow this link and choose the appropriate survey to comment on:

<https://www.cofesuffolk.org/exploring-faith/our-bishops/together-we-are-listening/>

**Toby**

## The Monthly 'Man go to Pub' Evening

This coming **Monday (22nd June)**, the men of the Benefice are invited to come along to the Douglas Bader for 7.30pm. For a drink of something, general merriment and low brow man talk! Or, in other words, come and have a pint and chew the fat for a bit. This is an open invitation - please do feel invited!

**Rob**

We are very sad to let you know that Doug Baxter died peacefully last week at Alice Grange care home. He was a much loved member of St Mary's and had previously been a very active member of St Augustine's in Ipswich. You could always rely on him to be at church with a smile, a positive word, and a twinkle in his eye. Now he is with the Lord that he loved, and reunited with his beloved Janet.

There are no definite plans about his funeral yet, but we will let you know details when they are finalised.

**Christine**

## Hear the Bible

This **Sunday (21st June)** we will be finishing reading the book of Acts aloud. We'll be hearing about how the early Jesus followers went all over the place spreading the good news of the Gospel and planting churches, later in the year we'll then also read about Paul's letter to these planted Churches, do you see how it's all tied together.



You can just sit and listen, you can follow the readings along, you can read a chapter aloud if you wish. Every time that we have done this so far there have been people who take something from it that they've either not heard or thought about before. God's Word is truly alive and still speaks today, please do come along and have a listen. **St Michael's, 21st June, 6:30 pm**

**Rob**

## Our Christian Aid Week 2026 total



We have now counted all the donations made in a red envelope or online up to the time of writing, and we are delighted to be able to say that our benefice collection (including gift aid) currently amounts to over £1,800, an increase on last year! Thank you so much to everyone who donated, and thank you to the Runway for being a collection point and to all the wonderful volunteers who delivered envelopes through doors. We are really grateful, as every donation is used to help our vulnerable neighbours worldwide who are hungry and living in poverty in these difficult times.

**However, the need is still urgent and it is not too late to donate.**

Gifts can still be sent online at <https://www.christianaid.org.uk/give>, by posting a cheque made out to 'Christian Aid' to: Christian Aid, York House, Wetherby Road, Long Marston, York, YO26 7NH, or you can give over the phone by calling Christian Aid on 0333 555 1060. On behalf of the poor and vulnerable people of the world, thank you.

**Carolyn Smith**

## Prayer Diary for June



Please include the following in your daily prayers and pray daily for peace.

- 21 for all fathers, and give thanks to God our heavenly Father.
- 22 for all waiting for medical tests and results
- 23 for widows and widowers recently bereaved
- 24 for the residents of Lancaster Drive
- 25 give thanks for the joys of summer
- 26 those persecuted for their faith
- 27 for all in our armed forces
- 28 thank you Lord that you always welcome us
- 29 St Peter and St Paul: give thanks for their lives and example
- 30 for tennis players, officials and spectators at Wimbledon today

*Don't fret or worry. Instead of worrying, pray. Let petitions and praises shape your worries into prayers, letting God know your concerns.* Philippians 4:6 The Message Bible

**PARISH MINISTER:** The Revd Toby Tate (Rest day: Friday)

Tel: 01473 612659, Email: [toby@martleshamcofe.org.uk](mailto:toby@martleshamcofe.org.uk)

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<https://www.facebook.com/profile.php?id=100068833925952>

<https://www.youtube.com/@martleshambenefice>

Another prayer from: The Valley of Vision - A Collection of Puritan Prayers and Devotions

## The Great God

O Fountain of all good,  
Destroy in me every lofty thought,  
Break pride to pieces and scatter it to the winds,  
Annihilate each clinging shred of self-righteousness,  
Implant in me true lowliness of spirit,  
Abase me to self-loathing and self-abhorrence,  
Open in me a fount of penitential tears,  
Break me, then bind me up;  
Thus will my heart be a prepared dwelling for my God;  
Then can the Father take up his abode in me,  
Then can the blessed Jesus come with healing in his touch,  
Then can the Holy Spirit descend in sanctifying grace;  
O Holy Trinity, three Persons and one God,  
inhabit me, a temple consecrated to thy glory.  
When thou art present, evil cannot abide;  
In thy fellowship is fullness of joy,  
Beneath thy smile is peace of conscience,  
By thy side no fears disturb,  
no apprehensions banish rest of mind,  
With thee my heart shall bloom with fragrance;  
Make me meet, through repentance, for thine indwelling.  
Nothing exceeds thy power,  
Nothing is too great for thee to do,  
Nothing too good for thee to give.  
Infinite is thy might, boundless thy love,  
limitless thy grace, glorious thy saving name.  
Let angels sing for sinners repenting, prodigals restored,  
backsliders reclaimed, Satan's captives released,  
blind eyes opened, broken hearts bound up,  
the despondent cheered, the self-righteous stripped,  
the formalist driven from a refuge of lies,  
the ignorant enlightened,  
and saints built up in their holy faith.  
I ask great things of a great God.

*Excerpted from The Valley of Vision, edited by Arthur Bennett.  
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