



**CELEBRATE, SHARE AND GROW IN CHRIST**

**SUNDAY, 14th JUNE 2026, Trinity 2**

**Exodus 19.2-8a; Romans 5.1-8; Matthew 9.35-10.8**

**~~~ SERVICES IN THE BENEFICE FOR THIS WEEK ~~~**

**SUNDAY**

**8:00 am BCP HOLY COMMUNION, St John's Epping**  
**9:20 am UpFront for all ages, St John's Epping**  
**11:10 am PARISH COMMUNION, All Saints Epping Upland**  
**11:10 am PARISH COMMUNION, St Alban's Coopersale**  
**4:00 pm EVENSONG, Waltham Abbey Church**

**MONDAY**

**8:45 am MORNING PRAYER, St John's Epping**  
**5:00 pm am EVENING PRAYER, St John's Epping**

**TUESDAY**

**8:45 am MORNING PRAYER, St John's Epping**  
**5:00 pm am EVENING PRAYER, St John's Epping**

**WEDNESDAY**

**8:45 am MORNING PRAYER, St John's, Epping**  
**9:30 am HOLY COMMUNION, St John's Epping**  
**5:00 pm am EVENING PRAYER, St John's Epping**

**THURSDAY**

**8:45 am MORNING PRAYER, St John's, Epping**  
**10:00 am CHURCH MICE, St John's Epping**  
**5:00 pm am EVENING PRAYER, St John's Epping**

**FRIDAY**

**8:45 am MORNING PRAYER, St John's, Epping**

**St John's is usually open daily for private prayer**  
**Except bank Holidays or other special occasions**

*Please switch your mobile phone to silent mode or switch it off before a Sunday service begins and take time to pray that we may be fully present with each other and with Christ.*

~~~~~ **FROM THE LEADERSHIP TEAM** ~~~~~

I wonder what comes to mind when you think of the word “church”? Perhaps your images is of a historic building, perhaps you think of the ceremonial aspects of the service, maybe you think of a special service you were part of.

Life in the earliest days of the community which came to be known as Christians was very different, people met in each other’s homes and begun a practice of sharing in communal life as they grew in this new found faith, working out together what it meant to follow Jesus, who during his earthly life had said “The harvest is plentiful but the labourers are few, therefore ask the Lord of the harvest to send out labourers into his harvest”.

The same is still true today. Every member of the church has a vocation, and each of has a unique set of gifts, skills and talents which God has blessed us with. Each church (Epping, Coopersale and Epping Upland) is facing its own unique set of challenges at this time, and to be honest, our mission and ministry can only be sustained going forward through each of us stepping into and discovering that vocation God has given to us. For example, that might be in giving time to assist with practical jobs, it might be offering to assist with children’s groups, it might be offering time to offer a ministry of hospitality and welcome (for example serving refreshments after the service or being one of those greeting others at the door), it might be in taking a step to read the Bible in church or lead the prayers, or it might be being a member of the team who assist with the Holy Communion. Or alternatively, your vocation at this time might be in generosity and considering increasing your giving of money to your parish to enable the work of mission and ministry. Or it might be exploring licensed or authorised ministries, such as Lay Ministry, Pastoral Care or Ordination.

In the pages of the Bible these words are found, “Now you are the body of Christ, and each one of you is a part of it.”, would you join me in prayer this week, that God would send to us a growth of vocations to a variety of forms of ministry and dare to pray that in an awareness that you might be part of the answer!

**John**

~~~~~ **READINGS FOR THIS SUNDAY** ~~~~~

**Exodus 19, 2 – 8a.** The Israelites had journeyed from Rephidim, entered the wilderness of Sinai, and camped in the wilderness; Israel camped there in front of the mountain. Then Moses went up to God; the Lord called to him from the mountain, saying, ‘Thus you shall say to the house of Jacob, and tell the Israelites: You have seen what I did to the Egyptians, and how I bore you on eagles’ wings and brought you to myself. Now therefore, if you obey my voice and keep my covenant, you shall be my treasured possession out of all the peoples. Indeed, the whole earth is mine, but you shall be for me a priestly kingdom and a holy nation. These are the words that you shall speak to the Israelites.’

So Moses came, summoned the elders of the people, and set before them all these words that the Lord had commanded him. The people all answered as one: ‘Everything that the Lord has spoken we will do.’

**Romans 5, 1 - 8.** Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God’s love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person—though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

**Matthew 9, 35 – 10, 8.** Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, ‘The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest.’

Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax-collector; James son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed him.

These twelve Jesus sent out with the following instructions: 'Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, "The kingdom of heaven has come near." Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment. 'Take no gold, or silver, or copper in your belts, no bag for your journey, or two tunics, or sandals, or a staff; for labourers deserve their food. Whatever town or village you enter, find out who in it is worthy, and stay there until you leave. As you enter the house, greet it. If the house is worthy, let your peace come upon it; but if it is not worthy, let your peace return to you. If anyone will not welcome you or listen to your words, shake off the dust from your feet as you leave that house or town. Truly I tell you, it will be more tolerable for the land of Sodom and Gomorrah on the day of judgement than for that town. 'See, I am sending you out like sheep into the midst of wolves; so be wise as serpents and innocent as doves. Beware of them, for they will hand you over to councils and flog you in their synagogues; and you will be dragged before governors and kings because of me, as a testimony to them and the Gentiles. When they hand you over, do not worry about how you are to speak or what you are to say; for what you are to say will be given to you at that time; for it is not you who speak, but the Spirit of your Father speaking through you. Brother will betray brother to death, and a father his child, and children will rise against parents and have them put to death; and you will be hated by all because of my name. But the one who endures to the end will be saved. When they persecute you in one town, flee to the next; for truly I tell you, you will not have gone through all the towns of Israel before the Son of Man comes.'

~~~~~ **FOR OUR PRAYERS DURING THE WEEK** ~~~~~

- Monday** For the congregation and parish of St Alban's Coopersale.
- Tuesday** For all children in our local community but not in our congregations.
- Wednesday** For all families and loved ones separated by war, economic factors, crime or political situations.
- Thursday** For all pupils and staff at Coopersale Primary School.
- Friday** For the Ministry Team; for all who contribute to, or lead, our services: for those who lead our meetings, those who carry out 'behind the scenes' activities and those who help fundraising in the Team churches.

**Those who are sick and for whom prayers have been asked:**

Graham, June, Caroline, Harriet, David, Rebecca, Sam, Marion, Pam, Lorraine, Jim, Lisa, Lili, Geoffrey Connor.

**Those who have died recently, their family and friends:**

Roger Payne.

**Those whose anniversary of death occurs during this week:**

14th June, Edward Jones, Eileen Redman, Arthur Wickes, Arthur Moon, Paul Chalmers; 15th, George Crewin, Laurence Dodd, Gerald Stokes, Alfred Porch, Michael White, Kathleen Choles, Richard Watts, David Morgan; 16th, Terry Wells, George Lilley, Terence Ellis; 17th, Hilda Whitbread; 18th, Emma Fielder, Geoffrey Codrington, John Kimm, Peggy Vicary; 19th, Frederick Hillerston, Ena Monk; 20th, John Harris, Linda Butler.

**COLLECT for this Sunday.**

Lord, you have taught us that all our doings without love are nothing worth: send your Holy Spirit and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtues, without which whoever lives is counted dead before you. Grant this for your only Son Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. Amen

~~~~~ **FOR YOUR INFORMATION** ~~~~~

**TODAY at NOON:** 'How do we live in a world of war?' We will be holding a sandwich lunch in St John's and discussion in partnership with the Epping Quakers to think through what it means to be a person of faith amid one of the biggest challenges of the twenty-first century. Please let Rev. Liz know if you're able to come.

**EVENSONG TODAY** Instead of the usual service in St John's, we are invited to a special service of Evensong in the Abbey Church at Waltham Abbey at 4:00 pm. This service will be a celebration of Music Sunday.

**SERVICES FOR NEXT SUNDAY, 21st June 2026, Trinity 3**

**8:00 am Holy Communion (BCP), St John's Epping**

**9:20 am Sung Communion, St John's Epping**

**11:10 am Parish Communion, All Saints Epping Upland**

**11:10 am Holy Communion, St Alban's Coopersale**

**6:00 pm Sunday@Six, St John's Epping**

**READINGS: Exodus 19.2-8a; Romans 5.1-8; Matthew 9.35-10.8**

**SUNDAYS@SIX 21st June.** This will be an evening service during which our new Team Vicar, Revd Kate will talk about some of her story. As it is also her birthday there will be cake! All welcome

**COFFEE CONCERT in St John's on Saturday 27th June** at 11:00 am (coffee from 10:30). David Boarder returns with this Choir 18 to perform an easy-to-listen-to programme of choral music.

**CONFIRMATION SERVICE last week.** Pray for all those from our Team who were confirmed last week: Abbas, Alexander, Amelia, Roger, Claire, Kim, Margaret, Nese; please support them as they continue their commitment to following Christ.

**EPPING UPLAND CAR SHOW** The annual Epping Upland Car Show will take place THIS afternoon from 3:00 pm to 5:00 pm, tea and cakes on sale alongside a display of historic vehicles.

**ROGER PAYNE'S** Funeral will take place on Tuesday 16th June 2026 in St John's at 11:00 am.

**ST JOHN'S WORKING PARTY** is being organised for Sunday 5th July after the 09:20 am service until 1:00 pm. All congregational members are encouraged to give some time to maintain our beautiful church and grounds. More details will be shared next week.

**ST CLARE HOSPICE'S** spectacular public art trail. Volunteer with **'Lions on the Loose this summer!'** coming to Harlow, Epping and Loughton – and we need you to help make it a roaring success! Volunteer solo, or as a team with colleagues, friends or family, and help make 'Lions on the Loose' an unforgettable experience for everyone! See St John's porch. St John's Epping will be hosting lions inside the church.

**MINISTRY OPPORTUNITIES** It is only through the sharing of the time and talents of members of our churches that we are able to offer so much to communities we serve. There are a number of opportunities at this time, please speak to a member of the clergy or a Churchwarden if you are interested in exploring them:-

**Sacristan at St John's Epping** (which is the person who takes the lead responsibility setting up for Communion services and maintaining stocks of candles, and elements for Holy Communion.

**Church Mice Team Members** (to assist at the weekly Thursday Morning service at St John's Epping for preschool children and their parents and carers, which may include setting up and packing away, supporting the leading of singing, craft activities and/or refreshments.

**ST JOHN'S TOWER CLOCK** work to electrify it will start on 21st June 2026 and will last about a week.

**THE CRAFT GROUP** The next ones to be held in St John's will be on 24th June and 22nd July from 2:00 pm to 4:00 pm.

**PEOPLE'S EMERGENCY BRIEFING** This is a film designed to inform people about the climate and nature crisis while at the same time giving the opportunity to talk and respond, making the most of the opportunities that this crisis represents, and give our government the mandate to act. This will be shown at the Quakers Meeting House on 26th June at 7.30 pm.

**PET SERVICES** are informal services where a warm invitation is extended to all the community to come with their pets to seek a blessing on them and thank God for the wonder of His creation in the animal kingdom. These special services will take place as follows: Sunday 28th June at 11:10 am at Epping Upland, Sunday 5th July at 11:10 am at in the churchyard at Coopersale. Please do invite friends and neighbours to these unique events.

**NEWS FOR THE NEXT TWO WEEKS.** Please note that I will not be able to prepare the **NEWS** for the 21st and 28th June due to holidays, so please send any **NEWS** items to Lisa in the Team Office.

~~~~~ **CONTACTS, GIVING and COLLECTIONS** ~~~~~

There are many ways to financially support the mission and ministry of the parishes. We are grateful for the many ways and forms of giving which express our shared worship of Christ.

**COLLECTIONS IN SUNDAY SERVICES:** A cash collection is taken at Sunday services. Please don't feel any embarrassment to let it pass you by.

It is also possible to donate to church funds in each church of the Benefice using a contactless card.

**PARISH GIVING SCHEME (PGS):** Similar to direct debit payments but set up an account by calling PGS on 0333 002 1271 providing your bank details plus your church PGS code which is:

Epping Upland, All Saints-0806-08029

Epping, St John the Baptist-0806-08028

Coopersale, St Alban the Martyr-0806-08027

**BACS** You can give to church by bank transfer; the sort codes and account numbers are listed here:

**St Alban's** 20-29-86, Account: 50776459

**St John's** 20-29-86, Account: 50357219

**All Saints** 60-07-39, Account 50236520

**BENEFICE OF THE EPPING DISTRICT CONTACT DETAILS**

**Clergy**

Revd John Fry: Team Rector - 01992 934355

Rest day, usually Saturday

E-mail: [teamrector@eppinganglicans.org.uk](mailto:teamrector@eppinganglicans.org.uk)

Revd Kate Moore: Team Vicar – 01992 265590

Usual working days Saturday – Wednesday

Email: [teamvicar@eppinganglicans.org.uk](mailto:teamvicar@eppinganglicans.org.uk)

Revd Jessica Bostock: Associate Minister,

E-mail: [associateminister@eppinganglicans.org.uk](mailto:associateminister@eppinganglicans.org.uk)

Revd Dr Liz Gloyn: Curate

E-Mail: [curate@eppinganglicans.org.uk](mailto:curate@eppinganglicans.org.uk)

**Licensed Lay Ministers**

Diana Lowry: 01992 279696

Email: [dianalowryepp@gmail.com](mailto:dianalowryepp@gmail.com)

Steve Snooks: 01992 572185

Email: [stevesnooks@hotmail.com](mailto:stevesnooks@hotmail.com)

**Children, Youth and Family Worker,** Emily Townshend: is now on Maternity Leave

**Church Wardens** for St Alban's Coopersale, please contact the Team Office.

For St John's, contact Sara McLean at 07768 106 406, email: [sdmclean@eppinganglicans.org.uk](mailto:sdmclean@eppinganglicans.org.uk)

For All Saint's, contact James on 07710 171 166 (email TBC) or Nigel Scott contact the Team Office

**Team Administrator:**

Lisa Bazzoni - 01992 579935 - E-mail: [teamadmin@eppinganglicans.org.uk](mailto:teamadmin@eppinganglicans.org.uk)

**NEWS items for next week;**

Geoff Scanlan - 01992 576550 - E-mail: [rosandgeoff@btinternet.com](mailto:rosandgeoff@btinternet.com)

**Please send us any prayer requests, or if you would like someone to pray for you.**

**St John's has a 'T' loop: please ask for help if you need it.**

**MOBILITY AIDS are at the back of St John's Epping for use in church.**

**You can follow the churches of the Benefice on Facebook**

@St John's Church Epping, @St Albans Church Coopersale, @All Saints Church Epping Upland