

## COLLECT

O God, the protector of all who trust in you,  
without whom nothing is strong,  
nothing is holy:  
increase and multiply upon us your mercy;  
that with you as our ruler and guide  
we may so pass through things temporal  
that we lose not our hold on things eternal;  
grant this, heavenly Father,  
for our Lord Jesus Christ's sake,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

## FIRST READING Jeremiah 28:5-9

*A reading from the book of the prophet Jeremiah.*

The prophet Jeremiah spoke to the prophet Hananiah in the presence of the priests and all the people who were standing in the house of the LORD; and the prophet Jeremiah said, "Amen! May the LORD do so; may the LORD fulfil the words that you have prophesied, and bring back to this place from Babylon the vessels of the house of the LORD, and all the exiles. But listen now to this word that I speak in your hearing and in the hearing of all the people. The prophets who preceded you and me from ancient times prophesied war, famine, and pestilence against many countries and great kingdoms. As for the prophet who prophesies peace, when the word of that prophet comes true, then it will be known that the LORD has truly sent the prophet."

Or **Genesis 22:1-14**

## PSALM Psalm 89:1-4. 15-18

**R** *Your love, O Lord, for ever will I sing.*

Your love, O Lord, for ever will I sing;  
from age to age my mouth will proclaim your faithfulness.  
For I am persuaded that your love is established for ever;

you have set your faithfulness firmly in the heavens. **R**

"I have made a covenant with my chosen one;

I have sworn an oath to David my servant:

'I will establish your line for ever, and preserve your throne for all generations.'" **R**

Happy are the people who know the festal shout!

they walk, O Lord, in the light of your presence.

They rejoice daily in your name; they are jubilant in your

righteousness. **R**

For you are the glory of their strength,  
and by your favour our might is exalted.

Truly, the Lord is our ruler;  
the Holy One of Israel is our king. **R**

## SECOND READING

### Romans 6:12-end

*A reading from the letter of Paul to the Romans.*

Do not let sin exercise dominion in your mortal bodies, to make you obey their passions. No longer present your members to sin as instruments of wickedness, but present yourselves to God as those who have been brought from death to life, and present your members to God as instruments of righteousness. For sin will have no dominion over you, since you are not under law but under grace. What then? Should we sin because we are not under law but under grace? By no means! Do you not know that if you present yourselves to anyone as obedient slaves, you are slaves of the one whom you obey, either of sin, which leads to death, or of obedience, which leads to righteousness? But thanks be to God that you, having once been slaves of sin, have become obedient from the heart to the form of teaching to which you were entrusted, and that you, having been set free from sin, have

become slaves of righteousness. I am speaking in human terms because of your natural limitations. For just as you once presented your members as slaves to impurity and to greater and greater iniquity, so now present your members as slaves to righteousness for sanctification. When you were slaves of sin, you were free in regard to righteousness. So what advantage did you then get from the things of which you now are ashamed? The end of those things is death. But now that you have been freed from sin and enslaved to God, the advantage you get is sanctification. The end is eternal life. For the wages of sin is death, but the free gift of God is eternal life in Christ Jesus our Lord.

## GOSPEL Matthew 10:40-end

*Hear the gospel of our Lord Jesus Christ according to Matthew.*

Jesus said to the twelve: "Whoever welcomes you welcomes me, and whoever welcomes me welcomes the one who sent me. Whoever welcomes a prophet in the name of a prophet will receive a prophet's reward; and whoever welcomes a righteous person in the name of a righteous person will receive the reward of the righteous; and whoever gives even a cup of cold water to one of these little ones in the name of a disciple – truly I tell you, none of these will lose their reward."

## POST COMMUNION

Eternal God,  
comfort of the afflicted and healer of the broken,  
you have fed us at the table of life and hope:  
teach us the ways of gentleness and peace,  
that all the world may acknowledge the kingdom of your Son Jesus Christ our Lord.

## June 28<sup>th</sup> 2026 – 4<sup>th</sup> SUNDAY AFTER TRINITY – Parish of the Harwich Peninsula

**Bible Study:** there is an opportunity to join a Bible Study at All Saints on Wednesday 15<sup>th</sup> July 7-9pm, exploring, 'What is Evil?'. More details from Sioux Thorpe and on the flyers in each church. All are welcome – refreshments served.

**New Parochial Church Council:** two dates: 8<sup>th</sup> July (Wednesday) at 7pm for a full meeting (venue to be confirmed) and 18<sup>th</sup> July (Saturday) a morning with Emma Sivyver, Colchester Area Mission Adviser. The morning will end with a free lunch. Venue to be confirmed.

**Silverware at St Michael's:** the church has some silverware donated in the 1830s by a local man. Sadly, the years have been unkind to it, and it got lots of bumps and bends. It has been in the workshop of master Silversmith Mark Munson of Ardleigh and should be returning restored and polished soon and then stored in bags to protect the pieces.

**Ordination:** some of you may recall the wonderful visit a year ago from Niall Murray-Clark, who spoke at Vocation Sunday 2025. He spoke at two of the churches. He is being ordained Deacon on Sunday 5<sup>th</sup> July at Sheffield Cathedral and the Dean and Niall have invited Ian to be part of the service. The services in the parish will be covered.

**Secret Gardens:** don't forget the small and stunning gardens in old Harwich are open for the weekend 4<sup>th</sup> - 5<sup>th</sup> July. The excellent brochure is available at St Nicholas and elsewhere. Church open 10-3 Saturday and 11-3 Sunday for refreshments and brochures.

**Tendring Show:** the show is 100 years old this year. It is an enormous event and has a church tent. Saturday 11<sup>th</sup> July. There are opportunities to volunteer, and the Rector enjoyed supporting the church tent last year.

**Lime Court and Don Thomson:** there is a short service with some hymns, message and prayer in each of these homes each month. We get 15-20 people at each, and many enjoy it hugely and like to talk afterwards. Please come along and support the services if you are free. Dates at the bottom of the page.

**Meet Tracey:** if you have not yet met and heard about the amazing work Tracey Tyrrell does with children in the parish then come meet her on Wednesday 8<sup>th</sup> July 10.30-11.30am at St Michael's Millennium Room. Tracey is our Children and Families Worker.

**Hobbies in bloom:** flower festival today at St George Great Bromley Flower Festival; 10am to 5pm.

**Church Wardens:** Crispin Burdett (St Nicholas) and Joan Hurst (All Saints) were admitted as Wardens for the coming year by the Archdeacon at the Visitation Service last week and Ian named as Assistant Area Dean.

**Better Bible reading:** if you would like a printed guide to Bible readings from the Bible Reading Fellowship called Daylight, they can be ordered from Enid Godfrey (01255 551132). She would be grateful if regular subscribers could let her have the £6 subscription which covers four months.

**Ramsey Knit & Natter:** Our group meets 2<sup>nd</sup> and 4<sup>th</sup> Tuesday's 2-4pm in the Millennium (Mill) Room, St Michaels Church, Ramsey. We currently have 12 members and are seeking new people to join our friendly group, who chatter away whilst making various items, personal projects or donation to charities. We serve refreshments mid-session, there is a £2 charge. Some of our members use the services of the Connexions community bus. We would love for you to join us. For more information call Dilly on 01255 554241.

**Baptised in June:** None

**Married in June:** None

**Departed in May:** Deborah Louise Gordon; Mary Jean Brooksbank; Lesley Blanche Griggs; Peter Savage; Robert Sharp; John Thomas Edward Coles; Jon Derek Hunter; Russell Colin Garnier; Margaret Ruth Oates; Peter Sheppard.

**St Michael's worship 9am each Sunday** (Communion on the 2<sup>nd</sup> and 4<sup>th</sup> Sundays)

**All Saints worship 10.30am each Sunday** (Communion on the 1<sup>st</sup> and 3<sup>rd</sup> Sundays)

**St Nicholas worship 10.30am each Sunday** (Communion on the 2<sup>nd</sup> and 4<sup>th</sup> Sundays)

*You should be able to access the hearing loop in each building – please let us know if you cannot*

1<sup>st</sup> Sunday of every month: Prayer Book Evensong at St Nicholas at 5pm

2<sup>nd</sup> Sunday of the month: Pop Up church at St Michael's at 3pm

3<sup>rd</sup> Sunday of every month: Prayer and Praise at St Michael's at 5pm

4<sup>th</sup> Saturday of every month (except August and December): Messy Church in the Esplanade Hall from 2-4pm. Children must be accompanied by an adult.

1<sup>st</sup> Tuesday of every month: Hymns and Service at Don Thomson Residential Home at 11am

2<sup>nd</sup> Monday of every month: Hymns and Service at Lime Court Residential Home at 11am

For more information, please visit our social media:

[www.harwichparish.co.uk](http://www.harwichparish.co.uk) or [www.achurchnearyou.com](http://www.achurchnearyou.com) or our Facebook pages.

[https://www.facebook.com/Harwich Peninsula Parish CofE](https://www.facebook.com/Harwich%20Peninsula%20Parish%20CofE). All Saints, St Michaels & St Nicholas or Messy Church at the Esplanade Hall