



**St Mary the Virgin and All Saints
Potters Bar**

14th June 2026

The Second Sunday after Trinity

*A warm welcome to St Mary's,
especially if this is your first time here.*

Refreshments are served in the hall after the Sung Eucharist

TODAY'S SERVICES

8.00am **SAID EUCHARIST**

10.00am **SUNG EUCHARIST**

Old Testament Reading: Exodus 19 vv 2-8a *God explains to Moses how in freedom and grace he chose the people of Israel for his own, though all the earth belongs to him.*

New Testament Reading: Romans 5 vv 1-8 *St Paul writes of the joy and wonder of faith, which leads us to hope and certainty in the splendid destiny which awaits us because God loves us and Christ died for us.*

Gospel: Matthew 9 v 35 – 10 v 8 *Jesus calls & commissions his disciples.*

Hymns: 334, 394, 427, 355, 475

Anthem: With a voice of singing – Shaw

5.00pm **EVENSONG** Hymns: 336, 471, 239

Flowers this week have been arranged by Pearl Shepherd and donated by Faith & Washington Mhangami in loving memory of Faith's mother, Martha Nyanhi

The Week Ahead

Tuesday	St Richard of Chichester, bishop
9.30am	Morning Prayer
10.00am – 12 noon	Church cleaning session
5.00pm	Evening Prayer
Wednesday	
9.30am	Said Eucharist
10.30am – 12 noon	Church open for visitors
5.00pm	Evening Prayer
Thursday	
9.30am	Said Eucharist (BCP)
10.30am – 12 noon	Church open for visitors
5.00pm	Evening Prayer
Friday	
9.30am	Morning Prayer
5.00pm	Evening Prayer (BCP)
Saturday	
11.00am	The Alban Pilgrimage 2026 Procession through the streets of St Albans followed by Cathedral Eucharist at 12 noon
	Hertfordshire Philharmonia rehearsing in the afternoon for their concert at 7.45pm

Next Sunday is the **Third Sunday after Trinity**

8.00am Said Eucharist

10.00am **SUNG EUCHARIST**

Eucharist readings will be: Jeremiah 20 vv 7-13;
Romans 6 vv 1b-11 and Matthew 10 vv 24-39.

**THIS SHEET IS FOR YOU TO KEEP
PLEASE TAKE IT HOME WITH YOU**

Parish Notices

Church cleaning will take place **this Tuesday** from 10.00am to 12 noon. If you can come along to lend a hand, that will be much appreciated.

Next Saturday is the day of the **Alban Pilgrimage** when there will be a procession from St Peter's Church down through the city centre to the Cathedral, re-enacting the story of St Alban. This begins at 11.00am, with the Festival Eucharist in the Cathedral at 12 noon. Further details are in the email bulletin circulated yesterday.

The Hertfordshire Philharmonia returns to St Mary's **next Saturday** for a concert at 7.45pm, featuring works by Rachmaninov and Dvorak. Tickets are £16 in advance (£18 on the door), with concession rates for students (£5) and under 16s (£1).

Watchers and Welcomers Please let Heather Hawkes know of any holiday dates in August and September.

A **flower rota** for the second half of the year is now posted on the noticeboard. Please sign up for the Sundays when you wish to arrange or donate flowers. We would be really pleased to hear from anyone new interested in arranging flowers. Pearl Shepherd & Trisha Salmon will be glad to provide advice and support.

During June, we are revising our **prayer lists for the sick**. Please indicate on the sheet on the noticeboard if names should remain or be removed from the lists. A reminder that the **main prayer list** is for those with acute illness, those receiving hospital treatment, awaiting or recovering from surgery etc. The **second list** is intended for those who are frail, housebound or living with longer-term conditions. The new lists will come into force from **Sunday 28th June**.

For your prayers

The sick Anna Downes, Carole Waller, Elizabeth Liney, Elizabeth Wiseman, Cyril Osborn, Valerie Taylor, Francoise Groves-de-Milleret, Joan Golden, Robert Peters, Lisa Collins, Maureen Alderman, Alison Stevens, Kirsty Edmunds, Marilyn Gibbs, Mary Healey

We also pray for Margaret Terry, Keith Downes, Jayne Hutton, Janet Daniels, Susan North, Julia, Tessa, Linda, Nicola Stiff, Ron Golden, Ricky Mella, Sasha Burt, David Evans, Richard Barnes, Dave Gough, Pauline Phillips, Keith Probert, Prussia Blake, Steven Seal

The recently departed Joy Kayser, Barbara Lauder, Paul Tatlow

Those whose anniversary of death falls this week
Joan Mark, Richard Eke, Emily Chambers, Audrey Penn, Hilary Davis, Mary Griffiths

Our parish We remember those who live in The Byway, Carpenter Way and Causeway Close

Fr Stefan Chrysostomou, Vicar Tel: 01707 859028

Email: vicar@stmaryspb.org.uk

Please send any items for this sheet to **Richard Osborn**

Email: rmosborn@hotmail.com

Tel: 07803 756088 / 020 8363 8197

Website: www.stmaryspb.org.uk

Our livestreamed services are available at:

www.facebook.com/stmaryspb

COLLECT

Lord, you have taught us that all our doings without love are nothing worth: send your Holy Spirit and pour into our hearts that most excellent gift of love, the true bond of peace and of all virtues, without which whoever lives is counted dead before you. Grant this for your only Son Jesus Christ's sake, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.

FIRST READING Exodus 19:2-8a

A reading from the book of Exodus.

The Israelites had journeyed from Rephidim, entered the wilderness of Sinai, and camped in the wilderness; Israel camped there in front of the mountain. Then Moses went up to God; the LORD called to him from the mountain, saying, "Thus you shall say to the house of Jacob, and tell the Israelites: You have seen what I did to the Egyptians, and how I bore you on eagles' wings and brought you to myself. Now therefore, if you obey my voice and keep my covenant, you shall be my treasured possession out of all the peoples. Indeed, the whole earth is mine, but you shall be for me a priestly kingdom and a holy nation. These are the words that you shall speak to the Israelites." So Moses came, summoned the elders of the people, and set before them all these words that the LORD had commanded him. The people all answered as one: "Everything that the LORD has spoken we will do."

Or **Genesis 18:1-5 [21:1-7]**

PSALM Psalm 100

R *The Lord is gracious; his steadfast love is everlasting.*

O be joyful in the Lord, all the earth; serve the Lord with gladness and come before his presence with a song. Know that the Lord is God; it is he that has made us and we are his; we are his people and the sheep of his pasture. **R**

Enter his gates with thanksgiving and his courts with praise;

give thanks to him and bless his name. For the Lord is gracious; his steadfast love is everlasting, and his faithfulness endures from generation to generation. **R**

SECOND READING Romans 5:1-8

A reading from the letter of Paul to the Romans.

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person – though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us.

GOSPEL

(Short or long reading)

Matthew 9:35 – 10:8 [9-23]

Hear the gospel of our Lord Jesus Christ according to Matthew.

Then Jesus went about all the cities and villages, teaching in their synagogues, and proclaiming the good news of the kingdom, and curing every disease and every sickness. When he saw the crowds, he had compassion for them, because they were harassed and helpless, like sheep without a shepherd. Then he said to his disciples, "The harvest is plentiful, but the labourers are few; therefore ask the Lord of the harvest to send out labourers into his harvest." Then Jesus summoned his twelve disciples and gave them authority over unclean spirits, to cast them out, and to cure every disease and every sickness. These are the names of the twelve apostles: first, Simon, also known as Peter, and his brother Andrew; James son of Zebedee, and his brother John; Philip and Bartholomew; Thomas and Matthew the tax-collector; James son of Alphaeus, and Thaddaeus; Simon the Cananaean, and Judas Iscariot, the one who betrayed

him. These twelve Jesus sent out with the following instructions: "Go nowhere among the Gentiles, and enter no town of the Samaritans, but go rather to the lost sheep of the house of Israel. As you go, proclaim the good news, 'The kingdom of heaven has come near.' Cure the sick, raise the dead, cleanse the lepers, cast out demons. You received without payment; give without payment. [Take no gold, or silver, or copper in your belts, no bag for your journey, or two tunics, or sandals, or a staff; for labourers deserve their food. Whatever town or village you enter, find out who in it is worthy, and stay there until you leave. As you enter the house, greet it. If the house is worthy, let your peace come upon it; but if it is not worthy, let your peace return to you. If anyone will not welcome you or listen to your words, shake off the dust from your feet as you leave that house or town. Truly I tell you, it will be more tolerable for the land of Sodom and Gomorrah on the day of judgement than for that town. See, I am sending you out like sheep into the midst of wolves; so be wise as serpents and innocent as doves. Beware of them, for they will hand you over to councils and flog you in their synagogues; and you will be dragged before governors and kings because of me, as a testimony to them and the Gentiles. When they hand you over, do not worry about how you are to speak or what you are to say; for what you are to say will be given to you at that time; for it is not you who speak, but the Spirit of your Father speaking through you. Brother will betray brother to death, and a father his child, and children will rise against parents and have them put to death; and you will be hated by all because of my name. But the one who endures to the end will be saved. When they persecute you in one town, flee to the next; for truly I tell you, you will not have gone through all the towns of Israel before the Son of Man comes."]

POST COMMUNION

Loving Father, we thank you for feeding us at the supper of your Son: sustain us with your Spirit, that we may serve you here on earth until our joy is complete in heaven, and we share in the eternal banquet with Jesus Christ our Lord.

