

July/August 2026

St Mark's Church
Parish News

for Natland & Oxenholme

70p per copy or £7.00 per year





St Mark's Church is Proud to be....



Vicar	Reverend Becky Gibbs	074609 90631
Becky's rest day is Saturday and occasionally Friday		
Associated Priest:	Rev Lucy Foster	074942 48183
	revlucyfoster@gmail.com	
Assistant Priest:	Rev Marion Mashiter	01539 731957
	revquackers5@gmail.com	
Lay Reader:	Graham Day	015395 61418
Local Lay Minister	David Walker	01539 732524
Church Warden:	Roy Watkinson	015395 61373
Church Warden:	John Chandler	015395 60169
PCC Secretary & Administrator	Cath Gaskell	07986 707230
	admin.kendalsouthchurches@gmail.com	
Treasurer:	Hilda Walker	01539 732524
Stewardship Secretary:		
Parish Safeguarding Officer:	Roy Watkinson	015395 61373
Organist:	Clive Walkley	01539 723482
Mother's Union:	Elizabeth Chandler	015395 60169
Magazine Distribution & Subscription:	Shirley Miller	015395 61193
St Mark's School		015395 60719
Head Teacher:	Louise Hinton	
Anna Chaplain:	Gill Pilling	07354 377606
	gillpilling.annachaplaincy@gmail.com	

MAGAZINE TEAM st-marks-natland-magazine@googlegroups.com

Articles for the **September 2026** edition of the magazine to be handed in by **14th** August. **Please send articles to the magazine email address above.**

The team welcomes articles for future editions of the magazine. The Editorial Team reserves the right to decline to publish any item or to amend or shorten material. Opinions expressed in this magazine are those of the contributors, not necessarily those of the PCC, or the editorial Team.

"I have come that you might have life and life in all its fullness"

Jesus told his disciples. Surely an important part of that promise is to recognise that it is ok for us to step back, to stop the busyness in our life, to put aside that guilty feeling that we should always be **doing** something and just be with God. After all, God himself took a rest on the 7th day and saw that things were good!

I suspect that, for many, thoughts will now be turning to holiday time. A holiday allows time for relaxation, reflection, a change of scene and routine and the chance to recharge our physical and spiritual batteries.

The word "holiday" is a compound stemming from the words "holy" and "day". In ancient times these "Holy Days" were given to workers so they could go to church and worship. The association between the two has of course long since passed but church attendance while on holiday remains an important aspect for many of us. It is enriching to visit other Churches and experience their worship, just as we hope visitors attending our services enjoy worshipping with us and leave uplifted by their visit.

During our family holiday in the Channel Islands a couple of years ago we experienced 2 different but equally enjoyable services in the space of a week. On the small island of Herm, just 3 miles from Guernsey, is the 11th century St Tugual's Chapel (see pictures). For many years a



service was held here each Sunday, initially led by the island's owner but more recently by clergy popping across by boat from St Peter Port on a rota basis. Sadly the current management have let this slip but for many year I have volunteered to take the service while we are there. This is essentially a traditional BCP "hymn sandwich" with 4 hymns, the last of which – given the island's setting - is always Eternal Father Strong to Save. The Chapel holds about 50 and is usually full of holidaymakers like ourselves.

The following Sunday we attended Parish Communion at the town church in St Peter Port (see pictures). This was common worship, with a robed choir in cassocks and surplices, the Thorne communion setting, 4 hymns and a rousing organ voluntary at the end greeted with a round of applause. Sound familiar? In fact you could have lifted the service straight from there and dropped it into many other Churches and you would have hardly known the difference! We chatted to the vicar afterwards and found out that she has stayed with friends in Brigsteer and knows 2 people buried in Helsington churchyard. Small world!



On both Sundays it was comforting to reflect again that, although we were worshipping in quite different places, the familiarity of both services bound us together with fellow Christians throughout the globe and that we are very much part of the worldwide Anglican communion.

Revd Ashley Henderson
Assistant Priest. Kendal Parish Church

A Prayer for the Installation of Bishop Michael Leyden (29th July at Carlisle Cathedral)

Loving God,

We thank you for calling Bishop Michael to serve as Bishop of Penrith in the Diocese of Carlisle.

Bless him with wisdom, courage and compassion as he leads and teaches among us. Following the example of Christ the Good Shepherd, may he encourage discipleship, nurture vocations and help our churches and communities grow in faith and love.

Bless Michael and Anna and all who support them. May his ministry throughout Cumbria be guided by your Holy Spirit and bear much fruit for your Kingdom.

Through Jesus Christ our Lord.

Amen.

The next meeting is Meeting is on Wednesday 15th July
in the Church vestry at 7.30pm
(No meeting in August)

Talk - Holidaying in the Lake District in the
1940's and 1950's - by Rob David

Competition - Holiday Souvenir

All new members welcome





This summer our churches will be hosting a series of interactive prayer stations called A Place to Pause with spaces for reflection, prayer, creativity, and conversation. Across four themes — Follow Daily, Speak Boldly, Care Deeply, and Tread Gently — visitors of all ages are invited to explore what faith, hope, community and care for creation mean for us in everyday life. Each church will offer simple activities, such as thoughts to ponder or opportunities to leave a prayer and ways to share hopes and ideas for the future of our churches and communities. You are warmly invited to pause, step inside and add your voice to the conversation - whether you come to church regularly, occasionally, or are simply curious. Starting from 1st June, everyday in Crosscrake, Natland and New Hutton, Mondays, Wednesdays and Fridays in Old Hutton.

Reverend Becky Gibbs
 Vicar of the Benefices of Crosscrake, Natland, and Old Hutton and New Hutton
 07460990631 My rest day is Saturday and occasionally Friday

Space to Breathe

Monthly Sunday evenings 6pm at St Mark's Church Natland. Starting 7th June.

Life can feel busy and noisy. Space to Breathe is a new informal monthly gathering offering time to slow down, reflect and reconnect with God and one another.

Through music, quiet reflection, conversation and prayer, we'll explore themes of courage, compassion, gentleness and everyday faith.

No experience or background expected — simply come as you are.

To find out more email revbgibbs@outlook.com

Helm Mission Community Environmental Group Meeting

Caring for God's Creation

The Helm Mission Community Environment Group gathers every month at a different church to pray, share, act and learn about our responsibility as Christians to love and care for God's Creation. At the Salvation Army in May we heard from the wardens at St Mary's, Crosthwaite about how their environmental engagement helped build local community relationships. In June we met and reflected in the peaceful surroundings of St Stephen's at New Hutton. Our next meetings:

Saturday 25 July St Mark's Church, Natland – Communion outside if weather is kind

Saturday 22 August Walk in nature followed by pub or picnic lunch.

Everyone welcome - any age. No expertise or special knowledge needed - just a love for our planet and nature. We meet at 10am for refreshments, then pray and learn together between 10.30am and noon. Just turn up on the day or speak to Rev Lucy revlucyfoster@gmail.com

10am on Tuesdays at Crosscrake Church

Our free all-age community drop-in continues through the summer providing a friendly space for anyone needing a break or some company for a couple of hours. We've loved welcoming around thirty people so far from all parts of our community and aged from a few months to 90-something to share cuppas, and conversation (and play!). Healthy snacks are provided for young children alongside cakes and biscuits. The kettle's always on so please join us in the Community Hub between 10am and noon on Tuesdays.



St Thomas's Church Crosscrake

Concert in Church by Endmoor Choir

11th July 7 p.m.

CancerCare's Cross Bay Half-Marathon

Can you take part?



Alex Robinson | Marketing and Communications Officer

T 01539 735800 W cancercare.org.uk

After our summer break, Mothers Union Natland will meet on:

Thursday, 3rd September at 2pm in the Church vestry
when Steve Moss and some members of the Brewkulele Bank will join us.

You are invited to join us for Worship at Kendal Care Home

Thursday 2nd July at 3p.m. - Hymns and Readings

Thursday 9th July at 3p.m. - Holy Communion

Thursday 16th July at 3p.m. – Hymns & Readings

Thursday 23rd July at 3p.m. – Hymns & Readings

Thursday 30th July 3p.m. - Hymns and Readings

Thursday 6th August at 3p.m. - Hymns and Readings

Thursday 13th August at 3p.m. - Holy communion

Thursday 20th August at 3p.m. - Hymns and Readings

Thursday 27th August at 3p.m. - hymns and Readings

Come and join us. All are very welcome.



You are invited to Families @4 in church

on Sunday 12th July 3.30pm

No meeting in August



A Summer Poem

My husband, David Scott, priest and poet, was ever observant, and he filled with delight at the sight of a Harebell. They often found their quiet way into his poems. This summer I am offering a poem about finding one at Skelwith Force. I have often taken friends there, as it is easy to reach, as well as beautiful. One friend weakened by cancer, only had a couple of months to live, and was on his final holiday, while another came with his young family, so we could speak of his mother, Sue, a good friend of mine, who had died in 1983 when he was only three. On each occasion they found a harebell, despite the hundreds of visiting feet on those rocks each day. If you are there this summer, maybe you will spot one too. A time for a prayer....

With Miggy at Skelwith Force

This was where my father brought me,
and now in bringing you
I sense a change in scale and clarity.
Water eases from a petrol smoothness
into a broth so fierce the rocky sides
seem moving up and not the water down.
A fish falls upwards flashing black
against the bridal veil of spume
and at the edge a single harebell shivers.
All this meant danger for a father and a son,
but now, with he away and I grown out of sandals,
there's no longer any reaching up for rail or hand.
I know a different sort of peace,
something about holding the wonder
in a new-found capacity to understand.



David Scott. Beyond the Drift, Bloodaxe Books, 2014

Please read this twice and preferably out loud. It makes such a difference.

Reluctantly I have come to the conclusion that it's time to let someone else collect tools for Tools With A Mission. Thank you to everyone who has supported the charity in any way, praying, donating treasured tools, giving money, supporting coffee mornings and buying gift cards.....all helped to move refurbished tools elsewhere, mainly to Zambia and Uganda, also DRC, Zimbabwe, Tanzania and recently Malawi and Burundi.

Please remember TWAM in your prayers, subscribe to them if you can. At present there is urgent need for van drivers in the Pudsey area where the northern van is kept to take tools down to the Rugby refurbishment centre. This may impact my clearing of the garage!!!! I am hoping to finish by July but I can see it may be early autumn!! All is not lost. There is a collector in Appleby and a new one in Storth which really helped my decision!!!

There are now 500 volunteers and around 24 shipping containers are sent each year including 3500 sewing machines...if not more. The demands grow as do the soaring costs as everything has to go round the south of Africa because of the conflict in the Middle East. Going through customs is never easy and partners dread having to open all the boxes....as repacking is nearly impossible! The recent magazine features Zimbabwe where there are 8 currencies and 16 languages to contend with!!

BUT each obstacle is overcome to deliver the life saving tools to grateful recipients.

Please keep encouraging people to give their tools to TWAM.

Thankyou.

Margaret Myers

margaretmyers@twam.uk

BYGONE DAYS

Those of a certain age will remember the subject of this article. I certainly remember my mother doing this chore in my very younger days. It was a procedure that if you didn't carry it out every week you were seen as letting the street down through laziness and neglect. If you walk by the bridge at Donkey Stone Wharf in Ashton-under-Lyne you may spot a Blue Plaque commemorating Eli Whalley, Donkey Stone Manufacturers. Those of you who remember Donkey Stones, will perhaps conjure memories of your childhood home and a rose tinted view of family life.

The stones were first used in the textile mills of Lancashire and Yorkshire. Mills were dangerous places with greasy steps and floors causing serious possibilities of slipping and injury. To prevent this they needed a non-slip surface. This could be prevented by using a Donkey Stone to scour the floor, to create a safer walking environment.

So what were they? By mixing pulverised stone (obtained from Appley Bridge quarry, near Wigan) cement, bleach powder and water you made a thick paste. This was formed into a block, then cut into stones about the size of a large bar of soap, stamped with a donkey symbol and put on racks to dry. The original manufacturers were Reads of Manchester. Eli Whalley founded the premises beside the Ashton Canal at Whitefields. They became well known for their production and trade boomed when their use in domestic situations became popular. Female mill girls adopted the use of them for the front steps of their homes. So the chore of 'doing the steps' became popular. If this wasn't carried out weekly you were mildly seen as letting the street down. While proving the cleanliness of your home, it also gave an opportunity to catch up with the gossip about what was happening on the street and woe betide any child who stood on a newly stoned step.

The main thing I remember is that these could be obtained from the local rag and bone man, in exchange for a few rags. Doing the step

became less important and died out during the 50's and 60's, partly due to the decline in the mills and changing social trends. By the time of the closure in 1979 production had shrunk to about 720,000 a year. Some machinery was placed in Portland Basin Museum in Ashton and a Blue Plaque placed to remember the importance of them.

LATEST.

They are still selling like hot cakes at Ashton Indoor Market. Gerald Buckley still sells them there at the family business.

Thanks to Geoff Pownall.

From Norma Singleton



CHURCH CLEANING



Bill and Linda Wood 4th July

Martin and Elspeth Jayne 11th July

Joyce and Roy Watkinson 18th July

Tony and Liz Bontoft 25th July

Hazel Carter and Kath Cater 1st August

Di Outhwaite and Gilly Peters- Parr 8th August

Margaret Bateman and Debbie Sutherland 15th July

Clive and Gill Walkley 22nd August

Shirley and John Miller 29th August

Bill and Linda Wood 5th September

Thank you to everyone who keeps the Church sparkling clean throughout the year. Elspeth Jayne 015395 60942

NATLAND CRAFT GROUP

All are invited to join the Natland Craft
Group which
re-starts after the summer break September 2nd
Wednesdays 2-4pm in the Village Hall
Bring your craft and enjoy the company

The flat that I rent is very expensive, it's damp and in bad condition. The wiring is unsafe and last week everything in the kitchen stopped working. I keep trying to contact the letting agent but they don't reply. I can't afford to eat out. I will have to borrow money to get this fixed if nothing happens. A friend complained about repairs and they got evicted. This is making me feel trapped and very stressed. What can I do?

You are not alone - Citizens Advice has found almost half of renters who dealt with a letting agent in the last three years, nearly 4 million people, faced rule-breaking behaviour. 29% saw emergency or urgent repairs left totally unresolved. Citizens Advice nationally is campaigning for tougher regulation of letting agents and better enforcement of existing rules.

The new Renters' Rights Act makes it illegal to evict a tenant without a good reason, so don't be afraid to take action.

Collect all your evidence - photographs, dates of contacts and copies of messages, receipts for expenses caused by the problem, a letter from your GP if your health is affected, and a copy of your tenancy agreement.

Write (or email) the letting agent setting out the problem, give a clear deadline, and keep a copy. If you don't get a satisfactory response, you can make a formal complaint, first to the letting agent and then to an independent complaints body. You can even take them to Court, use ADR (alternative dispute resolution) or mediation. But where the problem is a Health and Safety issue, as in your case, you can contact your local Council for help in ordering your landlord to carry out the repairs.

There is full information about all these steps on the Citizens Advice website. If it seems overwhelming, contact SLCA who will guide you through it.

Free, confidential advice and help is available from South Lakes Citizens Advice on any aspect of debt, consumer problems, benefits, housing, employment or any other problems.

New opening hours:

Tuesday - Drop in at Wainwright's Yard, Kendal 10am - 1pm, last client at 12.45

Wednesday - Pre-booked appointments

Thursday - Pre-booked appointments

Adviceline: 0808 278 7984

Consumer Helpline: 0808 223 1133

Universal Credit Helpline: 0800 328 5644



Natland Lunch Club

The Punch Bowl, Barrows Green

Enjoy a catch up with friends and a freshly cooked two course meal at a reasonable price every 3rd Tuesday of the month at 12 noon. Booking is essential.

Gentle Exercise Classes

Natland Village Hall is being refurbished so there will be no classes there until September. The nearest class is:

Endmoor Village Hall every Tuesday at 10.30 – 11.30am

Stay active and healthy with simple exercises aimed at improving your mobility and fitness. All welcome, no need to book.

For more information or to book a lunch please call our admin team on 01539 728118 or email admin@ageuksouthcumbria.org.uk

Today

Today, Dear Lord I'm 80
And there's much I
Haven't done.
I hope, Dear Lord, you'll
Let me live until I'm 81
But then, if I haven't
Finished all I want to do
Would you let me stay
Awhile.... Until I'm 82
So many places I want to
Go, so very much to see
Do you think you could
Manage to make it 83
The world is changing very
Fast, there is so much
In store
I'd like it very much to
Live till I'm 84
And if by then I'm still
Alive I'd like to stay
Till I'm 85
More planes will be up in
The air, so around I'd
Like to stick
And see what happens
When I'm only 86
I know Dear Lord its
Much to ask (and it must be nice in heaven)
But I would really like to
Enjoy a sunset and
Stay till I'm 87
I know by then I won't be
Fast and sometimes
I'll be late

But it would be so pleasant
To be around at 88
I will have seen so much
And had a wonderful time.
So I'm sure that I'll be
Willing to leave at 89....
Maybe....

This poem taken from Letters Ireland's Own Channing House Rowe Street
Wakefield.

From
Shirley Miller

Easyfundraising

Did you know that whenever you buy anything online – from your weekly shop to your annual holiday – you could be raising free donations for St Mark's Church with easyfundraising?

There are over 7,000 brands on board ready to make a donation – including eBay, Argos, John Lewis, ASOS, Amazon, Booking.com and M&S – and it won't cost you a penny extra to help us raise funds.

All you need to do is:

1. Go to https://www.easyfundraising.org.uk/causes/stmarkschurchnatland/?utm_campaign=raise-more and join for free, or scan the QR code above
2. Every time you shop online, go to easyfundraising first to find the site you want and start shopping.
3. After you've checked out, the brand will make a donation to St Mark's Church at no extra cost to you whatsoever!

There are no catches or hidden charges and St Mark's Church will be very grateful for your donations. Thank you for your support.





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Natland Past and Present

Facebook Group

Sharing memories of Natland
from the past to present day

Find us on **f**

Natland past and present

www.facebook.com/groups/natlandpastandpresent

Cash In The Attic

Thank you for all donations so far. If you have any items that you think might be saleable and which are also capable of being consigned to the post then please send details for consideration to Collin. Thank you. If in doubt speak to or call Collin on 07740 447858 or collin4mansfield@me.com



A Poem

The lake was still, tranquil in the morning light.
I too was still, watching and listening,
What would God say to me today?
A dragonfly danced and darted,
Then rested beside me,
Amber -iridescent in the sun.
Being not doing.
God said I could be like that,
Being not doing,
Receiving his love.

(by Hilary Allen – from Barefeet & Buttercups ed Ruth Burgess publ by Iona Wild Goose www.ionabooks.com)

Postage Stamps

Please keep saving postage stamps to help the work of the RNIB. They can be left in the porch or in church.



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The background is a light blue gradient with various musical notes and symbols scattered throughout. A large, stylized treble clef is positioned on the left side, rendered in a dark red color with a yellow glow. The text is in a dark red, serif font.

Save the Date!

Music at St Mark's

**Saturday 25 July
FELLas Kendal Male Choir**

**Saturday 26 September
Close Quarters:
Acapella folk singing**

**Saturday 31 October
Chris Bannister
celebrates John Denver**

Look out for further details

Home Communion or Visit

If you are at home and for whatever reason, not back to church yet or out and about as much as you would like to be we can arrange for a service of Holy Communion in your own home. Please just contact a member of the Ministry Team to request this or indeed just a visit. (contact details on inside cover)



Keep in touch

St Mark's Church Website

[https://](https://www.stmarkschurchnatland.co.uk/)

www.stmarkschurchnatland.co.uk/

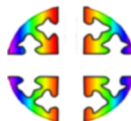
St Mark's Church

Facebook page:

@churchofstmark

For more Natland News visit:

www.natlandnews.blogspot.co.uk



From the Registers

Funerals

27th May Gladys O'Connor

"When the goodness and loving-kindness of God our Saviour appeared, he saved us, not because of any works of righteousness that we had done, but according to his mercy, through the water of rebirth and renewal by the Holy Spirit." Titus 3:4-6

'Nothing can separate us from the love of God'



The Helm Mission Community

Please pray for each of our churches and communities in the 'Helm Group' in our continuing work at this time - for Old Hutton, New Hutton, Crosscrake, Natland, Holy Trinity Kendal, Kendal United Reformed Church and the Salvation Army - and for the work and ministry we share with the Methodist Church and other denominations across Kendal.

For more Natland News visit: www.natlandnews.blogspot.co.uk

King's food bank



The Kings Food Bank thank us for our gifts of food throughout the year.

According to the website the following items would be particularly welcome:

instant pasta

instant noodles

instant mash

UHT semi-skimmed milk

large tins of vegetables (eg. carrots, sweetcorn)

sponge puddings

Custard

crisps

Please leave any donations of food in the box in the porch. The box is emptied each Monday (except bank holidays).

We hope that one day the food bank will no longer be needed, however looking back over the past months and years know that this is not going to happen soon.

Donations are always welcome

We are currently asking for:-

Cheese

Sugar and coffee

butter/margarine

tuna, corned beef, spam and other

tinned meats

gravy granules

honey

olive oil

evaporated or UHT milk (green top)

Custard

Tinned fruit

deoderants and toothpaste (male and female)

laundry liquid tablets

Washing-up liquid

tin foil

toilet rolls

carrier bags for wrapping food parcels

Please note we have enough tea, beans, pasta and rice at the moment.

Thankyou.

*Manna House, The Stephenson centre,
Ann street, Kendal, LA9 6AA*



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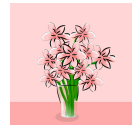
Tony Knowles
07967 774 825

Jams & plants

We are very grateful to all who support our church porch sales and to those who keep the porch well stocked with plants and different kinds of produce.



ALTAR FLOWERS



A big thank you to those who have signed up on the altar flower list at the back of church.

We now have cover until mid August but gaps then until Harvest at the beginning of October and into November. Any queries please phone

Jenny Kelly 015395 60512

Mini Marks Toddler Group

Wednesdays from 9-11am
in term-time

St Mark's CofE School Hall
Enter by the hall door please.
£2 per adult.



St Mark's Church

If you would like to give a donation to St Mark's Church there are several ways in which this can be done:

Write a cheque to 'St Mark's Church Natland' and send it to '**The Treasurer c/o The Vicarage, 18 St Mark's Fold, Natland LA9 7QU**'

Leave a donation on the collection plate by the font at the beginning or end of services

Use our contactless machine at services or events

Make an online donation (quoting your name) to:

HSBC Bank, 64 Highgate, Kendal, LA9 4TF

Sort Code 40-26-02 Account Number 61594214

Account Name St Marks Church Natland

Ask about setting up a regular standing order.

All donations are gratefully received. Thank you.



For more Natland News visit:
www.natlandnews.blogspot.co.uk
Why not also visit <https://www.stmarkschurchnatland.co.uk/>



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A summer prayer

PRAYER PAGE

As we rejoice in summer recreation,
bless, loving God, those whose lives feel destroyed.
As we find a stillness for rest and refreshment,
bless, loving God, those whose lives are defined by relentless care.
As we delight in new places visited on holiday,
bless, loving God, those imprisoned by poverty of wealth or ambition.
As we find adventure in activities both fun and frightful,
bless, loving God, those for whom illness and incapacity have become barriers.
As we find refreshment from routines and daily rituals,
bless, loving God, those whose lives can never find free space or time.
Amen. (*From "Roots on the web"*)



A Midsummer Blessing:

May God the Light-maker be with us
from the onset of the dawn chorus to the rising of the evening star,
May God the Night-bringer be with us
and grant us peace in our sleeping,
May God the Light of Life illuminate our hearts and minds
in sunlight and shadow, from the longest day to the shortest,
and forever. Amen. (*by Carol Dixon*)

ST. MARK'S CHURCH NATLAND & OXENHOLME

Services	Readers	Readings	Sidespeople
<u>9th August (Trinity 10)</u> 10am Holy Communion	John Chandler Margaret Myers	Genesis 37:1-4,12-28 Matthew 14:22-33	John Miller Shirley Miller
<u>16th August (Trinity 11)</u> 8am Holy Communion 10am Morning Worship	Tony Bontoft Linda Wood	Genesis 45:1-15 Matthew 15:10-28	Hilary Atkinson Mike Tregogan
<u>23rd August (Trinity 12)</u> 10am Holy Communion	Dorothy Smethurst Bill Wood	Exodus 1:8-2:10 Matthew 16:13-20	Elspeth Jane Martin Jayne
<u>30th August (Trinity 13)</u> Crosscrake Church 10am Holy Communion All Welcome	SONGS OF PRAISE ON NATLAND GREEN AT 4PM		
<u>6th September (Trinity 14)</u> 10am Holy Communion	Collin Mansfield Di Outhwaite	Exodus 12:1-14 Matthew 18:15-20	Di Outhwaite Miggy Scott
Every Thursday there is a said Holy Communion Service at 10am			

ST. MARK'S CHURCH NATLAND & OXENHOLME

Services	Readers	Readings	Sidespeople
<u>5th July (Trinity 5)</u> 10am Holy Communion	Gill Pilling Roy Watkinson	Zechariah 9:9-12 Matthew 11:16-19, 25-end	Elsbeth Jayne Martin Jayne
<u>12th July (Trinity 6)</u> 10am Holy Communion 3.30pm Families@3.30	Martin Jayne Pam Noonan	Isaiah 55:10-13 Matthew 13:1-9, 18-23	Gill Pilling Pam Noonan
<u>19th July (Trinity 7)</u> 8am Holy Communion 10am Morning Worship	Di Outhwaite David Smethurst	Isaiah 44:6-8 Matthew 13:24-30, 36-43	Di Outhwaite Miggy Scott
<u>26th July (Trinity 8)</u> 10am Holy Communion	Colin Gaskell Mike Trelogan	1 Kings 3:5-12 Matthew 13:31-33, 44-52	Jenny Kelly Penny Day
<u>2nd August (Trinity 9)</u> 10 am Holy Communion	Hilary Atkinson Graham Day	Genesis 32:22-31 Matthew 14:13-21	Paul Singleton Collin Mansfield
Every Thursday there is a said Holy Communion Service at 10 am			