



St Mary's
Parish Church
Frinton 2026

But thank God!

He has made us his captives and continues
to lead us along in Christ's triumphal procession.
Now he uses us to spread the knowledge of Christ
everywhere, like a sweet perfume.

2 Corinthians 2:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends, old and new.

Sunday, 28th June 2026

Parish Church Services (Sunday only)

Sunday 9:30am **Traditional Service - BCP (HC)**

Genesis 22:1-14 & Matthew 10:40-42

Sunday 11am **All-Age Service (also livestreamed)**

Genesis 22:1-14

Old Church Services

Sunday 6:30pm **Evening Service - CW**

Wednesday 11am **Holy Communion**



Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the **Church Office**.

Tel: **01255 679164** Email: **Office@stmarysfrinton.org** Website: **www.stmarysfrinton.org**

Prayer requests for our CHURCH PRAYER CHAIN (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: **01255 814 594**

**NEVER
DOUBT THE
POWER
OF PRAYER**

For our prayers during the week ...

... those who are unwell, and those who care for them:

David Allen, Anne Davis, Cheryl Eden, Margaret Knell, Jenny Kyriacou, Philip Kyriacou, Euan Macfarlane, Jenny Phillips, Tony Stubbs, Brian Thornton, Carole Unsworth, Sylvia Wells, Daphne West, Cate Wilby, Wendy Willis.

Jaywick Project: Through the six-week school summer holidays we hope to provide support to families in the Jaywick area, in the form of extra food to supplement the lack of school meals being available for the children. Financial donations to Dominic or Eleanor please. ***And please pray I purchase the right food for these families, and that the families that need it, do receive it.***

One huge need for prayer is that the local nursery school is closing in July! This will be a great loss for many families, making the nearest nursery school 1½ miles away! Those without their own transport will be badly affected. ***Please pray for all who will struggle to catch the school bus because of the long walk to the pick-up point, with the result of many children missing out on their education.***

Previously we asked for prayer for Kate, one of the community centre volunteers, who is being seen for lung cancer. It's good news that her biopsy was clear. More good news is that Jaywick's serious potholes have been fixed! Ongoing prayer needs include one of the community centre trustees, Dave, who has recently had a heart-attack and is having stents fitted. Also, for an elderly lady in the lunch club, who suffers from dementia. Unemployment in the area is, of course also an ongoing problem, so please pray about this too. ***Eleanor Young***

Frinton in Bloom judges will be making their annual visit to judge all our beautiful gardens on Friday 10th July. Our lovely Old Church garden is included in this review, and has been awarded many prizes over the years. It would be wonderful if all those who are available could get together from 9-12 midday on **Friday 3rd July** to help tidy up the front and back of the Old Church gardens. Drinks and snacks provided! Please let me know if you can come. ***Tricia Hamilton***

Women of Worth: All ladies are welcome to come and join us on

Wednesday 22nd July at 7pm in church to hear a talk from Russ Palmer. His subject will be "How deaf-blindness has shaped my life, music perception, communication and research".

Light refreshments will be available.

We do hope you will be able to join us, and would be grateful if you would kindly confirm your attendance through ChurchSuite or let one of us know. ***Barbara B, Chris, Judy, Marilyn & Tricia.***

**90
plus**

Over 90's Group

Please note that our *Over 90's Group* will meet on **Monday 6th July at 3pm** in the Church Lounge for tea, cake, and a chat. It will be great to see anyone in this age group, so please do join us. Contact Reception, if you'd like to know more, otherwise we look forward to seeing you there. ***Ruth and Tricia***



Only four weeks to go! Frinton Mission 2026 starts officially on **Sunday 26th**

July with an opening service at the marquee on the Greensward at 5pm.

An evangelistic summer mission has been held in Frinton for over 100 years, with local churches (previously FACT, now CCT) taking over from Scripture Union & CSSM in 1993. Christian volunteers from local churches, and further afield, work together with guests to provide a week of sharing the Good News of God's love for everyone, through a wide range of enjoyable events, along with worship, and prayer, around Frinton and Walton, for children, youth, and adults. It all takes place in the beautiful surroundings of sea, beaches, Greensward, local amenities, and churches.

Online volunteering closes on the 30th June. Two hundred volunteers are needed to help in the many varied roles: children's, adults, Love Frinton, Love Walton, Café, Day and/or hosting, information, and stewarding teams. *Currently we have just over 100 volunteers.* **Please do pray** about how you could help, and please do sign up. If you're unable to join a team, please pray for God's guidance and presence over Frinton Mission.

Please also join the monthly prayer meetings at 9am on the first Saturday of each month, in the Free Church's café, Oasis. The next will be on the **4th July**; your prayers are truly needed.

Tricia Hamilton

SUMMER CONCERTS 2026: Thursdays at 1:15pm

Light lunches (*supplied by Lilley's Bakery*) in the Church Hall 12:00 - 1:00pm

2nd July - Vocal Ensemble: Marenzio Singers

9th July - Cello & Piano: Rebecca Welham & Therese Miller

16th July - Piano: Siqian Li



Concerts are free, with a retiring collection shared between Walton Food Bank & St Mary's Parish Church.

Wednesday 11am Old Church Services

22nd July (HC) will be the final regular mid-week service, until 2nd September (HC).

Bring Your Own Picnic!

On **Sunday 12th July**, after the 11am Service has finished, we will have a *Bring Your Own Picnic* for everyone, in the church garden. Tea/coffee and cold drinks will be available as normal.

Please bring your own chair or picnic blanket.

A small number of chairs from the hall will be available for those who need them.



Don't forget our Sunset Services will start at the slightly later time than our usual evening services, **7pm, beginning on 9th August**. Do come and join us, with friends/family on holiday, and seaside visitors, at the Old Church, for an informal summer service of hymns, talk, and testimony. Everyone is welcome!

Strawberry Cream Tea

Saturday, 4 July 2026, 3pm

In the Church Gardens, Fourth Avenue.

Tickets: £8.50 or £3.50 Children (under 12) Available from Reception weekday mornings.

Admission by ticket only, so book early to avoid disappointment.

During the Week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all are welcome

Monday 29th Gethsemane Prayer 7:30pm
Tuesday 30th Prayer 24/7 Course (final) 7pm
Wednesday 1st Wednesday Group 10am
Holy Communion 11am
Thursday 2nd Smallsorts 10am
Summer Concert 12:15 for 1:15pm
Knit & Natter 1:30pm
Friday 3rd Coffee Morning 10am
Choir Practice 6pm
Saturday 4th Frinton Mission Prayer Meeting 9am
Strawberry Cream Tea 3pm



Sunday 5th July

9:30am Traditional Service - CW

11am All-Age Service (also livestreamed) (HC)

3pm Tendring Male Voice Choir Concert

6:30pm Evening Service - Old Church - BCP (HC)

Rotas for 2026 available on ChurchSuite. [Logins](#) available upon request.



Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift.' It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



DATES FOR YOUR DIARY

Frinton Mission - Sat. 25th July to Sun. 2nd August

~ CHURCH CLOSED FOR NORMAL USE ~

Sunset Services - begin Sun. 9th August, 7pm in the Old Church

SIGN UP FOR OUR Alpha Course - beginning Tues. 15th September, 7pm



Noticesheet Items: please submit to the **Church Office** by noon Tuesday, via office@stmarysfrinton.org

Join a Homegroup: Heather Ursell - **07882 402 768**

Sunday Media & PowerPoint items: email to the church office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org