

**PARISH MAGAZINE OF ST. GEORGE, KENDAL  
ST JOHN THE EVANGELIST, GRAYRIGG  
[www.beaconteam.org.uk](http://www.beaconteam.org.uk)**



Free - donations welcome

**July & August 2026**

# Beacon Team Mission Community

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<b>Baptism Secretary :</b>	Mrs Judith Cropper		07909766861
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# St. John The Evangelist, Grayrigg

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<b>Minute Secretary</b>	Mrs Pauline Last		824468
<b>Treasurer</b>	Mr David Last	davidlast@dockergarth.co.uk	824468
<b>PCC Secretary</b>	Mrs Nicola Bassett	nicola.bassett@aol.com	07387 504757

## From The Registers



### Funeral:

5th June - St Oswald's Burneside - Judith Crawford

### Wedding:

27th June - St Thomas' Selside - Lauren Swift & Craig Robinson

**Letter from Rev Michelle Woodcock**  
**Priest-in-Charge of the Beacon Team Churches**

*Dear Friends,*

A few weeks ago, I had the opportunity to spend some time in Northumberland with friends. One of the highlights of the trip was a boat ride around the Farne Islands. It was something I had wanted to do for years, as I have loved puffins ever since I was a child.

I must confess that, having only ever seen them in books and photographs, I had imagined them to be rather larger creatures—almost penguin-sized! In reality, they are delightfully small and incredibly charming. Watching them fly back to the cliffs was a joy. Their little orange feet spread apart like tiny landing gear as they came in to land. It was impossible not to smile.



The boat ride itself was less delightful. The sea was very choppy, and I am not the world's best sailor. There were moments when I wondered whether I would be able to appreciate the wildlife through the growing queasiness!

Yet it was absolutely worth it. Seeing these remarkable birds in their natural habitat, surrounded by the beauty of the coastline and the sea, was a wonderful reminder of the richness and creativity of God’s creation.

In a world full of worries and uncertainty, Jesus invites us to look at the birds. They don’t spend their lives anxiously trying to control everything, yet God provides for them each day.

Jesus’ point is simple: if God cares for the birds, He certainly cares for us. We matter deeply to Him.


This doesn’t mean we stop working or planning. It means we don’t have to carry the weight of the whole world on our shoulders. We can do our part and trust God with the rest.

When anxiety begins to take over, Matthew 6:26 reminds us of one simple truth: God knows us, values us, and will care for us.

*“Look at the birds of the air; they do not sow or reap or store away in barns, and yet your heavenly Father feeds them. Are you not much more valuable than they?”* Matthew 6:26

With blessings

*Michelle*



**Sunday 30th August — Joint Team Service**

On the fifth Sunday in a month, we come together for worship as a team. This August we will be gathering together at St John the Baptist Church, Skelsmergh  
The service starts at **11am**

# Worship With Us

## **St John the Baptist, Skelsmergh:**

Sunday 5th July - Holy Communion 11am  
Sunday 12th July - Morning Worship 11am  
Sunday 19th July - Holy Communion 11am  
Sunday 26th July - *Join a service at another church*

## **St John the Evangelist, Grayrigg**

Sunday 5th July - Holy Communion BCP 9.30am  
Sunday 12th July - Morning Worship 9.30am  
Sunday 19th July - Holy Communion CW 9.30am  
Sunday 26th July - Evensong 6.30pm

## **St George, Kendal**

Sunday 5th July - Holy Communion 11.00am  
Sunday 12th July - Worship@4 4.00pm  
Sunday 19th July - Morning Worship 11.00am  
Sunday 26th July - Holy Communion 9.30am  
-

## **St Oswald, Burneside**

Sunday 5th July - *No service - feel free to join another church*  
Sunday 12th July - Holy Communion 11.00am  
Sunday 19th July - Morning Worship 11.00am  
Sunday 26th July - Holy Communion 11.00am

## **St Mary's Longsleddale**

Sunday 5th July - Abbey Service 10.30am



**St Thomas, Selside**

Sunday 5th July - Morning Worship 9.30am  
Sunday 12th July - Holy Communion 9.30am  
Sunday 19th July - Evening Worship (BCP) 6pm  
Sunday 26th July - Morning Worship 11.00am

\*\*\*\*\*

**Every Tuesday** 6.00pm Short Evening Prayer  
at St. Oswald's Church, Burneside  
**Every Wednesday** 9.30am: BCP Holy Communion  
at St. Oswald's Church, Burneside

**Online Worship is available throughout the week via Zoom**

Please contact Revd Jean Radley for details of how to join in  
Regular weekday Zoom services include :

- \* **Mondays** 8.30pm : Compline
- \* **Fridays** 8.30pm : Celtic Evening Prayer

\*\*\*\*\*

Revd Michelle: *"Now that I live next door to St John's Church, Skelsmergh, I have decided to say my daily office in the church itself on **Tuesday and Thursday mornings**. I'll be there at **9 am** for around 15-20 minutes. It would be really lovely if you felt able to join me there.*

*Perhaps you might pop in once in a while, or maybe it's something you would appreciate being part of more regularly. There will be no expectation for you to do anything other than just come and enjoy a quiet 20 minutes at the start of a busy day "* **Revd Michelle**

Our May meeting was held at Grayrigg; thank you to Helen and her husband for arranging everything.

We welcomed Tim and Lynne from Sight Advice. Sight Advice (South Lakes) is a charity which is celebrating its 70th anniversary, having started in 1956. The aim is to support children and adults with a sight loss diagnosis.

A liaison officer at the hospital outpatients can be with someone to help them understand information, they are not medically trained but understand the jargon. The charity is supported by donations and grants. Support is given in a number of ways: walking guides, working with young people, social groups, support for schools, and also for families. The aims being to make sure clients have a good quality of life, empowering them, providing counselling, working alongside occupational health.

Tim and Lynne referred to the importance of regular eye tests for all age groups, especially for children as eye tests are no longer provided in schools. Emergency service is provided by an optician initially, who can refer people to the hospital.

There are two million people, including children, with sight loss. In South Lakeland, around 4,600 people with sight loss. 1 in 5 people will have some sight loss in their life.

Sight Advisers help when someone is first diagnosed in many ways: access to work, grants available, mobility support, occupational health, housing issues, support around the home, transport.

We were then told about different eye conditions which affect sight.

Sight Advice  
South Lakes

# Get In Touch With Us.



SHARE THIS POST IF YOU THINK IT MIGHT HELP SOMEONE

Our Phone: 01539 769 055

Our Website: [www.sightadvice.org.uk](http://www.sightadvice.org.uk)

Our Email: [info@sightadvice.org.uk](mailto:info@sightadvice.org.uk)

Our Address: 116 Highgate, Kendal LA9 4HE

Tim and Lynne went on to explain and show us the many 'gadgets' (such as Meta smart glasses, watches and phones) which could help to make a difference, which was amazing. This was an excellent talk, which all members enjoyed.

Following our visit to Levens Hall, we will not meet again until 30th September when we welcome Colin Kendall to talk about his involvement with Blood Bikes; there will also be a 'Bring and Buy'.

Wednesday 8th July 2pm - Staveley MU – Cream Teas,  
30th Sept - Colin Kendall, about the Blood Bike team (with Bring & Buy).

Wishing you all a lovely Summer.

*Mary Atkinson (Branch Leader)*

## Readings for July & August 2026

### **Fifth Sunday after Trinity**

1<sup>st</sup> Reading Zechariah 9:9-12  
2<sup>nd</sup> Reading Romans 7:15-25a

**July 5, 2026**

Psalm 145:8-15  
Gospel Matthew 11:16-19,25-end

### **Sixth Sunday after Trinity**

1<sup>st</sup> Reading Isaiah 55:10-13  
2<sup>nd</sup> Reading Romans 8:1-11

**July 12, 2026**

Psalm 65  
Gospel Matthew 13:1-9,18-23

### **Seventh Sunday after Trinity**

1<sup>st</sup> Reading Isaiah 44:6-8  
2<sup>nd</sup> Reading Romans 8:12-25

**July 19, 2026**

Psalm 86:111-end  
Matthew 13:24-30,36-43

### **Eighth Sunday after Trinity**

1<sup>st</sup> Reading 1 Kings 3:5-12  
2<sup>nd</sup> Reading Romans 8:26-end

**July 26, 2026**

Psalm 119:129-136  
Gospel Matthew 13:31-33,44-52

### **Ninth Sunday after Trinity**

1<sup>st</sup> Reading Isaiah 55:1-5  
2<sup>nd</sup> Reading Romans 9:1-5

**August 2, 2026**

Psalm 145:8-9,15-end  
Gospel Matthew 14:13-21

### **Tenth Sunday after Trinity**

1<sup>st</sup> Reading 1 Kings 19:9-18  
2<sup>nd</sup> Reading Romans 10:5-15

**August 9, 2026**

Psalm 85:8-13  
Gospel Matthew 14:22-33

### **Eleventh Sunday after Trinity**

1<sup>st</sup> Reading Isaiah 56:1,6-8  
2<sup>nd</sup> Reading Romans 11:1-2a,29-32

**August 16, 2026**

Psalm 67  
Gospel Matthew 15:10-28

### **Twelfth Sunday after Trinity**

1<sup>st</sup> Reading Isaiah 51:1-6  
2<sup>nd</sup> Reading Romans 12:1-8

**August 23, 2026**

Psalm 138  
Gospel Matthew 16:13-20

### **Thirteenth Sunday after Trinity**

1<sup>st</sup> Reading Jeremiah 15:15-21  
2<sup>nd</sup> Reading Romans 12:9-end

**August 30, 2026**

Psalm 26:1-8  
Gospel Matthew 16:21-end

# Worship in the Churches - August 2026

## **St John the Evangelist, Grayrigg**

- \* Sunday 2nd August 9.30am Holy Communion
- \* Sunday 9th August 9.30am Morning Worship
- \* Sunday 16th August 9.30am Holy Communion
- \* Sunday 23rd August 6.30pm Evening Worship

## **St George's, Kendal**

- \* Sunday 2nd August 11.00am Holy Communion
- \* Sunday 9th August 4.00pm Worship@4
- \* Sunday 16th August 11.00am Morning Worship
- \* Sunday 23rd August 9.30am Holy Communion

## **St Oswald's, Burneside**

- \* Sunday 2nd August *please worship with another church*
- \* Sunday 9th August 11.00am Holy Communion
- \* Sunday 16th August 11.00am Morning Worship
- \* Sunday 23rd August 11.00am Holy Communion

## **St Thomas Selside**

- \* Sunday 2nd August 9.30am Morning Worship
- \* Sunday 9th August 9.30am Holy Communion
- \* Sunday 16th August 6.00pm Evening Worship (Celtic)
- \* Sunday 23rd August 11.00am Morning Worship

## **St John the Baptist, Skelsmergh**

- \* Sunday 2nd August 11.00am Morning Worship
- \* Sunday 9th August *with Selside*
- \* Sunday 16th August 11.00am Holy Communion
- \* Sunday 23rd August *please worship with another church*
- \* **Sunday 30th August 11.00am Holy Communion Team Service**

## **St Mary's, Longsleddale**

- Sunday 2nd August 10.30am Abbey Service

# Grayrigg Church and Community News

## UPCOMING EVENTS IN GRAYRIGG

3rd July

Pub Night

7.30pm onwards

Houghton Weavers (management) Ltd Presents:

# THE HOUGHTON WEAVERS

*An Evening of Music and Laughter, guaranteed to  
"Keep Folk Smiling"*



APPEARING AT

4th July 7.30pm  
in the Coronation Hall

Tickets £15 from  
Kath:  
07736 125236

### Grayrigg Coronation Hall

Saturday 4<sup>th</sup> July

\*Tickets £15 \*7.30pm (doors open 7pm) \*Bar

email: [kath.dickinson@btinternet.com](mailto:kath.dickinson@btinternet.com)

Tel: Kath 07736 125236

*houghton*  
weavers.com



## Howgill and Firbank WI

**Thursday 2nd July** - Firbank Church Hall at 7.30pm

There will be no speaker as it is members night where members can talk or bring along something of interest.

The competition is a holiday postcard.

# Grayrigg Church and Community News



## Grayrigg Rainfall

The rainfall in May 2026 was 98.5mm or 3.89 inches

The rainfall in May 2025 was 57.9 mm or 2.28 inches

The average May rainfall over the last 34 years is 86.2mm or 3.39 inches.

Thanks to everyone who supported our annual plant sale on the 30<sup>th</sup> May in Grayrigg Coronation Hall. It was a huge success and with your help, we managed to raise the fantastic sum of £1553 for our Church, Thanks to everyone who helped with the baking, the people who helped behind the stalls, the people in the kitchen who made the coffee and served the cakes and all the people who came and bought from us. All of this wouldn't be possible without all the help, so huge thanks once again to you all. *Kath*

## Regular Meetings in Grayrigg

**Grayrigg Table Tennis Club** - holds matches in the Coronation Hall from September to May. Anyone who would like to play in a team please contact Kevin Hunter on 07813 133507

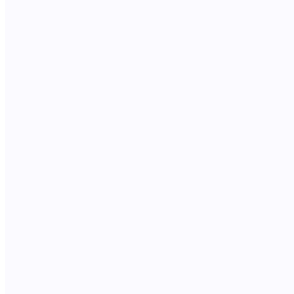
**Pickleball** – takes place every Thursday evening 6-8pm in the Coronation Hall £3

**Grayrigg Young Farmers** - meet every Tuesday for meetings and social events. If you are interested in joining, come along or phone 07780 996498 for more information



# ***AFTERNOON TEA***

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***Saturday 26<sup>th</sup> September***  
***Grayrigg Coronation Hall at 3pm***

***Vegetarian & GF options available.***

***PLEASE NOTE: Our food may contain traces of nuts.***

***Tickets £15.00***

***or £17.50 to include a glass of Prosecco***

***Admission by ticket only - available from***

***Amanda Eastwood - 07753 696018***

***or [amanda\\_eastwood@hotmail.com](mailto:amanda_eastwood@hotmail.com)***

***Organised by the Grayrigg Over 60's Committee***

***Proceeds for the Grayrigg Over 60s funds***

## **Exploring Grief – at St. George’s Church Kendal, Radley Room.**

We all experience grief in some form during our lives. The journey of healing requires time, patience and support. In the autumn we are going to meet to explore what the psalms say about grief and how they can provide comfort and help us to express our emotions to our compassionate God who weeps with us, listens to our cries and understands our pain. These gentle Bible studies will be encouraging and helpful at those moments in life when you find yourself confronted by grief, whether your own or that of someone you care about.

Sessions will run from 10.30am – 12noon with tea and coffee and biscuits provided.

The dates are yet to be confirmed but will appear in the weekly pew sheet.

Everyone is welcome to join us.

*Michelle*

## **The Commissioning of Ian Wilson as The Beacon Team Anna Chaplain**

It was appropriate that Ian Wilson was commissioned as an Anna Chaplain, working in the Beacon Team Mission Community, during the Joint Team service held on Sunday 31st May at St Mary’s Church, Longsleddale,

Anna Chaplaincy (AC) is a ministry to older people, and its purpose may best be summarised as follows:

*“AC seeks to accompany older people at this age and stage of their lives. It is an ecumenical, community-based, chaplaincy promoting the spiritual welfare of older people. AC is a person-centred and non-judgemental ministry for people of strong, little or no faith at all. It involves visiting older people wherever they may be living, whether in residential and nursing homes, sheltered housing, retirement complexes or other private homes. The emphasis is on spiritual support but, clearly, people’s practical struggles will also play a part in their overall well-being.”*

We pray for Ian as he prepares to embrace this new pathway on which God has called him.

## Buttermere Camino 2026

### Saturday 1st August

You are invited to join this year's Grassmoor Mission Community Buttermere Camino, organised by Poiema, a Christian Community located in the village of Loweswater.



They are holding a mini camino (pilgrimage) from St Cuthbert Lorton, to St James, Buttermere, via St Bartholomew in Loweswater, leaving Lorton church at 10am. There will be times for prayer and reflection as well as conversation whilst walking. The time together will end with a short reflection at St James' church, followed by a Communion service for those who'd like to stay on.

The walk is about 11 miles and they hope to arrive in Buttermere at around 4pm.

There will be opportunities to join or leave the walk at Loweswater at around 1pm, where they will be eating packed lunches; please bring one with you! It is recommended to share lifts, arranging pickups from Buttermere or leaving cars there, as the buses finish in the early evening and are likely to be busy.

Contact them for more details: [www.poiema.community/contact-us/](http://www.poiema.community/contact-us/)  
Please to let them know if you are planning on joining so that they know to look out for you at Lorton or Loweswater.



Westmorland  
and Furness  
Council

## COMMUNITY EQUIPMENT SERVICES

GIVING EQUIPMENT A **SECOND LIFE** AND  
SUPPORTING OUR COMMUNITY

# TAKE BACK EVENT!



RETURN UNWANTED  
EQUIPMENT.

**HELP OTHERS.  
REDUCE WASTE.**



YOUR RETURNED  
EQUIPMENT CAN BE  
CLEANED, REUSED AND  
HELP SOMEONE IN OUR  
COMMUNITY.

### WE TAKE:

- PERCHING STOOLS
- TOILETING AIDS
- BATHING AIDS
- COMMODES
- HEIGHT ADJUSTABLE TROLLEYS
- SHOWER CHAIR



### WE DO NOT TAKE:

- ZIMMER FRAMES
- WALKING STICKS
- CRUTCHES
- WHEELCHAIRS



## KENDAL LEISURE CENTRE

THANK YOU FOR SUPPORTING YOUR LOCAL COMMUNITY!

THURSDAY  
25/06/26

EVENT DATES:  
THURSDAY  
30/07/26

THURSDAY  
27/08/26



DROP OFF BETWEEN: **10:00AM – 7:00PM**

**TOGETHER  
WE CAN MAKE  
A DIFFERENCE!**

YOUR RETURNED EQUIPMENT CAN BE  
CLEANED, REUSED AND **HELP SOMEONE**  
IN OUR COMMUNITY.

*With thanks to Cherry from Grayrigg for sharing this and to the author for permission to print it.*

I prayed and then I waited.  
Nothing happened – or did it?  
I prayed again.  
Maybe He just couldn't hear me.

Turns out when God felt  
the smallest,  
I needed to move in a little  
closer under his wing.

Not so that He could finally  
hear me but so that I could  
finally hear Him and then  
rest in the shelter of whatever  
it was He had to say.

ullie-kaye





**Anna  
Chaplaincy**  
for older people

Kendal  
Anna Chaplaincy in Cumbria

Everyone is welcome to the

**KENDAL TEA SERVICE**

**BRINGING PEOPLE**

**TOGETHER**

A short service with a Bible reading,  
**3 traditional** hymns and prayers  
Followed by Tea and Cake

Thursday 16th July and 20th August  
2.30 pm at Kendal Parish Church

For more information about the Tea Service or Anna Chaplaincy  
in Kendal please contact Beverley Moore 07507 749238 or  
bevmoore.annachaplaincy@gmail.com

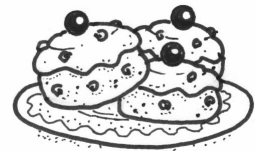


**St George's Church**  
**Chatter and Natter**

**Friday August 28th 2026**  
from 10am to 11.30am

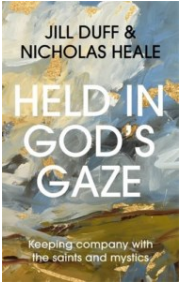
All are welcome to join us on the last Friday of every month  
in the Radley Room for Tea/coffee, cake and meet up with  
friends.

For further information ring  
Sue Whittaker 07866341554



There will be no meeting in July

## BOOK REVIEWS



### **Held in God's Gaze – Keeping Company with the Saints and Mystics**

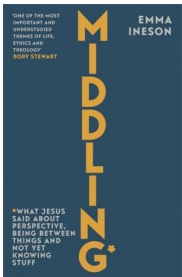
By Jill Duff & Nicholas Heale, SPCK, £15.99

Discover the wisdom, prayer, and spiritual insight of saints and mystics across Christian history.

Jill Duff and Nicholas Heale invite readers to share in their experience of friendship with holy figures, from ancient and

Celtic saints to medieval mystics, women spiritual leaders, the

Spanish Mystics, and modern voices of faith. Through short, engaging chapters, the authors explore how these saints encountered God through prayer, scripture, and devotion, offering reflections that help readers grow in spiritual maturity. Each chapter concludes with study questions, perfect for individual meditation or group discussion.



### **Middling – what Jesus Said About Perspective, Being Between Things and Not Yet Knowing Stuff**

By Emma Ineson, SPCK, £12.99

In a world that is becoming increasingly polarised, Emma Ineson's wit, wisdom and compassion help us reclaim the middle ground as a creative and courageous place to stand. St Augustine, Shakespeare and Jesus himself are among the

many who have extolled the virtues of moderation.

The middle is where most of us find ourselves a lot of the time. However, if we feel somewhat apologetic about that, Middling is likely to galvanise our thinking. It reveals the gift of being able to see both sides of a conflict, of holding a nuanced view, of embodying compassion over certainty. It explores waiting as a place of creativity where, suspended between what we've left behind and what we've yet to discover, life can unfold in ways both unexpected and profound.

As a bishop, Emma is constantly challenged by questions that haunt those who lead: when to speak? When to say silent? Christ as the ultimate 'middle' figure, holding all things together, reminds her that standing in the middle is indeed her priestly vocation - and that wonderful image is at the heart of this book. Choosing to dwell intentionally in the middle, we discover that it's not only a truly fruitful, but also a joyful place to be.

*Available through South Lakes Christian Resources and Lynne Magee.*

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**Family fun Weekend**  
 to celebrate 150 yrs  
 of Mothers Union  
 working to support families  
**17-19th July 2026**  
**Rydal Hall**

**Come and play and worship together**

**Bouncy castles,  
 crafts, trails,**



**Balloons, toddler hall and so much more!**

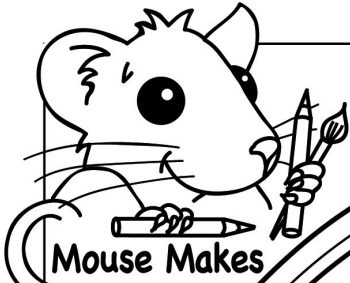
Book for the whole weekend on campsite or in the Hall.  
 You can also book for the Saturday only for £36 per family.  
 The 1st 50 families to book get a free packed lunch for 2 adults!

**Book through Rydal Hall using code MU150**  
<https://www.rydalhall.org>

Join Bishop Rob on the Sunday for an  
 open-air communion service at 11 am.  
 Theme is The Lost Sheep

more info on  
 CDMU website  
 QR code





“May the grace of the Lord  
**JESUS CHRIST** and the  
 love of **GOD** and the  
 fellowship of the  
**HOLY SPIRIT** be  
 with you all.”

2 Corinthians  
 13:14



V  
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 EMEWORD  
 PBREADW  
 HLALPHA  
 EEMCG JY  
 RMEHOEK  
 DMIRSST  
 SAVIOUR  
 PNESNSU  
 OUNTLOT  
 MESSIAH  
 RLGBFIS  
 KEOMEGA

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 ISD  
 JYIAM  
 ACGODJM  
 LROCKUA  
 MELORDJ  
 IABBAGE  
 GTDEBES  
 HOYRFET  
 TRAHATY  
 YGHOIEF  
 VSWLARA  
 OHEYENT  
 JEHOVAH  
 IKINGLE  
 SHIELDR  
 SAVIOUR

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 THAHSRI  
 OSPOWER  
 ULFLIFE  
 POWYNDR  
 AWISDOM  
 DBEPBVC  
 VWTIREO  
 OIEREFM  
 CTRIAIF  
 ANTTTRO  
 TEACHER  
 ESLGIFT  
 DSGUIDE  
 THELPER

**JESUS • CHRIST**  
 SON • SAVIOUR • LORD  
 EMMANUEL • MESSIAH  
 SHEPHERD • LAMB • WAY  
 TRUTH • LIFE • DOOR  
 BREAD • WORD • HEALER  
 VINE • ALPHA • OMEGA

**GOD • FATHER**  
 ABBA • LORD • JEHOVAH  
 YAHWEH • ALMIGHTY  
 HOLY ONE • SAVIOUR  
 ETERNAL • CREATOR  
 KING • MAJESTY • JUDGE  
 SHIELD • ROCK • I AM

**HOLY SPIRIT**  
 GIFT • HELPER • WITNESS  
 COMFORTER • GUIDE  
 ADVOCATE • WISDOM  
 POWER • TRUTH • BREATH  
 LIFE • ETERNAL • DOVE  
 WIND • FIRE • TEACHER



## Beacon Team Events

### **Selside Summer Teas**

St Thomas's Church,  
Selside. LA8 9LA  
5 miles north of Kendal, off A6

2pm-4pm, in the church &  
churchyard

Sunday **12th July**  
Sunday 2nd August.

£5 Entry: Drink & Slice of Cake  
Delicious homemade bakes  
Local walks map  
Tombola



## **SELSEIDE VILLAGE SPORTS**

Sunday 5th July, starts 3pm  
Traditional races, Fell race, Egg  
Throwing BBQ and bar

Cooper House Field by kind  
permission of the Wilson family

Parking and Bar: Selside Memo-  
rial Hall

+++++

## **Advertise here!!**

**You can have a space  
like this space for just  
£25/year**

## **Kendal Wills Ltd.**

For Wills and Lasting Powers of  
Attorney

Tel 01539 728020  
[enquiries@kendalwills.co.uk](mailto:enquiries@kendalwills.co.uk)  
[www.kendalwills.co.uk](http://www.kendalwills.co.uk)

Compliant with the Institute of  
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# *Hayes & Parkinson Ltd.*

*Funeral Directors*

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**Day and Night 24 Hour Service**

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