



**St Mary's**  
Parish Church  
**Frinton** 2026

But thank God!  
He has made us his captives and continues  
to lead us along in Christ's triumphal procession.  
Now he uses us to spread the knowledge of Christ  
everywhere, like a sweet perfume.

2 Corinthians 2:14

## Welcome!

Tea and coffee available from 10:30 at the back of the church.  
Time for a chat with friends, old and new.

**Sunday, 7<sup>th</sup> June 2026**

### Parish Church Services (Sunday only)

Sunday 9:30am **Traditional Service - BCP**

**Genesis 12:1-9 & Matthew 9:9-13, 18-26**

Sunday 11am **All-Age Service (also livestreamed) (HC)**

**Matthew 9:9-13, 18-26**

### Old Church Services

Sunday 6:30pm **Evening Service CW (HC)**

Wednesday 11am **Holy Communion**



### Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: [Office@stmarysfrinton.org](mailto:Office@stmarysfrinton.org)

Website: [www.stmarysfrinton.org](http://www.stmarysfrinton.org)

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the **Church Office**.

Tel: **01255 679164** Email: [Office@stmarysfrinton.org](mailto:Office@stmarysfrinton.org) Website: [www.stmarysfrinton.org](http://www.stmarysfrinton.org)

**Prayer requests for our CHURCH PRAYER CHAIN** (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: **01255 814 594**

**For our prayers during the week ...**

**... those who are unwell, and those who care for them:**

David Allen, Anne Davis, Frances Hardwick, Margaret Knell, Philip Kyriacou, Euan Macfarlane, Jenny Phillips, Tony Stubbs, Carole Unsworth, Sylvia Wells, Daphne West, Cate Wilby, Wendy Willis.

**NEVER  
DOUBT THE  
POWER  
OF PRAYER**



With all the news at the moment about war in IRAN, London City Missionary, Patrick Kangi, reports *"God is really working among Iranians."* Some were born and raised here, living alongside others who recently arrived as refugees. Mo, an Iranian born and raised in London, met Christian Iranians at a social event at St Barnabas Church in North London. Forced to flee their homes and living in temporary accommodation - their situation so desperate and yet they had real peace because of Jesus. Their testimony so impacted Mo and his mum that they have become Christians, joined the Church, and are serving the Lord there.

**Please pray** for Mo and his mum as they seek to share the love of Christ with others in their community. **Lesley Holland**

**At 11am each Wednesday** a service is held in the Old Church, to which **all are welcome**.

This is an opportunity to take an hour out of our busy weeks, in a quiet, reflective way. It is a 'said service' (no songs or music) using the book of Common Prayer, and is either a *Holy Communion Service* or a *Service of the Word*. See the front of this noticesheet.

**Items for the Noticesheet:** Please **DO NOT** send noticesheet items to Dominic or RJ. Please send all items for the noticesheet to [office@stmarysfrinton.org](mailto:office@stmarysfrinton.org). We don't want your item to be missed or delayed.

**An opportunity to serve ...** Do you attend the 11am All-Age service? Could you consider helping out at the 9:30 service, once a month? We need two Welcomers for the third Sunday each month. If you could help, please let Heather, Funmilayo, or Dominic know.



## **SUMMER CONCERTS 2026: Thursdays at 1:15pm**

Light lunches (*supplied by Lilley's Bakery*) in the Church Hall 12:00-1:00pm

11<sup>th</sup> June - Oboe & Flute: Rob & Debbie Rogers

18<sup>th</sup> June - Violin & Piano: Beth Spendlove & Nigel Clayton

25<sup>th</sup> June - Piano: Siqian Li

2<sup>nd</sup> July - Vocal Ensemble: Marenzio Singers

9<sup>th</sup> July - Cello & Piano: Rebecca Welham & Therese Miller

16<sup>th</sup> July - Organ: Duncan Archard



**Concerts are free** but have a Retiring collection for Walton Food Bank and St Mary's Parish Church



## Training, Outreach and Evangelism (TOE) Action Group

The next meeting of the Training, Outreach and Evangelism (TOE) Action Group will take place at **10:30am on Tuesday 9<sup>th</sup> June 2026**, in **Rooms 3 & 4**. All are welcome to attend, especially those with an interest in helping shape this important area of our church's mission and ministry.

*Peter Wood*

We are looking for a **new SAT-7 rep**, to coordinate distribution of the quarterly prayer diaries, and to provide a monthly contribution of prayer items for the noticesheet. Please speak to Heather, Funmilayo, or Dominic if you could help.

**Jaywick Project:** We would be pleased to receive any financial contributions towards the delivery of food parcels for the six weeks of the summer holidays, for families in Jaywick. This is a time when children are particularly affected by the lack of school meals to supplement their diet. If you would like to contribute to this good cause, please hand any donations to Dominic Gardner or **Eleanor Young**. Thank you.

*Fundraiser Dinner*

**SATURDAY 13TH JUNE, 7PM**

FOR MORE INFO OR BOOK TICKETS CONTACT:  
PETER WOOD IN PERSON OR VIA THE CHURCH OFFICE

*With... The Rt Revd Dr Guli Francis-Dehqani  
The Bishop of Chelmsford*

TICKETS £25

**STRINGS AND HARPSICHORD**

THE JOZEF CHASYD QUARTET WITH SARA STOWE ON HARPSICHORD

FEATURING TWO PREMIERES BY LOCAL COMPOSER PETER THORNE

Tickets £20\* to include tea and cake after  
\*Students free with paying adult

**SAT 20 JUNE 3:00 PM**  
**ST MARY'S PARISH CHURCH,  
OLD ROAD, FRINTON ON SEA**

**Gethsemane**

The Place of Surrender  
**Mondays 7:30pm**

Prayer changes things

Gethsemane is the name of our weekly prayer meeting usually held every Monday evening. We meet for an hour in Rooms 3/4 and everyone is welcome to join us to share in both silent or spoken prayer.

**Strawberry Cream Tea**

**Saturday, 4 July 2026, 3pm**

In the Church Gardens, Fourth Avenue.

Tickets: £8.50 or £3.50 Children (under 12) Available from Reception weekday mornings.

Admission by ticket only, so book early to avoid disappointment.

# During the Week ...

**Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome**

- Monday 8<sup>th</sup> RNID 'Hear to Help' 11am  
Gethsemane Prayer 7:30pm
- Tuesday 9<sup>th</sup> T.O.E Action Group Meeting 10:30am  
Prayer 24/7 Course (5) 7pm
- Wednesday 10<sup>th</sup> Wednesday Group 10am  
Holy Communion 11am
- Thursday 11<sup>th</sup> Smallsorts 10am  
Summer Concerts 12:15pm  
Knit & Natter 1:30pm  
All-Age Action Group 6pm
- Friday 12<sup>th</sup> Coffee Morning 10am  
Missionary Prayer Meeting 10am  
Choir Practice 6pm
- Saturday 13<sup>th</sup> Fundraising Dinner 7pm



The Old Church

**Sunday 14<sup>th</sup> June**

- 9:30am Traditional Service - BCP (HC)  
11am All-Age Service (also livestreamed)  
6:30pm Evening Service - Old Church - CW



## Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit [parishgiving.org.uk/home](http://parishgiving.org.uk/home) and find our church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift.' It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



PARISHGIVINGScheme



## DATES FOR YOUR DIARY

- Strawberry Tea** - Sat. 4<sup>th</sup> July, 3pm  
**Frinton Mission** - Sat. 25<sup>th</sup> July to Sun. 2<sup>nd</sup> August  
**Sunset Services** - begin 9<sup>th</sup> August, 7pm in the Old Church  
**Alpha Course** - Tues. 16<sup>th</sup> September, 7pm

Find us on the web!



**Noticesheet Items:** please submit to the [Church Office](#) by noon Tuesday, to [office@stmarysfrinton.org](mailto:office@stmarysfrinton.org)

**Homegroup Information:** Heather Ursell - **07882 402 768**

**Sunday Media & PowerPoint items:** email to office before 6pm Wednesday

**Bookings for Church Premises:** [OpsMgr@stmarysfrinton.org](mailto:OpsMgr@stmarysfrinton.org)