

DEADLINE DATE the deadline date for the magazine is the **10th** of each month

Email parishnews888@btinternet.com

ADVERTISING IN THE MAGAZINE IS AVAILABLE

INGLEWOOD NEWS AND NOTES

"The local magazine for the communities
of the Inglewood Benefice & surrounding areas"

July

- 3rd Heskett MU Coffee Morning—Low Heskett village hall.
- 12th Strawberry Teas at Ivegill Village hall 2pm—4pm
- 13th Armathwaite Old School Hall Community Café 11.30 am—2.00 pm
- 19th Old School Hall Armathwaite—Family BBQ
- 21st St Michael's Church'Family Treasure Hunt. 1pm-1.30pm Skelton Memorial Hall
- 24th Accordion Concert, Julie and Jean St Mary's Church, High Heskett 7.30pm
- 27th Armathwaite Old School Hall Community Café 11.30 am—2.00 pm
- 28th Anna Chaplaincy Tea Service, Skelton Methodist Chapel 2.30pm
- 31st St Mary's Church High Heskett Coffee Morning 10.00 am—11.30am

August

- 1st Produce Show—Low Heskett village hall
- 14th Cuppa and Cake, Low Heskett Village hall 2pm All Welcome
- 24th Anna Chaplaincy Tea Service, Skelton Methodist Chapel 2.30pm

September

- 4th Low Heskett Village Hall Quiz night with pie and pea supper.
- 5th St Michaels Church, Skelton Coffee Morning 10.30am Skelton Memorial Hall
Big Breakfast for All Saints Church in Calthwaite School.
- 11th Cuppa and Cake, Low Heskett Village hall 2pm All Welcome
- 11th St Mary's High Heskett Cheese and Wine tasting
- 19th Harvest supper and Auction Ainstable 7pm
- 28th** St Mary's Church High Heskett Coffee Morning 10.00 am—11.30am

October

- 5th St Michael's Church 'Harvest Supper'. Toppin Memorial Hall, Skelton at 6.30pm
- 25th Low Heskett Village Hall Christmas Shopping afternoon

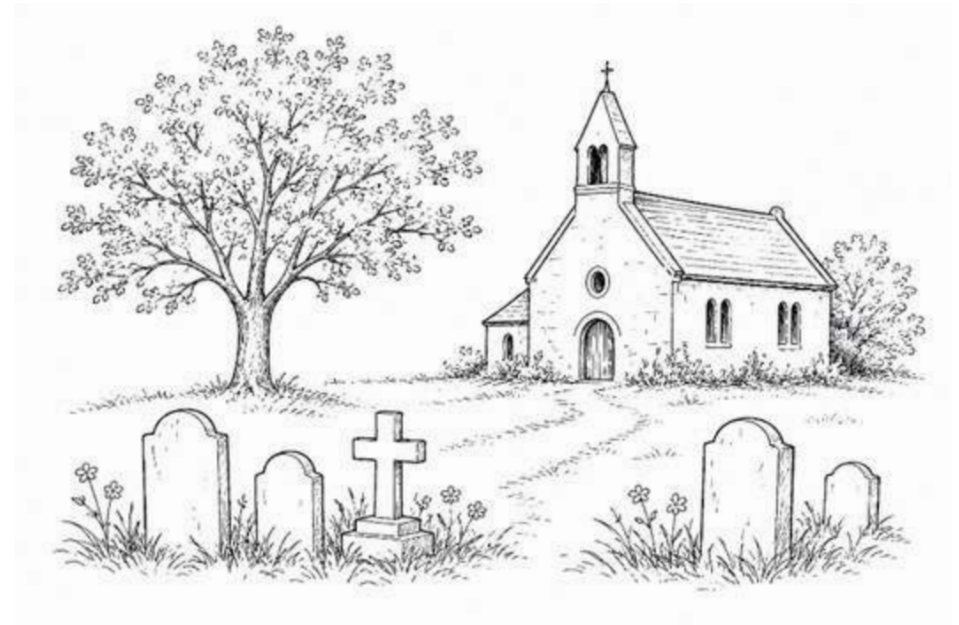
November

- 5th** St Michael's Church, Skelton - 'Butties at The Garth, Skelton' 12 noon-1.30pm

- 28th St Michael's Church, Skelton - 'Crib Festival' at St Michael's Church 1.30-3.30pm
- 29th St Michael's Church, Skelton - 'Crib Festival' at St Michael's Church 1.30-3.30pm

December

- 11th Low Heskett Village Hall Christmas Bingo
- 5th St Michael's Church 'Christmas Coffee with Santa'. Toppin Memorial Hall, 10.30am
- 18th St Mary's High Heskett Christmas singalong



July / August 2026

The Parish news and notes is produced for the community by
 THE INGLEWOOD GROUPS OF CHURCHES
 In the Diocese of Carlisle.

Vicar: Rev'd Dr Allison Fenton
 Email: inglewoodvicar@gmail.com
 Vicarage phone: 01768 639519

www.achurchnearyou.com/benefice/07-130BW
 Find us on Facebook: 'Inglewood Benefice'

Parish Safeguarding Officers:
 Carol Clifford: : 07513665714
 David Bird: 07899783495

Reader: Mike Hall, 017684 84719 michaelhall20@btinternet.com

Churchwardens:

Ainstable	Fiona Macaskill	07941939594		
Armathwaite	Ken Bonsor	016974 72054	Jenny Roscoe	016974 72383
Calthwaite	Pat Ivinson	017688 85205	Alison Snaith	07808349749
Hesket	Alma Littlefair	016974 73998	Jill Campbell	016974 73183
Hutton	Lord Inglewood	017684 84500	Myles Walker	01228 711762
Skelton	Jim Mills	017684 84446	Rachel Jones	017684 84170
Plumpton	John Harris	07775 755680		

Anna Chaplains: Jim & Kathryn Mills (Skelton): 017684 84446
 Carol Smithers (Ainstable and Armathwaite) 07584 257870

Associate Priest: Canon Brian Dawson: 016974 73069

**David Bell
 Joiner**

Town Head Cottage, Ainstable, CA4 9RE

PVC windows, doors and porches,
 Other Joinery Work and ceramic tiling
 Free Estimates Not VAT registered

TEL: 01768 896294

WOODLANE GARAGE

Sceugh Dyke Calthwaite

**MOTOR SERVICE & REPAIRS
 MOT TESTING**

Tel: 01768 885318

Specialist wills, tax & probate solicitor

Over 30 years experience & one of the few true specialists-large city firm
 experience without the high prices -over the years has saved millions of
 £ Inheritance Tax -Lynn Emery 01697 478303 | 07901 229218 |
 Lynn@lynnemery.co.uk

**Advertising space
 is available for 2026
 £95 for 10 editions.
 1/8th of an A5 page.**

**Please email
parishnews888@btinternet.com
 for more information.**



Chimney and domestic oven cleaning services.
www.LadyMuckEdenValley.co.uk
 For prices and booking please contact Tanya on
 07444 240337 / 01768898752
 email: LadyMuckEdenValley@gmail.com

Country Style Windows

F.E.N.S.A. Registered Company

UPVC Windows, Doors & Conservatories Specialists, Fascia Boards, Soffits -
 Armstrong Bros, Garth House, Low Hesket, Carlisle CA4 OEU
 Tel: 016974 73102 Fax: 016974 73054

www.countrystylewindows.com



.Tree Surgery
 .Tree Planting
 .Hedge Laying
 .Fencing
 .Willow Work
 .Conservation
 07927 970 423
mark@marklloydtrees.co.uk
www.marklloydtrees.co.uk

**FIREWOOD FOR
 SALE**

Seasoned hardwood logs
 Prompt delivery
 BIRKMERE
 WOODLANDS(BLENCOW)
TEL: 017684 84047

PROPERTY SOLUTIONS
External & Internal Repairs & Renewals.
Kitchen & Bathroom Refurbishment.

Double Glazing Replacement. Extensions. Alfresco Dining Areas Design & Built. Tel: Harry - 07855 177 092 - (Armathwaite)
Email: harryhindle@icloud.com



The Green Veterinary Surgery

Skelton, Penrith CA11 9SQ Tel: 017684 84258
Email: vets@greenvetskelton.co.uk
Web: greenvetskelton.co.uk

Sara Riddick
Takes

Bespoke Wedding & Celebration Cakes

For more information contact me on
M: 07966 725134

E: hello@sararuddickcakes.co.uk
W: www.sararuddickcakes.co.uk

Find me on www.facebook.com/sararuddickcakes

CRAIG BUTTERWORTH
D.O.T. A.D.I.

PROFESSIONAL DRIVING TUITION
DOOR TO DOOR SERVICE
THEORY TEST TUITION

TEL: SOUTHWAITE 016974
73895

MOBILE: 07815 511025
www.drivingschoolpenrith.co.uk
www.drivingschoolcarlisle.co.uk



Email mc.castleview@hotmail.com
Web www.castleviewconstruction.co.uk
Contact number 07510 416 851
Home 01768 606259



Castle View
CONSTRUCTION
New Builds - Extensions - Renovations

We cover all aspects of Joinery, Building, Tiling, Plastering,
UPVC Windows, Doors, Sun rooms

Advertising space available

Email parishnews888@btinternet.com for more details.



Lakeland Logs & Charcoal

Quality kiln dried hard & softwood logs from a local family business delivered to your door. Standard 9" and smaller 6-7" logs available as well as indling and firelighters

Order online www.lakelandlogs.co.uk/shop
info@lakelandlogs.co.uk
07526 293868



Notes from the Vicar

As I write this, the rain is lashing against the window. The forecast promises more of the same, and it is hard to believe that summer is here!. By the time you read this, perhaps the sun will have remembered its duties and we will be enjoying some long-awaited warm days.

The summer months bring a change of pace for many people. Schools break up, families head away on holiday, visitors arrive, and some of us find opportunities for rest and relaxation. Of course, not everyone experiences summer in the same way. For some, the holidays can bring extra pressures of childcare, work, loneliness, or caring responsibilities. Nevertheless, there is something about this season that encourages us to lift our eyes from our routines, spend a little more time outdoors, and appreciate the beauty of the world around us.

Perhaps that is why people have always paid such close attention to the weather. July brings St Swithun's Day on 15th July. According to the old saying:
St Swithun's Day if thou dost rain, For forty days it will remain;

*St Swithun's Day if thou be fair, For forty days 'twill rain no more. '**

Modern meteorologists may not put much faith in St Swithun's forecast, but it remains part of the rich tapestry of English rural life and reminds us how deeply connected previous generations were (and many of us still are) to the seasons and the land.

The recent weather has certainly kept the grass growing. Anyone who has looked around our churchyards will know that keeping them tidy is a significant task. We are very grateful for the grants we receive towards churchyard maintenance, but the reality is that these grants cover only a fraction of the actual cost of grass cutting and upkeep. From time to time I hear comments about the state of our churchyards. Often these observations come from people who care deeply about them, and I understand that. Our churchyards matter. They are not simply pieces of land surrounding our churches. They are places of memory, reflection, and connection. They tell the story of our communities across generations. They are places where people come to visit loved ones, sit quietly with their thoughts, or simply enjoy a moment of peace.

Many people who rarely attend church nevertheless value the presence of a well-kept churchyard in the heart of the village. For some, it is a place of solace during times of grief. For others, it is a link with family history and those who have gone before us. Maintaining these spaces is an important part of our service to the wider community. If you value our churchyards and would like to contribute towards their upkeep, we would be very grateful for any support you feel able to give. Every contribution helps us continue caring for these special places.

On a related note, may I also make a gentle request concerning dogs in churchyards. Most dog owners are extremely considerate and respectful of the space, and we are grateful for that. Churchyards are often pleasant places to walk, and we are glad that people enjoy them. However, we do occasionally hear from bereaved families who have been upset by dogs running freely among graves or by owners failing to clean up after them. What may seem a small matter to one person can feel very different to someone who is mourning a loved one. For many, a grave represents a place of deep personal significance and continuing connection. We therefore ask, wherever possible, that dogs are kept on leads within churchyards and that owners always clean up after them. This simple act of consideration helps ensure that these spaces remain welcoming, respectful, and peaceful for everyone.

Whatever your plans this summer, whether you are travelling far afield or staying close to home, I hope you find opportunities for rest, refreshment, and moments of joy. And perhaps, if St Swithun is feeling generous, a little sunshine too.

With my prayers,

Allison

ST MARY'S CHURCH HIGH HESKET

St Marys Church doors are open every day from 10 - 3.30pm come along, reflect on your day or just enjoy the peacefulness of our church. We have a Contactless Donation machine situated on the bench at the back of church. If you'd like a coffee or a book or would just like to give something Just tap your card on the machine and it will be greatly appreciated.

We have exciting times coming to St Mary's as we embark on our Vestry renovations. On the 6th July damp plaster will be removed and replaced both inside and outside of the vestry and there will be some scaffolding outside of church around the vestry and chancel. We have received a grant for a small portion of the work but we are continuing to fund raise for the rest of the cost. Please do come and support our work as we continue to maintain the fabric of the building for use by us now and for future generations.

We deeply appreciate all the ongoing support from you for the events we organise, as this enables us to get this very important work done so the Church of St Mary's continues to stay open and continue to serve the community.

St Mary's Church High Hesket Coffee Morning
is on Friday 31st July and Friday 28th August
from 10am to 11.30am.

Thank you to our wonderful supporters
We look forward to seeing you there. ⁴



CHIMNEY SWEEP | ROOFING

**AVAILABLE FOR ALL CHIMNEY,
ROOFING AND GUTTERING NEEDS,
OVER 20 YEARS EXPERIENCE**

**01228 564142 |
SWEEP IT CUMBRIA.CO.UK**

TREVOR ROGERSON PAINTER & DECORATOR

For all your decorating requirements

Free Estimates No VAT
5 Bracken Cottages, Calthwaite
Tel 01768 885495
Mobile 07974 041114

LAKELAND AERIALS

Aerial & Satellite installation & Repair Services
Digital Accredited Installation Engineer



Darran Luck

Fully insured, enhanced CRB

Contact 07807 650053

Lakelandaerials@sky.com

Sky systems serviced Freeview & Freesat
systems

Extra Aerial sockets

~TV wall mounting ~

Static caravan system specialists

New builds wired

Broadband set up check

Starlink ~ Wifi Dr

ADVERTISING AVAILABLE
For more info email

parishnews888@btntinternet.com

Blaze Beauty
By Johanna

Beauty salon located at High Hesket
offering nail treatments, waxing, tinting,
lash enhancements & ear piercing.

Fully qualified & insured

Daytime, evening & weekend
appointments

Bookings via fresha QR
code, Instagram or
message 07917 832 574



THE WORKHORSE

For Home Garden and paddock
Local Handyman and complete
Garden, Landscaping services.

free quotations. so for your
projects and odd jobs,
call David Harrison
016974 76763 -
07768 106557 (anytime)

Greaves Contractors Ltd

Stonework, Fencing
Groundworks

Call David 07765000316

E mail: davidgreaves12@yahoo.com
www.greavescontractorsltd.co.uk



Enclosed dog walking paddock
for private hire.

Book Online: wellyandtails.co.uk
Near Skelton, CA11 9SH

WINE AND CHEESE EVENING

On Friday 11th September we do hope to see you in church at 7pm for a Wine and Cheese evening, tickets £15 each.

ANNUAL PRODUCE SHOW will be held on **Saturday 1st August**. We warmly encourage entries in all categories, followed by the traditional afternoon auction.

ST. MARY'S CHURCH, HIGH HESKET; FOODBANK COLLECTION POINT St.Mary's Church is open daily from 10.00 a.m. to 3.30p.m. for anyone living locally to drop off items for Carlisle Foodbank. The tub for donated items is in the porch. There is very real ongoing financial hardship for many families now, so please support this extremely important cause as much as you can. Even a single item will make a difference. So please contribute what you can. All donations including food items, toiletries, household products and pet foods are needed, and are regularly forwarded to Carlisle Food Bank for distribution. Your support is and will be greatly appreciated. Thank you



BOOK CLUB Come and join us every 2nd Wednesday of the month from 2pm to 4pm and tell us about a book you're currently reading or have read, or just come for a listen! There's always a good discussion! Our next meeting is on Wednesday 8th July and 12th August at St Mary's Church, High Hesket. £2 entry for drinks and biscuits.

CRAFTY LADIES meet in the Low Hesket Village Hall 1.30pm to 3.30pm every first and third Monday of the month. Cost is £3 to cover hall hire, heating, coffee, tea and biscuits. Please bring your own projects to work on while we natter, we are a friendly bunch and would love to see you there. Future dates are Monday 6th and 20th July and 3rd and 17th August. We look forward to seeing you!!

HESKET IN THE FOREST MU Invites all to our Annual Coffee Morning on **FRI-DAY 3rd JULY FROM 10am** In Low Hesket Village hall. Stalls and raffle, entrance by donation No Meeting in August



Oliver Bennett Tree Services

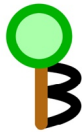
Tree Surgery and Woodland Maintenance

Qualified and Insured
20 Years Experience

01768 895828

07769 452880

OBtrees.co.uk



*A Professional, Friendly and Reliable
Cleaning Service for your Home*

freedom
CLEAN 

DOMESTIC CLEANING SERVICES
REGULAR OR "SPRING" CLEANS
TENANCY CHANGE OVERS

For a free quotation call

016974 75667

info@freedomclean.co.uk

All aspects of groundworks, stonemasonry, bricklaying, plastering and associated general building. Conversions, restorations, new build, landscaping and more. Heritage and conservation works including lime-work (pointing, building, plastering) and dry stone. Operated plant hire.



01768 593500 theyard@kirkman.construction www.kirkman.construction

BORDER PLUMBING SERVICES

- * LPG Gas Installation / Servicing
- Air Source Heat Pumps
- * Residential & Commercial Gas Installation / Servicing
- * Bathroom Refurbishment
- * Disabled Adaptations
- * Water Main Work
- * General Plumbing Services
- * Cooker Installation



www.borderplumbing.org

0775 3257381



High Hesket Church of England Primary School

A very happy, caring village school. Breakfast club and after school provision – "Wigglebugs" from 7.45 a.m. each morning until 6.00 p.m.

Our Nursery can offer flexible sessions to suit busy parents, in our purpose built Foundation Unit, including lunch time sessions. We have places for Early Years available from September, Please feel free to contact us to arrange a tour or for further information. Tel 016974 73386

Email: admin@high-hesket.cumbria.sch.uk www.high-hesket.cumbria.sch.uk

HESKET & DISTRICT GOOD COMPANIONS CLUB

July 13th leaving at 9.30 we are heading to Grasmere for the morning then onto Ambleside/Hayes Garden centre for the afternoon

August 10th Hope Town Railway Museum Darlington leaving from the village hall car park at 9.30 admission to the museum is free although a donation will be appreciated

The coach fare for each trip is £15 for further information or to book a seat please contact Christine 07519875822

Tuesday 15th September—Social afternoon in the village hall, a 2 course meal and entertainment by the popular Jackie Knox and her good time boys. Tickets £10 each. If anyone would like to donate a Dessert it would be appreciated, just let Christine know.

LOW HESKET VILLAGE HALL NOTICES

Booking The Hall

The hall is available for anyone to book for parties, christenings, coffee mornings, meetings etc. To check availability and prices please email lowhesketvillagehall@gmail.com

100 Club Winners

June 2026 9 – Jack Ogden 68 – Linda Scott 79 – Gill Winspear

No Cuppa & Cake in July, Next dates 14th August & 11th September
2pm - 3.30pm in the village hall Admission £2.50. Info from Christine Steel 07519 875822

St Mary's Church, High Heskett

Friday 24th July — 7.30pm

Accordion Recital Concert A Special Musical Performance


By Julie Best and Jean Corrigan

Join us for a wonderful evening of nostalgic music — uplifting, heartwarming, and sure to have you clapping along.

This event is free to enter; there will be a retiring collection at the end of the concert - please give what you can to support the artists and our vestry fund.

For more information, please visit our Facebook page or contact

Secretaryhesketpcc@outlook.com 6



**Nicola Ivinson's
School of Dance**

Classes held in
Brampton / Ivegill /
Kirkoswald

Ballet - Modern - Tap - Theatre Craft
IDTA Examinations
Local, National and International
Performance Opportunities

Contact Miss Nicola Ivinson
BA(Hons) / A.N.C.D.T.A. / L.I.D.T.A.
07970609811
nicolaivinson@hotmail.co.uk



Gareth Ellis

EST. 2003

Mob: 07984 441329

Tel: 01228 819793

[Facebook.com/pcfixercumbria](https://www.facebook.com/pcfixercumbria)

www.pcfixercumbria.co.uk

repairs@pcfixercumbria.co.uk

For all your computer, laptop
and IT repairs in

the Penrith and Carlisle area

Ear Wax Removal

Wendy Brown Ear Care

Clinical Ear Care
Practitioner

BSA-ENT UK Accredited
Microsuction/Irrigation
Mobile/Clinic Based
Tel 07947652738



Wendybrownearcare@yahoo.com

Google/Facebook

TUERS OF IVEGILL

Ivegill Filling Station

Mechanical repairs
Servicing & MOT
testing

016974 73266

GARDEN MAINTENANCE SERVICE

Grass cutting, gardening, hedge cutting, strimming,
tree felling and weed killer treatment,
regular or one off jobs call **Nick Holden 07818 646 374**



**Stress at work? Do your staff work effectively
and efficiently?**

Fit2Work Ltd can help to ensure the health and safety of
employees by providing health surveillance to comply with
legislation. We aim to help you to achieve improved
productivity in the workplace.

Call Sally at 07796015265 or email admin@fit2work.co.uk to
discuss your requirements and get a free quote.

M.J. ELECTRICAL

Friendly and reliable electrician

All aspects of electrical work

Free estimates,

Please contact Michael Jennings

07760444525

01768 877892

mjenningselectrical@gmail.com



Denton Memorials Ltd is a family run business,

who supply and fit new memorials as well as restore existing stones.

We provide only high quality memorials and we are registered and licensed with the RQMF, NAMM and also BRAMM Here at Denton Memorials Ltd we do a lot for our community which you can follow by heading over to our facebook page

@dentonmemorialsLtd Tel 01228 598222
Email info@dentonmemorials.co.uk

C & J

Painting & Decorating Service

Husband & Wife team

Covering all your decorating needs,

Interior & Exterior

Commercial & Domestic

Wall Panelling

07880662207 & 07853265886

chrisriley745@btinternet.com

TRACY SMITHERS STEP-BY-STEP COUNSELLING

Are you feeling
confused or overwhelmed?

Experienced counsellor offers
appointments in a safe and
confidential setting.

Tel: 07929 615157

Email:

tracy.stepbystepcounselling@gmail.com

<http://www.stepbysteptherapies.co.uk>

INDEPENDENT FUNERAL DIRECTOR JILL GLENCROSS

Respectful, ~Caring ~ Professional Private Chapels of Rest
Personal attention 24 hours 16 The Square, Dalston CA5 7PY
01228 317373

dalstonchapelofrest@gmail.com

CUMBRIA VIEW

PLUMBING & HEATING
Domestic and commercial
Gas—LPG—Oil

Local time served plumbing and heating
engineer

Quality workmanship guaranteed

Contact Dean
0773 683 7238



Painter, decorator & odd jobs

Tidy, efficient and reliable

£80 half day ~ £145 full day

No job too small—Min charge £60

Call or preferably text

Christine on 07980 298 060

All Saints Church Calthwaite

“The earth is the Lord’s, and everything in it.” Psalm 24:1

Summer is a season of light, joy and celebration. As school terms end, holidays begin and gardens come into bloom, we are invited to enjoy the beauty around us, share in one another’s happiness and give thanks for the many blessings of this time of year.

APCM/PCC Elections

Following our annual meeting, the following were duly elected:

Churchwarden and Secretary: Alison Snaith.

Churchwarden and Treasurer: Pat Ivinson.

Deanery Synod Representative: Tom Snaith. PCC members: Helen Johnson, Sandra Bentley and Wendy Glendinning. Our Parish Safeguarding Officer is Carol Clifford.

We are grateful to all our dedicated members for their faithful service in sharing the good news of Jesus.

We are delighted that Ian Wells has featured All Saints Church in his study of Cumbrian churches. Please take a look at his video on the existing YouTube channel www.youtube.com/@ian-chancel-Arch. Our sincere thanks go to Ian for his hard work and for capturing such a wonderful sense of our church’s history.

The church is open during the day for prayer and reflection, and you are very welcome to visit.

The School The summer term is full of exciting activity. Rehearsing a leavers’ play, Cinderella-Rockerfeller, taking part in a busy programme of sports events, and supporting Year 6 leavers and new Reception children as they prepare for their next steps. The school were also delighted to receive a positive SIAMS inspection, which recognised the strong culture of care and inclusion, where pupils and staff feel loved, supported and able to blossom together.

Last year Shirley Murray completed the gruelling Spine Race raising funds to improve the outdoor play trail at school. This year Shirley will be taking on another huge challenge The Lakeland 100 one of the UK's toughest ultra-marathons whilst hopefully raising money to provide the outdoor facility with a climbing wall and net. If you are able to support Shirley donations can be made via www.gofundme

Prayer

Loving God, in the beauty of summer and the gift of Your earth, fill our hearts with wonder, gratitude and peace. Teach us to treasure Your creation, to walk gently with one another, and to rest in Your love. Amen.

FIRST CLASS KIDS NURSERY

Explore - Play - Learn - Grow

We are situated in the lovely rural village of Calthwaite, 12 miles from Carlisle and 10 miles from Penrith, just off the A6. We are a not for profit charity, managed by a group of voluntary trustees. In a stimulating, nurturing, home from home village nursery.

Our nursery offers: Places from 3 months old onwards.

Free Entitlement for eligible 2-year-olds 15 & 30 hours free funding for 3 and 4 year olds Breakfast, After School Club & Holiday Club available.

Tel: 01768 894078 E: admin@firstclasskids.org.uk www.firstclasskids.org.uk

Patient Participation Group

Charity No: 1206720

Court Thorn Surgery Low Hesket Cumbria CA4 0HP

www.courtthornsurgery.co.uk

Charity No. 1

The 3rd meeting of 2026 was attended by 9 PPG Members and 5 staff from the Surgery led by Doctor Maria.

Ways to keep informed about Court Thorn Surgery: The website is constantly updated with information for us the patients, services provided and performance measures. In addition, live information is posted on the Facebook page 'Court Thorn Surgery'. Have you had a look?



KLP

KATIE LOUISE PHOTOS

Are you looking for a Photographer?
Weddings, Engagements, Parties, Family
Portraits, Occasions, Cake Smashes,
Products, Branding and much more

katielouisephotos.co.uk

katielouisephotos@gmail.com



Family run business with a sustainable approach to supplying bird seed and wildlife food to Cumbria.

Plastic free packaging and free local delivery

www.wildlifefood.co.uk

Use discount code INGLE15 for 15% off your first order.
Tel - 01768 877151

AT THE WILDLIFE FOOD CO. WE CAREFULLY SELECT HIGH-QUALITY INGREDIENTS TO SUPPORT HEALTHY, THRIVING WILDLIFE ALL YEAR ROUND.

LATIMER'S Established 1968 **LOWOOD PET HOTEL for DOGS and CATS** Large heated kennels ~Dogs walked twice a day in 20 acres of delightful countryside ~ Experienced, caring staff to make your pet's stay a happy one. Professional groomer to care for hairdressing needs. Inoculations required, Day Care available from £5 per day. Situated halfway between Cumwhitton and Armathwaite Contact **Jeremy Latimer 01768 896 636**



C Davidson Contractors Ltd
Verge, Tree, Landscape and Winter Maintenance
Birchwood House | Southwaite | Carlisle | CA4 0EP
Telephone: 01697475815 | Mobile (Clark): 07789 682687

HUTTON-IN-THE-FOREST

Historic House & Gardens

The Cloisters

Delicious Lunches & Teas

Open Wednesday, Thursday, Sundays

and Bank Holiday Mondays

Tel. 017684 84449

www.hutton-in-the-forest.co.uk

Feet'n' Healthy,

Chris Shirley MCFHP, MAFHP ,
All aspects of foot care including nail care,
corns and callouses, Diabetic foot checks,
advice on athlete's foot, verrucae and
fungal nail infections. Home visits.

Tel 07747718272.

Email chrisshirley1257@gmail.com.

ANN PARRY

**FOR ALL YOUR QUALITY HOME
COOKED CATERING**

Weddings, Christenings,
Buffets, Parties & Funeral Teas

Tel: **Caldbeck 016974 78417**

Using local produce

All of our food is homemade and meats
are home cooked.

Very reasonable prices.

UPFRONT

Nr. Hutton in the Forest

COFFEE SHOP • GALLERY

PUPPET THEATRE

Open: Wed - Sunday 10am - 4:30

www.up-front.com

017684 84538

07597968707
Nathan
Williamson




1. HEDGE TRIMMING * TREE FELLING & REDUCTION
2. LOG CUTTING * PRESSURE WASHING
3. STRIMMING * WEEDING * TREE PRUNING
4. HOUSE & GARDEN CLEARANCE
5. GREEN WASTE REMOVAL

**SAM BROWN
CONSTRUCTION**



Specialising in garden walls
and stonework
bricklayer, landscaping and general
building work

sambrown24construction@gmail.com
0736 720 2204



COMMISSION, SERVICE, REPAIR & INSTALLATION OF OIL FIRED BOILERS
ALSO COOKERS, e.g. AGA – RAYBURN – STANLEY
Blackdyke Farmhouse, Blackdyke, Silloth, Wigton, Cumbria CA7 4PL
Tel: 016973 32800 Mobile: 07887 794647

St. Michael's Church Skelton.

St Michael's Church door is open every day from 10 - 4.00 pm come along, reflect on your day or just enjoy the peacefulness of our church.

St. Michael's Church, Skelton Foodbank Collection Point. A huge thank you to all who kindly donate to the Foodbank. Items for the Foodbank can be left in church. The church is now open every day between 10am and 3pm. All donations will be taken to the Salvation Army in Penrith, for onward distribution to those in need in our local area.



All Welcome! Anna Chaplaincy You are warmly invited to a Tea Service. A short informal church service followed by tea and cake. To be held in Skelton Methodist Chapel on 28th July and 24th August at 2.30pm. **Everyone is very welcome**



St Michael's Church 'Family Treasure Hunt'
Tuesday 21st July Adult £6; Child £3
Starts at Toppin Memorial Hall, Skelton from 1pm—1.30pm
Refreshments and raffle in the hall from 2pm to 4pm.
All Welcome

SKELTON METHODIST CHURCH


Our Coffee Mornings will take place on Wednesday 1st July in aid of the Fund for Human Need and Wednesday 5th August for Eden Animal Rescue. Drop in between 10.00 - 11.30am for coffee/tea & scones/biscuits and a warm welcome.

The Wednesday Get Together will continue to meet each week between 1.30 - 3.30pm throughout July and August. Bring any knitting, sewing, crafting or just come for a chat and a cuppa. We will be pleased to see you.

The Pop Up Cafe will not take place in July and August but will start up again in September.








All services are listed on page 18 Services page.

Thank you to all who come and support these events. It is much appreciated.



GREG METCALFE
Electrical Engineer

T: 01228 319510 | greg@gmee.co.uk
M: 07900586765 | gmee.co.uk

Electrical Installation | Testing | EV Charging | Solar PV | Est. 2008

Now installing Solar PV and battery systems +

SKELTON PARISH COUNCIL

Clerk: Mrs Lisa Beken – clerk@skeltonpc-cumbria.org.uk 07522 939696

Chair: Ms Stacey Creighton - stacey.creighton1981@gmail.com; 016974 75710

The next meeting of Skelton Parish Council will take place on Tuesday 21st July 2026 at 7.30pm at Skelton Toppin Memorial Hall. Members of the public are always welcome to attend.

Could you be a Parish Councillor?
MAKE A DIFFERENCE LOCALLY
Skelton Parish Councillor currently has vacancies for Councillors.

Anyone interested should contact the Parish Clerk at clerk@skeltonpc-cumbria.org.uk

GENERAL INTEREST



HESKETT FOREST FRIENDS

Stay & Play

0– 5 years

1st and 3rd Tuesdays of the month.

Low Heskett Village Hall 10 am to 11.30 am £3.00 per child

All Welcome

CHRISTENINGS

We're always delighted to receive requests for a christening.

We can do a christening in the main Sunday service or after the services – usually 1.30 or 2.00. You will find a christenings enquiry form on our *Church Near You* page, - you can email the vicar. There are no fees to pay the church for a christening. However, in order to cover the cost of the christening candle, certificate, heating and lighting of the church, we warmly recommend a donation of £55. Although we try to be flexible, we don't always have availability for your first choice of date, so please do ask in plenty of time.

T:01768 896219

E: info@heatherglencountryhouse.co.uk

W: heatherglencountryhouse.co.uk



Heather Glen Country House, Ainstable

Summer getaway offer

Book two nights with us and you'll receive 50% off your second night!

Choose from one of our nine luxury ensuite rooms. Offer runs from April to end of July. Book online or by phone. Terms and conditions apply.

Friday Classics

Children's menu two courses for the price of one! Only £9!

Start your weekend the Heather Glen way and head to us straight from work to enjoy our Friday Classics menu! Serving food from 5:30pm.

Get married at Heather Glen

We'd love to help you plan your special day here at Heather Glen and can create a wedding package to suit your individual needs. From elopement packages up to 200 evening guests and everything in between. Prices to suit all budgets. Exclusive use. Bedrooms included.

Private Dining

From birthday meals, to family gatherings, baby showers and Christenings, we would love to be part of your story. Private bookings available most days.

West View Room caters for 70 guests and our Eden Restaurant up to 120 for sit down menu. Up to 200 for buffet.

Exclusive use

Here at Heather Glen, we pride ourselves on our luxury country house being a home from home for our guests, so why not let it be your home for a mini escape?!

Gather a group of family and friends and book Heather Glen from Monday to Friday, enjoying bespoke catering throughout. Minimum numbers and rooms apply.

Dates to avoid due to private functions

Saturday 11th July

Fri & Sat: 6pm onwards
Sunday: From 12 noon.
(last sitting 1:30pm)
And 6pm onwards

Mike Newhouse

Rural Window Cleaning services

Calthwaite based, 18 yrs experience

Exterior and interior windows cleaned, Traditional and Water Fed Pole Conservatory, uPVC gutter and fascia boards and solar panel cleaning

Phone Mike 01768 838102 or 07982 703 196



Adrian Hollier

Electrical Contractors
Located in High Heskett

Tel: 07702 115837 electrical@adrianhollier.co.uk

Vat No. 786 3610 04

Commercial and Domestic – Call out service – Testing - Maintenance



Ainstable Parish Council

Serving the villages of Ainstable, Croglin, Newbiggin, and Ruckcroft, the communities of Dale and Longdales, and the surrounding farms and houses

www.ainstable-pc.gov.uk

Chair: Howard Bellis - chair@ainstable-pc.gov.uk

facebook.com/AinstableParish

Find us on 

The next Ordinary Meeting of Ainstable Parish Council will take place on

Tuesday 28th July at Croglin Village Hall

Members of the public are always welcome to attend.

Could you be a Parish Councillor?

MAKE A DIFFERENCE LOCALLY
We have vacancies in Croglin ward, which includes Newbiggin. Please contact the Parish Clerk at clerk@ainstable-pc.gov.uk for more information.

HESKET PARISH COUNCIL

www.hesket.org.uk

Chair: Elaine Martin

facebook.com/HesketParish

The next Ordinary Meeting of Hesket Parish Council will be held on Tuesday 14th July 2026 at 7.30pm at Armathwaite Old School Hall. Members of the public are always welcome to attend.

- Hesket Parish Council held their Annual Parish Council meeting on May 12th 2026, at Low Hesket Village Hall. The following matters were discussed;
- Councillor Elaine Martin was re-elected as the Chair of the Parish Council, alongside Councillor Shaun Long as Vice-Chair.
- Councillors agreed that all future meetings will be held at Low Hesket Village Hall. Due to hall availability, this will be from September 2026, with the July meeting to be held at Armathwaite Old School Hall.
- The Parish Council have installed a replacement bench at Gillian's Well, Calthwaite.
- Work is progressing with the Highways department at Westmorland and Furness Council to facilitate a further mobile speed indicator device to be used at Armathwaite and Calthwaite.
- No objections were raised to planning applications currently open in the Parish.
- Following issues raised at a previous Parish Council meeting, it was confirmed that a new sign has been placed on the A6 to direct HGVs and other large vehicles away from Crooks Bridge, at Wreay
- Councillors raised issue with potholes and road signage, which would be reported to the Highways department at Westmorland and Furness Council.

Following the meeting, the Parish Council received an update from Westmorland and Furness Council that they would no longer be providing green waste skips at Calthwaite from July. This is because green waste bins will now be available to all residents across Westmorland and Furness, including those in Calthwaite and Southwaite, at an annual cost of £60 per bin.

Residents should register at westmorlandandfurness.gov.uk/gardenwaste by 28th June.

Contact details:

Parish Clerk: Lisa Beken – 07522 939 696 – clerk@hesket.org.uk

Volunteer with us!



Meet new friends and support your local hospice!

Eden Valley Hospice and Jigsaw charity shops are located in Carlisle and Penrith.

Charity Shops open from 10.00am pop in and chat to the team or contact:

01228 810801

peopleservices@edenvalleyhospice.org

Registered Charity Number: 1008796

Voluntary Car Scheme (VCS)

The VCS provides transport for any age (under 16s must be accompanied by an adult) who cannot make their journey by public or private transport. Drivers wanted: If you would like to volunteer please contact any of the numbers below:
Skelton /Lamonby area - Mags Towers 01768484727 Sheila Magee 01768484389
Ainstable, Armathwaite, Hesket Ivegill & Calthwaite area - Neil Ruddick 07929761173



The Catholic Parish of St Catherine, Penrith, with the Chapel of St Wulston, Alston and Our Lady of Appleby with Kirkby Stephen

We welcomed our new Parish Priest Father Stuart Chapple, who has moved from Preston on his first appointment as a parish priest. He has had a very busy introduction to the parish. He is Diocesan Chaplain to the Travelling Community, so has been saying Mass at the Appleby Fair. We pray for him as he taken on his new role and comes to terms with our parish, which in addition to Penrith, includes Alston, Appleby and Kirkby Stephen.

We celebrated the feast of Pentecost, which is one of the great feasts of the church marking the end of Easter. The word Pentecost is a translation from the Greek word meaning 50th, so hence we are 50 days from Easter. The feast celebrates the descent of the Holy spirit upon the disciples and the Mother of God. Our troubled world badly needs the Holy Spirit to bring wisdom, understanding and more care for each other. The other big feast we have celebrated is Corpus Christie, which translated is the Body of Christ. It is an important day for Catholics. It is special for our Ordinary Ministers, who are Bishops, Priests and Deacons. It is also special for Extraordinary Ministers, who are ordinary parishioners who have been commissioned, to take Holy Communion to the sick at home or in hospital or nursing homes.

Corpus Christi is also an important day, when our children celebrate making their First Communion. It is a wonderful day for the children, their parents and families and the whole Parish. The girls in white dresses and the boys in smart clothes are the subjects of many photographs and the memories of the day will last a lifetime. Training and preparation started early in January and has always been very thorough. It will always be a special day for the parish.

We are now in the season of fundraising, when events are reminders of the need to help the Parish and other worthy causes. These events boost the community and social aspects of the Parish. The June BBQ in aid of the Monze Mission Hospital in Zambia is always well supported and up to date photographs of the hospital remind us of the need and their challenges. In July the Parish Summer Fair is always popular with both Parishioners and Visitors.

Our school is in a time of change and preparation for the future. Our older children have visited their allocated secondary school and are now familiar with the school layout and the promised welcome. Younger children are starting to spend some time in their new classrooms as well as meeting and spending time with their new teachers. It can be challenging for the older children, coming to terms with their new school and already being questioned about their future aspirations. We pray for all of them and promise them the support not only of their parents and families, but the whole Parish. God bless each of them.

TIMES OF SERVICES THROUGH THE YEAR The Catholic Parish of St Catherine, Penrith Please contact St Catherine's to check. Tel: 01768 862273 Website www.stjohnboste.org.uk Email – parishoffice.stcatherines@btinternet.com Fr Stuart Chapple, Parish Priest St Catherine's Rectory, Drovers Lane, Penrith, Cumbria CA11 9EL Tel: 01768 862273
Masses: Sunday 8.30 am and 10.30 am Weekday Services: Masses most days
Saturday 9.00 am Mass 9.30am Adoration of the Blessed Sacrament and confessions
St Wulstan's, Kings Arms Lane, Alston CA9 3JF: Saturday 6pm Mass. Confessions, 5.30 pm before 6pm Mass **Our Lady of Appleby with Kirkby Stephen CA16 6UA Sunday Mass 4 pm.**

St Michael & All Angels, Ainstable

In May we had one of our biggest fundraising events, The Big Breakfast. Everyone was in agreement that it had been a great success, not just from a financial but from a social point of view. In a village without a shop, school or pub, these occasions become even more important. We were able to raise £1,281, thanks to everyone's hard work and generous donation of ingredients and raffle prizes.

At Easter we reinstated the Easter Vigil service at Ainstable. The weather was not propitious but it was a lovely evening despite it and will hopefully be a fixture from now on.

After Easter we have started to have a monthly lay lead service, on the second Sunday of the Month. Carol was the brave person to lead the first one and we must thank Mike Hall, who has to drive from Skelton, and has agreed to lead alternate services. They have so far been quite well attended and it is good to see people more frequently, as it really helps build a meaningful sense of community.

On September the 27th we will be holding our other main fundraiser, the harvest supper and produce auction. It was great fun last year and I hope you can all attend. We will also be having a Messy Church harvest celebration on the Sunday of the same weekend.

Bless this summer, Lord.

Let the gifts I enjoy deepen my awareness of your love,
so I may share that light with others.

Amen.



HARVEST SUPPER & AUCTION OF PRODUCE
In aid of Ainstable Church funds
Saturday 19th September 2026 at 7pm.
 Raffle ~ £10 Adult £5 Children
 To book, please ring or text (by 13th September)
 Gwen Banks 07765 782279 or Lorraine Fisher 07769 710866
 Donations of produce would be very welcome

Armathwaite Old School Hall

Community Café -Monday 13th and 27th July (no Café in August due to holidays) 11.30-2.00pm

Come and enjoy a delicious lunch every second and fourth Monday. Volunteers are welcomed to serve on the day or make soup, bake bread, quiches, cakes or just come and chat to people. We are thankful to the many volunteers as well as the support from the Community who have attended.

Contact Jean 07891795490 or Sue 07876485011 for more information.

A BBQ in the Garden -Sunday 19th July 1.00-4.00pm

Come and enjoy an afternoon BBQ with your family and enjoy the hall garden. Two courses and a glass of wine or beer -£15.00 per adult, free for children under 12 and older children £7.50.

Tickets from Sue Morris 07876485011 or Eden Stores. Numbers needed by 12/07/26. A fundraiser for the refurbishment of the kitchen.

The Big Help Out and the Big Lunch A huge thank you to the twenty volunteers who turned out on Saturday 6th June to litter pick, weed the hall garden, clean the road signs and strim the pat at the signal box as part of the Big Help Out. It was pretty shocking to fill over fourteen bags with litter from around the village, river and road to the A6. The signs are looking sparkling again, the garden beautiful and the path to the signal box very tidy!

There were over forty people at the bring and share free lunch from age two to ninety six years and everyone enjoyed a feast of delicious food and good craic!

For bookings contact Emma armathwaiteosh@hotmail.com



Friday 18th September 2026 – Mothers Pride 12

From the team behind 'Finding Your Feet' and 'Fisherman's Friends', Mother's Pride is a heartwarming comedy-drama about a grieving family who unites to save their failing pub and community through beer-brewing and the Great British Beer Awards.

All films are shown at Ainstable Institute (CA4 9QN. W3W shiny.occur.fixated)

Doors open 7pm for 7.30pm start

Entry to films £4, refreshments available to purchase.

St Mary's Hesket and District Produce show,

Saturday 1st August 2026

held in Low Hesket village Hall.

Staging is from 8.30am - 10am on the morning.

Doors for entries close prompt at 10. Viewing is from 1pm - 1.45pm and the sale/auction of entries is at 2pm.

Exhibits not to be moved before 1.45pm

You can still enter—here is the schedule below

HESKET AND DISTRICT PRODUCE SHOW SCHEDULE 1st August 2026

VEGETABLES (Home Grown)

1.	3 Beetroot	6.	4 Peas
2.	1 Cabbage	7.	4 Tomatoes
3.	3 Onion Sets	8.	1 Cucumber
4.	3 Carrots	9.	4 Potatoes (kidney or oval)
5.	4 Runner Beans	10.	3 Stalks Rhubarb

FLOWERS (Home Grown)

1.	1 Stem of Chrysanthemum	16.	1 Stem Floribunda Rose
12.	3 Lillies (any variety)	17.	1 Vase Sweet Peas
13.	1 Vase mixed flowers	18.	3 Dahlias
14.	6 Fancies	19.	1 Flowering Pot Plant
15.	1 Rose	20.	1 Foliage plant

INDUSTRIAL (Cookery – only one entry for each class)

21.	Victoria Sponge with Jam	28.	Quiche
22.	Chocolate Cake	29.	Jar Homemade Lemon Cheese
23.	3 Squares Gingerbread	30.	Jar Homemade Raspberry Jam
24.	3 Rounds of Shortbread	31.	Jar Homemade Strawberry Jam
25.	3 Pieces of Traybake	32.	Jar Homemade Blackcurrant Jam
26.	3 Choc Brownies	33.	Jar Homemade Chutney
27.	3 Rock Buns	34.	Rum Butter (beaten method)

INDUSTRIAL (Other Crafts)

35.	Homemade item - Knitting	41.	Painting In Oils
36.	Homemade item - Crochet	42.	Homemade from Wood
37.	Homemade – Cross Stitch	43.	Photograph (Waterfall) (6x4)
38.	Flower Arrangement in yellow	44.	Photograph (Flower) (6x4)
39.	Picture any Medium	45.	Photograph (Bird) (6x4)
40.	Watercolour	46.	Photograph (Animal) (6x4)

SENIOR CITIZENS

47.	1 Vase Garden Flowers	49.	3 Rock buns
48.	Any Homemade Craft Item	50.	Poem about Summer (4 lines only)

HIGH HESKET SCHOOL PUPILS ONLY

51.	Handwriting (Year 6)	55.	Painting (Year 2)
52.	Handwriting (Year 5)	56.	Painting (Year 1)
53.	Painting (Year 4)	57.	Painting (Reception)
54.	Painting (Year 3)	58.	Painting (Nursery)

ALL CHILDREN UNDER 16 YEARS (Your own work)

59.	A picture using Footprints (year 2 and under)
60 - 68	Paint a Rainbow A4 size (Nursery children, Reception, Years 1,2,3, 4, 5, 6, 7)
69 - 77	Decorate a paper plate (Nursery children, Reception, Years 1,2,3, 4, 5, 6, 7)
78 - 86	Grow a cress head egg (Nursery children, Reception, Years 1,2,3, 4, 5, 6, 7)
87 - 91	3 Decorated buns (Year 7, 8, 9,10, 11)
92 - 96	Handmade birthday card Size A5 (Year 7,8,9,10,11)

EXHIBITS CAN ONLY BE SHOWN ONCE IN HESKET SHOW IN THE INDUSTRIAL CLASSES!

CHRIST CHURCH IVEGILL

We are all looking forward to celebrating the Summer season with our Strawberry Tea on Sunday 12th July at Ivegill Village Hall , from 2pm-4pm , £5 per person. As well as the delicious food, there will be a Home produce table and Plant Stall. Everyone is very welcome , as will be any items you may have for the stalls.

All Services are listed on page 18.

In Ivegill we are very fortunate to have a thriving and welcoming Women's Institute; we meet on the third Wednesday at Ivegill Village Hall at 7.30pm. In May there was seated keep fit which was a fun evening with lots of laughter. In July there's the Annual trip which is to be decided upon; If you'd like more information about this or any other meeting , please contact Bernadette Stamper (Bernadette.stamper@gmail.com) .

We welcomed Pauline Ireland who runs 'Move it or Lose it' in Penrith and Wigton. Her background in Physical Education, Physical Training with the Army and Fire Service and more recently Mountain Leadership with young people, has formed a good background to help people with age or health related mobility issues. The aim is to maintain mobility to retain independence, but there are also social benefits too as we experienced when we tried some of her 'workouts'! Set to music from the 50's and 60's we were all soon tapping and swaying along in our chairs having fun. This was followed by more cognitive function challenges involving a beanbag – one member hurt her back laughing so much! With over 1000 instructors in the UK, there is bound to be a group near by. Contact is made by her website and referrals can be made by Physios, GP's etc. First session free, £7 thereafter for an hour session, often followed by coffee and cake.

Dalston Flower and Craft Group . Wednesday 8th July 7.30pm

Next meeting is a visit to Eden Yard Farmshop , Plumpton .Janika will give us a talk on how they grow , press and produce their Rapeseed oils , also give us an insight to their other crops including ancient grains , which are milled locally and used to produce sourdough breads. The shop and cafe will be open for drinks and cakes . Please dress warmly seating is on the veranda.

Please ensure you pre book with Annette . We will try to arrange lifts within the group.

Annette 07770579618

Christ & St Mary's Armathwaite

If you have received this magazine early, don't forget the **Open Gardens, 27 and 28 June** at 12noon until 5pm in Armathwaite village. It would be lovely to see you there!

Christian Aid Afternoon Tea

A huge "thank you" to everyone who attended the Afternoon Tea in aid of Christian Aid in June. Our sincere thanks go to Jenny Roscoe who organised the event and helped raise money for this charity. It was a new venture and our sincere thanks go to all those who came and supported us.

Although times are hard for many, please can you spare a thought for those who have no money to provide for their families? The Foodbank is desperately short of food to give to those in need. If you could spare just a tin of something every week it would make a huge difference. If you think you could manage to give something, however small, there are collection points at the back of church, in the Old School Hall and in the box on the driveway at 8 Mill Brow. Your generous gifts would be much appreciated by all at the Carlisle food bank and especially the 250 families they support every week. A sincere 'Thank you' to all who regularly contribute to this cause.



Church Heating – please help!

We are looking at replacing the old inefficient heating system in church at a cost of approximately £8,000. We already have running costs of £20,000 per annum, which covers the cost of Ministry, insurance, electricity, grass cutting, etc so we are really struggling to fund the extra cost of the new heating system. If you would like to give a donation towards this cost please contact the Treasurer, Sue Bonsor or the Vicar, Allison. Sue's contact details are: 07789 737858 or email ksbonsor@msn.com.

What's happening at Christ and St Mary

For all the up-to-date information about what is happening at Armathwaite Church or in the Inglewood Group of Churches why not visit:

www.achurchnearyou.com/church/12301/

The Methodist Church

	Cottage Wood @5.00pm	Skelton @10.30am
July 5th	Rev'd Julia Reid	Lois Morton
July 12th	Dean Lawson (including sacrament)	Lawrence Tomlinson
July 19th	Rev'd Julia Reid	Revd Gillian Belford – (including sacrament)
July 26th	Lois Morton	Rev'd Julia Reid
August 2nd	Holy Communion Service at Stainton 10.30am	
August 9th	Dean Lawson	Lois Morton
August 16th	Revd Dave Milner	Michael Boone
August 23rd	Rev'd Julia Reid	Ian Newton
August 30th	Members service	Lawrence Tomlinson

Services in Ivegill:

July 12th 9.30am	Morning Worship
July 26th 9.30am	Holy Communion
August 9 th 9.30 am	Morning Worship
August 23 rd 9.30am	Holy Communion

It's church, but not as you know it.

Messy Church is a way of being church for families and others. It is Christ-centred, for all ages, based on creativity, hospitality and celebration.

Everyone is welcome. All children need to be accompanied by an adult and all adults need to be accompanied by a child.



At Messy Church you will have the opportunity to try out some crafts, to think about a bible story, to do a bit of singing, pray – using simple prayers, and eat a simple lunch together.

In the Inglewood Benefice we've got 2 places where Messy Church happens: Armathwaite Old School Hall and Ainstable Church Institute.

To find out more contact: Sian Banks, Fiona Mackaskill or Rev'd Allison Or you can check out the website: messychurch.brf.org.uk

Dates: 12th July 2026 – Armathwaite (11.30 am to 1.00 pm)

27th September 2026 – Ainstable (11.30 am to 1.00 pm)

Cost: *there is no charge for Messy Church but you might want to consider making a donation towards our overheads.*



Cottage Wood Centre

The Methodist Church Penrith Circuit

Serving our community in the name of Jesus

Our Services will be held as normal during July at 3pm. However on the 2nd of August we will be joining the congregation at Stainton Methodist chapel at 10.30am. The other Sundays in August will be as normal. You will be given a warm welcome at any of our Services.

3c's group – will meet at 10am for Bible study with others joining at 10.30am.

There will be no 3c's during the school holidays.

Take Tea Out – will be held on the second Thursday in July meeting from 1.30pm tea will be served at 2pm. Please ring Sheila to book a tea or a take away. **There will be no Take Tea Out in August.**

Prayer meeting will be as normal on the first Wednesday in the month from 7pm – 8pm you could join us in your own homes at any time.

Swop Saturday – is on July 18th between 10am – 12noon when refreshments will be served. Come along and bring items in good condition – books – jigsaws – small household items and take something away of your choice.

We hope you have a lovely summer. **Sheila's contact Number 01768 885362**

ST JAMES'S HUTTON IN THE FOREST

Hutton End Village Hall is available for hire for family parties, groups etc.

The hall is accessible for wheelchairs. Contact : Margaret Gray (booking secretary) for prices and information margaret.e.gray.mg@gmail.com

HUTTON-IN-THE-FOREST

Historic House & Gardens The Cloisters

Delicious Lunches & Teas

Open Wednesday, Thursday, Sundays and Bank Holiday Mondays

Antique Fair & Country House Attic Sale Sunday 28th June 2026 10am-4pm.

Tel. 017684 84449 www.hutton-in-the-forest.co.uk

THE INGLEWOOD GROUP OF CHURCHES—SERVICES

Sunday July 5th

9.15	Calthwaite	Holy Communion
9.15	Armathwaite	Morning Prayer
11.15	Skelton	Holy Communion

Sunday July 12th

9.15	Ainstable	Morning Prayer
9.15	Plumpton	Holy Communion
11.15	High Hesketh	Morning Prayer
11.15	Hutton	Holy Communion

Sunday 19th July

9.15	Calthwaite	Morning Prayer
9.15	Armathwaite	Holy Communion
11.15	Skelton	Morning Prayer
11.15	High Hesketh	Holy Communion

Sunday 26th July

9.15	Plumpton	Morning Prayer
9.15	Ainstable	Holy Communion
11.15	High Hesketh	Morning Prayer
11.15	Skelton	Morning Prayer
6.00	Hutton	Evening Prayer (St James's Day)

Services of Morning Prayer:

Tuesdays 10.30: On Zoom, please contact Sue and Ken Bonsor for joining details;

Thursdays 8.00am: Skelton Church

Sunday August 2nd

9.15	Calthwaite	Holy Communion
9.15	Armathwaite	Morning Prayer
11.15	Skelton	Holy Communion

Sunday August 9th

9.15	Ainstable	Morning Prayer
9.15	Plumpton	Holy Communion
11.15	High Hesketh	Morning Prayer
11.15	Hutton	Holy Communion

Sunday August 16th

9.15	Calthwaite	Morning Prayer
9.15	Armathwaite	Holy Communion
11.15	Skelton	Morning Prayer
11.15	High Hesketh	Holy Communion

Sunday August 23rd

9.15	Plumpton	Morning Prayer
9.15	Ainstable	Holy Communion
11.15	High Hesketh	Morning Prayer
11.15	Skelton	Morning Prayer
6.00	Hutton	Evening Prayer

Sunday August 30th

10.30	Hutton	Holy Communion for the Benefice
--------------	---------------	--



This document was created with the Win2PDF "Print to PDF" printer available at

<https://www.win2pdf.com>

This version of Win2PDF 10 is for evaluation and non-commercial use only.

Visit <https://www.win2pdf.com/trial/> for a 30 day trial license.

This page will not be added after purchasing Win2PDF.

<https://www.win2pdf.com/purchase/>