

A full list of contacts can be found in the porch of each church and on flyers

### MINISTRY TEAM DETAILS

**Rector:** Rev. Chris Painter 01271 649351  
07960 656313 (Thursday day off)  
[rector@ttec.org.uk](mailto:rector@ttec.org.uk)

**Assistant curate:** Rev. James Moore  
07341 353700 (Friday day off)  
[curate@ttec.org.uk](mailto:curate@ttec.org.uk)

Rev. Brenda Jacobs 01271 345743  
[jacobs200@btinternet.com](mailto:jacobs200@btinternet.com)

**Children, Youth and Families Ministry**  
Gillian Ashcroft [cyf@ttec.org.uk](mailto:cyf@ttec.org.uk)

**Safeguarding Officers**  
Teresa Warren (Fremington)  
[Safeguardfrem@ttec.org.uk](mailto:Safeguardfrem@ttec.org.uk)

Katie Yeadon (Instow)  
[Safeguardinst@ttec.org.uk](mailto:Safeguardinst@ttec.org.uk)

Sarah Ansell (Westleigh)  
[safeguardwest@ttec.org.uk](mailto:safeguardwest@ttec.org.uk)

### **Children, Youth & Families News**



### SUNDAY 24<sup>TH</sup> MAY 2026 Pentecost

Readings: **Acts 2 v1-21 page 1093**

**John 20 v19-23 page 1089**

**09.30** Holy Communion, Instow

**11.00** Holy Communion, Fremington

**18.00** Prayer & praise service, Fremington

### MONDAY 25<sup>TH</sup> MAY 2026

**10.30** Community 'Drop in', All Saints Chapel, Instow

**HALF TERM NO** Babies & Toddlers.

**NO** Bumps and Babies

### TUESDAY 26<sup>TH</sup> MAY 2026

**10.00** LPA meeting, Rectory

**10.30** Morning Prayer, All Saints Chapel, Instow

Readings: **1 Peter 1 v10-16, Mark 10 v 28-31**

### WEDNESDAY 27<sup>TH</sup> MAY 2026

**10.00** Holy Communion, Fremington

Readings: **1 Peter 1 v18-end, Mark 10 v 32-45**

### THURSDAY 28<sup>TH</sup> MAY 2026

**14.00** Bell ringing practice, Westleigh

**19.30** Home group, Home Farm Road

### FRIDAY 29<sup>TH</sup> MAY 2026

**18.00** Spirit and Sound (choir practice), Fremington

### SATURDAY 30<sup>TH</sup> MAY 2026

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### SUNDAY 31<sup>ST</sup> MAY 2026 Trinity Sunday

Readings: **Matthew 25 v31-46**

**10.00** Sea Sunday joint service, Fremington Quay

### **Sea Sunday service - Sunday 31<sup>st</sup> May 2026**

There may be some chairs available but please feel free to bring your own. A weather notice confirming or relocating the service will be on the website at **8.00am** of that morning.

**Thank you** - to all who supported our APCM's this year, especially for those beginning a new role in our congregations.

### **In aid of St John's Church, Instow** **GIFT DAY** at Instow Village Hall on **SATURDAY 6<sup>TH</sup> JUNE 2026**

**12pm - 4.30pm**

Serving ploughman's, strawberries and cream, cream teas. There will also be an opportunity to buy plants, cakes and books

During Stroke Awareness Month, we pray for all those who have suffered from strokes and for those who have lost loved ones to strokes. We pray that you would bring them peace. We give thanks for organisations seeking to raise awareness, as well as improve treatment and support people who have experienced strokes.

**MISSION COMMUNITY PRAYERS**



**This SUNDAY we pray for:**

- The natural world and the resources of the earth
  - Those working for the environmental agency
  - Surfers against sewage
  - Those whose work is unfulfilling, stressful or fraught with danger
  - Those whose work takes them away from their families
  - The recently bereaved
  - Local undertakers and those supporting the bereaved
  - Rev. Steve Painting & Rev. Brenda Jacobs
  - Deacon Sheralee and the Methodist congregation
  - The peoples of Israel, Gaza, Ukraine, Iran and Sudan
- For Lenny Grigg, beginning a new life after baptism last week

During **Ascensiontide**, we also pray for:

- God's royal priesthood, for empowerment by the Spirit
- Those who wait on God, that they may find renewal
- All people, that they may acknowledge the kingdom of the ascended Christ
- The earth, for productivity and for fruitful harvests
- All who are struggling with broken relationships

**Please also pray for:**

Bruce Bennett, Jane Lush, Ruth White, Gordon Coulter, Jeanette Brown, the Grigg family, Elaine Ellacott, Rhys Jones, David McCrum, Emma Temple, Pam Cattle

**We especially pray for the recently bereaved families of:**

John Allen, Alan Macree, Marion Spencer, Joyce Bedworth

**Dates for your diary**

**Friday 19<sup>th</sup> June – Sunday 21<sup>st</sup> June 2026 North Devon Music Festival**

We are inviting local musicians to play and sing in our churches. Presently, we'll release details - in the meantime please keep the dates free, and let others know.

**Saturday 27<sup>th</sup> June 2026**

Priesting of Rev. James Moore (Exeter)

**Sunday 28<sup>th</sup> June 2026**

Rev. James, first celebration of Holy Communion

**Sunday 9<sup>th</sup> August 2026 – 11am**

Community on show beach service



**May Prayer Points from Alun & Debbie Burt**

*“Ask and you will receive ..... how much more will your Father who is in heaven. Give good things to those who ask Him!” (Matthew 7 v7-11)*

- Please pray for The Namibia Mission trip which our apprentice Sieraat Dreyer is on this month for three weeks. This will be Sieraat's first time outside of South Africa and his first experience of cross-cultural mission.

**Simon, Helen, Ivor and Lenny Grigg at Lenny's baptism last Sunday, Westleigh**



**DATE FOR YOUR DIARY**

'Summer' Coffee Morning at Pillhead House, Old Barnstaple Road, Bideford EX39 4NF

**THURSDAY 11<sup>TH</sup> JUNE 2026**

**10am – 12 noon**

Raising funds for St Peter's church, Westleigh. **Entrance fee. All welcome.**