



epping
team ministry

NEWS

SUNDAY, 31st MAY, TRINITY SUNDAY

**Isaiah 40.12-17, 27-end; 2 Corinthians 13.11-end,
Matthew 28.16-end**

~ ~ ~ SERVICES IN THE BENEFICE FOR THIS WEEK ~ ~ ~

SUNDAY

8:00 am BCP HOLY COMMUNION, St John's Epping

10:00 am TEAM COMMUNION followed by Baptism of Abbas Khanalilou, St John's Epping

With hymns 276, 810, 277 (vss 2, 3, 5), Anthem Holy, Holy, Holy *Schubert*, 628, 477,
Voluntary Festal Flourish *Gordon Jacob*.

(All churches of the Benefice are invited to join together in worship at 10:00 am at St John's Epping. There is no 9:20 am or 11:10am services this week)

6:00 pm SUNDAY AT SIX with Rev'd Liz Gloyn, St John's Epping

MONDAY

5:00 pm EVENING PRAYER, St John's Epping

TUESDAY

8:45 am MORNING PRAYER, St John's, Epping

5:00 pm EVENING PRAYER, St John's

WEDNESDAY

8:45 am MORNING PRAYER, St John's, Epping

9:30 am HOLY COMMUNION, St John's Epping

5:00 pm EVENING PRAYER, St John's

THURSDAY

10:00 am CHURCH MICE, St John's Epping

5:00 pm EVENING PRAYER, St John's Epping

FRIDAY

8:45 am MORNING PRAYER, St John's Epping

St John's is usually open daily for private prayer

Except bank Holidays or other special occasions

Please switch your mobile phone to silent mode or switch it off before a Sunday service begins and take time to pray that we may be fully present with each other and with Christ.

~~~~~ **FROM THE LEADERSHIP TEAM** ~~~~~

Perichoresis is a really swanky theological word that derives from the Greek peri meaning surrounding or encompassing as found in perimeter and peripheral; and choreo meaning to dance as in choreography. So why on earth would it be a theological term?

It's a term used to describe the eternal coexistence of the three persons of the Trinity - Father, Son, and Holy Spirit. It suggests that each person of the Trinity shares fully in the divine essence and lives in perfect unity, love, and equality with the others. Each part completely discrete from the other two, and yet completely intertwined, inter-related and interconnected at the same time. It also means that there is a mutual indwelling indicating that we cannot have one person of the Trinity without the other two.

Perichoresis is the word used to describe this relationship in terms of a 'divine dance' and represents the dynamic, loving relationship and harmonious interaction between the three persons of the Trinity; the complex concept of our God being both one and three persons at the same time. That whilst each remains a separate entity in and of itself, each bringing to the creation a different aspect of the Godhead. so they are also one unified being in the oneness of God.

This is perhaps the most dreaded Sunday on which to deliver a sermon, as the fear of falling into one of the many potential heresies whilst preaching upon this beautiful, enigmatic and esoteric concept is very real. This is a subject that wise people have grappled with for centuries and still our human minds find difficulty in grasping the reality of the mystery.

All I can say is, that sometimes we have to believe with our hearts and not our minds. Sometimes things are just too hard to put into words satisfactorily, sometimes things are just too hard to comprehend, and yet we know them to be true in our innermost being. That is faith, and if you come away from a sermon on Sunday not fully grasping the concept of the Trinity, but knowing that your triune God loves you, then the preacher will have done their job.

**Jessica x**

~~~~~**READINGS FOR THIS SUNDAY**~~~~~

Isaiah 40, 12 – 17, 27 - end.

Who has measured the waters in the hollow of his hand and marked off the heavens with a span, enclosed the dust of the earth in a measure, and weighed the mountains in scales and the hills in a balance? Who has directed the spirit of the Lord, or as his counsellor has instructed him? Whom did he consult for his enlightenment, and who taught him the path of justice? Who taught him knowledge, and showed him the way of understanding? Even the nations are like a drop from a bucket, and are accounted as dust on the scales; see, he takes up the isles like fine dust. Lebanon would not provide fuel enough, nor are its animals enough for a burnt-offering. All the nations are as nothing before him; they are accounted by him as less than nothing and emptiness.

Why do you say, O Jacob, and speak, O Israel, 'My way is hidden from the Lord, and my right is disregarded by my God'? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

2 Corinthians 13, 11 - end.

Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you. The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

Matthew 28, 16 – 20.

Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshipped him; but some doubted. And Jesus came and said to them, 'All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.'

~~~~~ **FOR OUR PRAYERS DURING THE WEEK** ~~~~~

- Monday** For the congregation and parish of **All Saints Epping Upland**  
**Tuesday** For the deepening of Christian discipleship in church, our work and at home.  
**Wednesday** For all those adversely affected by the recent hot weather,  
**Thursday** For all pupils and staff at Epping Upland Primary School.  
**Friday** For the Ministry Team; for all who contribute to, or lead, our services: for those who lead our meetings, those who carry out 'behind the scenes' activities and those who help fundraising in the Team churches.

**Those who are sick and for whom prayers have been asked:**  
Graham, June, Caroline, Harriet, David, Rebecca, Sam, Marion, Pam, Lorraine, Jim, Roger, Lisa, Lili.

**Those who have died recently, their family and friends:**

**Those whose anniversary of death occurs during this week:**  
31<sup>st</sup> May, John Joslin, James Cole, Kathleen Merchant, June Hammond; 1<sup>st</sup> June, George Forrest, Charles Foster, Fiona McLeod; 2<sup>nd</sup>, Edward Arrowsmith, Phyllis Mackley, Phillip Jones, Pamela Rhodes; 3<sup>rd</sup>, Stephen Horsley, Mary Cronshaw, Mair Watts; 4<sup>th</sup>, Herbert Bell, Gladys Day; 5<sup>th</sup>, Robert Lane, Besford Swoorder, Charlotte Palmer, Brian Lawrence, Oliver Archer; 6<sup>th</sup>, Michael Robbins, Annie Wood, Cyril Ford, Edna Lowry, Janet Richards, Dorothy Rowley.

**COLLECT for this Sunday.**  
Almighty and everlasting God, you have given us your servants grace, by the confession of a true faith, to acknowledge the glory of the eternal Trinity and in the power of the divine majesty to worship the Unity: keep us steadfast in this faith, that we may evermore be defended from all adversities; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever.  
Amen

~~~~~ **FOR YOUR INFORMATION** ~~~~~

EVENSONG 14th JUNE Instead of the usual service of Choral Evensong in St John's, we are invited to a special service of Evensong in the Abbey Church at Waltham Abbey at 4:00 pm. This service will be a celebration of Music Sunday and feature a joint choir from St John's Epping, St John's Loughton and Waltham Abbey.

ST JOHN'S SPRING FAYRE Thank You to everyone who gave their time and talents to make the fayre such a joyful community event. For Natalie's dedicated leadership; the refreshment teams and bakers, who sustained us through the heat; those who provided stalls and community group displays; the tower team who ensured the safety of intrepid visitors; all those who helped set up, clear away and tally during a glorious day of teamwork and fun.

THE CRAFT GROUP The next ones to be held in St John's will be on 24th June and 22nd July from 2:00 pm to 4:00 pm.

THE BIG LUNCH hosted by Epping for Everyone will be held in Stonards Hill Park on Saturday 6th June 2026 from noon to 3:00 pm. Bring your own food and drink.

EPPING UPLAND CAR SHOW The annual Epping Upland Car Show will take place on the afternoon of Sunday 14th June, tea and cakes on sale alongside a display of historic vehicles.

LUMOS CONCERT BY CANDLELIGHT – Ella Fitzgerald vs Frank Sinatra – Friday 5th June (see posters in porch)

If you want to attend the concert there is an opportunity to purchase some limited discounted tickets at the checkout using the following

- Code: WELCOME15 (use on checkout) This will apply 15% off gold tickets only.

ST JOHN'S TOWER CLOCK There have been some delays in the completion of the parts required but we believe that the work will be completed next month.

MINISTRY OPPORTUNITIES It is only through the sharing of the time and talents of members of our churches that we are able to offer so much to communities we serve. There are a number of opportunities at this time, please speak to a member of the clergy or a Churchwarden if you are interested in exploring them: -

Sacristan at St John's Epping (which is the person who takes the lead responsibility setting up for Communion services and maintaining stocks of candles, and elements for Holy Communion).

Church Mice Team Members (to assist at the weekly Thursday Morning service at St John's Epping for preschool children and their parents and carers, which may include setting up and packing away, supporting the leading of singing, craft activities and/or refreshments).

PET SERVICES are informal services where a warm invitation is extended to all the community to come with their pets to seek a blessing on them and thank God for the wonder of His creation in the animal kingdom. These special services will take place as follows:

Sunday 28th June at 11:10 am at Epping Upland

Sunday 5th July at 11:10 am at in the churchyard at Coopersale

Please do invite friends and neighbours to these unique events.

SERVICES FOR NEXT SUNDAY, 7th June 2026, Trinity I

8:00 am Holy Communion (BCP), St John's Epping

9:20 am Sung Communion with groups for Children & Young People, St John's Epping

11:10 am Morning Worship, St Alban's Coopersale

11:10 am Holy Communion, All Saints Epping Upland

3:00 pm Confirmation Service, Waltham Abbey church

6:00 pm No service, St John's Epping

READINGS: Hosea 5.15-6.6; Romans 4.13-25; Matthew 9.9-13, 18-26

CONFIRMATION SERVICE. 8 Candidates from all the parishes will be Confirmed on 7th June in a service led by the Bishop of Bradwell to be held in The Abbey Church in Waltham Abbey beginning at 3:00 pm. All welcome to come and support them as they take an important step of commitment to following Christ. There will be no Evening Service in St John's Epping on that day.

FOR YOUR DIARIES. RIDE AND STRIDE in support of our historic church buildings will take place on Saturday 12th September 2026. See: www.friendsofsexchurches.org.uk/ride-stride

~~~~~ **CONTACTS, GIVING and COLLECTIONS** ~~~~~

There are many ways to financially support the mission and ministry of the parishes. We are grateful for the many ways and forms of giving which express our shared worship of Christ.

**COLLECTIONS IN SUNDAY SERVICES:** A cash collection is taken at Sunday services. Please don't feel any embarrassment to let it pass you by.

It is also possible to donate to church funds in each church of the Benefice using a contactless card.

**PARISH GIVING SCHEME (PGS):** Similar to direct debit payments but set up an account by calling PGS on 0333 002 1271 providing your bank details plus your church PGS code which is:

Epping Upland, All Saints-0806-08029

Epping, St John the Baptist-0806-08028

Coopersale, St Alban the Martyr-0806-08027

**BACS** You can give to church by bank transfer; the sort codes and account numbers are listed here:

**St Alban's** 20-29-86, Account: 50776459

**St John's** 20-29-86, Account: 50357219

**All Saints** 60-07-39, Account 50236520

**BENEFICE OF THE EPPING DISTRICT CONTACT DETAILS**

**Clergy**

Revd John Fry: Team Rector - 01992 934355

Rest day, usually Saturday

E-mail: teamrector@eppinganglicans.org.uk

Revd Kate Moore: Team Vicar – 01992 265590

Usual working days Saturday – Wednesday

Email: teamvicar@eppinganglicans.org.uk

Revd Jessica Bostock: Associate Minister,

E-mail: associateminister@eppinganglicans.org.uk

Revd Dr Liz Gloyn: Curate

E-Mail: curate@eppinganglicans.org.uk

**Licensed Lay Ministers**

Diana Lowry: 01992 279696

Email: dianalowryepp@gmail.com

Steve Snooks: 01992 572185

Email: stevesnooks@hotmail.com

**Children, Youth and Family Worker,** Emily Townshend: is now on Maternity Leave

**Church Wardens** for Epping Upland and Coopersale, please contact the Team Office.

For St John's, contact Marian Winters at 07790 532 570, email: marianwinters@aol.com or

Sara McLean at 07768 106 406, email: sdmclean@eppinganglicans.org.uk

**Team Administrator:**

Lisa Bazzoni - 01992 579935

E-mail: teamadmin@eppinganglicans.org.uk

**NEWS items for next week;**

Geoff Scanlan - 01992 576550 - E-mail: rosandgeoff@btinternet.com

**Please send us any prayer requests, or if you would like someone to pray for you.**

**St John's has a 'T' loop: please ask for help if you need it.**

**MOBILITY AIDS are at the back of St John's Epping for use in church.**

**You can follow the churches of the Benefice on Facebook**

@St John's Church Epping, @St Albans Church Coopersale, @All Saints Church Epping Upland