



St Mary's
Parish Church
Frinton 2026

But thank God!
He has made us his captives and continues
to lead us along in Christ's triumphal procession.
Now he uses us to spread the knowledge of Christ
everywhere, like a sweet perfume.

2 Corinthians 2:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends, old and new.

Sunday, 31st May 2026

Parish Church Services (Sunday only)

Sunday 9:30am **Traditional Service - CW (HC)**

Psalm 23 & Matthew 28:16-20

Sunday 11am **All-Age Service (also livestreamed)**

Psalm 23

Old Church Services

Sunday 6:30pm **Evening Service - BCP**

Wednesday 11am **Service of the Word**



Psalm 23 sermon series
(week 6)

**Surely your goodness and
love will follow me all the days of my life, and
I will dwell in the house of the Lord forever.**

Psalm 23 v6
(NLT)

Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the **Church Office**.

Tel: **01255 679164** Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org

Prayer requests for the Prayer Chain (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: **01255 814 594**

**NEVER
DOUBT THE
POWER
OF PRAYER**

For our prayers during the week ...

... those who are unwell, and those who care for them:

David Allen, Anne Davis, Frances Hardwick, Margaret Knell, Philip Kyriacou, Euan Macfarlane, Jenny Phillips, Tony Stubbs, Carole Unsworth, Sylvia Wells, Daphne West, Cate Wilby, Wendy Willis.



Only eight weeks to go! Frinton Mission 2026 starts on Sunday 26th July with an opening service at the marquee on the Greensward at 5pm. An Evangelistic summer mission has been held in Frinton for over one hundred years, with local churches (now CCT, previously FACT) taking over from Scripture Union and CSSM in 1993. Christian volunteers from local churches, and further afield, work together with guests to provide a week of sharing the good news of God's love for everyone through enjoyable events, worship and prayer around Frinton and Walton, for children, youth and adults. It takes place against the beautiful surroundings of sea, beach, and greensward.

Online volunteering closes on the 30th June. Two hundred volunteers are needed to help in various ways: children's, adults, Love Frinton/Love Walton, Café, day/evening hosting, information and stewarding teams. Please do pray about how you could help and sign up. If you're unable to join a team, please pray for God's guidance and presence over Frinton Mission. Please also join the monthly prayer meetings at 9am on the first Saturday of the month in Oasis. Next one is the 6th July: your prayers are truly needed. **Tricia Hamilton**

Baptism this Sunday Lauren will be baptised this Sunday, **31st May, at 1:45pm** in the sea. The baptism will take place on the beach by the Golf Club, underneath **Beach Hut 107**. Everyone is warmly invited to come along and support her as she takes this important step in her faith.

An opportunity to serve ... do you attend the 11am All-Age service? Could you consider helping out at the 9:30 service, once a month? We need two Welcomers for the third Sunday each month. If you could help, please let Heather, Funmilayo, or Dominic know.



SUMMER CONCERTS 2026 - Thursdays at 1:15pm

Light lunches (*supplied by Lilley's Bakery*) in the Church Hall 12:00-1:00pm

- 4th June - Piano: Linda & Robert 'Piano À Deux'
- 11th June - Oboe & Flute: Rob & Debbie Rogers
- 18th June - Violin & Piano: Beth Spendlove & Nigel Clayton
- 25th June - Piano: Siqian Li
- 2nd July - Vocal Ensemble: Marenzio Singers
- 9th July - Cello & Piano: Rebecca Welham & Therese Miller
- 16th July - Organ: Duncan Archard



Retiring collection for Walton Food Bank and St Mary's Parish Church

Help Needed – Old Churchyard Clearance

Help is needed to assist with clearing cut grass and tidying the Old Churchyard during mornings **Monday 1st June – Wednesday 3rd June**, weather permitting.

Work will begin at **9am** each morning. Volunteers are asked to:

- Help rake up cut grass
- Clear and bag cuttings



Please **bring your own rake and gloves**, and **wear sturdy, protective footwear** (open sandals are not suitable for this work). Heavy cutting and mowing will be carried out by Stewart and John. If you are able to help, please let **Stewart Atkins** or **John Edmonds** know your availability.

90 plus

Over 90's Group

Please note that our *Over 90's Group* will meet on **Monday 1st June at 3pm** in the Church Lounge for tea, cake, and a chat. It will be great to see anyone in this age group, so please do join us. Contact Reception, if you'd like to know more, otherwise we look forward to seeing you there.

Ruth and Tricia

Fundraiser Dinner

SATURDAY 13TH JUNE, 7PM

FOR MORE INFO OR BOOK TICKETS CONTACT:
PETER WOOD IN PERSON OR VIA THE CHURCH OFFICE

With... *The Rt Revd Dr Guli Francis-Dehqani*
The Bishop of Chelmsford

TICKETS £25

STRINGS AND HARPSICHORD

THE JOZEF CHASYD QUARTET WITH
SARA STOWE ON HARPSICHORD

FEATURING TWO PREMIERES BY
LOCAL COMPOSER PETER THORNE

Tickets £20* to include
tea and cake after
*Students free with paying adult

SAT 20 JUNE 3:00 PM
**ST MARY'S PARISH CHURCH,
OLD ROAD, FRINTON ON SEA**

Gethsemane

The Place of Surrender
Mondays 7:30pm

Prayer changes things

Gethsemane is the name of our weekly prayer meeting usually held every Monday evening. We meet for an hour in Rooms 3/4 and everyone is welcome to join us to share in both silent or spoken prayer.

Strawberry Cream Tea

Saturday, 4 July 2026, 3pm

In the Church Gardens, Fourth Avenue.

Tickets: £8.50 or £3.50 Children (under 12) Available from Reception weekday mornings.

Admission by ticket only, so book early to avoid disappointment.

During the Week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome

Monday 1st Over 90's Group 3pm
Gethsemane Prayer 7:30pm

Tuesday 2nd Prayer 24/7 Course (4) 7pm

Wednesday 3rd Wednesday Group 10am
Service of the Word 11am

Thursday 4th Smallsorts 10am
Summer Concerts 12:15pm
Confirmation Service 7:30pm

Friday 5th Coffee Morning 10am
Choir Practice 6pm

Saturday 6th Men's Breakfast 8:30am
Frinton Mission Prayer Meetings 9am



The Old Church



Sunday 7th June

9:30am Traditional Service - BCP
11am All-Age Service (also livestreamed) (HC)
6:30pm Evening Service - Parish Church - CW (HC)
Rotas for 2026 available on ChurchSuite. [Logins](#) available upon request.

Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift.' It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



DATES FOR YOUR DIARY

Confirmation Service - Thurs. 4th June 7:30pm

Everyone is welcome

Guest Dinner - Sat. 13th June 7pm

Frinton Mission - Sat. 25th July to Sun. 2nd August

Find us on the web!



Noticesheet Items: please submit to the [Church Office](#) by noon Tuesday, to office@stmarysfrinton.org

Homegroup Information: Heather Ursell - **07882 402 768**

Sunday Media & PowerPoint items: email to office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org