

**St Mary the Virgin and All Saints  
Potters Bar  
31st May 2026  
Trinity Sunday**

*A warm welcome to St Mary's,  
especially if this is your first time here.*

*Refreshments are served in the hall after the Sung Eucharist*

**TODAY'S SERVICES**

8.00am **SAID EUCHARIST**

10.00am **SUNG EUCHARIST**

*We welcome the **Revd Philip Green**,  
Associate Priest at St Peter's London Colney  
and Assistant Chaplain at Aldenham School,  
as our celebrant & preacher*

Old Testament Reading: Isaiah 40 vv 12-17, 27-31 *The prophet contrasts the weakness of man with the power and wisdom of God, who has made heaven and earth and whose Spirit gives strength to those who seek it.*

New Testament Reading: 2 Corinthians 13 vv 11-13 *St Paul's benediction is significant. The grace of Christ leads one towards the love of God, and the love of God when put into practice through the Holy Spirit produces fellowship with God and man.*

Gospel: Matthew 28 vv 16-20 *Jesus gives his commission to his disciples – to preach the Gospel to all the nations.*

**Hymns:** 146, 421, 377, 358, 393

**Anthem:** Holy, Holy, Holy - Schubert

*Our flowers this week have been arranged by Trisha Salmon  
and donated by Beverley Ashdown  
in memory of her mother, Jackie Plummer*

**The Week Ahead**

<b>Tuesday</b>	9.30am	Morning Prayer
	12.30pm	Recital by Francis Eastwood and Peter Almond (organ) <i>Light lunches available from 12 noon</i>
	5.00pm	Evening Prayer
<b>Wednesday</b>	9.30am	Said Eucharist
	10.30am – 12 noon	Church open for visitors
	5.00pm	Evening Prayer
<b>Thursday</b>		<b>CORPUS CHRISTI</b>
	9.30am	Said Eucharist
	10.30am – 12 noon	Church open for visitors
	5.00pm	Evening Prayer
	8.00pm	<b>SUNG EUCHARIST</b> <i>Celebrant: Fr Stefan Preacher: The Revd Emma-Jane Wilkinson, Vicar of King Charles the Martyr Church</i>
<b>Friday</b>		<b>St Boniface, bishop &amp; martyr</b>
	9.30am	Morning Prayer
	5.00pm	Evening Prayer (BCP)
<b>Saturday</b>	8.30am	Churches Together Prayers at St Giles, South Mymms

**Next Sunday** is the **First Sunday after Trinity**

8.00am Said Eucharist

10.00am **SUNG EUCHARIST**

Our readings next Sunday will be: Hosea 5 v 15 – 6 v 6;  
Romans 4 vv 13-25 and Matthew 9 vv 9-13, 18-26.

**THIS SHEET IS FOR YOU TO KEEP  
PLEASE TAKE IT HOME WITH YOU**



**Parish Notices**

The Feast of **Corpus Christi** (the Day of Thanksgiving for the Institution of Holy Communion) is **this Thursday**. There will be celebrations of the Eucharist at 9.30am (BCP – said) and 8.00pm (sung), when we shall be joined by friends from King Charles the Martyr Church.

There are still a few letters on the table at the back of the church, relating to Gift Aid donations to the church during the tax year 2025-26, to help with completing your HMRC tax return. Please do have a look to see if there is one for you, if you have not already done so.

The next meeting of the Friendship Group is on **Wednesday 10th June** at 10.30am at the Oakmere Tea Rooms.

The Hertfordshire Philharmonia returns to St Mary's on **Saturday 20th June** for a concert at 7.45pm, featuring works by Rachmaninov and Dvorak. Tickets are £16 in advance (£18 on the door), with concession rates for students (£5) and under 16s (£1).

**Watchers & Welcomers** Please let Heather Hawkes know of any holiday dates in July and August.

A **flower rota** for the second half of the year is now posted on the noticeboard. Please sign up for the Sundays when you wish to arrange or donate flowers. We would be really pleased to hear from anyone new interested in arranging flowers. Pearl Shepherd & Trisha Salmon will be glad to provide advice and support.

**For your prayers**

**The sick** Anna Downes, Carole Waller, Elizabeth Liney, Elizabeth Wiseman, Nathan Reid, Cyril Osborn, Valerie Taylor, Francoise Groves-de-Milleret, Joan Golden, Robert Peters, Lisa Collins, Maureen Alderman, Alison Stevens, Kirsty Edmunds, Marilyn Gibbs, Mary Healey

**We also pray for** Margaret Terry, Keith Downes, Jayne Hutton, Janet Daniels, Susan North, Julia, Tessa, Linda, Nicola Stiff, Ron Golden, Ricky Mella, Sasha Burt, David Evans, Richard Barnes, Dave Gough, Pauline Phillips, Keith Probert, Prussia Blake, Steven Seal

**The recently departed** Joy Kayser, Paul Tatlow

**Anniversaries of death this week** Leonard Olney, Ray Law, Marian Kemball-Cook, Jean Knowles, Fr Graham Sillis, Matthew Barden, Douglas Crane

**Our parish** We remember those who live in Blunesfield, Bowmans Close and Brackendale

**Fr Stefan Chrysostomou, Vicar** Tel: 01707 859028

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Please send any items for this sheet to **Richard Osborn**

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### COLLECT

Almighty and everlasting God,  
 you have given us your servants  
 grace,  
 by the confession of a true faith,  
 to acknowledge the glory of the  
 eternal Trinity  
 and in the power of the divine  
 majesty to worship the Unity:  
 keep us steadfast in this faith,  
 that we may evermore be defended  
 from all adversities;  
 through Jesus Christ your Son our  
 Lord,  
 who is alive and reigns with you,  
 in the unity of the Holy Spirit,  
 one God, now and for ever.

### FIRST READING

**Isaiah 40:12-17. 27-end**

*A reading from the book of the prophet Isaiah.*

Who has measured the waters in the hollow of his hand and marked off the heavens with a span, enclosed the dust of the earth in a measure, and weighed the mountains in scales and the hills in a balance? Who has directed the spirit of the LORD, or as his counsellor has instructed him? Whom did he consult for his enlightenment, and who taught him the path of justice? Who taught him knowledge, and showed him the way of understanding? Even the nations are like a drop from a bucket, and are accounted as dust on the scales; see, he takes up the isles like fine dust. Lebanon would not provide fuel enough, nor are its animals enough for a burnt-offering. All the nations are as nothing before him; they are accounted by him as less than nothing and emptiness. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the LORD, and my right is disregarded by my God"? Have you not known? Have you not heard? The LORD is the everlasting God,

the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the LORD shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

### PSALM Psalm 8

**R** O Lord our governor,  
*how glorious is your name in  
 all the world!*

Your majesty above the heavens is praised  
 out of the mouths of babes at the breast.  
 You have founded a stronghold  
 against your foes,  
 that you might still the enemy and  
 the avenger. **R**

When I consider your heavens, the work of your fingers,  
 the moon and the stars that you have ordained,  
 What are mortals, that you should be mindful of them;  
 mere human beings, that you should seek them out? **R**

You have made them little lower than the angels  
 and crown them with glory and honour.  
 You have given them dominion over the works of their hands  
 and put all things under their feet. **R**

All sheep and oxen,  
 even the wild beasts of the field,  
 The birds of the air, the fish of the sea  
 and whatsoever moves in the paths of the sea. **R**

### SECOND READING

**2 Corinthians 13:11-end**

*A reading from the second letter of Paul to the Corinthians.*

Brothers and sisters, put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. Greet one another with a holy kiss. All the saints greet you. The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

### GOSPEL Matthew 28:16-end

*Hear the gospel of our Lord Jesus Christ according to Matthew.*

The eleven disciples went to Galilee, to the mountain to which Jesus had directed them. When they saw him, they worshipped him; but some doubted. And Jesus came and said to them, "All authority in heaven and on earth has been given to me. Go therefore and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit, and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age."

### POST COMMUNION

Almighty and eternal God,  
 you have revealed yourself as  
 Father, Son and Holy Spirit,  
 and live and reign in the perfect  
 unity of love:  
 hold us firm in this faith,  
 that we may know you in all your  
 ways  
 and evermore rejoice in your eternal  
 glory,  
 who are three Persons yet one God,  
 now and for ever.

