

Sunday 31st May 2026



United Benefice of
Aspenden, Buntingford
and Westmill

Trinity Sunday

Welcome to our churches of St Mary's Aspenden, St Peter's Buntingford and St Mary the Virgin Westmill. Whoever you are,

wherever you've come from, you are welcome! If this is your first visit, please do introduce yourselves to the clergy and stay for coffee after the service to meet others

2 Corinthians 13.11-end (NRSVA)

¹¹ Finally, brothers and sisters, farewell. Put things in order, listen to my appeal, agree with one another, live in peace; and the God of love and peace will be with you. ¹² Greet one another with a holy kiss. All the saints greet you.

¹³ The grace of the Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with all of you.

Matthew 28.16-end (NRSVA)

¹⁶ Now the eleven disciples went to Galilee, to the mountain to which Jesus had directed them. ¹⁷ When they saw him, they worshipped him; but some doubted. ¹⁸ And Jesus came and said to them, 'All authority in heaven and on earth has been given to me. ¹⁹ Go therefore and make disciples of all nations, baptizing them in the name of the Father and of the Son and of the Holy Spirit, ²⁰ and teaching them to obey everything that I have commanded you. And remember, I am with you always, to the end of the age.'

Collect

Holy God,
faithful and unchanging:
enlarge our minds with the knowledge of your truth,
and draw us more deeply into the mystery of your love,
that we may truly worship you,
Father, Son and Holy Spirit,
one God, now and for ever.

Post Communion

Almighty and eternal God,
you have revealed yourself as Father, Son and Holy Spirit,
and live and reign in the perfect unity of love:
hold us firm in this faith,
that we may know you in all your ways
and evermore rejoice in your eternal glory,
who are three Persons yet one God,
now and for ever.

Remembering in our prayers:

Lil, Evelyn, Jackie, Christine, Kathe, Judy, Jenny, Russell, Hilary, Phyllis, Jane, Lisa, Clive, Ailsa, Lisa M

Church Services & Morning Prayer

Sunday 7th June

9:30am All Age Worship – St Mary the Virgin Westmill
9:30am Morning Worship – St Mary's Aspenden
11am Holy Communion – St Peter's Buntingford

Morning Prayer – Held 9am to 9:30am, weekly on Tuesday at St Peter's Buntingford, Wednesday St Mary the Virgin, Westmill and Thursdays at St Mary's, Aspenden. For further details chat with Kirsty or Sarah.

Sunday 14th June

9:30am Sung Eucharist – St Mary the Virgin Westmill
9:30am All Age Worship – St Mary's Aspenden
11am All Age Worship – St Peter's Buntingford

Sunday 21th June

9:30am Holy Communion – St Mary's Aspenden
11am Holy Communion – St Peter's Buntingford

Sunday 28th June

9:30am Sung Eucharist – St Mary the Virgin Westmill
11am Morning Worship – St Peter's Buntingford

News & Notices from our Churches and Community



St Mary the Virgin Westmill Building Project

Excellent news we have now received full faculty approval for phase 2 of the building project. The Welcome Area has begun with the installation of the new cupboards.

Donations towards are gratefully received. Please speak to Sue, Colin or Kirsty if you are able to support this.

Monday Morning Coffee at St Peter's Church

Held weekly at 10am – 12pm every Monday except Bank Holidays. This coffee morning is growing with lots of people attending and making friends. There is the opportunity for prayer too. Do pop in and join us.

Little Lambs, St Mary the Virgin Westmill Held weekly on Wednesday 10am – 11:30am term time only, for pre-school children and their grown-ups. A very informal social and worship occasion for pre-school children and their carers. We sing songs, along with lots of fun activities.

Choc Stop We are starting a new venture, 'Choc Stop'. Hot chocolates for young people on their way home from school. Every Thursday term time only, outside St Peter's church from 3.15pm.

Westmill Art Exhibition Sat 30th - Sun 31st May, 10.00am-5.00 pm at St Mary the Virgin church. Please do come along to see the wonderful variety of local talent on show, all works will be on sale with all funds raised going to the church.

Celebrate 100 of Buntingford Library Monday 1st June 2026, from 6pm-8.30pm. This is a free event, but booking a place is essential, this can also be done in the library.

The Alvor Trio, Wednesday 3 June, 2026, 7:00pm St Mary the Virgin Westmill. An extraordinary evening of chamber music with the highly acclaimed trio featuring Sarah Newbould, Martin Outram, Imogen Barford. Please visit Buntingford Live for further details and booking tickets <https://buntingfordlive.org/events/the-alvor-trio/>

Hymnathon Saturday 13th June 2026 10am – 4pm St Peter's Church. Come along and join us for our sponsored Hymnathon or simply enjoy the music. Hymns will be sponsored in aid of Homestart St Mary's, Aspden, St Peter's, Buntingford, & St Mary the Virgin, Westmill. Refreshments will be available throughout the day. If you are able to provide a cake and/or do a slot on the refreshment, your support will be most grateful.

Wine and Wondering Friday 19th June, 7pm St Mary the Virgin, Westmill in the children's room. Join us for a relaxed evening and a glass of wine and wonder some of life's big questions. For further details please speak to Kirsty.

Bishop of St Albans' hidden two acre city centre oasis open 2pm-4pm, Abbey Gate House, Abbey Mill Lane, AL3 4HD

Sunday 28 June

Sunday 4 July

Sunday 12 July

Sunday 19 July

Entrance £5 per adult - dogs on leads – no toilet facilities

Eco Church Tip: Trinity Sunday: When the weather is very hot, it helps to keep your curtains/blinds closed on the sunny side of your house/flat and keep windows shut during the day, only opening up once it is cooler in the evening.

Find all our latest services & news here:

www.achurchnearyou.com/benefice/32-012BK/



Get in Touch

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Benefice Administration hours

Wednesday & Thursday 8:30am to 12:45pm.

Email: unitedbeneficeabw@gmail.com

Contact Telephone: 07484 345027

Please note that Nina will not be in the office on Wednesday 17th June but will return on Thursday 18th June.



The Prayer of the Little Bird

Dear God,
I don't know how to pray by myself
very well,
but will You please
protect my little nest from wind and rain?
Put a great deal of dew on the flowers,
many seeds in my way.
Make Your blue very high,
Your branches lissom;
let Your kind light stay late in the sky
and set my heart brimming with such music
that I must sing, sing, sing...,
Please, Lord.
Amen

Taken from 'Prayers from the Ark' by Carmen Bernos de Gasztold

