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UPPER FAL PARISHES
Ministering to the Upper Fal Valley

Weekly Benefice Bulletin

Sunday 26th April 2026

Message from the Rector

Ow ala gyn,

During recent APCMs I have been touched by the compassion and care that members have expressed regarding the need for assistance with various tasks around admin. As you may be aware during the interview when I came to explore whether the Upper Fal Parishes (Probus Mission area) would be a good fit for me and indeed if I would be a good fit for them, a discussion took place around the administration of the benefice. I was assured at that time that discussions had taken place and, had been agreed, that once in post, an administrator would be sought. I accepted the post as I was assured that this was a group of parishes willing to come together to support their priest.

At two of the APCMs that I've been asked why this has not been taken place. I haven't found this very helpful. Except that I do know that some PCC's are struggling financially and I have not wanted to add to that burden. However, by not having some administrative support, means that I am spending a good deal of my time attached to the computer. Some of this work is valuable and necessary and would come under the banner of ministry, but much of it is admin that could simply needs to be processed. This is where I would benefit from a secretary or administrator.

Over the next few weeks I will be drawing up a role description, containing various works that the administrator could be asked to do. I will present this to the church wardens when we meet in May. And, with their support, I hope to present this to each PCC.

To put this in perspective, I have had a chat with colleagues and know that a neighbouring benefice has been advertising for a part time PA for some time. Despite the funding difficulties in the parish I would propose that even one morning a week would be of benefit. Please can I ask for your prayers as we navigate this next step for the Upper Fal Parishes as we come together to support ministry and mission across the newly forming benefice.

Gras ha lows,
Caroline

This week's services

Sunday 26th April

Probus	9.30	Holy Communion	Caroline
St Erme	9.30	Holy Communion	Linda
Ladock	11.00	Holy Communion	Pat
St Cuby	11.00	Holy Communion	Linda
Treslothan	11.15	Holy Communion & APCM	Caroline
Ladock	18.00	BCP Evensong	Caroline

Readings
Psalm 23
Acts 2:42-47
John 10: 1-10

Collect
Almighty God,
whose Son Jesus Christ is the resurrection and the life:
raise us, who trust in him,
from the death of sin to the life of righteousness;
that we may seek those things which are above,
where he ever lives and reigns
in the unity of the Holy Spirit,
one God, now and for ever.
Amen

Next week's services

Sunday 3rd May

Probus	9.30	Praise and Worship with Breakfast from 8.45am	Caroline
St Erme	9.30	Holy Communion	Linda
St Ives's	11.00	Parish Communion	Pat
Ladock	11.00	Holy Communion	Linda
Treslothan	11.15	Morning Prayer	Caroline

Readings
Psalm 23: 1-5, 15-18
Acts 7: 55-60
John 14: 1-14

Collect
Almighty God,
who through your only-begotten Son Jesus Christ
have overcome death and opened to us the gate of everlasting life:
grant that, as by your grace going before us
you put into our minds good desires,
so by your continual help
we may bring them to good effect.
through Jesus Christ our risen Lord,
who is alive and reigns with you,
in the unity of the Holy Spirit,
one God, now and for ever.
Amen

Children & Young People's Groups

Probus - Little Lights Thursday 30th April, 9.30am - 11.30am
Probus - Youth Groups Sunday 3rd May, 6.00pm - 7.00pm

Benefice notices

RIP Mr David Nicholls

This Saturday (25th April) from 12 noon there will be a gathering at the Hawkins Arms for those who wish to remember Mr David Nicholls of Probus Parish. His family will be meeting there and would love to share memories with you.

Leading Intercessionary prayers in Church

A Date for your Diary - Saturday 23rd May
This will be our second workshop in leading intercessions. The first workshop was a great success and so we hope to build on this by exploring different ways to lead the intercessions in church. How to use the Psalms or hymns within the prayers to form a structure.

This is suitable for everyone involved in leading intercessions -no matter the particular tradition, and a suitable for newcomers exploring if this might be what God is calling them to!

More info to come. If you are interested please would you email me (Caroline) and let me know and I'll make sure you have the details when available.
gras ha lows,
Caroline

Across the Upper Fal Parishes

We are welcome to any and all these regular events across the parishes. Please keep a look out in the Bulletin for news and dates of 'pop up' events to take place in the benefice in future.
CREED
Groups meet in the summer months more info to come!
GRAMPOUND
Home Group
Thursday evenings for further details. Tel William 07767 253402

LADOCK
Coffee Morning at Ladock Village Hall
1st Saturday each month: 10-12noon

Tuesday Prayer Group
9am at St Ladock Church.

Bell-ringing Practice
Tower Open Evenings
Contact Jonathan for more info

LANOHAN
A service of evening prayer with refreshments after
3rd Sunday most summer months 7pm

PROBUS
Home Groups
Alternate weeks, Tuesday / Wednesday evenings
Mrs Ann Cox 01726 882944 (Tuesday group)
Tel Liz 07525 456434 (1st & 3rd Wednesday group)

Tots Praise
3rd Thursday each month, 9.30 - 11.30
Probus Hall. Fun and play group for babies and toddlers. Once a month we share A Gospel story, sing and pray usually with bubbles.

Prayer Meeting
Fridays 9 & 10.15am

TRESELLIAN
Lunch Group at Holy Trinity Church
1st Monday most months: 12 noon
Antony Hamilton Tel: Cove 01872 520138

APCMs
We are now in the season of Annual Parochial Church Meetings which will be held at each parish church.

- **Treslothan**: Sunday 26th April 10.00am
- **St Erme**: Thursday 30th April 7.00pm

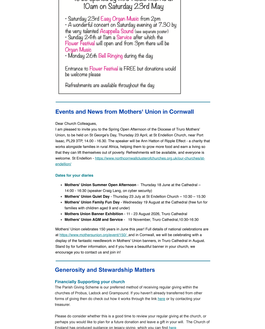
During the APCM reports will be shared. If not before, so that all members of the church can learn what the PCC have been working on over the past year, to understand the priorities set and to work out together what the priorities might be for the coming year. This is an opportunity to ask questions and offer support. You are most welcome to attend these meetings.

Schools Team

A reminder that am trying to create a schools team that will engage with all our schools a couple of times around the year providing spiritual and creative ways for children to engage with God and their faith in their schools. All roles will be safely recruited into in accordance with our safeguarding policy. Please contact the Benefice for more information.

Pastoral Administrator

Would like to ask if there is someone who would be willing to provide a little admin support in the pastoral work of our churches. This will require sending cards pastorally around the year. For a role description and more information please contact Revd Caroline.



Tower Open Day @ Probus Church

We are looking for volunteers to help make our Tower Open Day on Saturday 16th May 11am to 4pm a success!

Support is needed in a number of areas throughout the day, including assisting with refreshments, donating homemade cakes and helping to guide and support visitors at various points on their way up the tower.

Whether you can spare a full day, half day or just a short amount of time, your help would be greatly appreciated. All roles play an important part in ensuring visitors have an enjoyable and safe experience.

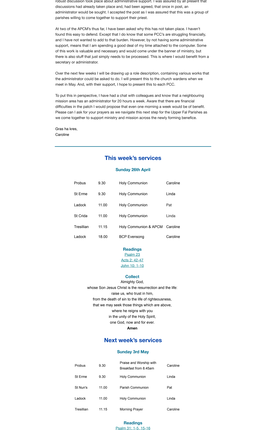
If you are able to volunteer or would like more information, please do get in touch.

Thank you in advance for your support.
Matthew

New Wine Festival 2026

To book and be part of our group, search for Upper Fal Parishes. However, if you wanted to go and camp on your own, just book without reference to the benefice.

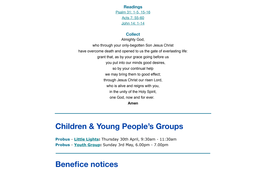
Probus Church Plant Sales



Ladock Church Flower Festival

We cordially invite you
to Ladock Parish Church
as part of the
Flower Festival

We welcome the very talented **Acapella Sound** the award-winning, contemporary close harmony group for treble voices who are performing
Saturday 23rd May 7.30
Join us for a fabulous evening of song!



Tickets £10 to include light refreshment

Bar available

To buy or reserve tickets contact Joe Sharp on 07816 317080 or buy on the door

Ladock Parish Church
Flower Festival
(Cornwall Past and Present)

May 23rd, 24th & 25th 2026
10am - 4pm daily
To be opened by Mrs Rosie Morris at 10am on Saturday 23rd May

- Saturday 23rd Cosy Organ Music from 2pm
- Saturday 23rd Acapella Sound at 7.30 by the very talented Acapella Sound we appear cosen
- Sunday 24th at 5pm a Service after which the Flower Festival will open and from 7pm there will be Organ Music
- Monday 25th Bell Ringing during the day.

Entrance to Flower Festival is FREE but donations would be welcome please.

Refreshments are available throughout the day.

Events and News from Mothers' Union in Cornwall

Dear Church Colleagues,
I am pleased to invite you to the Spring Open Afternoon of the Diocese of Truro Mothers' Union, to be held on St George's Day, Thursday 23 April, at St Endellion Church, near Port Isaac, PL28 8TF 14.00 - 16.30. The speaker will be Ann Hatton of Rogate Elliott – a charity that works alongside families in rural Africa, helping them to grow more food and earn a living so that they can lift themselves out of poverty. Refreshments will be available, and everyone is welcome. St Endellion - https://www.northcornwallcoastandchurches.org.uk/st-endellion/

Dates for your diaries

- **Mothers' Union Summer Open Afternoon** – Thursday 16 June at the Cathedral – 14.00 - 16.30 (speaker Craig Lang, on cyber security)
- **Mothers' Union Quiet Day** - Thursday 23 July at St Endellion Church – 10.30 – 15.30
- **Mothers' Union Family Fun Day** - Wednesday 19 August at the Cathedral (free fun for families with children aged 8 and under)
- **Mothers Union Diocese Eucharist** – 11 - 25 August 2026, Truro Cathedral
- **Mothers' Union AGM and Service** – 18 November, Truro Cathedral 10.00-15.30

Mothers' Union celebrates 150 years in June this year! Full details of national celebrations are on the Mothers' Union website. Meanwhile, Cornwall MU will be hosting a celebration and a display of the fantastic needlework in Mothers' Union banners, in Truro Cathedral in August. Stand by for further information, and if you have a beautiful banner in your church, we encourage you to contact us and join in!

Generosity and Stewardship Matters

Financially Supporting your church
The Parish Giving Scheme is our preferred method of receiving regular giving within the churches of Probus, Ladock and Grampound. If you haven't already transitioned from other forms of giving then do check out how it works through the link here or by contacting your treasurer.

Please do consider whether this is a good time to review your regular giving at the church, or perhaps you would like to plan for a future donation and leave a gift in your will. The Church of England has produced guidance on legacy giving, which you can find here

Newsletter Submissions

Please send your items by 9pm on Tuesday 28th April at the latest to Matthew at bulletin@upperfalparishes.uk and he will put it together. Please remember this includes that it is a newsletter submission.
Thank you.

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