



St Mary's
Parish Church
Frinton 2026

But thank God!
He has made us his captives and continues
to lead us along in Christ's triumphal procession.
Now he uses us to spread the knowledge of Christ
everywhere, like a sweet perfume.

2 Corinthians 2:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends, old and new.

Sunday 19th April 2026

Parish Church Services

Sunday 9:30am **Traditional Service - BCP**

2 Corinthians 9:6-11 & Acts 2:14a, 36-41

Sunday 11am **All-Age Service (also livestreamed)**

2 Corinthians 9:6-11

Wednesday 6:30pm **Pet Service** (Well behaved pets welcome)

Old Church Services

Sunday 6:30pm **Evening Service - CW (HC)**

Wednesday 11am **Service of the Word**



Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the Church Office.

Tel: 01255 679164 Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org

Prayer requests for the Prayer Chain (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: [01255 814 594](tel:01255814594)

NEVER
DOUBT THE
POWER
OF PRAYER

For our prayers during the week ...

... those who are unwell, and those who care for them:

David Allen, Anne Davis, Margaret Knell, Philip Kyriacou, Euan Macfarlane, Hilary Russell, Sylvia Wells, Daphne West, Cate Wilby, Wendy Willis

Parochial Church Council (PCC) Meeting

Our next PCC meeting will be held at 7pm on Monday 27th April. If there is any matter you wish to have raised at this meeting, please send by email to the PCC Secretary helenw@stmarysfrinton.org by Monday 13th April.

The Bible Course has concluded, but if you wish to re-watch any videos or revisit the readings please go to:

<https://www.biblesociety.org.uk/the-bible-course-digital-hub>

The Bible Course

2pm & 7pm

90
plus

Over 90's Group

Please note our *Over 90's Group* will be meeting on **Monday 11th May at 3pm** in the Church Lounge for tea, cake, and a chat. It will be great to see anyone in this age group, so please do join us. Contact Reception, if you'd like to know more, otherwise we look forward to seeing you there. **Ruth and Tricia**

WOMEN
OF
WORTH

Wow Going Deeper

2nd May, 9:30am

All ladies are welcome to come and join us in the Lounge when our topic will be 'The Holy Spirit and its fruits'. A light continental breakfast will be available. We do hope you will be able to join us and would be grateful if you would kindly confirm your attendance through ChurchSuite or the WoW Team.

PRAYER 24/7
BY 24-7 PRAYER
Course

the
prayer
course

The Prayer Course will aim to grow and deepen your prayer life as an individual and as a community

Begins Tuesday 12th May
7pm for 8 weeks

£25*

Panos Karan

Saturday 23rd May 2026, 6:30pm

St Mary's Parish Church, Frinton

Launch Concert for St Mary's Summer Series

Proceeds to Keys of Change and St Mary's Parish Church

Keys of Change
Can music change the world? Yes believe it can

*to include a drink & canapés from 6:00pm

Tickets from Reception

(Mon-Fri 9.30-12.30)

01255 679164 / office@stmarysfrinton.org.uk

St Mary's Annual Parochial Church Meeting

Sunday 17th May 2026

This year's APCM will start at about 12:15, following the 11am All-Age Service.

The 2025 Annual Report on the finances and ministry of St Mary's is **not** yet available.

Everyone is welcome to attend the APCM, but anyone who wishes to vote or stand for election to PCC or Deanery Synod **must** be on the current St Mary's Electoral Roll.

This is different from the Church Directory or being on ChurchSuite.

If you have not yet joined the roll, but would like to show involvement and support of St Mary's, please **complete an Electoral Roll form and put it in a box.**

Positions needing to be filled are:

(a) Two Churchwardens

... who have to be re-elected every year, up to a maximum of six years.

David Kidney has served five years, and will step down this year, so we need a new warden. Jean Allen has served one year. Churchwardens become 'ex-officio' PCC members.

(b) Up to four new members for PCC

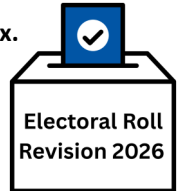
... to fill four vacancies. Members serve a three-year term and then may offer to serve for a further three years, if re-elected. After six years, PCC members are required to take at least one year's break before standing for election again.

(c) Two St Mary's Deanery Synod reps

... to serve the remaining two-year term, starting from APCM 2026. Reps may continue to be re-elected as many times as they choose.

Apologies for absence from APCM may be given to PCC Secretary, Helen Whybrew: helenw@stmarysfrinton.org or via the Church Office.

Any questions for the APCM should be submitted to the Rector in writing (or by email) **before** 15th May.



Confirmation Course

We will be starting a *Confirmation Course* on Sundays at 4pm in Rooms 3/4, for anyone who would like to be confirmed in the *Confirmation Service* to be held here at St Mary's on Thursday 4th June.

The Confirmation Course will begin on 3rd May and run for four weeks.

Please let the Church Office know if you are planning to attend.

Pet Service
All well-behaved pets welcome

God saw everything that he made, and indeed it was good. Gen 1:31

Please bring a picture of either your current pet(s) OR the pet(s) to be remembered.

Wednesday 22nd April, 6.30pm
A Service of Pet Remembrance and Thanksgiving

During the Week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome

Monday 20th Pastoral Care AG Meeting 11:45am
Missionary AG Meeting 2:30pm
Weekly Prayer Meeting 7:30pm

Wednesday 22nd Service of the Word 11am
Wednesday Group Lunch 12pm
Pet Service 6:30pm

Thursday 23rd Smallsorts 10am
Knit & Natter 1:30pm

Friday 24th Coffee Morning 10am
Choir Practice 6pm



Sunday 26th April

9:30am Traditional Service – BCP (HC)

11am All-Age Service (also livestreamed)

6:30pm Evening Service - CW - Old Church

Rotas for 2026 available on ChurchSuite. [Logins](#) available upon request.

Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift.' It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



DATES FOR YOUR DIARY

St Mary's APCM - Sun. 17th May, after 11am Service

Confirmation Service - Thurs. 4th June

Frinton Mission - Sat. 25th July to Sun. 2nd August

Find us on the web!



Notice sheet Items: please submit to the Church Office by noon Tuesday, to office@stmarysfrinton.org

Homegroup Information: Heather Ursell - 07882 402 768

Media & PowerPoint items: email to office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org