



St Mary's
Parish Church
Frinton 2026

But thank God!
He has made us his captives and continues
to lead us along in Christ's triumphal procession.
Now he uses us to spread the knowledge of Christ
everywhere, like a sweet perfume.

2 Corinthians 2:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends, old and new.

Sunday 26th April 2026

Parish Church Services (Sunday only)

Sunday 9:30am **Traditional Service - BCP (HC)**

Psalm 23 & Acts 2:42-47

Sunday 11am **All-Age Service (also livestreamed)**

Psalm 23



Old Church Services

Sunday 6:30pm **Evening Service - CW**

Wednesday 11am **Holy Communion**

Psalm 23 sermon series
(week 1)



The Lord is my shepherd;
I have all that I need.

Psalm 23 v1
(NLT)

Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the **Church Office**.

Tel: 01255 679164 Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org

Prayer requests for the Prayer Chain (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: [01255 814 594](tel:01255814594)

**NEVER
DOUBT THE
POWER
OF PRAYER**

For our prayers during the week ...

... those who are unwell, and those who care for them:

David Allen, Anne Davis, Margaret Knell, Philip Kyriacou, Euan Macfarlane, Hilary Russell, Sylvia Wells, Daphne West, Cate Wilby, Wendy Willis

It is with sadness that I inform you of the passing of Stephen Edgell on 21st April. Stephen was a former parishioner who gifted the church with his preaching, leading and above all his love and friendship. A man of faith in Jesus, we are confident that he has no more pain.

Please remember his wife, Linda, and his children, Leah, James, and Nathan in your prayers.

Rev Funmilayo



Prayers for people of the **Middle East & North Africa (MENA)** with access to SAT-7 satellite and YouTube broadcasts. Use prayer diaries or website: sat7uk.org/pages/pray

The Dari-language programme **Sun of Hope** is bringing free primary-level education to young Afghans. **Pray** that the programme's viewers will make real progress academically and put their new knowledge to good use.

SAT-7 broadcasts **church services live** from Resurrection Baptist Church in Lebanon, helping Christians connect with the wider Body of Christ, even when they are restricted from it in their local area. **Pray** that viewers will be inspired in their faith as they engage with the services.

Yemen is one of the most dangerous countries in the world for Christians to live in. As Yemeni Christians live out their faith in secret, **please pray** that they will find safe ways to grow in faith, such as by engaging with SAT-7's resources.

SAT-7 rep

We are looking for a *new* SAT-7 rep, to coordinate distribution of the quarterly prayer diaries, and to provide a monthly contribution of prayer items for the notice sheet.

Please speak to Heather, Funmilayo, or Dominic if you could volunteer in this way.

Confirmation Course

We will be starting a *Confirmation Course* on Sundays at 4pm in Rooms 3&4, for anyone who would like to be confirmed in the *Confirmation Service*, to be held here at St Mary's on Thursday 4th June.

The Confirmation Course will begin on 3rd May and run for four weeks.

Please let the Church Office know if you are planning to attend.

PRAYER 24/7
BY 24-7 PRAYER
Course
the **prayer** course

The Prayer Course will aim to grow and deepen your prayer life as an individual and as a community

**Begins Tuesday 12th May
7pm for 8 weeks**



This year's **Annual Parochial Church Meeting** (APCM – or AGM) will be held on **Sunday 17th May**, following the 11am All-Age service.

Everyone is welcome to attend the APCM, but anyone who would like to vote or stand for election to PCC (our Church Council), must be on St Mary's Electoral Roll.

Being on St Mary's Electoral Roll is one way of showing you identify with our church and teaching. If you are not already on, but feel part of our church, please do consider completing a form to add your name to the Roll.

If you have recently applied to have your name added, or changed your address since last year, please check your entry on the updated Roll **at the back of the church**, and complete another application form or change of address form if necessary.

Dominic Gardner - Electoral Roll Officer

Special 9:30am notices!

We need one or two new welcomers for 9:30am services. Please let Heather or Dominic know if you would be able to help in this way, usually once a month.

Also, please help keep the church tidy after you have used a hymn book, Bible, or service books, making sure the new Common Worship booklet is behind the Bible. **THANK YOU!**



A Service of Thanksgiving

A service in memory of those we have loved and lost

Everyone is welcome

Sunday 10th May 6:30pm

The Old Church of St Mary the Virgin, Frinton on Sea



'**Gethsemane**' is the new name of our **Weekly Prayer Meeting**.

It still takes place every **Monday evening, 7:30pm to 8:30pm**. We usually meet in Rooms 3&4. Everyone is very welcome, whenever they are able.

Graham Dallison

£25*

Panos Karan

Saturday 23rd May 2026, 6:30pm

St Mary's Parish Church, Frinton

Launch Concert for St Mary's Summer Series

Proceeds to Keys of Change and St Mary's Parish Church



* to include a drink & canapés from 6:00pm

Tickets from Reception

(Mon-Fri 9.30-12.30)

01255 679164 / office@stmarysfrinton.org.uk

WOMEN OF WORTH

Wow Going Deeper

2nd May, 9:30am

All ladies are welcome to come and join us in the Lounge when our topic will be 'The Holy Spirit and his fruit'. A light continental breakfast will be available. We do hope you will be able to join us and would be grateful if you would kindly confirm your attendance through ChurchSuite or the WoW Team.



During the Week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome

Monday 27th PCC Meeting 7pm
Gethsemane Prayer 7:30pm

Wednesday 29th Wednesday Group 10am
Holy Communion 11am

Thursday 30th Smallsorts 10am
Knit & Natter 1:30pm

Friday 1st Coffee Morning 10am
Choir Practice 6pm
Choral Evensong Practice 6:30pm

Saturday 2nd Frinton Mission Prayer Meeting 9am
WoW Going Deeper 9:30am



Sunday 3rd May

9:30am Traditional Service – CW

11am All-Age Service (also livestreamed) (HC)

4pm **Confirmation Course**

6:30pm Evening Service - BCP (HC) - Old Church

Rotas for 2026 available on ChurchSuite. [Logins](#) available upon request.

Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift.' It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



DATES FOR YOUR DIARY

St Mary's APCM - Sun. 17th May, after 11am Service

Confirmation Service - Thurs. 4th June

Frinton Mission - Sat. 25th July to Sun. 2nd August

Find us on the web!



Noticesheet Items: please submit to the Church Office by noon Tuesday, to office@stmarysfrinton.org

Homegroup Information: Heather Ursell - 07882 402 768

Media & PowerPoint items: email to office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org