



St Mary's
Parish Church
Frinton 2026

But thank God!
He has made us his captives and continues
to lead us along in Christ's triumphal procession.
Now he uses us to spread the knowledge of Christ
everywhere, like a sweet perfume.

2 Corinthians 2:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends, old and new.

Sunday 3rd May 2026

Parish Church Services (Sunday only)

Sunday 9:30am **Traditional Service - CW**

Psalm 23 & Acts 7:55-60

Sunday 11am **All-Age Service (also livestreamed) (HC)**

Psalm 23

Old Church Services

Sunday 6:30pm **Evening Service - BCP (HC)**

Wednesday 11am **Service of the Word**



Our toilets are located by
the Old Road entrance

Psalm 23 sermon series
(week 2)



He lets me rest in green meadows;
he leads me beside peaceful streams

Psalm 23 v2
(NLT)

Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the **Church Office**.

Tel: **01255 679164** Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org

Prayer requests for the Prayer Chain (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: **01255 814 594**

**NEVER
DOUBT THE
POWER
OF PRAYER**

For our prayers during the week ...

... those who are unwell, and those who care for them:

David Allen, Anne Davis, Margaret Knell, Philip Kyriacou, Euan Macfarlane, Hilary Russell, Sylvia Wells, Daphne West, Cate Wilby, Wendy Willis

It is with sadness that I inform you of the passing of Stephen Edgell on 21st April. Stephen was a former parishioner who gifted the church with his preaching, leading and above all his love and friendship. A man of faith in Jesus, we are confident that he has no more pain.

Please remember his wife, Linda, and his children, Leah, James, and Nathan in your prayers.

Rev Funmilayo



Please pray for the **LCM Pioneer Scheme**, a unique opportunity for gifted, passionate believers to receive training and support to become effective gospel evangelists through a paid two-year training scheme, especially for Christians from London's urban communities where the gospel is rarely heard.

It involves theological training, work placement with LCM and, for one day a week, Pioneers work in their home church to develop a ministry. The link with the Pioneer's church is key – not only does it root the programme in the local church; it also creates effective urban gospel ministries across our capital city.

Funded by LCM supporters, Pioneers receive a part-time salary. It's a life-changing opportunity which opens doors to serve across London and beyond.

Lesley Holland

The PCC would like to share good news, as highlighted at their recent meeting:

- # Several new members have recently joined the choir, which is very encouraging.
 - # The pre-marriage course was very successful and enjoyed by all six couples who engaged with discussions, and the beautiful candlelit dinner was greatly appreciated by them all.
 - # Wedding bookings for next year are being received.
 - # The Pet Service on 22nd April was well-attended and uplifting and will be repeated next year.
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Christmas Fayre

We need donations for this year's Christmas Fayre (27th November) please: items for the tombola, small items for a bric-a-brac stall, and new/nearly-new children's books.

If you are clearing out unwanted Christmas presents, ornaments, or any other new or nearly-new small items that would be suitable, please let Karen Hepworth have them via the Church Office.

Confirmation Course

We will be starting a *Confirmation Course* on Sundays at 4pm in Rooms 3&4, for anyone who would like to be confirmed in the *Confirmation Service*, to be held here at St Mary's on Thursday 4th June at 7:30pm.

The Confirmation Course will begin on 3rd May and run for four weeks.

Please let the Church Office know if you are planning to attend.



This year's **Annual Parochial Church Meeting** (APCM – or AGM) will be held on **Sunday 17th May**, following the 11am All-Age service.

Everyone is welcome to attend the APCM, but anyone who would like to **vote** or **stand** for election to PCC (our Church Council), must be on St Mary's Electoral Roll.

Being on St Mary's Electoral Roll is one way of showing you identify with our Church and teaching. If you are not already on, but feel part of our Church, please do consider completing a form to add your name to the Roll.

If you have recently applied to have your name added, or changed your address since last year, please check your entry on the updated Roll **at the back of the church**, and complete another application form or change of address form if necessary.

Dominic Gardner - Electoral Roll Officer

We need YOU ...

1. We need one or two new welcomers for 9:30am services. usually once a month. 2. We are also looking for a new SAT-7 rep, to coordinate distribution of the quarterly prayer diaries, and to provide a monthly contribution of prayer items for the noticesheet.

Please tell Heather or Dominic if you can help in either way.



A Service of Thanksgiving

A service in memory of those we have loved and lost

Everyone is welcome

Sunday 10th May 6:30pm

The Old Church of St Mary the Virgin, Frinton on Sea



Items for the Noticesheet

Please do not send Noticesheet items to the Operations Manager.

Please send all items for the Noticesheet to office@stmarysfrinton.org.

We do not want your item to be missed or delayed.

PRAYER 24/7
BY 24-7 PRAYER
Course

the
prayer
course

The Prayer Course will aim to grow and deepen your prayer life as an individual and as a community

Begins Tuesday 12th May
7pm for 8 weeks



£25*

Panos Karan

Saturday 23rd May 2026, 6:30pm

St Mary's Parish Church, Frinton

Launch Concert for St Mary's Summer Series

Proceeds to Keys of Change and St Mary's Parish Church



*to include a drink & canapés from 6:00pm

Tickets from Reception

(Mon-Fri 9.30-12.30)

01255 679164 / office@stmarysfrinton.org.uk

During the Week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome

Wednesday 6th Wednesday Group 10am
Service of the Word 11am

Thursday 7th Smallsorts 10am
Knit & Natter 1:30pm

Friday 8th Coffee Morning 10am
Missionary Prayer Meeting 10am
Choir Practice 6pm

Saturday 9th Choral Evensong Practice 6:30pm
Men's Breakfast 8:30am



The Old Church

Sunday 10th May

9:30am Traditional Service – CW (HC)
11am All-Age Service (also livestreamed)
4pm **Confirmation Course**
6:30pm Annual Memorial Service - Old Church
Everyone is welcome

Rotas for 2026 available on ChurchSuite. [Logins](#) available upon request.



Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift.' It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



DATES FOR YOUR DIARY

St Mary's APCM - Sun. 17th May, after 11am Service
Confirmation Service - Thurs. 4th June
Frinton Mission - Sat. 25th July to Sun. 2nd August

Find us on the web!



Noticesheet Items: please submit to the Church Office by noon Tuesday, to office@stmarysfrinton.org

Homegroup Information: Heather Ursell - **07882 402 768**

Media & PowerPoint items: email to office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org