

### COLLECT

God of compassion,  
whose Son Jesus Christ, the child of Mary,  
shared the life of a home in Nazareth,  
and on the cross drew the whole human  
family to himself:  
strengthen us in our daily living  
that in joy and in sorrow  
we may know the power of your presence to  
bind together and to heal;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit,  
one God, now and for ever.

### FIRST READING

Either **Exodus 2:1-10**

*A reading from the book of Exodus.*

A man from the house of Levi went and married a Levite woman. The woman conceived and bore a son; and when she saw that he was a fine baby, she hid him for three months. When she could hide him no longer she got a papyrus basket for him, and plastered it with bitumen and pitch; she put the child in it and placed it among the reeds on the bank of the river. His sister stood at a distance, to see what would happen to him. The daughter of Pharaoh came down to bathe at the river, while her attendants walked beside the river. She saw the basket among the reeds and sent her maid to bring it. When she opened it, she saw the child. He was crying, and she took pity on him, "This must be one of the Hebrews' children," she said. Then his sister said to Pharaoh's daughter, "Shall I go and get you a nurse from the Hebrew women to nurse the child for you?" Pharaoh's daughter said to her, "Yes." So the girl went and called the child's mother. Pharaoh's daughter said to her, "Take this child and nurse it for me, and I will give you your wages." So the woman took the child and nursed it. When the child grew up, she brought him to Pharaoh's daughter, and she took him as her son. She named him Moses, "because," she said, "I drew him out of the water."

Or **1 Samuel 1:20-end**

*A reading from the first book of Samuel.*

Hannah conceived and bore a son. She named him Samuel, for she said, "I have asked him of the LORD." The man Elkanah and all his household went up to offer to the LORD the yearly sacrifice, and to pay his vow. But Hannah did not go up, for she said to her husband, "As soon as the child is weaned, I will bring him, that he may appear in the presence of the LORD, and remain there for ever; I will offer him as a nazirite for all time." Her husband Elkanah said to her, "Do what seems best to you, wait until you have weaned him; only – may the LORD establish his word." So the woman remained and nursed her son, until she weaned him. When she had weaned him, she took him up with her, along with a three-year-old bull, an ephah of flour, and a skin of wine. She brought him to the house of the LORD at

Shiloh; and the child was young. Then they slaughtered the bull, and they brought the child to Eli. And she said, "Oh, my lord! As you live, my lord, I am the woman who was standing here in your presence, praying to the LORD. For this child I prayed; and the LORD has granted me the petition that I made to him. Therefore I have lent him to the LORD; as long as he lives, he is given to the LORD." She left him there for the LORD.

**PSALM** Either **Psalm 34:11-20**

**R** [Come, children, and listen to me:]  
*I will teach you the fear of the Lord.*

Come, children, and listen to me;  
I will teach you the fear of the Lord.  
Who among you loves life  
and desires long life to enjoy prosperity? **R**

Keep your tongue from evil-speaking  
and your lips from lying words.  
Turn from evil and do good;  
seek peace and pursue it. **R**

The eyes of the Lord are upon the righteous,  
and his ears are open to their cry.  
The face of the Lord is against those who do  
evil,  
to root out the remembrance of them from  
the earth. **R**

The righteous cry and the Lord hears them  
and delivers them from all their troubles.  
The Lord is near to the brokenhearted  
and will save those whose spirits are crushed. **R**

Many are the troubles of the righteous,  
but the Lord will deliver him out of them all.  
He will keep safe all his bones;  
not one of them shall be broken. **R**

Or **Psalm 127:1-4**

**R** *It is the Lord who builds the house.*

Unless the Lord builds the house,  
their labour is in vain who build it.  
Unless the Lord watches over the city,  
in vain the guard keeps vigil. **R**

It is in vain that you rise so early  
and go to bed so late;  
vain, too, to eat the bread of toil,  
for he gives to his beloved sleep.  
Children are a heritage from the Lord,  
and the fruit of the womb is a gift. **R**

**SECOND READING**

Either **2 Corinthians 1:3-7**

*A reading from the second letter of Paul to the Corinthians.*

Blessed be the God and Father of our Lord Jesus Christ, the Father of mercies and the God of all consolation, who consoles us in all our affliction, so that we may be able to console those who are in any affliction with the consolation with which we ourselves are consoled by God. For just as the sufferings of Christ are abundant for us, so also our consolation is abundant through Christ. If we

are being afflicted, it is for your consolation and salvation; if we are being consoled, it is for your consolation, which you experience when you patiently endure the same sufferings that we are also suffering. Our hope for you is unshaken; for we know that as you share in our sufferings, so also you share in our consolation.

Or **Colossians 3:12-17**

*A reading from the letter of Paul to the Colossians.*

As God's chosen ones, holy and beloved, clothe yourselves with compassion, kindness, humility, meekness, and patience. Bear with one another and, if anyone has a complaint against another, forgive each other; just as the Lord has forgiven you, so you also must forgive. Above all, clothe yourselves with love, which binds everything together in perfect harmony. And let the peace of Christ rule in your hearts, to which indeed you were called in the one body. And be thankful. Let the word of Christ dwell in you richly; teach and admonish one another in all wisdom; and with gratitude in your hearts sing psalms, hymns, and spiritual songs to God. And whatever you do, in word or deed, do everything in the name of the Lord Jesus, giving thanks to God the Father through him.

**GOSPEL**

Either **Luke 2:33-35**

*Hear the gospel of our Lord Jesus Christ according to Luke.*

The child's father and mother were amazed at what was being said about Jesus. Then Simeon blessed them and said to his mother Mary, "This child is destined for the falling and the rising of many in Israel, and to be a sign that will be opposed so that the inner thoughts of many will be revealed – and a sword will pierce your own soul too."

Or **John 19:25b-27**

*Hear the gospel of our Lord Jesus Christ according to John.*

Standing near the cross of Jesus were his mother, and his mother's sister, Mary the wife of Clopas, and Mary Magdalene. When Jesus saw his mother and the disciple whom he loved standing beside her, he said to his mother, "Woman, here is your son." Then he said to the disciple, "Here is your mother." And from that hour the disciple took her into his own home.

**POST COMMUNION**

Loving God,  
as a mother feeds her children at the breast  
you feed us in this sacrament  
with the food and drink of eternal life:  
help us who have tasted your goodness  
to grow in grace within the household of  
faith;  
through Jesus Christ our Lord.

## March 15<sup>th</sup> 2026 - Lent 4 (Mothering Sunday) - Parish of the Harwich Peninsula

**Mothering Sunday:** the Rector has provided books for all our ladies this morning as a gift.

**Lent Giving:** the PCC has agreed that during Lent we would ask people to support Harwich Sea Scouts. They are planning a significant investment in activity provision that would enable our volunteers to deliver high-quality, adventurous programmes to young people aged six to fourteen across our Beaver, Cub, and Scout sections. Specifically, they are working toward re-certification of our climbing wall and equipment at their hall, which would restore safe access to this valuable facility, and are funding adult volunteer training in specialist activity permits including archery, rifle shooting, climbing supervision, and sailing instruction. These permits enable the trained leaders to run activities safely and in line with Scout Association standards, opening up experiences that many young people would not otherwise access. The training represents a lasting investment, as qualified leaders can continue to deliver these activities for years to come, and the climbing wall certification ensures ongoing safe use of an existing community asset. For a Sea Scout group, expanding the sailing provision alongside land-based adventurous activities allows us to maintain our distinctive maritime identity while broadening the range of skills our young people can develop. Funding from our Lenten collection will make a tangible difference to delivering these opportunities, accelerating the timeline for making these activities available to young people. Every contribution would be used directly to enhance what can be offered locally, benefiting the young people of Dovercourt and the wider community. Please be generous. Put your donation in an envelope and mark it for Lent or Sea Scouts please. The wooden chairs from the chapel at St Nicholas have gone and the donations for them put in the Lent collection.

**Churches Together – 2026:** Each Wednesday one of the Churches Together in Harwich congregations will host a service exploring some of the 'I am' sayings of Jesus. 7.30pm 18<sup>th</sup> March – Kings Way Community Church.

**Coffee morning:** Saturday 28<sup>th</sup> March at All Saints Church 10am – 12pm. Donations of raffle prizes, books, jigsaws and homemade cake would be greatly appreciated. Volunteers to help on the day are appreciated, contact: Maureen on 01255 556155 or 07871 643339.

**Finance:** hopefully everyone has seen and taken home the attractive colour postcards encouraging giving through the Parish Giving Scheme. This could really help our finances so please have a look.

**Peninsula Post 7:** is out and available in each building. Issue 8 is underway! Contributions are welcome.

**St Michael's churchyard:** we now have very clearly labelled bins in the churchyard for rubbish and garden waste and the cremated remains area has been significantly improved by the Community Payback Team under Dilly's watchful eye. The Christmas wreaths are being removed and monuments uncovered long obscured by Ivy and plants.

**Bible Study:** there is an opportunity to join a Bible Study at All Saints on Wednesday 29<sup>th</sup> April, 27<sup>th</sup> May and 24<sup>th</sup> June 7-9pm. More details from Sioux Thorpe.

**Prayer as we move into 2026:** *Leading Your Church Into Growth (a card with this on is available)*

God of mission, who alone brings growth to your Church,  
send your Holy Spirit to give – Vision to our planning, Wisdom to our actions, Joy to our worship,  
and Power to our witness. Help our church to grow in numbers, in spiritual commitment to you,  
and in service to our local community, through Jesus Christ our Lord. AMEN.

**Baptised in March:** None

**Married in March:** None

**Departed in February:** Frances Jean Herbert; Horst Udo Wilbertz (Peter); Velsheda May Hannam (Sheila); Florence Maureen Stratton; Elizabeth (Liz) Ford; Peggy Jean Adams

**St Michael's worship 9am each Sunday** (Communion on the 2<sup>nd</sup> and 4<sup>th</sup> Sundays)

**All Saints worship 10.30am each Sunday** (Communion on the 1<sup>st</sup> and 3<sup>rd</sup> Sundays)

**St Nicholas worship 10.30am each Sunday** (Communion on the 2<sup>nd</sup> and 4<sup>th</sup> Sundays)

*You should be able to access the hearing loop in each building – please let us know if you cannot*

1<sup>st</sup> Sunday of every month: Prayer Book Evensong at St Nicholas at 5pm

2<sup>nd</sup> Sunday of the month: Pop Up church at St Michael's at 3pm

3<sup>rd</sup> Sunday of every month: Prayer and Praise at St Michael's at 5pm

4<sup>th</sup> Saturday of every month (except August and December): Messy Church in the Esplanade Hall from 2-4pm. Children must be accompanied by an adult.

1<sup>st</sup> Tuesday of every month: Hymns and Service at Don Thomson Residential Home at 11am

2<sup>nd</sup> Monday of every month: Hymns and Service at Lime Court Residential Home at 11am

For more information please visit our social media:

[www.harwichparish.co.uk](http://www.harwichparish.co.uk) or [www.achurchnearyou.com](http://www.achurchnearyou.com) or our Facebook pages.

<https://www.facebook.com/> Harwich Peninsula Parish CofE. All Saints, St Michaels & St Nicholas or Messy Church at the Esplanade Hall