



## Holy Trinity, Freckleton

### Website:

[www.freckletonparishchurch.org.uk](http://www.freckletonparishchurch.org.uk)

**Face Book:** Holy Trinity Church Freckleton

**'Worshipping God and working together with our fellow Christians in the power of the Holy Spirit'.**

**22nd March 2026**

**The Fifth Sunday of Lent**

**Please stay for free refreshments and a chat after the service.**

### Remember in your prayers:

**Those who are sick:** Christopher Trickett, Daniel Flemen, Roger March, Joan Gledhill, Stan Thompson, Jill Hagan, Cheryl O'Sullivan, Rev Mo Baldwin, Rob Potter, Rev Christine, Harry Whiteside, Nina Wheatley, Mark Harrison, Lucy, Buddy Cartmell

**Those who have died:** Michelle Hawthornwhite, John Pearson

**Anniversaries:** Jean Robinson, George Taylor, Derek Pittaway, James Cookson

**To be baptised today:** Henry Arthur McKay

### Diocesan Prayers

**For Parents of Children with SEND:** Lord Jesus, we pray for parents of children with special educational needs and disabilities. Strengthen them with Your grace, fill them with wisdom, and provide the resources they need.

**Diocese:** Ansdell and Fairhaven St Paul, Rev Paul Bye, Miss Janet Kimber (Ilm)

**ALM Prayer:** We pray for our authorised lay ministers and Anna Chaplains, giving thanks for the work they do in Christ's name to further the gospel message and enable mission in the local parishes. We ask that God will uphold them in their ministry and pour out His blessings upon them.

**Anglican Cycle of Prayer:** The Anglican Church of Korea

### FYLDE FOODBANK

**Shortages:** Baked Beans, Biscuits, Cat / Dog Food, Cooking Oil, Flour. Long-life Milk, Noodles, Pasta, Pasta Sauce, Rice, Salt, Squash, Tea Bags, Coffee,

Tinned Fruit, Tinned Meat, Tinned Spaghetti, Tinned Tomatoes, Tinned Vegetables, Tomato Sauce, Deodorants, Razors, Sanitary Products, Shampoo, Shaving Gel, Shower Gel, Soap, Toilet Rolls, Toothpaste, Washing Pods, Washing Up Liquid



## NEWS & EVENTS

### Please pray for the following:

23rd 9am Leading worship at St Paul's School  
4pm Evening Prayer Holy Trinity  
6.45pm Lent course St Paul's  
25th 8.30am Morning Prayer St Paul's  
9.30am Eucharist St Paul's  
11am Supervision Meeting  
1.30pm Resurrection Rocks St Paul's School  
2pm St Paul's MU Meeting  
2pm Funeral of John Pearson Holy Trinity  
2.30pm St Paul's Governor's Meeting  
7pm Stations of the Cross St Paul's  
26th 1.30pm Funeral of Lee Ashworth – St Paul's  
7.30pm Gent's pint night  
28th 10am Holy Trinity coffee and toasties



## EASTER EGGS

We're collecting small Easter eggs for Foxton Centre and Harbour House if you can help.

## LADIES NIGHT

Tropics Party 15th April 7pm at the vicarage, with wine and nibbles. Please let Rev Tracy know if you're interested.

## DIOCESAN CENTENARY FUN DAY

Saturday May 16th 11am Blackpool. Bookings for lunch and children's and teenager's sessions required. Use QR Code or ask Tracy/Craig for help.



## BISHOP PHILIP'S LENT COURSE

Final session Monday 6.45pm St Paul's Church  
23rd March

## SAFEGUARDING

Please refer any safeguarding concerns to Rev. Tracy, or to our Church Wardens, Craig Eckersley and Heather Nuttall, until a new Safeguarding Officer is appointed. If you feel called to take on this role, please speak with Rev. Tracy.

## APCM

Sunday 10th May after the 11am service. Please do try and stay for this important meeting.

## HOLY WEEK & EASTER

25th March 7pm St Paul's Stations of the Cross  
30th March 7pm Eucharist Holy Trinity  
31st March 7pm Eucharist Holy Trinity  
1st April 7pm Eucharist Holy Trinity  
2nd April 7pm Maundy Thursday St Paul's  
3rd April 11am Stations of the Cross Holy Trinity  
2pm Good Friday at the foot of the cross St Paul's  
4th April 6.45pm Easter Vigil St Paul's  
5th Easter Sunday 9.30am St Paul's 11am Holy Trinity  
**Please take this sheet home with you today**  
**PLEASE SEE REVERSE OF SHEET**

## INFORMATION TO HELP YOU FEEL COMFORTABLE WORSHIPPING WITH US TODAY



We'd love to stay in touch with you to invite you to events, and let you know what's going on in the parish. Please let us have your contact details. We won't use them for anything else or pass them on elsewhere..

### CONTACT DETAILS

**Vicar:** Rev Tracy Swindells 01772 679515  
[revtswindells@aol.com](mailto:revtswindells@aol.com)



If you need anything at all during the service, please speak to the welcomers at the front door or anyone seated nearby you who will be delighted to look after you. We want you to feel welcomed and cared for, but we understand some people would prefer their own space.

### FINANCIAL OFFERINGS

Everything that happens at Holy Trinity is only possible due to your generosity. You can give using the Parish Giving Scheme, by standing order, electronic card machine, cash or online using the QR code. Please Gift Aid if possible as this enables us to be able to claim back the tax you have paid as well: **£2.50** for every **£10** you are able to donate, at no extra cost to



*Tithes and offerings*

you! Thank you for enabling us to demonstrate God's love in our village and further afield.



### ADDITIONAL HELP



Defibrillator (AED) is by the War Memorial Gardens and by Marcia's hairdressers. A hearing loop system is fitted. Large print service sheets and hymn books, gluten free wafers and disabled toilet are all available.

### REFRESHMENTS

Please stay for free refreshments after the service. There's a collecting tin if you want to donate anything, but please don't feel that you have to.



## FAITH REFERENCE FOR SCHOOL

If you're hoping to apply for a place at Freckleton Church of England Primary School or any other faith school please speak to the vicar about faith references.

### CHILDREN'S CORNER



There is a children's play area available for you and your children. Please don't worry or get stressed if your little ones make a noise or if they wander around, they are very welcome to worship God in their own noisy joyous way.



### TOILET

We have one toilet which can be found in the porch by the main entrance to the church. There's disabled access and a baby changing mat available too. If help is needed, please ask the person who welcomed you at the door.

### HOW DOES THE SERVICE WORK?



If you aren't sure how to follow the service, please just ask and we'll help you. The service book explains when to stand and sit, if you can't stand for long periods of time, please remain seated and comfortable. If you're not a singer or you don't know a particular hymn just listen and enjoy the music.



### BREAD AND WINE

When it's time for communion (the bread and/or wine) if you would normally receive communion elsewhere, you're welcome to take communion with us today. If you'd prefer a blessing come up to the rail and bow your head. If you'd rather stay in your seat, we understand. If you would prefer to receive the bread only and not the wine in the shared chalice (cup) we totally understand. Please do not intinct (dip) bread in the wine. Please be assured that receiving communion in one kind only (just the bread) is equally as valid as receiving both the bread and wine. If you require a gluten free wafer please mention it to the welcomers on the door before the service starts.

### DIOCESAN CENTENARY PRAYER

Heavenly Father, in our Centenary year we rededicate ourselves and our Diocese to you. Send the Holy Spirit to give us confidence in our witness, generosity in our service, and love for our neighbours, that your Church may be renewed and many come home to you, through your Son our Saviour Jesus Christ. Amen.