

## Worship this week

Sun 8 <sup>th</sup>	<b>Third Sunday of Lent</b>	9am Children's Mass 9.40m Morning Prayer <b>11am Sung Mass</b> <b>4pm Evensong and Benediction</b>
Mon 9 <sup>th</sup>		9am Morning Prayer at St Mark's (and via Zoom) 12noon Mass 4.30pm Evening Prayer 6pm Zoom Rosary Group
Tue 10 <sup>th</sup>		8.30am Morning Prayer 6.30pm Evening Prayer 7.30pm Mass
Wed 11 <sup>th</sup>		8.30am Morning Prayer 10.15am Mass 11.30 to 12 Exposition of the Blessed Sacrament 5.30pm Evening Prayer
Thu 12 <sup>th</sup>		8.30am Morning Prayer 12noon Mass 5.30pm Evening Prayer
Fri 13 <sup>th</sup>		
Sat 14 <sup>th</sup>		9.30am Morning Prayer 10.15am Mass 10.45 Stations of the Cross 11.30 to 12 Exposition of the Blessed Sacrament 1pm Confessions
Sun 15 <sup>th</sup>	<b>Fourth Sunday of Lent (Mothering Sunday)</b>	9.30am Morning Prayer <b>11am Sung Mass</b>

Morning and Evening Prayer will also be available on Zoom. Please contact Fr Neil for details. All our Masses will be livestreamed.  
**This week we offer our Masses for:** Sunday: Parish and People, Monday: Our MP, Tuesday: Peace in Ukraine, Wednesday: Southend Hospital, Thursday: Local schools, Saturday: Shrine of Our Lady of Walsingham.

**We pray for our local community in:** St John's Rd, St Helen's Rd, Preston Rd, Cossington Rd, Hermitage Rd, Leonard Rd, Retreat Rd, Wickford Rd, Hadleigh Rd, Westcliff Ave, Milton Rd, Milton Gate Mews, Winton Ave, Lydford Rd, Westcliff Parade, Trinity Ave, Marine Ave, Tower Court Mews, The Pavillions, Alexandra Rd, Wilson Rd.

### For those who are sick and in need:

**Sunday:** Suzi Procaccino, Mary, Christine, Brenda, Keith North, Leah Morassi, Mark, Jim Easton, Rachel Sanders, John, The King.  
**Monday:** Ken McMillan, Roy North, Danielle Gregory, Philip Walker, Cate, Michael Grant, Mark Simpson, Philip St James, Martyn Pinkney.  
**Tuesday:** Marcus Gregory, Matthew Gregory, Graham Cushion, Dave, Mary North, Janet Beale, Maureen Gray, Frankie Rose and family, Andrea Walzy,  
**Wednesday:** Jo Allen, Diane Paisley, Terry Gray, Binu Mullor, Paul Davison, Jackie Keys, Anna Fong, Philip Broomfield, Charlotte Cheeseman,  
**Thursday:** John Triggs, Robin, Marta, Pauline Maker, David Raglan, Graham Turnidge, Nicole Beard, Mthr Lizzy, Jamie Hawkes, Sheila Grant, Luke Meesher, Marilyn Gray.  
**Friday:** Sally, Gregory, Arthur, Maggie, Leesa, Nicholas, Anne Box, Sue Burton, Norma Gray-Griffiths, Helen Pierce, Sue Leuenberger,  
**Saturday:** Lisette, Lucy, Neil, John McGuinness, Pauline Barta, Fr Ian Michael, Audrey Berry, Jason, Alice Bossard, Matt Duff, The Revd Julie Fleming, Keith Lindsay,  
**Recently Departed:** Steffan Sadowski, Dennis Johnson, Rowan Cumming, David Duncan, Jackie Paul, Keith Ashton, Margaret Watson, Colin Burwell

**In Memoriam:** James Webb Hughes (priest), Denes Gyorgy Imre Hitei, Lily Haywood, Louis Mitchell, Cathy Hebden Gordon William Fyvie, Frank Hughes, Henry George Gray, George Cooper, Edward Costin.

**Next Week's Readings:** 1 Samuel 1:20-end, Psalm 14, 2 Corinthians 1:3-7, Luke 2:33-35 or John 10:25-27

# Saint Alban the Martyr

## Westcliff on Sea Third Sunday of Lent



Our Mass begins with hymn **376, I heard the voice of Jesus say**, which we sing after the bell rings.

During Lent the Gospel Acclamation is: **Praise to you, O Christ, King of eternal glory.**

**Keith Ashton's** Funeral will be here in church on Wednesday 25<sup>th</sup> March at 1pm. Everyone from St Alban's is invited and there will be refreshments in church afterwards.

**Evensong and Benediction** is this evening at 4pm.

There are Smarties to take away to enjoy in return for some donations to the **Children's Society**.

**Alban's Allsorts** our group for toddlers and their parents and carers meet on Tuesday 10am to 12noon.

During Lent we meet on Tuesday evenings after the Mass for a **Lent Supper and Discussion** at the Vicarage. Please sign the list at the back of church to let us know if you are coming to the next session.

We will pray the **Rosary** each Monday in Lent at 6pm on Zoom for the 100 Days of Prayer. Let Fr Neil know if you'd like to join.

**Stations of the Cross** on Saturdays in Lent at 10.45am.

Lent is a good time to consider going to **Confession (the Sacrament of Reconciliation)**. Fr Neil will be in church to hear confessions on Saturdays from 1-2pm or by appointment at another time.

**Jackie Paul's** funeral will take place on Monday 16 March at 2pm at Saint Andrew's Church, Aylestone, Leicester.

There is a training session for church members to raise awareness of **Modern Slavery** on Thursday 23<sup>rd</sup> April at 7pm at St Mark's. This is organised by Southend against Modern Slavery.

**Looking ahead:** Our **Annual Parochial Church Meeting** is on Saturday 9<sup>th</sup> May at 2pm

The **Bradwell Pilgrimage** will be on Saturday 4<sup>th</sup> July.

This year our Parish Pilgrimage to the Shine of Our Lady of Walsingham will be from 26-28 May. The cost will be £174 plus transport.

Gluten free wafers are available. Please let us know if you need one when you arrive in church.

**Church cleaning and gardening** on Wednesdays from 12 noon until 2pm. Tea and chocolate biscuits offered in recompense.

### Contact Details

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Our parish is a member of Inclusive Church. This means that we are committed to work towards being a church which celebrates and affirms every person and does not discriminate on grounds of disability, economic power, ethnicity, gender, gender identity, learning disability, mental health, neurodiversity, or sexuality.