

The Benefice of Lann Pydar

St Columb, St Enoder, St Ervan, St Eval and St Mawgan



Welcome

Sunday 8th March 2026

Third Sunday of Lent

Our Services for the week ahead

Tuesday 10th March

9:00am St Mawgan Morning Prayer

Wednesday 11th March

9:30am St Enoder Communion

Thursday 12th March

9:00am St Mawgan Morning Prayer
3:30pm Columba Centre Evening Prayer

Saturday 14th March

2:00pm St Columb Messy Church

Sunday 15th March

9:30am St Enoder Communion
11:00am St Mawgan Morning Worship
6:00pm St Eval Communion

We continue to make Morning Prayer available online on

Facebook: [facebook.com/lannpydarchurches](https://www.facebook.com/lannpydarchurches)

Our website is: <https://www.lannpydar.org.uk>

Churches in Lann Pydar YouTube channel:

[youtube.com/channel/UChRCoUqZtaXaILTqB8x9gijw](https://www.youtube.com/channel/UChRCoUqZtaXaILTqB8x9gijw)

Published online at: <https://www.lannpydar.org.uk>

Safeguarding

The Benefice of Lann Pydar takes the safeguarding of those who attend and visit our churches seriously. If you have any concerns or would like to talk to someone, please see our posters in all our churches for contact details, or contact Helen, the Rector, or Jackie Oglethorpe (07811 958851, jackie.oglethorpe@gmail.com), the Benefice Safeguarding Officer.

We remember all those who need our prayers...

We pray for...



Our Diocesan and Deanery Ministry Teams: Bishop David, Archdeacon Clive and Revd. Helen Baber.

The Newquay Area Debt Centre and its Manager Bekah.

Our Worship Team: Helen (Rector); David (Curate); Lydia (Ordinand); Phil (Lay Minister); Alison, Andrew, Angela, Bryan and Mary (Assistant Priests); Kat, Jackie, Margaret and Ros (Worship Leaders).

Our Benefice and Churchwardens: as we work together with our Deanery and across our Diocese.

We also remember those who are bereaved at this time, thinking of the family and friends of Alan Jones, Jean Masters and Peter Merrifield.

Years Mind: Barbara Hambly.

If you know of anyone needing prayer or pastoral care, please phone the Benefice Office on 01637 880252 or email lannpydar@gmail.com. Please send any information for the Welcome from your parishes by 9:00am on Tuesday.

Rector of the Benefice of Lann Pydar

Revd. Helen Baber - 01637 880252

rector@lannpydar.org.uk

Curate of the Benefice of Lann Pydar

Revd. David Smith - 07749 940678

curate@lannpydar.org.uk

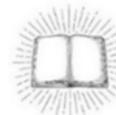
Website: <https://www.lannpydar.org.uk>

Foodbank

We're asking you to **consider supporting Foodbank by leaving your donations of food in our churches.** These will go to those in our communities who are facing hunger. Together we can make sure no one locally goes hungry.

Next week's Readings:

Exodus 2:1-10, Psalm 34:11-20,
2 Corinthians 1:3-7 and Luke 2:33-35.



Drop In and Chat

This will next take place **at 10:00am on Monday 9th March at M&S Kingsley Village.** Come along for a chat and a coffee with Helen.

Lent: Meeting Jesus in the Resurrection

A time to reflect on the Passion of Jesus, through the narrative of the resurrection and appearances of Jesus. This will be held **on Tuesdays (10th, 17th and 24th March) from 7:30pm to 9:00pm at the Rectory, St Columb.** There will be a light supper at 6:30pm. For further details email rector@lannpydar.org.uk

Just Be

Thursday 12th March at 2:00pm in the Vyvyan Room at the Columba Centre. Come along for tea, coffee and cake, bring a craft if you would like to, and just be.

Messy Church

Our next Messy Church will be held **on Saturday 14th March at 2:00pm at St Columb Church.** Messy Church is a way of being church for children, their families and everyone! It's based on creativity, hospitality and celebration! If you've not been yet just pop along and see what we do! It's such great fun!

St Mawgan Churchyard Working Party

Come along and help garden or provide drinks **in the churchyard at St Mawgan on Saturday 21st March from 10:00am to 12:00noon.** Bring gardening gloves.

St Ervan Coffee Morning

There will be a Coffee Morning **at St Ervan Village Hall from 10:30am on Saturday 28th March.** Come along for a coffee, a chat and to raise funds for St Ervan Churchyard.

Chrism Eucharist

This will be held **on Thursday 2nd April at 10:30am at Truro Cathedral.** This annual service gives us the opportunity to reflect on our own call to ordained ministry in the light of the events of Holy Week. Helen says she would love our Lay Leaders to attend if they can too.

Old Testament Reading: Exodus 17:1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the LORD commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the LORD?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the LORD, 'What shall I do with this people? They are almost ready to stone me.' The LORD said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the LORD, saying, 'Is the LORD among us or not?'

Psalm: Psalm 95

O come, let us sing to the Lord;
let us heartily rejoice in the rock of our salvation.

**Let us come into his presence with thanksgiving
and be glad in him with psalms.**

For the Lord is a great God and a great king above all gods.

**In his hand are the depths of the earth
and the heights of the mountains are his also.**

The sea is his, for he made it,
and his hands have moulded the dry land.

**Come, let us worship and bow down
and kneel before the Lord our Maker.**

For he is our God;
we are the people of his pasture and the sheep of his hand.

**O that today you would listen to his voice: 'Harden not your
hearts as at Meribah, on that day at Massah in the wilderness,**

'When your forebears tested me, and put me to the proof,
though they had seen my works.

**'Forty years long I detested that generation and said,
"This people are wayward in their hearts;
they do not know my ways."**

'So I swore in my wrath, "They shall not enter into my rest."'

New Testament Reading: Romans 5:1-11

Since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance

produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us.

For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person – though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Gospel Reading: John 4:5-42

Jesus came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon.

A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink.' (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God, and who it is that is saying to you, "Give me a drink," you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.'

Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming,

and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.'

Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the woman left her water-jar and went back to the city. She said to the people, 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' They left the city and were on their way to him.

Meanwhile the disciples were urging him, 'Rabbi, eat something.' But he said to them, 'I have food to eat that you do not know about.' So the disciples said to one another, 'Surely no one has brought him something to eat?' Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, "One sows and another reaps." I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.'

Many Samaritans from that city believed in Jesus because of the woman's testimony, 'He told me everything I have ever done.' So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

Collect

Eternal God, give us insight to discern your will for us,
to give up what harms us, and to seek the perfection we are
promised in Jesus Christ our Lord. **Amen**

Prayer Response

Living God: **satisfy our thirst** *and at the end...*
**Merciful Father, accept these prayers, for the sake of your Son,
our Saviour Jesus Christ. Amen**

Post Communion Prayer

Merciful Lord, grant your people grace to withstand the
temptations of the world, the flesh and the devil,
and with pure hearts and minds to follow you, the only God;
through Jesus Christ our Lord. **Amen**