

The Parish Church of Aldwick St Richard



PRIEST-IN-CHARGE: THE REVEREND JULIAN McALLEN
Tel: 01243 858355; Email: revjulianmcallen@gmail.com

CHURCHWARDEN: MR MIKE BROAD
Tel: 07713 507 079; Email: mike@mikebroad.com

CHURCHWARDEN: MRS ANGELA PURSER
Tel: 07947 051 535; Email: angelapurser1@yahoo.co.uk

SAFEGUARDING OFFICER: MISS AMY NETTLETON
Email: amy@nurturingminds.co

PCC SECRETARY: VACANCY
PARISH MAILBOX: st Richardsaldwick@gmail.com

Registered Charity Number 1206799

SUNDAY 8TH MARCH 2026

THE THIRD SUNDAY OF LENT

Sunday 8th	08:00 Holy Communion
3rd Sunday of Lent	10:30 Coffee in the Mosse Hall
	11:15 Parish Eucharist
	18:00 Stations of the Cross (Pagham)
Monday 9th	09:15 Morning Prayer (Pagham)
	19:30 The Bear Necessities (The Bear Inn, Pagham)
Tuesday 10th	17:30 Evening Prayer on Zoom (for the link, contact trudikearsley@hotmail.co.uk)
	19:00 Tuesday@7 (Pagham)
Wednesday 11th	09:30 Morning Prayer (St. Richard's)
	19:00 Lent Course (Week 3) see page 4
Thursday 12th	10:00 Holy Communion (Pagham)
	12:00 Lent Soup Lunch (Pagham Church Centre)
	19:30 Pints of View (The Inglenook, Pagham)
Friday 13th	No public worship today
Saturday 14th	No public worship today
Sunday 15th	08:00 Holy Communion
Mothering Sunday	10:30 Coffee in the Mosse Hall
	11:15 Parish Eucharist
	18:00 Stations of the Cross (Pagham)

The Church is open for private prayer, Monday – Saturday 10am-4pm and until 4pm on Sunday

The Collection plate - If you would like to make an offering, please use the contactless Payaz machine or the collection plate, both of which can be found by the door. Thank you for your generosity.

Hymns

Introit: 137 Come down, O Love divine

Gradual: 76 Take up thy cross, the Saviour said (omit * verse)

Offertory: 379 In the Cross of Christ I glory

Final: 94 We sing the praise of him who died

The Collect (Opening Prayer) for the Third Sunday of Lent

Almighty God, whose most dear Son went not up to joy but first he suffered pain, and entered not into glory before he was crucified: mercifully grant that we, walking in the way of the cross, may find it none other than the way of life and peace; through Jesus Christ your Son our Lord, who is alive and reigns with you, in the unity of the Holy Spirit, one God, now and for ever. **Amen.**

Old Testament reading: Exodus 17.1-7

From the wilderness of Sin the whole congregation of the Israelites journeyed by stages, as the Lord commanded. They camped at Rephidim, but there was no water for the people to drink. The people quarrelled with Moses, and said, 'Give us water to drink.' Moses said to them, 'Why do you quarrel with me? Why do you test the Lord?' But the people thirsted there for water; and the people complained against Moses and said, 'Why did you bring us out of Egypt, to kill us and our children and livestock with thirst?' So Moses cried out to the Lord, 'What shall I do with this people? They are almost ready to stone me.' The Lord said to Moses, 'Go on ahead of the people, and take some of the elders of Israel with you; take in your hand the staff with which you struck the Nile, and go. I will be standing there in front of you on the rock at Horeb. Strike the rock, and water will come out of it, so that the people may drink.' Moses did so, in the sight of the elders of Israel. He called the place Massah and Meribah, because the Israelites quarrelled and tested the Lord, saying, 'Is the Lord among us or not?'

Psalm 95

New Testament Reading: The Letter of Paul to the Romans 5.1-11

Therefore, since we are justified by faith, we have peace with God through our Lord Jesus Christ, through whom we have obtained access to this grace in which we stand; and we boast in our hope of sharing the glory of God. And not only that, but we also boast in our sufferings, knowing that suffering produces endurance, and endurance produces character, and character produces hope, and hope does not disappoint us, because God's love has been poured into our hearts through the Holy Spirit that has been given to us. For while we were still weak, at the right time Christ died for the ungodly. Indeed, rarely will anyone die for a righteous person — though perhaps for a good person someone might actually dare to die. But God proves his love for us in that while we still were sinners Christ died for us. Much more surely then, now that we have been justified by his blood, will we be saved through him from the wrath of God. For if while we were enemies, we were reconciled to God through the death of his Son, much more surely, having been reconciled, will we be saved by his life. But more than that, we even boast in God through our Lord Jesus Christ, through whom we have now received reconciliation.

Gospel Reading: John 4.5-42

So he came to a Samaritan city called Sychar, near the plot of ground that Jacob had given to his son Joseph. Jacob's well was there, and Jesus, tired out by his journey, was sitting by the well. It was about noon. A Samaritan woman came to draw water, and Jesus said to her, 'Give me a drink'. (His disciples had gone to the city to buy food.) The Samaritan woman said to him, 'How is it that you, a Jew, ask a drink of me, a woman of Samaria?' (Jews do not share things in common with Samaritans.) Jesus answered her, 'If you knew the gift of God,

and who it is that is saying to you, "Give me a drink", you would have asked him, and he would have given you living water.' The woman said to him, 'Sir, you have no bucket, and the well is deep. Where do you get that living water? Are you greater than our ancestor Jacob, who gave us the well, and with his sons and his flocks drank from it?' Jesus said to her, 'Everyone who drinks of this water will be thirsty again, but those who drink of the water that I will give them will never be thirsty. The water that I will give will become in them a spring of water gushing up to eternal life.' The woman said to him, 'Sir, give me this water, so that I may never be thirsty or have to keep coming here to draw water.' Jesus said to her, 'Go, call your husband, and come back.' The woman answered him, 'I have no husband.' Jesus said to her, 'You are right in saying, "I have no husband"; for you have had five husbands, and the one you have now is not your husband. What you have said is true!' The woman said to him, 'Sir, I see that you are a prophet. Our ancestors worshipped on this mountain, but you say that the place where people must worship is in Jerusalem.' Jesus said to her, 'Woman, believe me, the hour is coming when you will worship the Father neither on this mountain nor in Jerusalem. You worship what you do not know; we worship what we know, for salvation is from the Jews. But the hour is coming, and is now here, when the true worshippers will worship the Father in spirit and truth, for the Father seeks such as these to worship him. God is spirit, and those who worship him must worship in spirit and truth.' The woman said to him, 'I know that Messiah is coming' (who is called Christ). 'When he comes, he will proclaim all things to us.' Jesus said to her, 'I am he, the one who is speaking to you.' Just then his disciples came. They were astonished that he was speaking with a woman, but no one said, 'What do you want?' or, 'Why are you speaking with her?' Then the woman left her water-jar and went back to the city. She said to the people, 'Come and see a man who told me everything I have ever done! He cannot be the Messiah, can he?' They left the city and were on their way to him. Meanwhile the disciples were urging him, 'Rabbi, eat something.' But he said to them, 'I have food to eat that you do not know about.' So the disciples said to one another, 'Surely no one has brought him something to eat?' Jesus said to them, 'My food is to do the will of him who sent me and to complete his work. Do you not say, "Four months more, then comes the harvest"? But I tell you, look around you, and see how the fields are ripe for harvesting. The reaper is already receiving wages and is gathering fruit for eternal life, so that sower and reaper may rejoice together. For here the saying holds true, "One sows and another reaps." I sent you to reap that for which you did not labour. Others have laboured, and you have entered into their labour.' Many Samaritans from that city believed in him because of the woman's testimony, 'He told me everything I have ever done.' So when the Samaritans came to him, they asked him to stay with them; and he stayed there for two days. And many more believed because of his word. They said to the woman, 'It is no longer because of what you said that we believe, for we have heard for ourselves, and we know that this is truly the Saviour of the world.'

Prayers of Intercession

The sick and those who care for them: Janet Lock, Peter Dickinson, Sue and family, Edna Nolson, Don Durrant, Betty Kernan, Molly Hendry, Bob Coyne, Sheila Chittenden, Jo Greenwood, Joan Burt.

Recently departed: Hilda Howell.

Anniversary of death: Kathleen Wort (8th), Ruth Emsley (14th).

We pray for and with the people of Ukraine; for the people of Israel, Gaza and the West Bank; for peace of the Holy Land; and for those who will weep, and fear, and die this day.

We pray for our vacancy – PCC Secretary.

Post Communion Prayer:

Merciful Lord, grant your people grace to withstand the temptations of the world, the flesh and the devil, and with pure hearts and minds to follow you, the only God; through Jesus Christ our Lord. **Amen.**

Next week's readings

Exodus 2.1–10; Psalm 34.11–20; 2 Corinthians 1.3–7; Luke 2.33–35

Sunday School is held in the children's corner in church, led by a rota of volunteers during the 11.15am service, with a view to moving into the hall longer term. All children welcome. If anyone would like to find out more, or maybe join the rota, please contact Julie (juliebroad28@gmail.com).

Community Groups and Events

Stations of the Cross: will be held on **Sundays 8th, 15th, 22nd and 29th March at St Thomas à Beckett at 6pm**. All are welcome. During Holy Week there will be Stations of the Cross **at 9.30am** at Pagham on **Monday 30th & Tuesday 31st March**, and at St Richard's on **Wednesday 1st & Thursday 2nd April**.

The Bear Necessities, a discussion group for women, will meet **tomorrow, Monday 9th March at 7.30pm** at The Bear Inn, Pagham. All ages welcome. All views welcome. This is a safe space to discuss current news topics and in doing so, get to know each other better.

Lent Course: Wednesday 11th March, at 7pm is the third session of our **five-week Lent course**. The Diocesan course for this year is called, 'The Year of Matthew'. Key themes include the birth of Jesus, the calling of the disciples, Jesus as teacher, his miracles, and his impending passion. The course is being held in St Andrew's Chapel, St Thomas à Beckett Church, Pagham. You can join at any time.

Lent soup 2026: Lent Soup Lunches are on offer on **March 12th, 19th & 26th – 12noon-1.15pm**. A warm welcome, delicious home-made soup with a bread roll, tea and coffee at Pagham Parish Church Centre, Nyetimber Lane. All proceeds will be split between Chestnut Tree House, Mary's Meals, Grass Roots and Bognor Food Bank.

Pints of view – a conversation for men. Meet with The Rev'd Clive Ashley **on Thursday 12th March at 7.30pm** in The Inglenook, Pagham. Buy yourself a pint and come have a chat on current affairs – no hidden agenda, a meeting of men of all ages.

Coffee, Cake & Conversation takes place next on **Saturday 28th March 10:30am – 12 noon** in the Mosse Hall. Please bring along your friends, neighbours and family. **If anyone would like to host one of our Coffee, Cake & Conversation events please contact Christine Eaton-Hennah (christineeh13@sky.com)** - we need volunteers for future dates.

Talk about Estate Planning – 'Tax, care and toy boys': This very entertaining and informative talk will be held on **Tuesday 7th April at 7.30pm**, in the Mosse Hall. The talk is free, but minimum numbers are needed for it to go ahead. Sign-up sheets are available in church. Refreshments will be provided by Aldwick Mothers' Union.

Lunch on Sunday will next be on **Sunday 12th April 12.45pm**, following the Parish Eucharist. Note date change due to Easter. **Volunteers are needed to organise this lunch.** Support will be provided. Please contact Angela Purser for more information.

Newspapers: We've been collecting newspapers for bedding for Brent Lodge ever since Charlotte did her Charities badge at Brownies 3 years ago. We're now looking for a new volunteer to collect the papers from church and drop them down to Sidlesham. If you could do this, please contact Angela Purser. If no-one comes forward, we will sadly need to stop the collections in church.

SUPPORT FOR THE FOODBANK IS MORE IMPORTANT THAN EVER.



Urgently needed this week: Small jars of coffee, tinned rice puddings, tinned fruit, biscuits, UHT milk (green). **We have plenty of:** pulses.