



St Mary's
Parish Church
Frinton 2026

But thank God!
He has made us his captives and continues
to lead us along in Christ's triumphal procession.
Now he uses us to spread the knowledge of Christ
everywhere, like a sweet perfume.

2 Corinthians 2:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends, old and new.

Sunday 15th March 2026, Mothering Sunday

Parish Church Services (Sunday only)

9:30am Traditional Service - CW

1 Samuel 16: 1-13 & John 9: 1-41

11am All-Age Service (also livestreamed)

John 9: 1-41

Old Church Services

Sunday 6:30pm Evening Service - BCP (HC)

Wednesday 11am Service of the Word



Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the **Church Office**.

Tel: 01255 679164 Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org

Prayer requests for the **Prayer Chain** (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: [01255 814 594](tel:01255814594)

NEVER
DOUBT THE
POWER
OF PRAYER

For our prayers during the week ...

... those who are unwell, and those who care for them:

David Allen, Anne Davis, Kelsey Hawkins, Margaret Knell,
Philip Kyriacou, Euan Macfarlane, Hilary Russell, Sylvia Wells,
Daphne West, Cate Wilby, and Wendy Willis.



Prayers for people of the **Middle East & North Africa (MENA)** with access to SAT-7 satellite and YouTube broadcasts. Use prayer diaries or website: sat7uk.org/pages/pray

CHURCH4KIDS is helping Persian-speaking Christian children overcome isolation and discouragement through interactive Bible teaching, worship music, and prayer.

Thank God for this live social media show and pray that it will further His kingdom.

Social Media can be a desperately difficult thing for young people to navigate.

Pray for Christian children in the MENA who have been subject to bullying online, that they will find healing and support from God and their loved ones.

NARROW DOOR, a SAT-7 TÜRK programme which returned for its second series in the autumn of 2025, is a news show with a twist. **Pray** for wisdom for its presenters as they discuss the spiritual lessons and the human stories behind current events.

Heather Ursell

The Bible Course continues each week until Tuesday 31st March
The 2pm and 7pm sessions continue to be duplicated each week, so
you could attend an afternoon one week, and an evening the
following week, and not miss out.

The Bible Course

2pm & 7pm

ALL volunteers at St Mary's

If you volunteer for any role at St Mary's Parish Church,
please can you attend the **Volunteer Meeting on Wednesday 15th April at 7pm.**

This meeting will be in the Parish Church and should take about an hour.

The purpose is to talk about new things, changes in recruitment practices,
and a few other topics that are essential to the work of St Mary's. **Funmilayo (Rector)**

Holy Week



PALM SUNDAY EVENING: Sunday 29th March, 6:30pm in the Parish Church.
Please join us for this Passiontide service of readings, poems, prayers, hymns
and songs when we can sing, meditate and recall
the power of the Cross and the life of faith we are called to follow.

EASTER SUNDAY

After such a wonderful sing all together last year, at the end of this year's 9:30am service
you are again invited to 'sing from scratch' the *Hallelujah Chorus* with us.

If you are a regular at the 11am service, you might like to come to church early and join us
in this celebratory and joyous sing, just after 10:30am. Music provided.

Duncan Archard

'Digging Deeper' Lent Prayer Gathering

When: Mondays, 7:30pm

Where: Room 3/4

(2nd March to 30th March 2026)

Maundy Thursday

11am - The Old Church

Good Friday

10:30am - The Parish Church

2pm - The Old Church

Easter Sunday

09:30am - The Parish Church

11am - The Parish Church

6:30pm - The Old Church

Holy Week Services

Pet Service

All well-behaved pets
welcome

God saw everything that he made, and indeed it was good. *Gen 1:31*

Please bring a picture of
either your current pet(s) OR
the pet(s) to be remembered.

Wednesday 22nd April, 6.30pm

A Service of Pet
Remembrance and Thanksgiving

PRAYER 24/7

BY 24-7 PRAYER

Course

the
prayer
course

The Prayer Course will aim to grow
and deepen your prayer life as an
individual and as a community

Begins Tuesday 12th May
7pm for 8 weeks

£25*

Panos Karian

Saturday 23rd May 2026, 6:30pm

St Mary's Parish Church, Frinton

Launch Concert for St Mary's Summer Series

Proceeds to Keys of Change and St Mary's Parish Church

 **Keys of Change**
Can really change the world! See www.keyschange.org

*to include a drink & canapés from 6:00pm

Tickets from Reception

(Mon-Fri 9.30-12.30)

01255 679164 / office@stmarysfrinton.org.uk

21st February, 9:30am - Going Deeper

28th March, 9:30am - Going Deeper

15th April, 3pm - Simply at Home

2nd May 9:30am - Going Deeper

20th June 9:30am - Going Deeper

22nd July 7pm: Speaker - Russ Palmer

18th August 12:00noon - Quiet Day

12th September 10:30am - Going Deeper

7th November 9:30am - Going Deeper

3rd December 7pm - Christmas Evening

WoW - 2026

During the Week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome

Monday 16th Lent 'Digging Deeper' Prayer 7:30pm
Tuesday 17th The Bible Course (6) **2pm & 7pm**
Wednesday 18th Wednesday Group 10am
Service of the Word (Old Church) 11am
Thursday 19th Smallsorts 10am
Knit & Natter 1:30pm
Friday 20th Coffee Morning 10am
Choir Practice 6pm



Sunday 22nd March

9:30am Traditional Service - Celtic (HC)
11am All-Age Service (also livestreamed)
6:30pm Evening Service - BCP (Old Church)

Rotas for 2026 available on ChurchSuite. [Logins](#) available upon request.

Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift.' It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



DATES FOR YOUR DIARY

St Mary's APCM - Sun. 17th May, after 11am Service
Confirmation Service - Thurs. 4th June
Frinton Mission - Sat. 25th July to Sun. 2nd August

Find us on the web!



Notice sheet Items: please submit to the Church Office by noon Tuesday, to office@stmarysfrinton.org

Homegroup Information: Heather Ursell - 07882 402 768

Media & PowerPoint items: email to office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org