



St Mary's
Parish Church
Frinton 2026

But thank God!
He has made us his captives and continues
to lead us along in Christ's triumphal procession.
Now he uses us to spread the knowledge of Christ
everywhere, like a sweet perfume.

2 Corinthians 2:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends, old and new.

Palm Sunday 29th March 2026

Parish Church Services (Sunday only)

9:30am **Traditional Service - CW (HC)**

Psalm 118:1-2, 19-29 & Matthew 21:1-11

11am **All-Age Service (also livestreamed)**

Matthew 21:1-11

6:30pm **Passiontide Service**

Old Church Services

Maundy THURSDAY Holy Communion Service 11am



Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the **Church Office**.

Tel: 01255 679164 Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org

Prayer requests for the Prayer Chain (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: [01255 814 594](tel:01255814594)

NEVER
DOUBT THE
POWER
OF PRAYER

For our prayers during the week ...

... those who are unwell, and those who care for them:

David Allen, Anne Davis, Kelsey Hawkins, Margaret Knell, Philip Kyriacou, Euan Macfarlane, Hilary Russell, Sylvia Wells, Daphne West, Cate Wilby, Wendy Willis.

Susan Maloney's family and friends would like to thank the church family for their support and prayers during their recent sad times.

Thank you all so much for your prayers, messages, cards, phone calls and visits which I found very comforting and encouraging. Your prayers were answered in a wonderful way.

Wendy Willis.



Samaritans Purse Spring 2026 Update

In addition to *Operation Christmas Child* (the Samaritan's Purse shoebox appeal which our Church family supports annually) Samaritan's Purse continues to be actively involved in numerous humanitarian efforts, which focus on

providing clean water, food supplies, medical care, and support for communities in some of the world's poorest and disaster-affected nations, including Ukraine, Sudan, Gaza, Jamaica, Cambodia, Liberia, Vietnam, and Myanmar.

Focusing on Ukraine: Since the war broke out, Samaritan's Purse has provided more than 33 million gallons of clean water and supplied groceries through local churches. Mobile medical teams have treated over 4,400 people since 2024 and, since 2022, more than two million gift-filled shoeboxes have been handed to children in Ukraine, bringing the Gospel to them.

Please pray for the ongoing work of Samaritan's Purse in Ukraine and in many other disaster-affected and poorest nations of the world. Thank you for your continued support.

www.samaritans-purse.org.uk

Helen Whybrew

To ALL volunteers at St Mary's

If you volunteer for any role at St Mary's Parish Church, please will you attend the **Volunteer Meeting on Wednesday 15th April at 7pm.**

This will be held in the Parish Church and should take about an hour.

The purpose is to talk about new things, changes in recruitment practices, and a few other topics that are essential to the work of St Mary's. **Funmilayo (Rector)**

EASTER SUNDAY

After such a wonderful sing all together last year, at the end of this year's 9:30am service you are again invited to 'sing from scratch' the *Hallelujah Chorus* with us.

If you are a regular at the 11am service, you might like to come to church early and join us in this celebratory and joyous sing, just after 10:30am. Music provided.

Duncan Archard

Archbishop of Canterbury

Following the Installation of The Most Rev. Sarah Mullally as the Archbishop of Canterbury on Wednesday, please continue to pray for her as she takes up her new position. Some insights into what her role involves can be seen in a fascinating interview given by Justin Welby, her predecessor, to Giles Brandreth on YouTube, entitled, *Justin Welby 'Coming to Faith', Tragedy & Crisis*. Well worth a watch!

90 plus

Over 90's Group

Please note our *Over 90's Group* will be meeting on **Monday 30th March at 3pm** in the Church Lounge for tea, cake, and a chat. It will be great to see anyone in this age group, so please do join us. Contact Reception, if you'd like to know more, otherwise we look forward to seeing you there. **Ruth and Tricia**

Holy Week



THIS SUNDAY EVENING: Sunday 29th March, 6:30pm in the Parish Church.

Please join us for this Passiontide service of readings, poems, prayers, hymns and songs when we can sing, meditate and recall the power of the Cross and the life of faith we are called to follow.

Maundy Thursday 11am - The Old Church 6pm - Emmanuel Church (Walton)	Easter Sunday 9:30am - The Parish Church 11am - The Parish Church 6:30pm - The Old Church
Good Friday 10:30am - The Parish Church 2pm - The Old Church	

Holy Week Services

Pet Service

All well-behaved pets welcome

God saw everything that he made, and indeed it was good. **Gen 1:31**

Please bring a picture of either your current pet(s) OR the pet(s) to be remembered.

Wednesday 22nd April, 6.30pm

A Service of Pet Remembrance and Thanksgiving

PRAYER 24/7

BY 24-7 PRAYER

Course

the prayer course

The Prayer Course will aim to grow and deepen your prayer life as an individual and as a community

Begins Tuesday 12th May
7pm for 8 weeks

£25*

Panos Karian

Saturday 23rd May 2026, 6:30pm
St Mary's Parish Church, Frinton
Launch Concert for St Mary's Summer Series
Proceeds to Keys of Change and St Mary's Parish Church

***to include a drink & canapés from 6:00pm**

Tickets from Reception
(Mon-Fri 9.30-12.30)

01255 679164 / office@stmarysfrinton.org.uk

During the Week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome

Monday 30th Over 90's Group 3pm
Lent 'Digging Deeper' Prayer 7:30pm
Tuesday 31st The Bible Course (final) **2pm & 7pm**
Wednesday 1st Wednesday Group 10am
Thursday 2nd Smallsorts 10am
Maundy Thursday Holy Communion Service 11am
Knit & Natter 1:30pm
Friday 3rd Good Friday Service 10:30am
Good Friday Meditation 2pm (Old Church)
Saturday 4th Frinton Mission Prayer Meeting 9am



Easter Sunday 5th April

9:30am Traditional Service - BCP (HC)
11am All-Age Service (also livestreamed) (HC)
6:30pm Evening Service - CW (HC) (Old Church)
Rotas for 2026 available on ChurchSuite. Logins available upon request.

Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift.' It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



DATES FOR YOUR DIARY

St Mary's APCM - Sun. 17th May, after 11am Service
Confirmation Service - Thurs. 4th June
Frinton Mission - Sat. 25th July to Sun. 2nd August

Find us on the web!



Notice sheet Items: please submit to the Church Office by noon Tuesday, to office@stmarysfrinton.org

Homegroup Information: Heather Ursell - 07882 402 768

Media & PowerPoint items: email to office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org