



St Mary's
Parish Church
Frinton 2026

But thank God!
He has made us his captives and continues
to lead us along in Christ's triumphal procession.
Now he uses us to spread the knowledge of Christ
everywhere, like a sweet perfume.

2 Corinthians 2:14

Welcome!

Tea and coffee available from 10:30 at the back of the church.
Time for a chat with friends, old and new.

Sunday 8th March 2026

Parish Church Services (Sunday only)

9:30am **Traditional Service - CW (HC)**

Matthew 13:31-33

11am **All-Age Service (also livestreamed)**

Matthew 13:31-33

Old Church Services

Sunday 6:30pm **Evening Service - BCP**

Wednesday 11am **Service of the Word**



Get in touch:

Rector: Rev Funmilayo Vaughan

Tel: 01255 679164 Email: Office@stmarysfrinton.org

Website: www.stmarysfrinton.org

St Mary's Parish Church, Church Office, Old Road,

Frinton-on-Sea, Essex CO13 9BX

We are a registered charity (1127647) in England and Wales.



Prayer requests for this sheet should be made via the **Church Office**.

Tel: 01255 679164 Email: Office@stmarysfrinton.org Website: www.stmarysfrinton.org

Prayer requests for the Prayer Chain (a group of church members who will pray, in complete confidence, for serious situations) Stewart and Mary Wilson: [01255 814 594](tel:01255814594)

NEVER
DOUBT THE
POWER
OF PRAYER

For our prayers during the week ...

... those who are unwell, and those who care for them:

David Allen, Anne Davis, Kelsey Hawkins, Margaret Knell,
Philip Kyriacou, Euan Macfarlane, Hilary Russell, Sylvia Wells,
Daphne West, Cate Wilby, and Wendy Willis.



Haven in Romania: Despite having fairly serious snow and below zero temperatures at night, the children continue to attend the *Silvia Day Centre*. The youngest child, Eva, is making some pleasing progress – she is using her voice to communicate and can copy sounds and words. This is good news and follows on from the work the staff have been doing in promoting non-verbal communication skills.

Please pray for the staff and for all the children and their families. Intellectual and cognitive differences are not understood in Romania and families are often isolated. Thank you for your continuing support for this God-inspired project.

Maggie Wilson

ALL volunteers at St Mary's

If you volunteer for any role at St Mary's Parish Church, please can you attend the **Volunteer Meeting on Wednesday 15th April at 7pm**.

This meeting will be in the Parish Church and should take about an hour.

The purpose is to talk about new things, changes in recruitment practices, and a few other topics that are essential to the work of St Mary's. **Funmilayo (Rector)**



Men's Breakfast: Saturday, 14th March at 8:30am

If you are interested in joining the *Men's Breakfast*, please contact David Kidney or book via the [Church Calendar](#). For catering purposes, please let Reception know if you wish to attend. Email invites are sent on the Monday before. If you are male, young, old, fighting fit, falling apart, or somewhere in the middle you will be most welcome in our Church Hall at 8:30am.

St Mary's Men's Flower Guild

The annual (and only) meeting will take place on Saturday, March 14th, in the Church Hall immediately after the Men's Breakfast. Please come armed with secateurs, elastic bands, and as much 'greenery' as you can muster. All men welcome.

Andrew Rose

The Bible Course continues each week until Tuesday 31st March

The 2pm and 7pm sessions continue to be duplicated each week, so you could attend an afternoon one week, and an evening the following week, and not miss out.

The Bible Course

The Bible Course will be held in **2pm & 7pm**
Rooms 3/4 on the following Tuesdays
3rd 10th 17th February & 3rd 10th 17th 24th 31st March



'Digging Deeper' Lent Prayer Gathering

When: Mondays, 7:30pm

Where: Room 2

(2nd March to 30th March 2026)

The Jaywick Project

We would be pleased to receive any **donations for Jaywick for Easter**, between now and 22nd March. These will be used to purchase Easter eggs for the children, and biscuits/cakes for the elderly, in Jaywick. Gifts will be delivered to them during the week after 22nd March.

Thank you again for your prayers for the Jaywick community.

Eleanor Young

Holy Week



PALM SUNDAY EVENING: Sunday 29th March, 6:30pm in the Parish Church.

Please join us for this Passiontide service of readings, poems, prayers, hymns and songs when we can sing, meditate and recall

the power of the Cross and the life of faith we are called to follow.

EASTER SUNDAY

After such a wonderful sing all together last year, at the end of this year's 9:30am service you are again invited to 'sing from scratch' the *Hallelujah Chorus* with us.

If you are a regular at the 11am service, you might like to come to church early and join us in this celebratory and joyous sing, just after 10:30am. Music provided.

Duncan Archard

Dates for your Diary:

Mothering Sunday Services	15 th March, 09:30am, 11am, & 6:30pm
Palm Sunday Services	29 th March, 09:30am, 11am, & 6:30pm
Maundy Thursday Service	2 nd April, 11am in the Old Church
Good Friday Services	3 rd April, 10:30am Parish Church, & 2pm Old Church
Easter Sunday Services	5 th April, 9:30am, 11am, & 6:30pm
Pet Service	Wednesday 22 nd April (more information available soon)
Summer Launch Concert	Saturday 2 nd May (more information available soon)
Memorial Service	Sunday 3 rd or 10 th May 6.30pm (more information soon)
Prayer Course(s) 24-7	Tuesday 12 th May for 8 weeks (more information soon)
Ascension Day Service	Thursday 14 th May, 11am in the Old Church
APCM	Sunday 17 th May, after the 11am Service finishes
Summer Concerts	Thursday 4 th June, 1:15pm in the Parish Church for 7 weeks
Confirmation Service	Thursday 4 th June 2026, (Evening Service time to be confirmed)
Guest Dinner	Saturday 13 th June (more information available soon)
Strawberry Tea	Saturday 4 th July, 3pm in the Parish Church Garden
Frinton Mission	Saturday 25 th July until Sunday 2 nd August
Sunset Services	August Sundays from 9 th , 7pm in the Old Church
Alpha Course(s)	Tuesday 15 th September (information available in July)
Bring Your Own Lunch	Sundays 21 st June, 12 th July, 9 th & 23 rd August, & 11 th October

During the Week ...

Morning Prayer - 9am to 9:30 - Monday to Thursday - in the church - all welcome

Monday 9th RNID 'Hear to Help' 11am
Lent 'Digging Deeper' Prayer 7:30pm
Tuesday 10th The Bible Course **2pm & 7pm**
Wednesday 11th Wednesday Group 10am
Service of the Word (Old Church) 11am
Thursday 12th Smallsorts 10am
Knit & Natter 1:30pm
Friday 13th Coffee Morning 10am
Missionary Prayer Meeting 10am
Choir Practice 6pm
Saturday 14th Men's Breakfast 8:30am
Men's Flower Guild 9:30am
Uniform Bank 10am



The Old Church



Sunday 15th March

9:30am Traditional Service - CW

11am All-Age Service (also livestreamed)

6:30pm Evening Service - BCP (HC) (Old Church)

Rotas for 2026 available on ChurchSuite. Logins available upon request.

Secure Giving and Donations

We are members of the **Parish Giving Scheme** which means you can set up regular monthly giving, or leave a 'one-off gift'.

Giving regularly via PGS means (unlike other ways of giving) the church receives 100% of your donation, plus Gift Aid - WITH NO BANK FEES!

Donors who would like to use the services of PGS can simply visit parishgiving.org.uk/home and find our church using the easy search tool. Then follow a few simple steps to set up your donation securely (or [click here](#)).

Or you can scan the QR code on this page, which will take you straight to our parish's landing page on the PGS website, where you can click on the 'one-off gift.' It couldn't be easier!

Alternatively, you can set up your regular gift by phoning the PGS team on 0333 002 1271, Monday to Friday, 9-5.

If you need any help, please get in touch with **Dominic Gardner, Operations Manager**



DATES FOR YOUR DIARY

St Mary's APCM - Sun. 17th May, after 11am Service

Confirmation Service - Thurs. 4th June

Frinton Mission - Sat. 25th July to Sun. 2nd August

Find us on the web!



Notice sheet Items: please submit to the Church Office by noon Tuesday, to office@stmarysfrinton.org

Homegroup Information: Heather Ursell - 07882 402 768

Media & PowerPoint items: email to office before 6pm Wednesday

Bookings for Church Premises: OpsMgr@stmarysfrinton.org