

## Worship this week

Sun 29 <sup>th</sup>	<b>Palm Sunday</b>	9.30am Morning Prayer <b>I Iam Procession and Sung Mass</b>
Mon 30 <sup>th</sup>	Monday of Holy Week	9am Morning Prayer at St Mark's (and via Zoom) 12noon Mass 1pm Confessions 6pm Zoom Rosary Group 6.45pm Evening Prayer 7.30pm Mass
Tue 31 <sup>st</sup>	Tuesday of Holy Week	8.30am Morning Prayer 1pm Confessions 6.30pm Evening Prayer 7.30pm Mass
Wed 1 <sup>st</sup> April	Wednesday of Holy Week	8.30am Morning Prayer 10.15am Mass 11.30 to 12 Exposition of the Blessed Sacrament 6.30pm Evening Prayer 7.30pm Mass
Thu 2 <sup>nd</sup>	<b>Maundy Thursday</b>	<b>8pm Sung Mass of the Lord's Supper</b> 9pm Candlelight Watch until midnight 11.45 pm Gospel of the Betrayal
Fri 3 <sup>rd</sup>	<b>Good Friday</b>	9.30am Morning Prayer 10.30am Children's Stations of the Cross and activities <b>2pm Liturgy of the Passion</b> 7.30pm Stations of the Cross – Maria Desolata
Sat 4 <sup>th</sup>	<b>Holy Saturday</b>	9.30am Morning Prayer 10.30am Church cleaning and decoration <b>8pm First Fire, Easter Vigil and First Mass of Easter</b>
Sun 5 <sup>th</sup>	<b>Easter Sunday</b>	9.30am Morning Prayer <b>I Iam Procession and Sung Mass</b> with renewal of baptism vows

**This week we offer our Masses for:** Sunday: Parish and People, Monday: A good keeping of Holy Week, Tuesday: Atheists and Agnostice, Wednesday: Lapsed Christians, Thursday: Catechumens, Friday: Penitents, Saturday: Parish and People

**We pray for our local community in:** Cashiobury Terrace, Runwell Terrace, Milton Place, Western Esplanade, The Whole Parish, Manor Rd, Clifton Drive, Seaforth Rd, Argyl House, Homecove House, Holland Rd, Palmeria Ave, Water's Edge, Shorefield Ave, Shorefield Gdns, San Remo Parade, Station Rd.

### **For those who are sick and in need:**

**Sunday:** Jo Allen, Diane Paisley, Terry Gray, Binu Mullor, Paul Davison, Jackie Keys, Anna Fong, Philip Broomfield, Charlotte Cheeseman, The King. **Monday:** John Triggs, Robin, Marta, Pauline Maker, David Raglan, Graham Turnidge, Nicole Beard, Mthr Lizzy, Jamie Hawkes, Sheila Grant, Luke Mesher. **Tuesday:** Sally, Gregory, Arthur, Maggie, Leesa, Nicholas, Anne Box, Sue Burton, Norma Gray-Griffiths, Helen Pierce. **Wednesday:** Lisette, Lucy, Neil, John McGuinness, Pauline Barta, Audrey Berry, Jason, Alice Bossard, Matt Duff, The Revd Julie Fleming. **Thursday:** Suzi Procaccino, Mary, Christine, Brenda, Keith North, Leah Morassi, Mark, Jim Easton, Rachel Sanders. **Friday:** Ken McMillan, Roy North, Danielle Gregory, Philip Walker, Cate, Michael Grant, Mark Simpson, Philip St James, Marilyn Gray, Dorothy Pinkney. **Saturday:** Marcus Gregory, Matthew Gregory, Graham Cushion, Dave, Mary North, Janet Beale, Maureen Gray, Frankie Rose and family, Andrea Walzy, **Recently Departed:** Margaret Watson, Colin Burwell, Ian Michael (priest), Carlos Christopher Ducay, Alma Bravery, Lloyd Apollo Ishagara, John Moore.

**In Memoriam:** Frances Elderton, Queen Elizabeth, the Queen Mother, Spencer Moxon, Gwendoline Armstrong.

# Saint Alban the Martyr

## Westcliff on Sea Palm Sunday



Mass begins with the Blessing of Palms at the back of church and then we sing hymn **509 All glory laud and honour** (we omit starred verses).

During Lent the Gospel Acclamation is: **Praise to you, O Christ, King of eternal glory.**

There are Smarties to take away to enjoy in return for some donations to the **Children's Society.**

**Holy Week**, the most important week in the Church's year, is upon us. Do think about what commitment you might make to participate in the liturgy of that week. The key times to consider are:

Maundy Thursday – 2<sup>nd</sup> April – 8pm Sung Mass of the Lord's Supper.

Good Friday – 3<sup>rd</sup> April – 2pm Liturgy of the Passion

Holy Saturday – 4<sup>th</sup> April – 8pm First Fire, Easter Vigil and First Mass of Easter.

We will pray the **Rosary** each Monday in Lent at 6pm on Zoom for the 100 Days of Prayer. Let Fr Neil know if you'd like to join.

Holy Week is a good time to consider going to **Confession** (the Sacrament of Reconciliation). Fr Neil will be in church from 1-2pm on Monday and Tuesday or you can make an appointment with him, Mthr Lizzy or Mthr Susan.

There is a training session for church members to raise awareness of **Modern Slavery** on Thursday 23<sup>rd</sup> April at 7pm at St Mark's. This is organised by Southend against Modern Slavery.

In preparation for our **Annual Parochial Church Meeting** on Saturday 9<sup>th</sup> May at 2pm we will be revising the church **Electoral Roll** between 11 April to the 24 April. If you are not on the Roll and wither live in the parish or are a regular worshipper here, please fill in one of the forms.

Looking ahead, the **Bradwell Pilgrimage** will be on Saturday 4<sup>th</sup> July.

This year our Parish Pilgrimage to the Shine of Our Lady of Walsingham will be from 26-28 May. The cost will be £174 plus transport

Morning and Evening Prayer are available on Zoom. Please contact Fr Neil for details. All our Masses will be livestreamed.

### Contact Details

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Our parish is a member of Inclusive Church. This means that we are committed to work towards being a church which celebrates and affirms every person and does not discriminate on grounds of disability, economic power, ethnicity, gender, gender identity, learning disability, mental health, neurodiversity, or sexuality.

**Next Week's Readings:** Acts 10:34-43, Psalm 118, Colossians 3:1-4, John 20:1-18